

FVCS Directors Receive Special Accreditations

Fox Valley Community Services' Home Services Director, Regina Zwart and Adult Day Service Director, Betty Erickson, RN recently received special accreditations from Boston University Center for Aging and Disability Education and Research.

This advanced training assists both Directors in their successful management of two very important programs at Fox Valley Community Services, Home Services and Adult Day Service.

Through its Home Services (HS) Program FVCS offers non-medical in home assistance to all seniors in DeKalb, Kane, Kendall and LaSalle counties. Home Services is a community-based program for adults with various kinds of health and age related problems whose care is directed by an individualized plan that addresses health, emotional and social needs. Approximately 100 aides, who are background checked, finger printed and pre-service trained are closely matched with clients whose needs are met and monitored. All clients remain in their own homes with this assistance. Some of the tasks performed include personal care assistance, light housekeeping, errands, doctor's visits and companionship.

Adult Day Service (ADS) is staffed full time by registered nurse, Erickson, certified nurses' aides and activity aides. Many of the ADS clients are experiencing memory loss due to Alzheimer's disease and other forms of dementia. Others attend because they have mobility and other health problems requiring them to be cared for by caregivers who may work and have to attend to other business and family matters. A cozy home environment at Fox Valley Community Center in Sandwich offers planned activities focusing on the development of the mind, body and spirit. Attending clients enjoy being included in the daily congregate meal and entertainment at The Center.

For many years, this agency has worked with the Illinois Department of Aging (IDOA) and The Department of Human Resources (DHS) to assist those who qualify through financial need and a daily living skills determination. FVCS is also licensed through the Illinois Department of Public Health's (IDPH) Private Pay Service's program, to serve all adults over 18 years of age, in all four counties, regardless of financial or physical needs. Private Insurance and Veterans Assistance is also accepted.

These programs are administered at the Fox Valley Community Center in Sandwich along with active adult activities and trips. Transportation and nutrition services are offered with their partner, Voluntary Action Center.

Fox Valley Community Services was established in 1972. Their mission is to provide programs and services to improve and enrich vital, independent living, to enhance dignity and self-respect and to encourage participation in community life. Please call the Home Services Department for more information – 815-570-2531 or 815-786-9404 for Adult Day Service and Active Adult Activities.

PHOTO (left to right): Regina Zwart, Home Services Director and Betty Erickson, RN, Adult Day Service Director

