

JULY 2019 SOCIAL ACTIVITIES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	2	3	4	5
CLUB CLOSED				
8	9	10	11	12
1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15P.M. Book Club	A.M. / P.M. Smart Tech Help 10 A.M. "Feed Your Mind" 10:30 A.M. Bohemian Rhapsody (English) 1 P.M. Bohemian Rhapsody (French) 1 P.M. Samba / Canasta	1 P.M. Social Bridge 1 P.M. Mah-jong 1 P.M. Backgammon 1 P.M. Stroke Support Group 1:15P.M. Doughy Delights!	A.M. / P.M. Smart Tech Help .1 P.M. Samba / Canasta 1:15 P.M. "Feed Your Mind" 2 P.M. Carrom	10 A.M. DIY Crafts + Scrapbooking 1 P.M. Social Bridge 1 P.M. Samba / Canasta 2 P.M. English Tea
15	16	17	18	19
1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15P.M. Book Club	A.M. / P.M. Smart Tech Help 10 A.M. "Feed Your Mind" 10:30 A.M. The Last Laugh (English) 1 P.M. Juste pour rire (French) 1 P.M. Samba / Canasta	1 P.M. Social Bridge 1 P.M. Mah-jong 1 P.M. Backgammon 1 P.M. Stroke Support Group 1 P.M. Military Whist 1:15P.M. Doughy Delights!	A.M. / P.M. Smart Tech Help .1 P.M. Samba / Canasta 1:15 P.M. "Feed Your Mind" 2 P.M. Carrom	10 A.M. DIY Crafts + Scrapbooking 1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15 P.M. Pub & Games
22	23	24	25	26
1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15P.M. Book Club	A.M. / P.M. Smart Tech Help 10 A.M. "Feed Your Mind" 10 A.M. Bread Basket 10:30 A.M. Mama Mia 2 (English) 1 P.M. Mama Mia 2 (French) 1 P.M. Samba / Canasta	1 P.M. Social Bridge 1 P.M. Mah-jong 1 P.M. Backgammon 1 P.M. Stroke Support Group 1:15 P.M. Doughy Delights!	A.M. / P.M. Smart Tech Help 1 P.M. Samba / Canasta 1:15P.M. "Feed Your Mind" 2 P.M. Carrom	A.M. /P.M. Sainte-Anne-de-Bellevue 1 P.M. Social Bridge 1 P.M. Samba / Canasta
29	30			
1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15 P.M. Book Club	A.M. /P.M. Smart Tech Help 10 A.M. "Feed Your Mind" 10:30 A.M. First Man (English) 1 P.M. Le premier homme sur la lune (French) 1 P.M. Samba / Canasta			



AUGUST 2019 SOCIAL ACTIVITIES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1	2
1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15 P.M. Book Club	A.M. /P.M. Smart Tech Help 10 A.M. "Feed Your Mind" 10:30 A.M. Grown Ups (English) 1 P.M. Copains pour toujours (French) 1 P.M. Samba / Canasta	1 P.M. Bingo & Sweet Surprise 1 P.M. Social Bridge 1 P.M. Mah-jong 1 P.M. Backgammon 1 P.M. Stroke Support Group	A.M. /P.M. Smart Tech Help 1 P.M. Samba / Canasta 1:15 P.M. "Feed Your Mind" 2 P.M. Carrom	12 P.M. Pizza & Game Afternoon 1 P.M. Social Bridge 1 P.M. Samba / Canasta
5	6	7	8	9
1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15 P.M. Book Club	A.M. /P.M. Smart Tech Help 10 A.M. "Feed Your Mind" 10:30 A.M. The Second Best Exotic Marigold Hotel (English) 1 P.M. Indian Palace : Suite Royale (French) 1 P.M. Samba / Canasta	12 P.M. BBQ 1 P.M. Social Bridge 1 P.M. Mah-jong 1 P.M. Backgammon 1 P.M. Stroke Support Group	A.M. /P.M. Smart Tech Help 1 P.M. Samba / Canasta 1:15 P.M. "Feed Your Mind" 2 P.M. Carrom	10 A.M. DIY Crafts + Scrapbooking 1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15 P.M. Pub & Games
12	13	14	15	16
1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15 P.M. Book Club	A.M. /P.M. Smart Tech Help 10 A.M. "Feed Your Mind" 10:30 A.M. Jumanji 2 : The Next Level (English) 1 P.M. Jumanji : Bienvenue dans la jungle 2 (French) 1 P.M. Samba / Canasta	1 P.M. Social Bridge 1 P.M. Mah-jong 1 P.M. Backgammon 1 P.M. Stroke Support Group 1-2:30 P.M. Retro Bash	A.M. /P.M. Smart Tech Help 1 P.M. Samba / Canasta 1:15 P.M. "Feed Your Mind" 2 P.M. Carrom	10 A.M. DIY Crafts + Scrapbooking 1 P.M. Social Bridge 1 P.M. Samba / Canasta 1:15 P.M. Pub & Games
18	20	21	22	23
26	27	28	29	30

