

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

The 2015-16 season is complete.

Dismount

A WDA team has now won the last 10 ND State Meet team titles...The WDA placed four teams in the top five (1-2-4-5)...The top five all-around scores came from WDA gymnasts (Acacia Fossum, Dickinson; Hannah Werchau, Minot; Keana Kudrna, Dickinson; Ayanna Fossum, Dickinson; Rachel Dillman, BHS).

Team of the Week

Dickinson won its 10th state gymnastics title and finished the season with a perfect record in meet competitions.

Past WDA Champions

2015-16: Dickinson
2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of individual state titles that Dickinson senior Acacia Fossum won in her impressive career. That is one behind the all-time record of 16 set by Minot's Kim Sveum.

15

2015-16 SEASON SCHEDULE/RESULTS

This week's events

2015-16 season complete

Last week

Feb. 26

ND State Gymnastics Meet, Jamestown

Team totals

1. Dickinson 148.017; 2. Minot 142.367; 3. Valley City 141.233; 4. Bismarck High, 139.833; 5. Jamestown 139.650; 6. Century 136.917; 7. Grand Forks 132.0; 8. Fargo Davies 131.433

Team Competition Results

All-around: 1. Acacia Fossum, Dick., 38.400; 2. Keana Kudrna, Dick., 37.7; 3. Rachel Dillman, Bis, 37.417; 4. Hannah Werchau, Min., 37.400; 5. Ayanna Fossum, Dick., 36.717; 6. Erin Hillerud, Jam, 36.450; 7. Julia Redwing, Cent., 35.917; 8. Brienne Roehrich, VC, 35.817; 9. Kate Dillman, BHS, 35.517; 10. Anna Suppes, Davies, 35.433

Floor Exercise: 1. Kudrna, Dick., 9.733; 2. Ay. Fossum, Dick., 9.7; 3. Rachel Dillman, BHS, 9.667; 4. Ac. Fossum, Dick., 9.533; 5. Werchau, Min., 9.5; 6. Erin Hillerud, Jam., 9.483; 7. Adisynn Widdel, Min., 9.417; 8. Taylor Johnson, VC, 9.367; 9. Roehrich, VC, 9.317; 10. Hannah Schiele, Jam., 9.250

Balance Beam: 1. Acacia Fossum, Dick., 9.550; 2. Anna Suppes, Davies, 9.050; 3. R. Dillman, BHS, 9.033; 4. Werchau, Min., 9.017; 5. Johnson, VC, 9.017; 6.

Roehrich, VC, 8.967; 7. Ay. Fossum, Dick., 8.917; 8. Schiele, Jam., 8.917; 9. Hannah Sorensen, VC, 8.867; 10. K. Dillman, BHS, 8.850

Uneven Bars: Ac. Fossum, Dick, 9.633; 2. Kudrna, Dick., 9.60; 3. Werchau, Min., 9.517; 4. R. Dillman, BHS 9.417; 5. Redwing, Cent., 9.1; 6. Hillerud, Jam., 8.967; 7. Ay. Fossum, Dick., 8.867; 8. Michaela Thibert, VC, 8.8; 9. Roehrich, VC, 8.717; 10. K. Dillman, BHS, 8.633

Vault: 1. Kudrna, Dick., 9.733; 2. Ac. Fossum, Dick., 9.683; 3. Werchau, Min., 9.367; 4. Adisynn Widdel, Min., 9.333; 5. R. Dillman, Bis, 9.3; 6. Hillerud, Jam., 9.250; 8. Ay. Fossum, Dick., 9.233; 9. Redwing, Cent., 9.167; T10. Olivia Schoffstall, Min., 9.050; T10. K. Dillman, BHS, 9.050

Feb. 27

ND State Gymnastics Meet, Jamestown

Individual Competition Event Winners

All-Around: Acacia Fossum, Dickinson 39.067

Uneven Bars: Ac. Fossum, Dickinson, 9.767

Balance Beam: Ac. Fossum, Dickinson, 9.600

Vault: Keana Kudrna, Dickinson, 9.900

Floor Exercise: Ac. Fossum, 9.883

BISMARCK HIGH: The Demons ended their season with a fourth place showing at the ND State Meet in Jamestown. In the individual competition, Rachel Dillman finished fifth in all-around scoring, 36.800. Kate Dillman was eighth, 36.167.

ND State Meet

All-Around: 5. Rachel Dillman, 36.800; 8. Kate Dillman, 36.167; 18. Morgan Salwei, 34.800

Uneven Bars: 4. R. Dillman, 9.383; T9. K. Dillman, 9.00;

Balance Beam: 6. Salwei, 9.017; T9. K. Dillman, 8.8; T16. R. Dillman, 8.583

Floor Exercise: 5. R. Dillman, 9.467; 6. K. Dillman, 9.433; 20. Salwei, 8.983

Vault: 4. R. Dillman, 9.367; T15. K. Dillman, 8.933; T15. Lauren Carlson, 8.933

CENTURY: The Patriots ended their season with a sixth place finish at the ND State Meet in Jamestown. In the individual competition, Julia Redwing was 10th in all-around scoring, 36.00.

ND State Meet

All-Around: 10. Julia Redwing, 36.000

Uneven Bars: 7. Redwing, 9.183

Vault: T6. Redwing, 9.283

Floor Exercise: T13. Redwing, 9.183; 19. Taylor Decoteau, 9.017

DICKINSON: The Midgents won their 10th ND State Meet in Jamestown, and first since 2014. Dickinson scored 148.017 points which was well ahead of runner-up Minot. Dickinson swept all four events en route to the title.

In the individual competition, senior Acacia Fossum was all-around champion with a score of 39.067. She also won the uneven bars, 9.767; balance beam, 9.600; and floor exercise, 9.833. Fossum finished with an impressive 15 individual state titles in her career. Keana Kudrna won the vault, 9.900.

