



Crescent City Acupuncture and Herbal Medicine, LLC
Jimi Smith, LAc · Kate Iberg, LAc
4322 Canal Street, Upstairs
New Orleans, LA 70119
Voice: 504.858.1295 Fax: 504.264.5489
www.crescentcityacu.com

Confidential Patient Information

Name: _____
FIRST MIDDLE LAST

Address: _____
Street

City: _____ State: _____ Zip: _____

Home Phone: _____ Work: _____ Cell: _____

Fax: _____ E-Mail Address: _____

Would you like to receive appointment reminders via e-mail? Y N

Date of Birth: _____ Age: _____ Sex: _____ Height: _____ Weight: _____

Marital Status: Married Domestic Partner Single Divorced Widowed Other: _____

Occupation: _____ Employer: _____

Employment Status: Full-Time Part-Time Self-Employed Retired Student Unemployed

Emergency Contact: _____
NAME PHONE RELATIONSHIP

Primary Physician: _____
NAME PHONE HOSPITAL/OFFICE/CLINIC

Who should we thank for your referral?: _____

If not referred, how did you find us? _____

FOR ALL PATIENTS: Do you have a pacemaker or other electrical implant? Y N IF YES, SINCE WHEN? _____

FOR FEMALES: Are you PREGNANT or is there a CHANCE you MAY be PREGNANT? Y N IF YES, HOW LONG? _____

Financial Arrangements

How do you plan to handle your account? CASH CHECK CREDIT CARD WORKERS COMP

Cancellation Policy

The time that is scheduled for you is reserved especially for you and not available to any other individual. A late cancellation fee equal to the cost of your treatment is charged per occurrence if there is less than 24 hours notice of a cancellation or request to reschedule (unless in case of emergency – of course!).

I agree to the aforementioned terms. All information given herein is correct and complete to the best of my knowledge.

PATIENT SIGNATURE: _____ DATE: _____
(Parent/Guardian Signature if patient is under 18 years of age)



Confidential Comprehensive Health History

Please carefully and thoroughly complete this questionnaire so that I may provide you with the best, most thorough evaluation possible. All information is confidential, as always. If there is anything that you feel that I should know that is not asked, please don't hesitate to write it in the margins, bottom, or back of the page. If you have any questions, or if anything is not clear, please don't hesitate to ask!

Have you ever had acupuncture before? If so, how recently? For what?

What is the health concern / chief complaint that you want addresses today?

When was the onset of this condition?

What makes it worse?

What makes it better?

To what extent does this condition affect your daily routines? (e.g. work, home, sleep, exercise, digestion, sex)

What treatment/therapies have you tried for this condition? (e.g. MD, chiro, massage, RICE, stretching, etc)
Does/did any of these help?

Please list any other health concerns that you may have:

Please list any medications, supplements, vitamins, herbs etc. that you are presently taking or have taken in the last 2 months:



Crescent City Acupuncture and Herbal Medicine, LLC
Jimi Smith, LAc · Kate Iberg, LAc
4322 Canal Street, Upstairs
New Orleans, LA 70119
Voice: 504.858.1295 Fax: 504.264.5489
www.crescentcityacu.com

Confidential Comprehensive Health History

Please list any known Food or Drug allergies:

FOOD:

DRUG:

Habits (Please check any and all that apply to you, PAST or PRESENT):

Alcohol: Yes No How many per Day Week? _____ Age started? _____ Quit? _____

Tobacco: Yes No Cigarettes? Chew/Dip? How many?

Marijuana: Yes No How many per Day Week? _____ Age started? _____ Quit? _____

Coffee: Yes No Cups per day? _____ Age started? _____ Quit? _____

_____ Yes No How many per Day Week? _____ Age started? _____ Quit? _____

_____ Yes No How many per Day Week? _____ Age started? _____ Quit? _____

_____ Yes No How many per Day Week? _____ Age started? _____ Quit? _____

_____ Yes No How many per Day Week? _____ Age started? _____ Quit? _____

Are you on a restricted or special diet (e.g. vegetarian, low carb, Atkins, gluten-free, etc.)?

Please describe your typical daily diet:

Breakfast:

Morning Snack:

Lunch:

Afternoon Snack:

Dinner:

Evening Snack:

Do you exercise regularly? How? How often?

(COMPETITIVE ATHLETES please briefly list your training routine and upcoming key events)



Crescent City Acupuncture and Herbal Medicine, LLC
Jimi Smith, LAc · Kate Iberg, LAc
 4322 Canal Street, Upstairs
 New Orleans, LA 70119
 Voice: 504.858.1295 Fax: 504.264.5489
 www.crescentcityacu.com

Confidential Comprehensive Health History

Surgeries – please include approx. date

Hospitalizations – please include approx. date and reason

Significant Traumas (sports, auto, fractures, falls, etc) - please include approx. date

Pregnancy History:

Number of: Living?_____ Ectopic?_____ Miscarriage?_____ Induced Abortion?_____

Do you use birth control / contraception? Which form?