ACTIVITÉS SOCIALES JUILLET 2019

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

	2	3	4	5
CLUB FERMÉ				
8	9	10	11	12
13h Bridge Social 13h Samba / Canasta 13h15 Club de lecture	A.M. / P.M. Support Techno 10h “Nourrir vos neurones” 10h30 Bohemian Rhapsody (Anglais) 13h Bohemian Rhapsody (Français) 13h Samba/Canasta	13h Bridge Social 13h Mah-jong 13h Backgammon 13h Groupe de soutien d'AVC 13h15 Pâtisserie!	A.M. /P.M. Support Techno 13h Samba / Canasta 13h15 “Nourrir vos neurones” 14h Carrom	10h Arts plastiques + Scrapbooking 13h Bridge Social 13h Samba / Canasta 14h Thé à l'anglaise
15	16	17	18	19
13h Bridge Social 13h Samba / Canasta 13h15 Club de lecture	A.M. / P.M. Support Techno 10h “Nourrir vos neurones” 10h30 The Last Laugh (Anglais) 13h Juste pour rire (Français) 13h Samba/Canasta	13h Bridge Social 13h Mah-jong 13h Backgammon 13h Groupe de soutien d'AVC 13h Military Whist 13h15 Pâtisserie!	A.M. /P.M. Support Techno 13h Samba / Canasta 13h15 “Nourrir vos neurones” 14h Carrom	10h Arts plastiques + Scrapbooking 13h Bridge Social 13h Samba / Canasta 13h15 Bistro et jeux
22	23	24	25	26
13h Bridge Social 13h Samba / Canasta 13h15 Club de lecture	A.M. / P.M. Support Techno 10h “Nourrir vos neurones” 10h30 Mama Mia 2 (Anglais) 13h Mama Mia 2 (Français) 13h Samba/Canasta	13h Bridge Social 13h Mah-jong 13h Backgammon 13h Groupe de soutien d'AVC 13h15 Pâtisserie!	A.M. /P.M. Support Techno 13h Samba / Canasta 13h15 “Nourrir vos neurones” 14h Carrom	A.M. /P.M. Sainte-Anne-de-Bellevue 13h Bridge Social 13h Samba / Canasta
29	30			
13h Bridge Social 13h Samba / Canasta 13h15 Club de lecture	A.M./P.M Support Techno 10h “Nourrir vos neurones” 10h30 First Man (Anglais) 13h Le premier homme sur la lune (Français) 13h Samba/Canasta			

ACTIVITÉS SOCIALES AOÛT 2019

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

29	30	31	1	2
13h Bridge Social 13h Samba / Canasta 13h15 Club de lecture	A.M. / P.M. Support Techno 10h “Nourrir vos neurones” 10h30 Grown Ups (Anglais) 13h Copains pour toujours (Français) 13h Samba/Canasta	13h Bingo et surprise 13h Bridge Social 13h Mah-jong 13h Backgammon 13h Groupe de soutien d'AVC	A.M. / P.M. Support Techno 13h Samba / Canasta 13h15 “Nourrir vos neurones” 14h Carrom	12h Après-midi de pizza et jeux 13h Bridge Social 13h Samba / Canasta
6	7	8	9	
13h Bridge Social 13h Samba / Canasta 13h15 Club de lecture	A.M. /P.M. Support Techno 10h “Nourrir vos neurones” 10h30 The Second Best Exotic Marigold Hotel (Anglais) 13h Indian Palace : Suite Royale (Français) 13h Samba / Canasta	12h BBQ 13h Bridge Social 13h Mah-jong 13h Backgammon 13h Groupe de soutien d'AVC	A.M. /P.M Support Techno 13h Samba / Canasta 13h15 “Nourrir vos neurones” 14h Carrom	10h Arts plastiques + Scrapbooking 13h Bridge Social 13h Samba / Canasta 13h15 Bistro et jeux
12	13	14	15	16
13h Bridge Social 13h Samba / Canasta 13h15 Club de lecture	A.M. /P.M. Support Techno 10h “Nourrir vos neurones” 10h30 Jumanji: The Next Level (Anglais) 13h Jumanji : Bienvenue dans la jungle 2 (Français) 13h Samba / Canasta	13h Bridge Social 13h Mah-jong 13h Backgammon 13h Groupe de soutien d'AVC 13h-14h30 Fête Rétro	A.M. /P.M Support Techno 13h Samba / Canasta 13h15 “Nourrir vos neurones” 14h Carrom	10h Arts plastiques + Scrapbooking 13h Bridge Social 13h Samba / Canasta 13h15 Bistro et jeux
19	20	21	22	23
26	27	28	29	30