

**ENTRANCE ANTIPHON**

*O God, come to my assistance;  
O Lord, make haste to help me!  
You are my rescuer, my help;  
O Lord, do not delay.*

**COLLECT**

Draw near to your servants, O Lord,  
and answer their prayers with unceasing kindness,  
that, for those who glory in you as their Creator and guide,  
you may restore what you have created  
and keep safe what you have restored.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

*Amen.*

**FIRST READING** Isaiah 55:1-3

A reading from the prophet Isaiah.

Thus says the Lord:

Oh, come to the water all you who are thirsty;  
though you have no money, come!  
Buy corn without money, and eat,  
and, at no cost, wine and milk.  
Why spend money on what is not bread,  
your wages on what fails to satisfy?  
Listen, listen to me and you will have good things to eat  
and rich food to enjoy.  
Pay attention, come to me;  
listen, and your soul will live.  
With you I will make an everlasting covenant  
out of the favours promised to David.

The word of the Lord.

*Thanks be to God.*

**PSALM** Psalm 144

**RESPONSE:** *You open wide your hand, O Lord,  
you grant our desires.*

1. The Lord is kind and full of compassion,  
slow to anger, abounding in love.  
How good is the Lord to all,  
compassionate to all his creatures. **R.**
2. The eyes of all creatures look to you  
and you give them their food in due time.  
You open wide your hand,  
grant the desires of all who live. **R.**
3. The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
call on him from their hearts. **R.**

**SECOND READING** Romans 8:35. 37-39

A reading from the letter of St Paul to the Romans.

Nothing can come between us and the love of Christ, even if we  
are troubled or worried, or being persecuted, or lacking food or  
clothes, or being threatened or even attacked. These are the trials  
through which we triumph, by the power of him who loved us.

For I am certain of this: neither death nor life, no angel, no  
prince, nothing that exists, nothing still to come, not any power,  
or height or depth, nor any created thing, can ever come between  
us and the love of God made visible in Christ Jesus our Lord.

The word of the Lord.

*Thanks be to God.*

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!  
Blessings on the King who comes,  
in the name of the Lord!  
Peace in heaven  
and glory in the highest heavens!  
Alleluia!*

Or

*Alleluia, alleluia!  
Man does not live on bread alone,  
but on every word that comes from the mouth of God.  
Alleluia!*

**GOSPEL** Matthew 14:13-21

A reading from the holy Gospel according to Matthew.

When Jesus received the news of John the Baptist's death  
he withdrew by boat to a lonely place where they could be by  
themselves. But the people heard of this and, leaving the towns,  
went after him on foot. So as he stepped ashore he saw a large  
crowd; and he took pity on them and healed their sick.

When evening came, the disciples went to him and said, "This  
is a lonely place, and the time has slipped by; so send the people  
away, and they can go to the villages to buy themselves some  
food." Jesus replied, "There is no need for them to go: give them  
something to eat yourselves." But they answered, "All we have  
with us is five loaves and two fish." "Bring them here to me,"  
he said. He gave orders that the people were to sit down on the  
grass; then he took the five loaves and the two fish, raised his  
eyes to heaven and said the blessing. And breaking the loaves he  
handed them to his disciples who gave them to the crowds. They  
all ate as much as they wanted, and they collected the scraps  
remaining, twelve baskets full. Those who ate numbered about  
five thousand men, to say nothing of women and children.

The Gospel of the Lord.

*Praise to you, Lord Jesus Christ.*

**PRAYER OVER THE OFFERINGS**

Graciously sanctify these gifts, O Lord, we pray,  
and, accepting the oblation of this spiritual sacrifice,  
make of us an eternal offering to you.

Through Christ our Lord.

*Amen.*

**COMMUNION ANTIPHON**

*You have given us, O Lord, bread from heaven,  
endowed with all delights and sweetness in every taste.*

Or

*I am the bread of life, says the Lord;  
whoever comes to me will not hunger  
and whoever believes in me will not thirst.*

**PRAYER AFTER COMMUNION**

Accompany with constant protection, O Lord,  
those you renew with these heavenly gifts  
and, in your never-failing care for them,  
make them worthy of eternal redemption.

Through Christ our Lord.

*Amen.*