ND State Meet

All-Around: 1. Acacia Fossum, 39.067; 3. Keana Kudrna, 38.067; 4. Ayanna Fossum, 37.417; 17. Faith Beck, 34.867; 24. Meghan Ackerman, 33.867; 29. Peyton Selle, 32.167

Uneven Bars: 1. Acacia Fossum, 9.767; 2. Kudrna, 9.667; T9. Faith Beck, 9.0; 12. Ay. Fossum, 8.950; 16. Dacia Rambousek, 8.683; 17. Selle, 8.533; 21. Brinklyn Schumacher, 8.433

Balance Beam: 1. Acacia Fossum, 9.600; 4. Ayanna Fossum, 9.450; 11. Meghan Ackerman, 8.733; 13. Kudrna, 8.700; T16. Rambousek, 8.583

Floor Exercise: 1. Acacia Fossum, 9.833; 2. Kudrna, 9.800; 3. Ayanna Fossum, 9.717

Vault: 1. Kudrna, Dickinson, 9.9; 2. Acacia Fossum, 9.867; 5. Ayanna Fossum, 9.3; T6. Meghan Ackerman, 9.283; 13. Beck, 9.017; 19. Schumacher, 8.917

JAMESTOWN: The Blue Jays ended their season with a fifth place showing at the ND State Meet in Jamestown. Erin Hillerud was sixth in all-around scoring, 36.733.

ND State Meet

All-Around: 6. Erin Hillerud, 36.733; 19. Rachel Schiele, 34.767; T21. Maggie Ridley, 34.283; T21. Kailey Alber, 34.283; 28. Madison Mandan, 32.500; 31. Triebenbach, 24.833

Balance Beam: 5. Hannah Schiele, 9.033; 7. Hillerud, 8.933; 18. Ridley, 8.567; 19. Alber, 8.483

Floor Exercise: 4. Hillerud, 9.533; T16. Hannah Schiele, 9.050; T16. Ridley, 9.050

Uneven Bars: 11. Hillerud, 8.983; 18. Schiele, 8.517; 19. Alexis Triebenbach, 8.500; 20. Alber, 8.450

Vault: T6. Hillerud, 9.283

LEGACY: The Sabers' Zoe Prince competed in the ND State Meet in Jamestown, finishing eighth on the balance beam in individual competition. She was 16th in all-around scoring.

ND State Meet

All-Around: 16. Zoe Prince, 35.067

Balance Beam: 8. Prince, 8.833; 20. Kyrie Link, 8.367

Vault: 14. Prince, 9.000

Floor Exercise: T13. Prince, 9.183

MANDAN: The Braves' Jaysea Bowers completed in the ND State Meet in Jamestown, finishing 20th in the vault.

ND State Meet

Vault: 20. Jaysea Bowers, 8.867

MINOT: The Majettes ended their season with a runner-up finish at the ND State Meet in Jamestown. Hannah Werchau paced Minot placing second in all-around scoring, 38.083.

ND State Meet

All-Around: 2. Hannah Werchau, 38.083; 9. Olivia Schoffstall, 36.100; 13. Adisynn Widdel, 35.267;

Uneven Bars: 3. Werchau, 9.600; 6. Schoffstall, 9.283; 11. Widdel, 8.833

Balance Beam: 2. Werchau, 9.567; 12. Schoffstall, 8.717

Floor Exercise: 7. Werchau, 9.383; 10. Adisynn Widdel, 9.267; T16. Schoffstall, 9.050

Vault: 3. Werchau, 9.533; 10. Savannah Fix, 9.1; 11. Schoffstall, 9.050; T22. Widdel, 8.817

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

The season will wrap up this weekend at the ND State Meet in Jamestown, Friday, Feb. 26-Saturday, Feb. 27. Minot is the defending champion while Dickinson will enter as the favorite.

Dismount

Dickinson won its first WDA title since 2013...WDA teams went 1-2-3-4 at last year's ND State Meet...Jamestown last hosted the state meet in 2011...

Team of the Week

Dickinson showed its depth by winning the WDA Championships last week in Minot. The Middlets had four gymnasts in the top 10 in all-around scoring led by Acacia Fossum's first placed finish.

Past WDA Champions

2015-16: Dickinson
2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of gymnasts that Dickinson placed in the top 10 in all-around scoring at the WDA Championships on Feb. 19 in Minot.

4

2015-16 SEASON SCHEDULE/RESULTS

This week's events

Friday, Feb. 26

ND State Meet, Jamestown, 4 p.m., team competition

Saturday, Feb. 27

ND State Meet, Jamestown, 1 p.m. individual competition

Last week

Feb. 19

WDA Championships, Minot

Team totals

1. Dickinson, 148.700; 2. Minot, 141.750; 3. Jamestown, 137.675; 4. Bismarck High, 136.950; 5. Century, 135.925; 6. Mandan, 123.125; 7. Legacy, 121.400

Event Winners

All-Around: Acacia Fossum, Dickinson, 38.100

Vault: Keana Kudrna, Dickinson, 9.800

Uneven Bars: Hannah Werchau, Minot, 9.625

Balance Beam: Werchau, Minot, 9.425

Floor Exercise: 1. Ac. Fossum, 9.775

Feb. 11

Dickinson Quadrangular

1. Dickinson, 151.050; 2. Bismarck High, 140.875; 3. Century, 134.875; 4. Legacy, 104.625

Jamestown Meet

1. Jamestown, 142.500

BISMARCK HIGH: The Demons will compete at the ND State Meet on Friday, Feb. 26-Saturday, Feb. 27 in Jamestown. Bismarck High was third a season ago at the state meet.

BHS finished fourth last week at the WDA Championships. Rachel Dillman was fifth in all-around scoring.

