

## 2017 Symposium Keynote & Presenter Bios

**Kathy Allan** RN, HN-BC, HTCP/I, SEP, NARM-C  
*Healing the Traumatized Heart*

Kathy is the Founder and Director of the Healing Care Initiative *Taking Trauma Out of Healthcare* education program. She is a Board Certified Holistic Nurse and a Healing Touch Certified Practitioner and Instructor who also studied with Rosalyn Bruyere for three years. Kathy is a graduate of the Somatic Experiencing Trauma Institute, the Touch Therapy for Psychotherapists program and NARM, the NeuroAffective Relational Model for healing developmental trauma.  
HealingCareInitiative.com

**Carol Edmonston**  
*In the Middle Life Happens — The Magic of Sacred Doodling*

Diagnosed with breast cancer in 1995 and 1997, Carol Edmonston shows that this diagnosis need not mark the end of life, but serve as a spring board for a new beginning. In her upbeat and interactive workshops, Carol shares how she was able to reduce stress and anxiety during this challenging and sometimes chaotic time through the creativity of spontaneous ‘doodle’ art.

Carol has been profiled in the New York Times and written two books, “Connections...the Sacred Connection between Two Points” and “Create While You Wait.” Her story also appears in “Chicken Soup for the Breast Cancer Survivor’s Soul.” She received her B.S. in Physical Therapy from USC and has been an ardent student of meditation since 1988.

Her mission is to change the world one doodle at a time.  
[www.SacredDoodles.com](http://www.SacredDoodles.com)

**Clifford Edwards**  
*“A Meditation Sampler-Seven Experiences of Connection & Silence”*

Clifford Edwards is the *forgiveness expert*. He coaches successful people into greater peace and prosperity, through identifying and releasing unresolved issues from the past. He has been a professional coach, mentor, trainer and consultant in continuous practice for over fifteen years.

Along with best-selling author and transformational leader Debbie Ford, Cliff co-founded the Ford Institute for Integrative Coaching in 2000. As a staff member, trainer and key architect of the Institute's programs for twelve years, he helped develop numerous innovative, effective coaching models and methodologies, and train over 1000 life coaches worldwide.

As an author, Clifford Edwards draws on his own life experiences, extensive knowledge and rich personal development background to write with compassion and clarity. He produces books, processes and programs to help people become more self-aware, accepting, loving and confident so that they can have greater success, more freedom, improved communications, better relationships, and a more profound sense of joy and fulfillment in their lives.

For his clients and students, Cliff offers life-changing perspectives, supports clear, definitive actions and provides breakthrough results. He is committed to the life-long process of self-discovery and strives to be an example of what's possible through continuing to stretch outside of the comfortable confines of past thoughts and beliefs.

Clifford Edwards now lives in San Diego, California, where he shares a home with his wife Loree.

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### **Mimi Guarneri, MD, FACC, ABIHM**

#### ***The Science of Connection: Locally & Globally***

Board-certified in cardiovascular disease, internal medicine, nuclear medicine and integrative holistic medicine, Mimi Guarneri, MD, FACC, ABIHM is President of the Academy of Integrative Health and Medicine (AIHM) and the Past President of the American Board of Integrative Holistic Medicine (ABIHM) and served as Senior Advisor to the Atlantic Health System for the Chambers Center for Well Being. Dr. Guarneri currently serves on the Founding Board of the American Board Physician Specialties in Integrative Medicine (ABoIM), and is a Clinical Associate Professor at University of California, San Diego (UCSD). She is founder and director of Guarneri Integrative Health, Inc. at Pacific Pearl La Jolla in La Jolla, California. Her career began at Scripps Clinic as an attending in interventional cardiology before she founded the Scripps Center for Integrative Medicine, where she served 15 years as Medical Director. Dr. Guarneri is an accomplished author and international speaker. Her many awards include the 2012 Linus Pauling Functional Medicine Lifetime Achievement Award from the Institute for Functional Medicine.

[www.PacificPearlLaJolla.com](http://www.PacificPearlLaJolla.com)

### **Robin Lysne, M.A., M.F.A., Ph.D.**

#### ***The Heart of Vibrational Balance***

Robin White Turtle Lysne, M.A., M.F.A., Ph.D. is an energy medicine practitioner, and clairvoyant seer with 30 years experience working with clients and the Heart Path process. As the author of five books including; *Dancing Up the Moon*, *Sacred Living* and most recently *Heart Path*, *Heart Path Handbook*, and *Poems for the Lost Deer*. (Blue Bone Books, Santa Cruz, CA) she is a long time intuitive reader at East West Bookshop in Mt. View, as well as in private practice across the country. As a professional medium she works with properties as well as people clearing them or calling in loved ones.

