

SENIOR MOMENTS

Morrow County's Monthly Newsletter

OCTOBER

Seniors on Center

41 W. Center St.

Mt. Gilead, Ohio 43338

419-946-4191

Website: www.seniorsoncenter.org

Center Hours

Monday—Friday

8:00AM-4:30PM



INSIDE THIS ISSUE:

MESSAGE FROM THE DIRECTOR	PAGE 2
UP AND COMING EVENT!	PAGE 3
FUN AND GAMES	PAGE 4
FUN AND GAMES	PAGE 5
SERVICES	PAGE 6
FUN FACTS	PAGE 7
ANSWER KEY	PAGE 8
COLOR ME BEAUTIFUL	PAGE 9
MENU	PAGE 10
HAPPY BIRTHDAY	PAGE 11
BOARD OF DIRECTORS	BACK

HAVE A
HAPPY
HALLOWEEN,
FROM ALL OF
US AT
SENIORS ON
CENTER!

MESSAGE FROM THE DIRECTOR

Just to update each of you on where we stand with the re-opening of the Senior on Center, Governor DeWine, has allowed the Senior Centers to reopen effective September 21, 2020. This was the news that we were all waiting to hear. We were putting our plan in place to reopen and working with the Morrow County Health Department to make sure that everyone would be as safe as possible. The Morrow County Health Department did decide that the Music Program and Progressive Euchre would not be permitted. There are so many mandates that must be followed to open. In order to continue to stay open, after a lengthy discussion of the Seniors on Center Board of Trustees, it was determined not to reopen the facility until January, 2021. Flu season is approaching us, and with the Covid-19, it was decided that for the safety of everyone, not to risk your health and possibly a life.

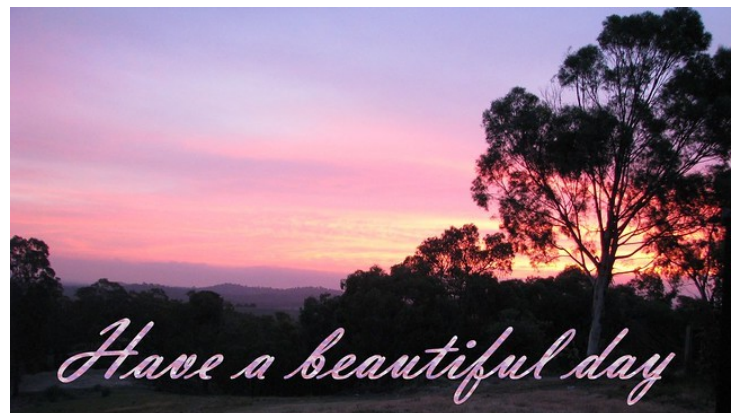
I know this is not the news you were waiting to hear, but your health is the most important. I will keep everyone updated as we move forward. I personally would like to thank our Board of Trustees for making your health their priority, and also the Morrow County Health Department for being so nice to work with. This was not an easy decision for anyone.

Thank you for your understanding in this critical time.

Please stay safe!

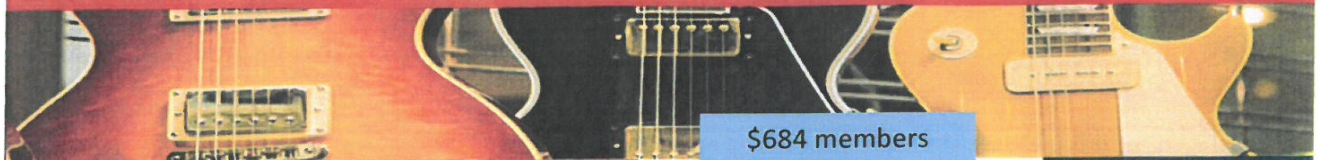
Pam Eastep

Director



SENIORS ON CENTER PRESENTS

Nashville Show Trip



INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 4 nights lodging
- ◆ 8 meals: 4 breakfasts and 4 dinners
- ◆ 2 Great Shows: 1) THE GRAND OLE OPRY, 2) NASHVILLE NIGHTLIFE DINNER THEATER
- ◆ Guided Tours of NASHVILLE and BELLE MEADE PLANTATION
- ◆ Admission to the COUNTRY MUSIC HALL OF FAME
- ◆ Admission to the GRAND OLE OPRY BEHIND THE SCENES TOUR
- ◆ Ride on the DELTA FLATBOATS inside the OPRYLAND HOTEL
- ◆ Admission to the JOHNNY CASH MUSEUM

and much more

\$684 members

\$709 non-members

Insurance included

5 DAYS 4 NIGHTS

PER PERSON, DOUBLE OCCUPANCY

(Mon - Fri)

May

3 - 7, 2021

Departure: The 911 Building, 144 South Main St, Mount Gilead, OH @ 8 am

Day 1: Depart in the comfort of a video and restroom equipped Motorcoach as you head for lots of excitement in Nashville. This evening, you'll enjoy Dinner and check into your Nashville area hotel for a four night stay.