WDA Championships

All Around: 5. Rachel Dillman, 36.250

Vault: 5. R. Dillman, 9.350

Uneven Bars: 6. R. Dillman, 8.950; 8. Kate Dillman, 8.775

Balance Beam: 9. Morgan Salwei, 8.600

Floor Exercise: 6. R. Dillman, 9.500

CENTURY: The Patriots will compete at the ND State Meet on Friday, Feb. 26-Saturday, Feb. 27 in Jamestown. Century finished seventh a season ago. Last week, the Patriots were fifth at the WDA Championships. Julia Redwing was sixth in all-around scoring.

WDA Championships

All Around: 6. Julia Redwing, 36.100

Vault: 9. Redwing, 9.050

Uneven Bars: 5. Redwing, 9.050

Balance Beam: 4. Redwing, 9.075

DICKINSON: The Middlets will compete at the ND State Meet on Friday, Feb. 26 and Saturday, Feb. 27 in Jamestown. Dickinson was runner-up a season ago at the meet. Acacia Fossum is the defending champion in all-around scoring. Dickinson has not lost a meet this season. Last week, Dickinson won the WDA Championship, scoring 148.700 points. Acacia Fossum was the all-around champion. Keana Kudrna won the vault.

WDA Championships

All Around: 1. Acacia Fossum, 38.100; 2. Keana Kudrna, 37.825; 4. Ayanna Fossum, 37.250; 9. Faith Beck, 34.625

Vault: 1. Kudrna, 9.800; 3. Ay. Fossum, 9.400; 4. Ac. Fossum, 9.375; 10. Meghan Ackerman, 8.900

Uneven Bars: 2. Ac. Fossum, 9.600; 3. Keana Kudrna, 9.450; 7. Ay. Fossum, 8.800; 9. Beck, 8.750

Balance Beam: 2. Ay. Fossum, 9.375; 3. Ac. Fossum, 9.350; 5. Dacia Rambousek, 8.925; 6.

Kudrna, 8.825; 10. Beck, 8.525

Floor Exercise: 1. Ac. Fossum, 9.775; 2. Kudrna, 9.750; 3. Ay. Fossum, 9.675

JAMESTOWN: The Blue Jays will host the ND State Meet on Friday, Feb. 26 and Saturday, Feb. 27. Jamestown was fourth at the state meet a year ago. The squad is coming off a third place showing at the WDA Championships last week. Erin Hillerud had the top finish, placing fifth in the floor exercise.

WDA Championships

Vault: 7. Erin Hillerud, 9.100

Uneven Bars: 10. Rachel Schiele, 8.550

Balance Beam: 7. Hannah Schiele, 8.650

Floor Exercise: 5. Hillerud, 9.525; 10. Madison Mandan, 9.050

LEGACY: The Sabers will be competing at the ND State Meet in Jamestown on Friday, Feb. 26-Saturday, Feb. 27. Last week, Legacy was seventh at the WDA Championships. Zoe Prince finished 10th in all-around scoring.

WDA Championships

All Around: 10. Zoe Prince, 34.600

Balance Beam: 8. Prince, 8.625

Floor Exercise: 8. Prince, 9.100

MANDAN: The Braves will compete at the ND State Meet in Jamestown on Friday, Feb. 26-Saturday, Feb. 27. Last week, Mandan was sixth at the WDA Championships. Jaysea Bowers was the top individual finisher for Mandan, placing 27th in all-around scoring. She tied for 14th in the vault.

WDA Championships

All Around: 27. Jaysea Bowers, 32.00; 28. Rylee Bowers, 31.325

Balance Beam: T20. R. Bowers, 7.950

Vault: T14. J. Bowers, 8.700

Uneven Bars: T30. J. Bowers, 7.475

MINOT: The Majettes will be in Jamestown on Friday, Feb. 26-Saturday, Feb. 27 at the ND State Meet. Minot is the defending champion. The Majettes are coming off a runner-up finish at the WDA Championships. Hannah Werchau was third in all-around scoring.

WDA Championships

All Around: 3. Hannah Werchau, 37.525; T7. Olivia Schoffstall, 34.925; T7. Adisynn Widdel, 34.925

Vault: 2. Werchau, 9.400; 6. Widdel, 9.250; 7.

Savannah Fix, 9.100

Uneven Bars: 1. Werchau, 9.625; 4. Olivia Schoffstall, 9.100

Balance Beam: 1. Werchau, 9.425

Floor Exercise: 4. Widdel, 9.550; 7. Fix, 9.250; 9. Werchau, Minot, 9.075

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

Teams are idle this week and will compete at the WDA Meet on Friday, Feb. 19 in Minot.

Dismount

Jamestown won a pair of meets last week...Dickinson won its ninth meet last week, posting a program-best score of 151.050.

Team of the Week

Jamestown won a pair of meet titles last week, including one in Fargo.

Past WDA Champions

2015-16:
2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of WDA teams that have won meet titles this regular season (Bismarck High, Dickinson, Jamestown, Minot).

4

2015-16 SEASON SCHEDULE/RESULTS

This week's events

Friday, Feb. 19

WDA Championships, Minot, 5:30 p.m.

Last week

Feb. 5

Kim Lupo Meet, Minot

Team totals

1. Dickinson, 146.650; 2. Minot, 140.800; 3. Bismarck High, 122.600; 4. Mandan, 120.725; 5. Century, 113.775; 6. Legacy, 111.300.

