



Fairfax Family Practice Comprehensive Concussion Center (FFPC3)

in Partnership with Youth Sports Concussion Group

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Fall Sports Teams
ACT NOW!

Virginia Youth Sports Programs: Are You Concussion Compliant?

If your youth sports program uses public school property, pay attention! Virginia's concussion law applies to you!



VA Code 22.1-271.5 (July 2014)
January 2015 VA BOE Guidelines.

Virginia Concussion Law Requirement

FFPC3's Youth Sports Pre-Season Concussion Compliance Program

Before attending practices/games with your program, each player and at least one parent/guardian must **annually acknowledge** review and receipt of **concussion information**.



Online Concussion Education for Every Player and Parent

- Youth Program sets up account with FFPC3 24 hour turnaround! Quick and Easy Setup!
- Players and parents go online to access concussion education module and completion is tracked online.
- Eases burden on program administrators.
- Better than collecting signatures on forms that may not be read.

Many parents whose kids participate in athletics will be asked to sign a waiver about concussion education, but that's not enough to ensure parents are confident about handling the injury, according to a 2014 University of Michigan C.S. Mott Children's Hospital National Poll on Children's Health. (emphasis added). See FFPC3.com for link to full article.

Only \$5/player and FREE for players getting baselined

Players suspected of sustaining a concussion in a practice or game must be **removed from play**.



Online Concussion Training for Coaches

- Best practices in remove-from-play and return-to-play protocols, under VABOE Guidelines.
- Includes review of likely game scenarios.
- Online, paperless, convenient, verified.

"Program was well done... Clear, articulate, easy to follow narrative supported by grounded facts in a very easy to follow format. Overall rating: Excellent! -- SYC Coach

Only \$3 per coach!

Coaches receive annual concussion training under VABOE Guidelines.

Players removed from play **may not return to play** on the same day of injury, nor until evaluated by a licensed health care provider and in receipt of **written medical clearance**.



Pre-Season IMPACT Baseline Testing for your Program's Players

- Universally recognized by medical professionals as an important tool in concussion management.
- Measures brain functions like processing speed, reaction time, memory BEFORE injury, which can be compared to the athlete's IMPACT test AFTER injury.

Only \$25-35 per player

FFPC3's Youth Sports Concussion Expertise

We are **specialists** in the field of youth sports concussion, with **60 years combined experience**, working with **thousands of youth athletes** in all areas of concussion: research, education, detection, evaluation, concussion management for safe return-to-play and return-to-learn.

WE KNOW that the **FIRST** steps taken after injury by **INFORMED** coaches, parents and players are crucial to improving a child's recovery time from concussion.

WE CREATED THE SOLUTION for youth sports programs to quickly come into compliance with concussion laws in a way that truly informs your membership. Our online concussion education service conveys relevant, practical information, with verified receipt by your program's players, parents and coaches.

Jon Almquist, ATC, VATL, ITAT, Former Administrator-FCPS athletic training program, NATA Hall of Fame, 30 years experience

Eric Castor, ATC, VATL, ITAT, BS, 17 years experience

Brett Gustman, ATC, VATL, ITAT, BS, MS, 14 years experience

General Pricing Information	Individual Teams (up to 30 players)	Youth Sports Programs
Online Player and Parent Concussion Education	Available only with baseline.	<u>\$5/player</u> or less *FREE for players getting baselines *Reduced rates available for: * 400 or more players * Club renews annually
Coach Training	Online only: \$3/coach per year	Online: \$3/coach per year Live Session: \$250 per session
Preseason Player IMPACT Baseline Testing (Payment by families or by Program)	\$30/player	\$30/player \$25/player for larger clubs
<p>While we believe in comprehensive, 3-step pre-season preparation, we will configure our services to best meet your program's needs.</p> <p><u>Additional services available</u></p> <ul style="list-style-type: none"> • Develop or review your program's concussion protocols • Athletic trainer coverage at practices, games, tournaments 		
Prices effective August 2015 and subject to change. Specific pricing depends on size and needs of program. Contact us for details!		

Sample Package

For a Club of 500 Players, 50 Coaches, & 200 Players getting baselined

Club costs:

\$1,650

- ✓ Immediate concussion education compliance for every player, parent and coach under VA law.
- ✓ ImPACT baseline session(s) for your players at discounted rate of just \$25/player (families pay).
- ✓ **Easy setup – 24 hours!**
- ✓ Club costs further decrease with more families getting ImPACT baselines.

Fall Sports are just around the corner – Now is the time to make sure your Program is concussion compliant.

