



DEER VALLEY
ATHLETIC CLUB

JUNIOR TENNIS CLINICS

Session Dates

Session I	Week of August 19th thru Week of September 16th (5 weeks)
Session II	Week of September 23rd thru Week of October 21st (5 weeks)
Session III	Week of October 28th thru Week of December 2nd (5 weeks) (No clinics the week of November 25th)

All clinics are \$20 Drop-In for Members and \$25 Drop-in for Non-Members

Tiny Tots (Instructor: Taylor Kalister)

Tuesday, Thursday 3:30-4:30pm

This fun group is designed for children ages 4-6 to work on basic skills such as Agility, Balance and Coordination.

*COST: Members: 2 days/week/session: \$85.00
Non-Members: \$115/session*

Alley Cats (Instructor: Taylor Kalister)

Monday, Wednesday 3:30-4:30pm

This group for ages 6-9 to teach the basic strokes of tennis such as forehand, backhand and serves. The group will be learning how to maintain rallies on 36-foot courts and foam balls.

*COST: Members: 2 days/week/session: \$100.00
Non-members: \$135/session*

Smashers Clinic (Instructor: Adam Smith)

Monday, Wednesday 4:30-5:30pm

This clinic for 8-12 year olds will learn the basic strokes of tennis such as forehand, backhand and serves. This group will be learning how to maintain rallies on 60-foot courts with orange balls.

*COST: Members: 2 days/week/session: \$100.00
Non-Members: \$135/session*

Tournament Prep (Instructors: Adam Smith & Bob Lake)

Monday, Wednesday 5:30-6:30pm

This clinic is designed for players working towards making the local high school team. Players will learn how to develop basic tennis strategies for match play.

*COST: 2 days/week/session: \$100.00
Non-Members: \$135/session*

High Performance (Instructors: Adam Smith & Bob Lake)

Thursday 6:30-8:00pm

This clinic is geared towards advanced junior players.

Advanced Junior Players looking for high level and competitive point play.

Invite Only unless previously attended High performance clinics.

*COST: \$20 drop-in OR \$80/session
Non-Members \$100.00*



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ADULT TENNIS CLINICS

Daily Drills

This high-paced drill session will allow players to hit 1,000 balls in a mixture of games and drills. Come get your sweat on!

<u>Days</u>	<u>Times</u>	<u>Instructor</u>
Mondays	8:30-9:30am	Adam Smith
Tuesdays	8:30-9:30am	Adam Smith
	5:30-6:30pm	Taylor Kalister
Wednesdays	8:30-9:30am	Adam Smith
Thursdays	8:30-9:30am	Adam Smith
	5:30-6:30pm	Taylor Kalister
Fridays	8:30-9:30am	Adam Smith

General Clinics

These clinics will offer players the ability to work on their game in basic drills and games that are appropriate for that level.

<u>Clinic</u>	<u>Days</u>	<u>Times</u>	<u>Instructor</u>
Beginner Clinic	Mondays	9:30-10:30am	Adam Smith
Intermediate Clinic	Tuesdays	9:30-10:30am	Adam Smith
Advanced Clinic	Thursdays	9:30-10:30am	Adam Smith

CardioTennis

The fast-paced clinic will get your workout in through USTA-Certified CardioTennis drills and activities

<u>Days</u>	<u>Times</u>	<u>Instructor</u>
Wednesdays	8:30-9:30am	Carol Almond