Event winners

All-around: Acacia Fossum, Dickinson, 38.150

Vault: Keana Kudrna, Dickinson, 9.600

Uneven Bars: Kudrna, Dickinson, 9.550

Balance Beam: Ayanna Fossum, Dickinson, 9.575

Floor Exercise: Ac. Fossum, Dickinson, 9.725

Feb. 5

Fargo Invite

Team totals

1. Jamestown 141.675; 2. Valley City 138.200; 3. Wahpeton 129.575; 4. Fargo Davies 129.250; 5. Grand Forks 128.025; 6. Fargo 118.800

Event winners

All-around: Erin Hillerud, Jamestown, 36.225

Feb. 11

Dickinson Quadrangular

Team totals

1. Dickinson, 151.050; 2. Bismarck High, 140.875; 3. Century, 134.875; 4. Legacy, 104.625

Event winners

All around: Acacia Fossum, Dickinson 39.025

Vault: Ac. Fossum, Dickinson, 9.925

Uneven Bars: Ac. Fossum, Dickinson; Keana Kudrna, Dickinson, 9.600

Balance Beam: Ac. Fossum, Dickinson, 9.700

Floor Exercise: Ac. Fossum, Dickinson, 9.800

Jamestown Meet

Team totals

1. Jamestown 142.500; 2. Fargo Davies 128.000; 3. Fargo 115.350

Event winner

All-Around: Hannah Schiele, Jamestown 35.9

Uneven Bars: Kailey Alber, Jamestown 8.950

Balance Beam: H. Schiele, Jamestown, 9.0

Vault: H. Schiele, Jamestown, 9.0; Alexis Triebenbach, Jamestown, 9.0; Maggie Ridley, 9.0, Jamestown

Floor Exercise: Anna Suppes, Fargo Davies, 9.45

BISMARCK HIGH: The Demons will next compete at the WDA Meet on Friday, Feb. 19 in Minot. Bismarck High finished third at the Minot Kim Lupo Meet last week and was second at the Dickinson Quadrangular.

Kim Lupo Meet

All-Around: 5. Rachel Dillman, 35.850.

Vault: 6. Dillman, 9.025

Uneven Bars: 4. Dillman, 8.875

Balance Beam: 4. Dillman, 8.900

Floor Exercise: 5. Dillman, 9.050

Dickinson Quadrangular

All Around: 3. Rachel Dillman, 37.375

Vault: 4. Dillman, 9.500

Balance Beam: 4. Dillman, 9.325

Floor Exercise: T2. Dillman, 9.650. 4. Morgan Salwee, 9.150

CENTURY: The Patriots will next compete at the WDA Meet on Friday, Feb. 19 in Minot. Century placed sixth at the Minot Kim Lupo Meet and was third at the Dickinson Quadrangular.

Kim Lupo Meet

Uneven Bars: 5. Julia Redwing, 8.800

Balance Beam: 5. Redwing, 8.850

Dickinson Quadrangular

Uneven Bars: 3. Julia Redwing, 9.100

DICKINSON: The Midgits will next compete at the WDA Meet on Friday, Feb. 19 in Minot. Last week, the squad won the Minot Kim Lupo Meet and then took the title at the Dickinson Quadrangular. The team score of 151.050 was a program-best!

Kim Lupo Meet

All-Around: 1. Acacia Fossum, 38.150; 2. Keana Kudrna, 37.325;

3. Ayanna Fossum 36.425; 7. Faith Beck, 34.325. 8. Dacia Rambousek, 34.300

Vault: 1. Kudrna, 9.600; 2. Ac.Fossum, 9.400; 4. Ay.Fossum, 9.100

Uneven Bars: 1. Kudrna, 9.550; 2. Ac. Fossum, 9.500; 6. Ay. Fossum, 8.750; T7. Beck, 8.650

Balance Beam: 1. Ay. Fossum, 9.575. 2. Ac. Fossum, 9.525; 8. Beck, 8.525.

Floor Exercise: 1. Ac.Fossum, 9.725. 2. Kudrna, 9.675; 6.

Ay. Fossum, 9.000. 7. Rambousek, 8.925

Dickinson Quadrangular

All around: 1. Acacia Fossum 39.025. 2. Keana Kudrna, 8.675; 4. Ayanna Fossum, 37.150. 5.

Meghan Ackerman, 37.150. 7. Peyton Selle, 34.650; 10. Brinklyn Schumacher, 33.625.

Vault: 1.Ac. Fossum, 9.925; 2. Kudrna, 9.875; 3. Ay. Fossum, 9.575; 5. Ackerman, 9.350

Uneven Bars: T1. Ac. Fossum, T1. Kudrna, 9.600; 6. Ay. Fossum, 8.850. 7. Ackerman, 8.550

Balance Beam: 1. Ac. Fossum, 9.700; 2. Ay. Fossum, 9.675; 3. Kudrna, 9.550; 5. Dacia Rambousek, 9.250

Floor Exercise: 1. Ac. Fossum, 9.800; T2. Kudrna, 9.650; T5. Ay. Fossum, 9.050; T5. Ryan Campbell, 9.050

JAMESTOWN: The Blue Jays be at the WDA Meet on Friday, Feb. 19 in Minot. The squad finished first at a meet in Fargo on Feb. 5 and then won a home invite on Feb. 11.

Fargo Invite

1. Erin Hillerud, J, 36.225; 3. Maggie Ridley, J, 35.325; 4. Madison Mandan, 34.975; 6. Hannah Schiele, 34.550

Jamestown Meet

All-Around: 1. Hannah Schiele, 35.9; 3. Kailey Alber, 35.1; 4. Rachel Schiele, 35.0; 5. Madison Mandan, 34.65; 6. Alexis Triebenbach, 34.55; 7. Maggie Ridley, 34.1; 8. Peyton Rudnick, J, 33.2

Uneven Bars: 1. Kailey Alber, 8.950; 2. Rachel Schiele, 8.5; T3. H. Schiele, 8.45. 5. Ridley, 8.4; 6. Madison Mandan, 7.8. 7. Alexis Triebenbach, 7.750; 8. Peyton Rudnick, 7.55

Balance Beam: 1. H. Schiele, 9.0; 2. Madison Mandan, 9.15; 4. Alexis Triebenbach, 8.7; 5. Kailey Alber, 8.45. 7. R. Schiele, 8.3; 9. Ridley, 7.950

Vault: T1., H. Schiele, 9.0; T1. Triebenbach, 9.0; T1. Ridley, 9.0; 4. Mandan, 8.9. 6. R. Schiele, 8.8; 7. Rudnick, 8.7; 8. Alber, 8.65

Floor Exercise: 2. R. Schiele, 9.4. 3. H. Schiele, 9.250; 4. A. Triebenbach, 9.1; T5. P. Rudnick, 9.05; T5. Alber, 9.05; 8. Mandan, 8.8. 10. Ridley, 8.75

LEGACY: The Sabers will next compete at the WDA Meet on Friday, Feb. 19. Legacy was sixth at the Minot Kim Lupo Meet and fourth at the Dickinson Quadrangular last week.