Family Health History – please check all that apply

	SELF	MOTHER	FATHER	SISTER	BROTHER	CHILD	SPOUSE
Allergies (please specify)							
Autoimmune Disorder							
Anemia / Blood Disorder							
Diabetes							
Cancer or Tumors							
Seizures							
High Blood Pressure							
High Cholesterol							
Heart Disease / Attack							
Stroke							
Kidney or Bladder Disorder							
Stomach or Intestinal Disorder							
Tuberculosis							
Hepatitis (type if known)							
HIV / AIDS							
Drug or Alcohol Abuse							
Depression / Mental Illness							
Other:							
Other:							
Other:							
Age at Death (if applicable)							



Confidential Comprehensive Health History

Please check any symptoms that you have had in the LAST 3 MONTHS (CIRCLE IF SEVERE)

General:	<input type="checkbox"/> chills	<input type="checkbox"/> fevers	<input type="checkbox"/> poor sleep
<input type="checkbox"/> sweating easily	<input type="checkbox"/> night sweats	<input type="checkbox"/> change in appetite	<input type="checkbox"/> fatigue
<input type="checkbox"/> bleed/bruise easily	<input type="checkbox"/> peculiar taste/smell	<input type="checkbox"/> weight gain	<input type="checkbox"/> weight loss
<input type="checkbox"/> cravings (foods, other): _____	<input type="checkbox"/> energy drop (time of day?) _____		
<input type="checkbox"/> undiagnosed pain	<input type="checkbox"/> strong thirst	<input type="checkbox"/> other: _____	<input type="checkbox"/> other: _____
Skin and Hair:	<input type="checkbox"/> eczema	<input type="checkbox"/> psoriasis	<input type="checkbox"/> rashes
<input type="checkbox"/> ulcerations, carbuncles	<input type="checkbox"/> loss of hair	<input type="checkbox"/> hives	<input type="checkbox"/> itching
<input type="checkbox"/> acne/pimples	<input type="checkbox"/> moles	<input type="checkbox"/> fungus	<input type="checkbox"/> other: _____
Head, Eyes, Ears, Nose, Throat:	<input type="checkbox"/> headaches/migraine	<input type="checkbox"/> dizziness/vertigo	<input type="checkbox"/> earaches
<input type="checkbox"/> blurry vision	<input type="checkbox"/> poor night vision	<input type="checkbox"/> sinus pressure	<input type="checkbox"/> nose bleeds
<input type="checkbox"/> floaters (spots in eyes)	<input type="checkbox"/> ringing ears / tinnitus	<input type="checkbox"/> itchy eyes	<input type="checkbox"/> itchy ears
<input type="checkbox"/> sores of lips, mouth, tongue	<input type="checkbox"/> teeth/jaw grinding	<input type="checkbox"/> sinus infection	<input type="checkbox"/> hearing loss
Cardiovascular, Circulatory:	<input type="checkbox"/> high blood pressure	<input type="checkbox"/> low blood pressure	<input type="checkbox"/> chest pain
<input type="checkbox"/> cold hands/feet	<input type="checkbox"/> numb hands/feet	<input type="checkbox"/> swelling/edema	<input type="checkbox"/> fainting
<input type="checkbox"/> lightheadedness	<input type="checkbox"/> palpitations	<input type="checkbox"/> other: _____	<input type="checkbox"/> other: _____
Respiratory:	<input type="checkbox"/> cough	<input type="checkbox"/> asthma (exercise?)	<input type="checkbox"/> sneezing
<input type="checkbox"/> pain with deep breath	<input type="checkbox"/> chest tightness	<input type="checkbox"/> seasonal allergies	<input type="checkbox"/> mucus
<input type="checkbox"/> shortness of breath	<input type="checkbox"/> other: _____	<input type="checkbox"/> other: _____	<input type="checkbox"/> other: _____
Genito-Urinary:	<input type="checkbox"/> painful urination	<input type="checkbox"/> frequent urination	<input type="checkbox"/> genital pain
<input type="checkbox"/> urgent urination	<input type="checkbox"/> difficult urination	<input type="checkbox"/> decrease flow of urine	<input type="checkbox"/> impotence
<input type="checkbox"/> night urination	<input type="checkbox"/> incontinence	<input type="checkbox"/> blood in urine	<input type="checkbox"/> kidney stone
<input type="checkbox"/> genital sores	<input type="checkbox"/> other: _____	<input type="checkbox"/> other: _____	<input type="checkbox"/> other: _____
Digestive:	<input type="checkbox"/> chronic bad breath	<input type="checkbox"/> heartburn	<input type="checkbox"/> nausea
<input type="checkbox"/> rectal pain/itching	<input type="checkbox"/> abdominal pain/cramping	<input type="checkbox"/> gas	<input type="checkbox"/> bloating
<input type="checkbox"/> vomiting	<input type="checkbox"/> diarrhea	<input type="checkbox"/> constipation	<input type="checkbox"/> belching
<input type="checkbox"/> hemorrhoids	<input type="checkbox"/> blood in stool	<input type="checkbox"/> mucus in stool	<input type="checkbox"/> other: _____
Neurological/Psychological:	<input type="checkbox"/> seizures	<input type="checkbox"/> loss of balance/coordination	<input type="checkbox"/> temper
<input type="checkbox"/> memory loss	<input type="checkbox"/> areas of numbness/pain	<input type="checkbox"/> easy stress susceptibility	<input type="checkbox"/> anxiety
<input type="checkbox"/> depression	<input type="checkbox"/> addiction	<input type="checkbox"/> other: _____	<input type="checkbox"/> other: _____