As an artist and poet she uses her skills to illustrate the healing process. Through teaching she has helped people find their path to inner peace, experience their angels and guides, as well as helped them evolve into their authentic selves.

[www.thecenterforthesoul.com](http://www.thecenterforthesoul.com) and [www.bluebonebooks.com](http://www.bluebonebooks.com)

### **Jean Pierre Marques, C.Ht.M.Msc,**

#### ***Wake UP to Balance YOUR LIFE***

Jean Pierre is a world renowned author, life & spiritual therapist, Master Teacher of Yoga, Meditation, Tai Chi, Martial Arts, and Behavioral Therapy. He has devoted himself for more than 50 years to teaching thousands of people from all over the world how to make positive changes in their lives through his retreats, workshops, classes, and private sessions.

Jean Pierre was Creator and Director of the Spiritual Awareness Department at the world renowned Canyon Ranch Health Resort in Arizona. He has authored several books, including the acclaimed "*Wake Up to Life*." Jean Pierre's unique approach to wellness is a product of a lifelong commitment to teach people throughout the world to be in complete harmony physically, mentally and spiritually.

[www.evolutioninhealth.com](http://www.evolutioninhealth.com) [www.coronadoyoga.com](http://www.coronadoyoga.com)

### **Dana Mosser**

#### ***Embracing the Healing Power of Sound***

Dana is a Certified Therapeutic Harp Practitioner (CTHP) through International Harp Therapy Program). She studied Sound and Multicultural Music for Healing at Open Ear Center, Seattle, Washington. At San Diego Hospice Inpatient Acute Care Center she worked with patients and families as a harp therapist. You may find her playing harp and singing bowls for meditations, labyrinth walks, and more. Dana enjoys teaching about the use of sound for healing and personal care.

[www.danamosser.com](http://www.danamosser.com)

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### **Loree Oberle-Edwards**

#### ***“A Meditation Sampler-Seven Experiences of Connection & Silence”***

Loree Oberle-Edwards has extensive experience in facilitating spiritual growth, actively teaching meditation and energetic healing techniques for 25 years. She has been a licensed Minister since 1990. She became a Religious Science Licensed Practitioner in 2001, and received her Religious Science Ministerial License and Doctorate of Divinity in July, 2002.

Loree is a certified educator through the Chopra Center for Well Being, as an instructor of the Primordial Sound Meditation and Perfect Health courses. She is also a Healing Touch Certified Practitioner, Certified Instructor of the HTP Healing Touch Level 1 Class, and a member of Healing Touch Professional Association. Loree has been practicing as a Certified Master Integrative Coach Professional since 2002.

With a keen awareness of the subtle body energies, Loree guides clients to deeper levels of inner communication and consciousness. She provides a safe and supportive environment, enabling others to create whole body health, a deeper sense of connection with the infinite and greater possibilities for themselves and their lives.

Loree received a Bachelor of Science degree in Dental Hygiene in 1975 and a Master of Science degree in Oral Biology in 1977 at the University of California, San Francisco. She has over 35 years of experience specializing in the oral care and management of patients with medical conditions including autoimmune conditions and those undergoing chemotherapy and radiation with cancer.

One of the few natives of San Diego, California, Loree continues to live in this beautiful city with her husband, Cliff.

### **Rodney Schwan**

#### ***Integrative & Energetic Aromatherapy: Maslow's Hierarchy & the Chakra System***

Rodney has 30 years' experience as a massage energy therapist, esthetician, certified aroma therapist and holistic health aromatherapy practitioner. He has treated over 10,000 patients while member of the medical interdisciplinary teams with the Institute for Palliative Care San Diego. He is currently the aromatherapy consultant for Scripps Health Medical System at La Jolla and is a Master teacher for the School of Aromatic Studies. Rodney is the Director and Research Committee Chair for the Alliance of International Aroma therapists, Pacific Region. In addition, he is the owner of Global Essence, Aroma4 Wellness, and The Aroma Therapy Institute for Compassionate Care. As a consultant and educator Rodney has developed Integrative Aromatherapy programs for Sharp Health Care, Scripps Health Medical System, Nazareth House Nursing Center, and St. Paul P.A.C.E.

[www.aroma4.com](http://www.aroma4.com)