Kim Lupo Meet

Vault: 8. Zoe Prince, 8.850

Balance Beam: 7. Prince, 8.575

MANDAN: The Braves will next compete at the WDA Meet. Last week, the squad finished fourth at the Minot Kim Lupo Meet.

Kim Lupo Meet

All-Around: 18. Rylee Bowers, 30.225

Vault: 10. Jaysea Bowers 8.650

Uneven Bars: 24. R. Bowers, 6.775

Balance Beam: 19. J. Bowers, 7.800

Floor Exercise: 18. Mickayla Wessner, 8.125

MINOT: The Majettes host the WDA Meet on Friday, Feb. 19. Minot finished runner-up at its home meet last week.

Kim Lupo Meet

All-Around: 4. Hannah Werchau, 36.100; 6. Olivia Schoffstall, 34.425

Vault: 3. Werchau, 9.300; 5. Savannah Fix, 9.050; 7. Adisynn Widdell, 8.950

Uneven Bars: 3. Schoffstall, 9.100; T7. Werchau, 8.650

Balance Beam: 3. Werchau, 8.925; 6. Fix, 8.775

Floor Exercise: 3. Fix, 9.400. 4.

Werchau, 9.225; 8. Schoffstall, Min, 8.900

All around: 1. Acacia Fossum 39.025. 2. Keana Kudrna, D, 38.675. 3. Rachel Dillman, B, 37.375. 4. Ayanna Fossum, D, 37.150. 5. Meghan Ackerman, D, 37.150. 7. Peyton Selle, D, 34.650. 10. Brinklyn Schumacher, D, 33.625

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

There is just two weeks of regular season events remaining and several WDA teams will be in Minot on Friday, Feb. 5 for one of them. Jamestown will compete at the Fargo Invite that day.

Dismount

Jamestown finished runner-up for a third time this season (Jamestown Mid-Winter Invite)...Dickinson gymnasts swept individual titles last week at the Fern Pokorny Invite.

Team of the Week

Dickinson continued its impressive season, winning a seventh team title last week.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the finish Dickinson went in all-around scoring at its home meet on Saturday, Jan 30 (Keana Kudrna, Acacia Fossum, Ayanna Fossum).

1-2-3

2015-16 SEASON SCHEDULE/RESULTS

This week's events

Friday, Feb. 5

Minot Meet, 5:30 p.m.

Fargo Invite, 5 p.m.

Thursday, Feb. 11

Jamestown Invite, 5 p.m.

Last week

Jan. 30

Fern Pokorny Invite, Dickinson

Team totals

1. Dickinson, 148.475; 2. Fargo Davies, 129.700; 3. Mandan, 123.275; 4. Fargo South, 117.900

Event Winners

All-Around: Keana Kudrna, Dickinson, 37.875

Vault: Kudrna, Dickinson, 9.875

Uneven Bars: Kudrna, Dickinson, 9.575

Balance Beam: Ayanna Fossum, Dickinson, 9.425

Floor Exercise: Acacia Fossum, Dickinson, 9.700

Mid-Winter Invite, Jamestown

Team totals

1. Valley City 140.675; 2. Jamestown 140.600; 3. Grand Forks 134.600; 4. Wahpeton 132.150

Event Winners

All-Around: Taylor Johnson, Valley City, 36.125

Vault: Maggie Ridley, Jamestown; 9.2. Brienne Roehrich, VC, 9.2

Uneven Bars: B. Roehrich, VC, 9.150

Balance Beam: T. Johnson, VC, 9.625

Floor Exercise: M. Ridley, J, 9.2; T. Johnson, VC, 9.2

Meets in Central Time

BISMARCK HIGH: The Demons will compete at meet in Minot on Friday, Feb. 5 and then compete at Dickinson on Feb. 11.

CENTURY: The Patriots will compete at meet in Minot on Friday, Feb. 5 and then compete at Dickinson on Feb. 11.

DICKINSON: The Midgets travel to Minot on Friday, Feb. 5 and then will entertain BHS, Century on Feb. 11. Dickinson captured the team title at its Fern Pokorny Invite last week. It was Dickinson's seventh team title this season and its score of 148.475 was a season high. Keana Kudrna had the top all-around score. It was the second time this season she earned that distinction.

Fern Pokorny Invite

All Around: 1. Keana Kudrna, 37.875. 2. Acacia Fossum, 37.600; 3. Ayanna Fossum, 37.575; 5. Peyton Selle, 34.575; 6. Meghan Ackerman, D, 34.550; 7. Dacia Rambousek, 34.350; 9. Faith Beck, D, 33.825

Uneven Bars: 1. Kudrna, 9.575; 2. Ay. Fossum, 9.000; 3. Ac. Fossum, 8.875; 4. Beck, 8.350; 5. Rambousek, 8.300; 6. Schumacher, 8.225; 8. Ackerman, 8.050; 9. Selle, 8.000

Vault: 1. Kudrna, 9.875; 2. Ac. Fossum, 9.800; 3. Ay. Fossum, 9.500; 4. Schumacher, 9.200; 5. Selle, 9.175; 6. Ackerman, 9.125; 8. Rambousek, 8.975; 9. Beck, 8.825.