Day 2: After enjoying a Continental Breakfast, you'll take a Guided Tour of NASHVILLE, including a photo stop at the Parthenon. The Parthenon is the world's only full scale reproduction of the famous Greek Temple. Then, you will experience a ride on the DELTA FLATBOATS inside the OPRYLAND HOTEL. This evening, you will enjoy Dinner before going to see a show at the famous GRAND OLE OPRY.

Day 3: Today, after a Continental Breakfast, you'll depart for a Guided Tour of beautiful BELLE MEADE PLANTATION. Marvel at its antebellum architecture, and learn about its unique Southern history. Belle Meade's illustrious past has spanned from its prosperity as a Thoroughbred breeding establishment, to its perilous location at the Civil War's Battle of Nashville, to its current restoration as a historically accurate Victorian home. A visit to Belle Meade also provides an important insight into the struggles of African Americans before the Civil War. Next, you'll have an opportunity to explore Historic Downtown Nashville, including admission to the top rated JOHNNY CASH MUSEUM. This evening, enjoy Dinner and a Show at the fabulous NASHVILLE NIGHTLIFE DINNER THEATER.

Day 4: Enjoy a Continental Breakfast, before departing for the GRAND OLE OPRY BACKSTAGE TOUR. There's nothing like a behind the scenes tour of the Grand Ole Opry – it's a must-see for everyone in Music City! Walk in the footsteps of country music's superstars and get an exclusive look at what happens behind the scenes of the show that made country music famous! This afternoon, you'll head to the COUNTRY MUSIC HALL OF FAME. This is a state-of-the-art cultural landmark and an architectural crown jewel of the Nashville skyline. Be amazed by its incredible array of rare costumes, instruments, and historical mementos. This evening, enjoy Dinner with entertainment.

Day 5: Today, after enjoying a Continental Breakfast, you depart for home... A perfect time to chat with your friends about all the fun things you've done, the great sights you've seen, and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive Travel Confident® Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$180 for single occupancy. Final Payment Due: 2/24/2021

FOR INFORMATION & RESERVATIONS CONTACT:

Terri Conner @ (419) 946-4191

Diamond Tours
inc.
Bringing Group Travel to a Higher Standard®



Nashville Nightlife
Dinner Theater.



Belle Meade Plantation.



Country Music Hall of
Fame.



Famous Grand Ole Opry.

\$75.00 Deposit due by January 3, 2021. Full Payment due by March 3, 2021.

FUN AND GAMES

Happy Halloween

Q T W U X O R E H N Q U O K F
N H T K H T A L V M U Z C X A
J G M O O N L I G H T T T A N
N I K P M U P W K Z I A O U T
S L W T H O P E R T A E B T B
O H U I R U C A P E P R E U S
A S J N D E G K R V V T R M C
C A Q T I D A V P T U R N N A
O L Y E R F M T D H Y O A O R
B F G O O D I E S S B K D C E
W R F Y D P K C H K N C I P C
E H A L L O W E E N B I G B R
B J A C K O L A N T E R N T O
D C A N D Y Q A I F I T D N W
S P E D I R Y A H Y D F D G I

AUTUMN
CANDY
CARVE
COBWEB
FLASHLIGHT
GOODIES
HALLOWEEN
HAYRIDE
JACKOLANTERN
MOONLIGHT
OCTOBER
PARTY
PUMPKIN
SCARECROW
TREATS
TRICKORTREAT

THREE'S COMPANY

This alphabetical list of seemingly unrelated words actually contains 15 groups of three related items. Your job is to sort them into those 15 groups using each item only once. The trick is that some of the items could be used in more than one group, but only one arrangement of all the items will work. Remember, use each item only once and have exactly three items in each group. Answer Key Page 8

