

Code of Conduct

The following rules constitute the Athens Swim Team (AST) code of conduct and are applicable to all team members, parents, volunteers, and coaches. Any reference to "you" below shall include each AST member, his or her parents, volunteers, and coaches.

Rule 1: The following rules are in addition to and are not in limitation of any provision of the USA Swimming Code of Conduct. To the extent any rule below conflicts with any provision of the USA swimming Code of Conduct, the provision of the USA Swimming Code of Conduct shall prevail.

Rule 2: Any swimmer who is known to use alcohol, drugs or tobacco is subject to suspension from the team.

Rule 3: You should display good sportsmanship at all times.

Rule 4: Always encourage; never interfere with the progress of another swimmer, during practice or otherwise.

Rule 5: It is important not to engage in any behavior that presents a safety hazard to you or others, such as running on deck or horseplay in the water.

Rule 6: Please respect the property of others and never tamper with pool equipment wherever practices or competitions are held.

Rule 7: Please keep practice and competition facilities neat by cleaning up after yourself and by turning in lost items to a coach or another responsible person.

Rule 8: Fighting and unsportsmanlike conduct such as displaying negativity or engaging in behaviors detrimental to others reflects poorly on AST, and are prohibited.

Rule 9: It is important to treat coaches, team officials, administrators, and other swimmers with courtesy and respect; foul or offensive language should never be used; negative or derogatory comments should be avoided.

Rule 10: If you have a complaint, before registering the complaint with a coach, team official, or administrator, you should wait 24 hours from the incident giving rise to such a complaint before bringing it to the attention of the coach, team official, or administrator. The purpose of this "24 hour rule" is to provide a cooling off period for concerned parties.