Balance Beam: 1. Ay. Fossum, 9.425; 3. Ac. Fossum, 9.225; 4. Ackerman, 9.025. 5. Kudrna, 8.925; T6. Selle, 8.900; 9. Rambousek, 8.425; 10. Beck, 8.250

Floor Exercise: 1. Ac. Fossum, 9.700; 2. Ay. Fossum, 9.650; 3. Kudrna, 9.500; 7. Ryan Campbell, 8.850; 9. Macy Leiss, 8.700.

JAMESTOWN: The Blue Jays travel east to Fargo for a meet on Friday, Feb. 5 and then host a meet on Thursday Feb. 11. The squad is coming off a runner-up finish at its home meet on Jan. 30. Maggie Ridley tied for first in the vault and floor exercise.

Mid-Winter Invite, Jamestown

All-Around: 3. Maggie Ridley, 35.400; 4. Alexis Triebenbach, 35.050; 5. Rachel Schiele, 34.450; T7. Madison Mandan, 34.250; 9. Hannah Schiele, 33.975

Vault: T1. Maggie Ridley, 9.2; 3. H. Schiele,

9.1; T4. R. Schiele, 9.0; T7. Kailey Alber, 8.8; T7. Peyton Rudnick, 8.8

Uneven Bars: T2. R. Schiele, 8.65; 4. Ridley, 8.6. 5. Triebenbach, 8.5; 6. H. Schiele, 8.45

Balance Beam: 3. Triebenbach, 8.950; 9. Mandan, 8.450; T10. Alber, 8.4; T10. Ridley, 8.4

Floor Exercise: T1. Ridley, 9.2; 3. Mandan, 9.050; 4. Alber, 8.950. T5. Triebenbach, 8.9; 10. R. Schiele, 8.8.

LEGACY: The Sabers will compete at meet in Minot on Friday, Feb. 5.

MANDAN: The Braves are in Minot on Friday, Feb. 5 for the Minot Invite. Last week, Mandan finished third at the Fern Pokorny Invite in Dickinson. Olivia Lacher had the top score in all-around, placing 13th.

Fern Pokorny Invite

All Around: 13. Olivia Lacher 31.275; 14. Rylee Bowers, 30.475

Vault: T14. R. Bowers 8.325

Uneven Bars: 11. J. Bowers 7.700; 13. Lacher 7.025 (13th)

Balance Beam: 11. Nellie Masseth 8.075; 12. J. Bowers 8.050; 13. Lacher 7.875

Floor Exercise: 16. R. Bowers 8.200; 19.

Lacher 8.050

MINOT: The Majettes host a meet this Friday, Feb. 5.

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

Dickinson and Jamestown will host meets on Saturday, Jan. 30.

Dismount

Dickinson won its sixth meet title last week...the WDA Meet is Feb. 19 in Minot.

Team of the Week

Legacy finished a season-best third at the Minot Invite on Jan. 22.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of meet titles that Dickinson has won this season.

6

2015-16 SEASON SCHEDULE/RESULTS

This week's events.

Saturday, Jan. 30

Jamestown Meet, 11 a.m.

Dickinson Meet, 12 noon

Last week

Jan. 22

Minot Invite

Team totals

1. Minot, 142.850; 2. Valley City, 137.475; 3. Legacy, 131.2; 4. Grand Forks, 130.625; 5. Century, 126.7; 6. Bismarck, 126.475

Event Winners

All-Around: Hannah Werchau, Minot, 37.075

Vault: H. Werchau, Minot, 9.475

Uneven Bars: H. Werchau, Minot, 9.175

Balance Beam: Taylor Johnson, Valley City, 9.45

Floor Exercise: H. Werchau, Minot, 9.55

Meets in Central Time

BISMARCK HIGH: The Demons are idle until a meet in Minot on Feb. 5. Last week, the squad was sixth at a meet in Minot. Morgan Salwei was fifth in all-around scoring.

Minot Invite

All Around: 5. Morgan Salwei, 34.425

Vault: 6. Salwei, 9.0; 8. Lauren Carlson, 8.8

Balance Beam: 2. Salwei, 8.95

Floor Exercise: 6. Salwei, 8.875

CENTURY: The Patriots are idle until they return to Minot for a meet on Feb. 5. Last week, the squad was fifth at the Minot Invite.

Minot Invite

Vault: T10. Ashley Gessele, 8.6; T10. Kenzie Gullickson, 8.6

DICKINSON: The Midgets host a meet on Saturday, Jan. 30. The squad is coming off a first place showing at a meet in Rapid City, SD last week. It was Dickinson's sixth meet title this season. Acacia Fossum was second in all-around scoring.

Rapid City Meet

All around: 2. Acacia Fossum, 37.650; 3. Keana Kudrna, 37.375; 4. Ayanna Fossum, 37.325.

Vault: 1. Kudrna, 9.900; 3. Ay. Fossum, 9.550; 4. Ac. Fossum, 9.500; 8. Brinklyn Schumacher, 9.000; 9. Meghan Ackerman, 8.850.

Uneven bars: 1. Kudrna, 9.600; 3. Ac. Fossum, 9.000; 4. Ay. Fossum, 8.850

Balance beam: 1. Ac. Fossum, 9.925; 3. Ay. Fossum, 9.350; 5. Dacia Rombousek, 9.000; 10. Kudrna, 8.300; 19. Payton Selle, 7.500.

Floor exercise: T1. Ay. Fossum, 9.575; T1. Kudrna, 9.575; 6. Ac. Fossum, 9.225; 8. Dacia Rombousek, 8.700; 9. Ryan Campbell, 8.650.

JAMESTOWN: The Blue Jays host a meet this Saturday, Jan. 30. The squad was idle last week.

LEGACY: The Sabers are idle until Feb. 5 when it competes in a meet in Minot. Last week, the team was third at a meet in Minot. Zoe Prince was fourth in all-around scoring.