Have you ever taken medication for any condition in this section? When? For what?



Confidential Comprehensive Health History (Female Only)

Please check any symptoms that you have had in the LAST 3 MONTHS (CIRCLE IF SEVERE)

- Gynecological:**
- | | | |
|--|--|---|
| <input type="checkbox"/> irregular periods | <input type="checkbox"/> painful periods | <input type="checkbox"/> PMS |
| <input type="checkbox"/> breast lumps/swelling | <input type="checkbox"/> vaginal discharge | <input type="checkbox"/> vaginal sores |
| <input type="checkbox"/> cramping | <input type="checkbox"/> pain with intercourse | <input type="checkbox"/> clots in discharge |
| <input type="checkbox"/> other: | <input type="checkbox"/> other: | <input type="checkbox"/> other: |

Age of first menses: _____ Date of last menses: _____ Menopause? Y N Age? _____

Typical Cycle Length (days): _____ Typical Period Length (days): _____

Do you regularly have PAPs? Y N Date of last PAP: _____

Have you ever taken oral contraceptives? When and for how long?

Please list any other issues that I may not have addressed and that you would like to discuss:



Consent to Treatment

I agree to receive acupuncture treatments and related therapies by Crescent City Acupuncture and Herbal Medicine, LLC. Treatment methods may include, but are not limited to, acupuncture, Tui-Na massage and bodywork, cupping therapy, gua-sha, herbal medicine, nutritional supplements, heat and moxibustion therapy, electro-stimulation, physiotherapy exercises, as well as lifestyle and nutrition counseling.

I have been informed that acupuncture is very safe, but it may have side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and in rare cases dizziness or fainting. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture. Infection is also a possible risk. However, I understand that only sterile disposable single-use needles are used, and a clean and safe environment is maintained. Tui-Na massage therapy is very safe but may lead to temporary muscle soreness, redness, or bruising. Burns and scarring are potential risks of heat or moxibustion therapy. Bruising is a common side effect of cupping.

The herbs and nutritional supplements used in Chinese Medicine are considered safe but may have potential side effects. I understand that some herbs may be toxic at large doses, and some herbs may be inappropriate to take during pregnancy. I will notify Jimi Smith, LAc or Kate Iberg, LAc immediately if I notice any unanticipated or unpleasant side effects associated with the consumption of herbal medicine or nutritional supplements.

I do not expect Jimi Smith, LAc or Kate Iberg, LAc to be able to anticipate and explain all possible risks and complications of treatment, and I wish to rely on him to exercise judgment during the course of treatment to make decisions that are in my best interest, based upon the facts then known.

I will notify Jimi Smith, LAc or Kate Iberg, LAc if I am or become pregnant.

I understand that the clinical and medical staff may review my files but all my records will be kept confidential and can only be released under my personal written consent, or when required by law.

I understand that Crescent City Acupuncture and Herbal Medicine, LLC has the right to refuse treatment to any patient at anytime.

By voluntarily signing below, I show that I have read (or have had read to me) and understood this consent to treatment. I have been told about the risks and benefits of acupuncture and related therapies and have had an opportunity to ask questions. This consent form shall cover the entire course of treatment for my present condition and for any future conditions for which I seek treatment.

Print Name of Patient (and Representative)

X _____
Patient Signature

Today's Date

X _____

Jimi Smith, LAc
Crescent City Acupuncture & Herbal Medicine, LLC

X _____

Kate Iberg, LAc
Crescent City Acupuncture & Herbal Medicine, LLC