



\$\$\$ LUNCH

Specials

Half Sub + Fries

Available Monday through Friday 11 AM to 2 PM

Philly Cheese Steak Sub \$9

We use real steak, marinated and grilled with fresh mushrooms, onions and green peppers. Topped with melted white American cheese.

Cajun Chicken Philly Sub \$8

Chicken breast topped w/ Chef Andres Blackened Cajun Spice (Petersburg, VA), grilled with fresh mushrooms, onions & green peppers, and topped with melted white American cheese.

Chicken Parmesan Sub \$8

Chicken tenders topped with marinara sauce and loads of mozzarella cheese.

Cheeseburger Sub \$8

Fresh ground beef diced up and grilled with sauteed fresh mushrooms and onions, loaded with American cheese. Served on a toasted sub roll.

Deli Sub \$8

Honeybaked ham and smoked turkey, topped with applewood smoked bacon, provolone cheese and LTO. Served hot.

Soup/Salad Or Baked Potato Combo

House or Caesar \$8

We grow our Salad Mix & Tomatoes in our Hydroponic Farm!



Lunch Salads

Available Monday through Friday 11 AM to 2 PM

The Big Salad \$7

Fresh salad greens, grape tomatoes, cucumbers, red onions, and fresh mushrooms. Finished off with applewood smoked bacon, jack/cheddar cheese, & croutons.

- With grilled chicken \$11, with steak \$12, with Ahi tuna \$12

Grilled Salmon Salad w Fried Goat Cheese \$12

Grilled salmon served on a bed of fresh salad greens with grape tomatoes, cucumbers, onions, Craisins dried cranberries, & golden fried breaded goat cheese medallions.

Caesar Salad \$6

Romaine lettuce tossed with Caesar dressing, topped with fresh grated Parmesan, cracked black pepper, and croutons.

- With grilled chicken \$10, with steak \$11, with Ahi tuna \$11

Cobb Salad \$10

Fresh salad greens topped with diced grilled chicken breast, grape tomatoes, avocados, hard-boiled eggs, applewood smoked bacon, and bleu cheese crumbles.

Grilled Steak Salad \$12

Romaine lettuce tossed with Caesar dressing, topped with grilled marinated steak, grape tomatoes, applewood smoked bacon, crumbled bleu cheese, fresh grated Parmesan, and croutons.

Jamaican Chicken Salad \$11

Grilled chicken breast topped with sweet and spicy Jamaican relish on top of fresh salad greens with grape tomatoes, cucumbers, mushrooms, red onions, applewood smoked bacon, bleu cheese crumbles, and croutons.

Chicken Tender Salad \$10

Our big salad topped with fried chicken tenders. Great w/ our homemade honey mustard dressing.

Chef Salad \$10

Our big salad topped with honey baked ham and smoked turkey.

Ahi Tuna Salad \$12

Ahi tuna grilled with lemon butter, seared or well-done, atop a bed of fresh salad greens with grape tomatoes, cucumbers, red onions, & Craisins. Served with our house made ginger-scallion dressing.