Minot Meet

All Around: 4. Zoe Prince, 35.05

Vault: 7. Prince, 8.9

Uneven Bars: 7. Prince, 8.475; 8. Taylor Weidner, 8.35

Balance Beam: 5. Prince, 8.775; 8. Kyrie Link, 8.375

Floor Exercise: 4. Prince, 8.9

MANDAN: The Braves will compete at the Dickinson Invite on Saturday, Jan. 30. Mandan was idle last weekend.

MINOT: The Majettes are idle until Feb. 5 when it hosts a meet. The squad last week picked up its second meet title of the season. Hannah Werchau was first in all-around scoring.

Minot Meet

All Around: 1. Hannah Werchau, 37.075; 3. Olivia Schoffstall, 35.125; 6. Adisynn Widdell, 34.1; 10. Emma Spengler, 33.275

Vault: 1. Werchau, 9.475; 2. Savannah Fix, 9.3; 3. Widdell, 9.275; 4. Ashlee Pelzer, 9.150

Uneven Bars: 1. Werchau, 9.175; 2. Schoffstall, 9.075; 6. Grace Shanklin, 8.575; 9. Spengler, 8.3

Balance Beam: 3. Werchau, 8.875; 4. Fix, 8.85; 6. Schoffstall, 8.725; 9. Widdell, 8.2

Floor Exercise: 1. Werchau, 9.55; 6. Schoffstall, 8.875; 8. Spengler, 8.75

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

Several WDA teams will travel to the Magic City for a meet in Minot on Friday, Jan. 22. Dickinson will head south to Rapid City, SD for a meet there on Saturday, Jan. 23.

Dismount

Nine teams competed at the recent Julie Ziegler Invite on Jan. 15...Acacia Fossum of Dickinson won the all-around title at the Ziegler Meet.

Team of the Week

Minot was runner-up at the Julie Ziegler Meet last week. It was the third time this season the Majettes were runner-up in a meet.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the how WDA teams finished at the recent Bismarck Julie Ziegler Meet. Dickinson was first; Minot, second; Jamestown, third.

1-2-3

2015-16 SEASON SCHEDULE/RESULTS

This week's events.

Friday, Jan. 22

Minot Meet, 5:30 p.m.

Saturday, Jan. 23

Rapid City, SD Meet, TBA

Last week

Jan. 15

Julie Ziegler Invite, Bismarck

Team totals

1. Dickinson, 144.575; 2. Minot High, 140.225; 3. Jamestown, 136.675; 4. Valley City, 135.45; 5. Bismarck, 133; 6. Century, 128.6; 7. Grand Forks, 127.025; 8. Legacy, 126.9; 9. Mandan, 115.375.

Event Winners

All-Around: Acacia Fossum, Dickinson, 37.675

Vault: Keana Kudrna, Dickinson, 9.55

Uneven Bars: Ac. Fossum, Dickinson, 9.575

Balance Beam: Taylor Johnson, Valley City, 9.575

Floor Exercise: Ayanna Fossum, Dickinson, 9.575

Jan. 21.

Jamestown 139.300, Mandan 125.350

Meets in Central Time

BISMARCK HIGH: The Demons travel to Minot for a meet on Friday, Jan. 22. Last week, the squad finished fifth at the Julie Ziegler Invite in Bismarck. Rachel Dallman was fourth in all-around scoring.

Julie Ziegler Meet

All Around: 4. Rachel Dillman, 35.375

Vault: 4. Morgan Salwei, 9.15

Balance Beam: 4. R. Dillman, 9.025

Floor Exercise: 2. R. Dillman, 9.5

CENTURY: The Patriots travel to Minot for a meet on Friday, Jan. 22. Last week, Century was sixth at the Julie Ziegler Invite in Bismarck.

Julia Redwing had a pair of fifth place finishes in individual events

Julie Ziegler Meet

Uneven Bars: 5. Julia Redwing, 8.95

Balance Beam: 5. Redwing, 8.975

DICKINSON: The Midgets head to Rapid City, SD for a meet on Saturday, Jan. 23. Dickinson took the team title at the Julie Ziegler Invite last week in Bismarck. It was Dickinson's fifth team title of the year. Acacia Fossum was first in all-around scoring. Ac. Fossum won uneven bars and balance beam; Keana Kudrna won the vault; Ayanna Fossum won the floor exercise

Julie Ziegler Meet

All Around: 1. Acacia Fossum, 37.675; 3.

Keana Kudrna, 37.1; 6. Ayanna Fossum,

35.225

Vault: 1. Kudrna, 9.55; 3. Acacia Fossum,

9.45; 4. Ay. Fossum, 9.15

Uneven Bars: 1. Acacia Fossum, 9.575; 2. Kudrna,

9.525

Balance Beam: 2. Ac. Fossum, 9.525.

Floor Exercise: 1. Ay. Fossum, 9.575. 3. Keana

Kudrna, 9.425; 6. Ac. Fossum, 9.125

JAMESTOWN: The Blue Jays are idle until hosting a meet on Saturday, Jan. 30.

Last week, Jamestown was third at the Julie Ziegler Invite in Bismarck and then defeated Mandan, 139.300-125.350 in a dual on Jan. 21. Rachel Schiele was fifth on the beam at the Ziegler Meet.

Julie Ziegler Meet

Balance Beam: 6. Rachel Schiele, 8.925

LEGACY: The Sabers travel to Minot for a meet there on Friday, Jan. 22.

Last week, Legacy was eighth at the Julie Ziegler Invite in Bismarck.

MANDAN: The Braves will compete in Minot at a meet on Friday, Jan. 22.

Last week, Mandan was ninth at the Julie Ziegler Meet in Bismarck on Jan. 15 and then dropped a home dual to Jamestown on Jan. 21, 139.300-125.350. At the Ziegler Meet, Jaysea Bowers were 23rd in all-around scoring.