Bank	Chalk	Garden	Mesa	Station
Bark	Chuck	Gesture	Mop	Textile
Barn	Coop	Glance	Nod	Tide
Benediction	Current	Grace	Paddy	Tor
Billfold	Devotion	Growl	Pen	Vacuum
Blessing	Dharma	Hutch	Plot	Wallet
Broom	Fence post	Lacey	Salt	Wave
Brush	Field	Loom	Shave	Whimper
Butte	Flagpole	Marker	Sign	Yarn

- | | | | |
|-------------------------|-------|-------|-------|
| 1. Body language | _____ | _____ | _____ |
| 2. Money holder | _____ | _____ | _____ |
| 3. Dog sound | _____ | _____ | _____ |
| 4. Prayer | _____ | _____ | _____ |
| 5. Growing area | _____ | _____ | _____ |
| 6. Animal enclosure | _____ | _____ | _____ |
| 7. Cleanup tool | _____ | _____ | _____ |
| 8. Weaving | _____ | _____ | _____ |
| 9. Set in the ground | _____ | _____ | _____ |
| 10. Ocean | _____ | _____ | _____ |
| 11. Hill | _____ | _____ | _____ |
| 12. ____ wagon | _____ | _____ | _____ |
| 13. Writing tool | _____ | _____ | _____ |
| 14. Half a TV title duo | _____ | _____ | _____ |
| 15. Graze | _____ | _____ | _____ |

SERVICES



LEGAL AID

Karen McVay is available (by appointment only) to assist you in any legal questions you may have. Please give her a call and set up your appointment today!

740-383-2161



TRANSPORTATION

Handicap accessible transportation for doctor appointments, grocery shopping, therapy, etc.. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice



HOME DELIVERED MEALS

A hot, well-balanced lunch is available daily to shut-ins living in Morrow County. Weekend and Holiday frozen meals are also available upon request.

Starts

October 15

**Medicare
Open
Enrollment**

Ends

December 7

It's that Time Again!

Time to look at the new Medicare plans for next year and see if there is a plan that would fit your needs better.

Marc Follin would normally come in to Seniors on Center and do meetings and one-on-ones to help you look at your options. Due to COVID-19, we will not be able to have those meetings here.

Marc Follin is still available to help you. She is willing to come to your home, wear a mask or not - whichever you prefer, talk to you by phone or computer, or she'll meet you somewhere that you feel safe and comfortable. Whatever works best for you.

You can reach Marc Follin at 419-768-2000 or 614-519-9128 and she'll walk you through the process.

Morrow County Janet Kay Bedwell:

Janet Kay Bedwell was born September 2, 1940 to Leonard and Mildred Wilson in Edison, Ohio. She has one sister, Margaret Nance. Janet graduated from Edison High School in 1958 and married Cody Bedwell July 8, 1961. They have three children: Tracy (Rob) Weisbrodt, Mike (Patti) Bedwell and Pam (Terry) Silampa. With Mike and Pam living out of state, Janet and Cody love visiting them as often as they can.

The joys of her life are grandchildren, Cody Lee and Holly Weisbrodt, Emily and Owen Silampa, Olivia, Sam, Ronnie, Jennifer and Nick Bedwell.

Janet is a member of Edison United Methodist Church where she is involved in the choir, United Methodist Women holding the office of Secretary and serves on the Worship/Nurture Committee. Janet started a Woman's Bible Study in her home and as it grew, it was moved to Edison Depot Restaurant. She also started a Bell Choir for Children and Adults which plays once a month at the church.

Being Community Minded, she has volunteered at the Red Cross, Tomorrow Center, Chester Arbor Gleaners Life Insurance Society --where she won the Community Service Award, Morrow County Hospital, and sometimes drives people to their doctor appointments or chemo treatments.

She enjoys traveling, especially to visit her grandchildren and does not let any "grass grow beneath her feet"!

Janet's middle name could be "I will" or "I can" as she is always the first to volunteer when there is a need or a job to be done. She loves anyone she comes in contact with. Janet is known for her special Beef and Noodles dish and her pecan pies she takes to friends and family who have been ill or had surgery.

Janet's hobbies-likes to play any card games and always ready to learn a new one. She likes to crochet baby hats to give to the Mission Projects for United Methodist Woman and musicals.

Janet serves her community in many ways and deserves the title of Outstanding Senior Citizen Award.

