

## Want a Blessing Bag ([email me](#)) ~ Now what?

Blessing bag includes: Blessed salt, prayer cards, rosary, 100% beeswax blessed candle, medals, etc.

We are living in a beautiful, messy, unbelievable time of mercy right now! For some reason, God has allowed a worldwide global rest – a Sabbath of sorts. Who could have imagined that the whole world would come to a screeching halt and force families and young adults to quarantine themselves in our homes. Quarantine comes from the word forty – so in a sense we are all on a forty+ day LENT. So why is God allowing this? Is there something He is trying to tell us? Are we listening? How is God speaking to you in your “shelter?” Isn’t it ironic that hydroxychloroquine may be the “cure” for the virus and holy water or “hydro” and blessed salt or “chloroquine” protects us spiritually! God spoke to me recently and asked me to tell YOU something. It’s on the back of this sheet. He wants us to “Get in the Ark.” He wants us to shelter safely in a spiritual ark! He wants us to use this time to get closer to Him and to get rid of distractions and the noise and listen! Are you willing to embrace the quiet?

### **Here are Five things to do to allow God to bring you peace and hope in these turbulent times:**

1. When taking an inventory of your pantry, also take a **spiritual inventory of your life** and see what you need more of & what you can get rid of to feed your soul.
  - Who is God to you and who are you to God? Ask God to look back at your life and see when He was guiding you.
  - God wants to bring you peace and clarity not fear and confusion - He comes bearing mercy and love for YOU!
  - Find a good **examination of conscience** and really ask God to reveal the areas of your life that He wants to change. Go to confession if it is available to take out the trash and use this time for a fresh start.
2. When stocking up on supplies, **stock up on sacramental grace** and "**Fruits of the Spirit!**"
  - What a strange time where churches are closing but God is coming to us through online to meet us where we are at – in our homes – to get our attention! Take advantage and go online to daily mass **making a spiritual communion**
  - Read up on plenary indulgences and STOCK UP ~ Say a rosary and/or a Divine Mercy Chaplet each day
  - Call a friend to check up on them and pray with them – be the hands and feet of Christ to others in new ways.
3. **Operation Consecration** ~ Bless yourself, your home, work and family.
  - Start by blessing your doorway with a Divine Mercy Image. <https://www.catholicdoors.com/prayers/consecration.htm>
  - Next, take **holy water or blessed salt** and circle your home adding a cross or St Benedict medal **above your door**.
  - Isn’t it ironic that hydroxychloroquine may protect virus patients and holy water (hydra) and blessed salt (chloroquine) may protect us spiritually...and God winked!
  - Bless your whole home with a Two Hearts Enthronement and do a 33 day personal consecration to Jesus
4. **Make a Prayer Space or Prayer Basket in your home.**
  - **The space could include** a bible, a journal/pen, a rosary, a candle, sacramentals, Holy objects, statues or pictures, spiritual books to help you pray (the candle in the bag is a blessed 100% beeswax candle for spiritual emergencies)
5. **Gather your family together EVERY DAY in this space and THANK GOD** and **pray** for the Blessed Mother to shelter you under her protective mantle.
  - Start by blessing each other with holy water or blessed salt.
  - If you live alone, consider inviting one or two others to "gather and pray" with you virtually each day!

Everything you need to know is at [www.GoFISHOutreach.com](http://www.GoFISHOutreach.com) (Home or 5 Things tab)

We are all in this **ARK** together! **How is your “family” praying together during the storm?**  
PLEASE send me a picture of your prayer space and/or a picture of your "family" praying together and any other “Glory Stories” of how God is working in your life to [richandjanice@bellsouth.net](mailto:richandjanice@bellsouth.net)! What an exciting time! I can’t wait to see what God says next!

## **It's Time** ~ February 27, 2020

On the night of February 27, 2020, I had just gone to bed and had fallen asleep and was abruptly awoken by a voice in the room at 3am saying, "It's Time." It wasn't a fearful inflection but rather a gentle male voice calmly speaking as if telling a child to turn off the tv. I immediately recognized it as the voice of God. I have only heard this voice a few other times in my life but it was so familiar. I said, "Is that You God?" and then I discerned after several minutes that I thought it was. I said, "Time for what?" and He said, "**It's time to get in the Ark.**" Again very calmly.

After years of study and prayer, "the Ark" to me means the Immaculate Heart of Mary. Mary's Heart is the New Ark where we can seek refuge in times of trouble. To me this meant:

The Ark of the Immaculate Heart of Mary means to be in a state of grace through prayer and reconciliation, storing up spiritual treasures and sacramental graces, getting close enough to the Blessed Mother that she can wrap her protective mantle around you and keep you pointed towards her Son, Jesus. It is not a physical place but rather a state of peace, wellbeing, joy, hope, grace and love. A spiritual canopy where demons fear to tread and makes you invisible to enemies that prowl about the earth seeking the ruin of souls. The Ark will save souls during the storm. The Ark will provide all we need.

Then God showed me a fast moving river with people lifting their heads and flailing arms out of the torrent as they were swept away - moving from left to right.

He said, "**Bring as many people with you as you can!**" I said, "Do I have to be the crazy women standing on the street corner yelling, "It's Time!" and He quietly said, "**No you won't have to.**" I took this to mean that somehow opportunities would arise to share this or that He would provide the chance for me to share this warning.

the virus was not on my radar or anyone else's at this time so I wanted to ask others what they thought it might mean. Within a week, all heck broke loose and people all over the world began experiencing a "Global Lent" with new words like self-quarantine, social distancing and shelter at home. One by one, starting with the Vatican, Catholic dioceses began shutting down masses and by March 15<sup>th</sup> most people were attending their last Sunday mass of Lent 2020. Today, March 27<sup>th</sup>, one month later, the world has changed. The US has over 100,000 CV cases and 1,700 deaths. Families are living under the same roof with ample time on their hands! The public mass has been suspended and church doors are locking out the faithful. Spiritual communion, dispensations for confession and virtual adoration are becoming the norm. It's definitely TIME – Time to get in the ARK. Time to take a spiritual inventory, stock up on grace and mercy, consecrate your homes and lives to the Immaculate Heart of Mary and The Sacred Heart of JESUS, pull your family together each night in prayer and family rosaries and Get in the Ark – under Mary's mantle! Please come in the Ark with me! Please! **And bring all those you meet into the ARK with you!** Help me get ready too! Who can YOU invite into the ARK! Who do you know who needs more LOVE and PEACE! Two by Two let's figure this out together!

For more resources, go to [www.GoFISHOutreach.com](http://www.GoFISHOutreach.com) and "Five Things to do Today" tab  
Let's pray together! Contact me at [richandjanice@gmail.com](mailto:richandjanice@gmail.com)

Jesus Christ loves YOU and he gave His life to save YOU...and now, He is living at your side every day, patiently waiting to enlighten, strengthen and FREE YOU! How can I pray for YOU today?