

THE DHAMMAKAYA KNOWLEDGE



The Dhammakaya Knowledge (*Vijja*¹⁰ *Dhammakaya*) is a profound knowledge that deals with the ‘Five Aspects of Natural Law’, the Law that governs all things. They include Biological Law, which governs all living things; Chemical and Physical Law, which governs all chemical and physical matters; Psychic Law, which governs the functions of the mind; Karmic Law, which governs the law of action; and Law of Cause and Effect, which governs the functions of cause and consequence. Knowing how the Five Aspects of Natural Law came into existence reveals the knowledge of how to abolish samsara, the system that controls the cycle of rebirths. This knowledge leads us to the right practice and eventually helps us overcome defilements and attain Nibbana, thus freeing ourselves from the cycle of rebirths.

Phramongkolthepmuni dedicated his entire life to the study of this knowledge. He assigned a team of highly accomplished meditators to research the subject. The outcome of their collective research revealed the facts that samsara had originated from the following three elements: wholesome states, unwholesome states, and neither-wholesome-nor-unwholesome states.

Wholesome states represent the faction of virtue (the “white force”) responsible for giving rise to the creation of the “physical form” of humans. Unwholesome states represent the negative element, or the faction of Evil (the “black force”), responsible for contaminating humans with defilements, illnesses, and negative kamma, causing them to end up in unhappy realms. Neither-wholesome-nor-unwholesome states sometimes characterize as the “grey force”.

¹⁰ **Vijja:** Knowledge gained from the “Eye of Dhamma”; it is the Knowledge that enables one to rid oneself of ignorance.

The Dhammakaya Knowledge is taught by the Buddha to constitute the transcendental, blissful, eternal, and pure Self of the Buddha. Dhammakaya doctrines can be found in the scriptures of all major Buddhist schools including Theravada, Mahayana and Vajrayana (Tibetan Buddhism).

The word Dhammakaya means “Truth Body” or “Body of Enlightenment”. Dhammakaya Knowledge teaches that all sentient beings possess the Buddha-Nature, the inner potential for attaining Buddhahood, common to all people. It also teaches that the nature of mind is luminous, blissful, perfect, complete and full of wonderful qualities, but due to temporarily being obscured by defilements we do not recognize it. It is only through meditation practice and spiritual attainment that this true nature is revealed. This is known as “attainment of Dhammakaya.”

Once we attain Dhammakaya, we will have the clear-seeing ability to perceive the ultimate Truth—the knowledge of who we are, why we were born, what our true purpose in life is, and how we can free ourselves from the realm of suffering. Thus, attainment of Dhammakaya is something that everyone should aspire to achieve.