**Congratulations Janet Bedwell the
2020 Senior Citizen of the year!**

Happy Anniversary

**Jeannette and Mike
Warwick**

10/2

**Diane and Floyd
McKee**

10/9

**Linda and Tom
Ullom**

10/1



THREE'S COMPANY

1. Gesture, Nod, Wave; 2. Bank, Billfold, Wallet; 3. Bark, Growl, Whimper; 4. Benediction, Blessing, Devotion; 5. Field, Garden, Plot; 6. Barn, Coop, Hutch; 7. Broom, Mop, Vacuum; 8. Loom, Textile, Yarn; 9. Fencepost, Flagpole, Sign; 10. Current, Salt, Tide; 11. Butte, Mesa, Tor; 12. Chuck, Paddy, Station; 13. Chalk, Marker, Pen; 14. Dharma, Grace, Lacey; 15. Brush, Glance, Shave.



Just Color

MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
Menu ingredient information may be obtained by contacting the Senior Center Nutrition Department 419-946-4191	In the event that you are in need during this time of crisis, please call and let us know if we can assist you with frozen meal options.		1 Sloppy Joe bun White Bean Soup Sliced Beets Peaches Milk	2 Cheese Pizza Green Beans Cauliflower Mixed fruit Graham Crackers Milk
5 Pulled Pork Baked Beans Bun Corn Fruit Mix Milk	6 Chicken Parmesan Pasta w/marinara Spinach Carrot Raisin Salad Marshmallow Crisp Milk	7 Pepper steak Mashed Potatoes Wax Beans Apricots Bread Milk	8 Turkey Burger Bun Potato Soup Grapes Cole Slaw Milk	9 French Toast Turkey Sausage Hash Browns Pears Orange Juice Milk
12 Chicken Breast Veggie Mix Fruit Cocktail Apple Crisp Roll Milk	13 Taco Meat Lettuce Corn Black Bean Tortilla Pineapple Milk	14 Roast Beef Mashed Potatoes Peas & Onions Tropical Fruit Roll Chocolate Chip Milk	15 Tuna Salad Bread Vegetable Soup Hawaiian Delight Pears Milk	16 Ham Sweet Potatoes Brussel Sprouts Applesauce Muffin Milk
19 Chipped Beef Texas Toast Green Beans Corn Apples Milk	20 Roast Pork Mashed Potatoes Broccoli Mandarin Oranges Roll Milk	21 Chicken Lasagna Spinach Carrots Fruit Cocktail Milk	22 Veal Patty Bun Corn Chowder Cucumber Salad Peaches Milk	23 Teriyaki Chicken Oriental Veggies Sugar Snap Peas Pineapple Muffin Fortune Cookie Milk
26 Chicken Leg Squash Corn Fruit Mix Roll Milk	27 Cabbage Roll Rice Mashed Potatoes Pears Milk	28 Mac & Cheese Meatballs Peas & Carrots Cauliflower Strawberries Milk	29 BBQ Riblet Bun Chicken Noodle Soup Tossed Salad Peaches Milk	30 Pollock Redskin Potatoes Green Beans Mixed Fruit Roll Milk
<div> <div>PAGE 10</div> <div>LUNCH IS SERVED MON.-FRI. 11:30-12:30</div> <div>OCTOBER 2020</div> </div>				

HAPPY BIRTHDAY

Carolyn Baldwin		
Phyllis Barnett	Joseph Jones	
Deborah Benson	Ed Kimmey	Frances Turner
Dale Bowersmith	Carolyn Lewis	Frederica (Freddie) Turner
Debra Boyd	Orval McMasters	Michelle Whaley
Ray Buckel	Wilma Mosier	Roger Whaley
Rose Christman	Judi Myers	Rowena Whipple
Betty Cook	Rita Parsons	Mary Smith
Wava Cornett	Bethel Payne	Shellee Wagner
Betty Downs	Patti Ray	Marilyn McClain
Mary Hamilton	Bill Reed	
William (Mike) Hansgen	Don Robinson	
Daniel Hedges Sr.	William Sheppard	
Ernest Hickok	Esther Swetland	
Ellen Hoffman	Mary Ann Trimmer	
Donald Holtrey Sr.	Margaret Thompson	



This Newsletter is published by:

Morrow County Services for
Older Citizens, Inc.
dba Seniors on Center
41 West Center Street
Mt. Gilead, OH 43338

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43338
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Board of Directors

Mike Warwick (Pres.)	Mike Gale	Dixie Shinaberry	Janet Johnson
Marie Christiano (V. Pres.)	Heather Kraft	Marilyn Weiler	Dan Rogers
Gill Ullom (Treas.)	Geri Park	Ray Dietz	Warren Davis
Linda Ruehrmund (Sec.)	Pat Rinehart		

MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.

419.946.4191 * 419.946.1037 facsimile

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.