Julie Ziegler Invite

All Around: 23. Jaysea Bowers, 32.025

Vault: 22. J. Bowers, 8.550

Uneven Bars: 35. J. Bowers, 6.750

Balance Beam: 19. J. Bowers, 7.950

Floor Exercise: 26. J. Bowers, 8.775

MINOT: The Majettes will host a meet on Friday, Jan. 22.

Last week, Minot was runner-up at the Julie Ziegler Meet last week. Hannah Werchau was second in all-around scoring.

Julie Ziegler Meet

All Around: 2. Hannah Werchau, 37.175.

Vault: 2. Werchau, 9.5; 6. Adisynn Widdel,

9.05

Uneven Bars: 3. Werchau, Min., 9.5; 4.

Adisynn Widdel, 9.0; 6. Olivia Schoffstall,

8.825

Balance Beam: 3. Werchau, Min., 9.1

Floor Exercise: 4. Widdel, 9.4. 5. Savannah Fix,

9.15.

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

WDA teams head to Bismarck on Friday, Jan. 15 for a meet.

Dismount

Team of the Week

Dickinson won the team title at the Jamestown Invite on Jan. 8. It was the fourth team championship this season for the Midgets.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of regular season meets Dickinson has won this season.

4

2015-16 SEASON SCHEDULE/RESULTS

This week's events

Friday, Jan. 15

Bismarck Invite, 5 p.m.

Friday, Jan. 22

Minot Meet, 5 p.m.

Saturday, Jan. 23

Rapid City, SD Meet, TBA

Last week

Jan. 8

Jamestown Invite

1. Dickinson, 144.2; 2. Jamestown, 140.15; 3. Minot, 137.425; 4. Bismarck High, 133.75; 5. Century, 32.45; 6. Legacy, 30.425.

Event Winners

All-Around: Acacia Fossum, Dickinson, 37.925 points

Vault: Keana Kudrna, Dickinson, 9.75

Uneven Bars: Ac. Fossum, Dickinson, 9.775

Balance Beam: Zoe Prince, Legacy, 9.125

Floor Exercise: Ac. Fossum, Dickinson, 9.675

Jan. 12

Jamestown vs. Valley City

Meets in Central Time

BISMARCK HIGH: The Demons host a meet on Friday, Jan. 15. Bismarck High is coming off a fourth place finish at the Jamestown Invite. Rachel Dillman placed in the top five in all four events.

Jamestown Invite

All Around: 4. Rachel Dillman, 36.55 points

Vault: 4. R. Rachel Dillman, 9.075

Uneven Bars: 4. R. Dillman, BHS, 9.275

Balance Beam: 5. R. Dillman, 8.9

CENTURY: The Patriots will host the Bismarck Invite on Friday, Jan. 15. Last week, Century finished fifth at the Jamestown Invite. The squad had one top six finisher in Julie Redwing in the vault.

Jamestown Invite

Vault: 6. Julie Redwing, 8.925 points

DICKINSON: The Midgets will compete at the Bismarck Invite on Friday, Jan. 15. Last week, Dickinson won the Jamestown Invite. Acacia Fossum at the top all-around scoring. She also had the top performance on the vault, uneven bars and floor.

Jamestown Invite

All Around: 1. Acacia Fossum, 37.925 points;

2. Keana Kudrna, 36.925

Vault: 1. Kudrna, DHS, 9.75; 2. Ac. Fossum,

9.5

Uneven Bars: 1. Ac. Fossum, 9.775; 2. Kudrna,

9.7

Balance Beam: 2. Ac. Fossum, 8.975

Floor Exercise: 1. Ac. Fossum, 9.675; 2. Kudrna,

9.45; 3. Ayanna Fossum, 9.35

JAMESTOWN: The Blue Jays will compete at the Bismarck Invite on Friday, Jan. 15. Last week, Jamestown finished second at its home meet on Jan. 8. Erin Hillerud was fifth in all-around scoring. The squad was also scheduled for a dual with neighboring Valley City on Jan. 12.

Jamestown Invite

All Around: 5. Erin Hillerud, 36.1 points

Uneven Bars: 5. Hillerud, 9.075

Balance Beam: 3. R. Schiele, 8.95

Floor Exercise: T4. Hillerud, 9.325

LEGACY: The Sabers will compete next on Friday, Jan. 15 at the Bismarck Invite. Last week, Legacy finished sixth at the Jamestown Invite. Zoe Prince won the balance beam event.

Jamestown Invite

Balance Beam: 1. Zoe Prince, 9.125 points

MANDAN: The Braves will compete next at Bismarck Invite on Friday, Jan. 15. Last week, the squad was fourth at the Grand Forks Invite. Jaysea Bowers was fourth in all-around scoring.

Grand Forks Invite

All-Around: 4. Jaysea Bowers, 32.600; 4. Rylee Bowers, 31.750; 11. Olivia Lacher,

30.750; 12. Nellie Masseeth, 27.100

Vault: 7. J. Bowers 8.900; 14. Makayla Hickman, 8.500; T18. R. Bowers, 8.300

Uneven Bars: 10. O. Lacher, 8.00; 12. Bowers, 7.300; 15. R. Bowers, 7.150

Balance Beam: 5. R. Bowers, 7.800; 7. J. Bowers, 7.700; 12. N. Masseeth, 7.050

Floor Exercise: 8. J. Bowers, 8.700; 13. R. Bowers, 8.500; 13. Lacher, 7.950

MINOT: The Majettes compete next at the Bismarck Invite on Friday, Jan. 15. Last week, Minot placed third at the Jamestown Invite. Hannah Werchau was third in all-around scoring.

Jamestown Invite

All Around: 3. Hannah Werchau, 36.776

Vault: 3. Werchau, 9.175; 5. Adisynn Widdel,

8.95

Uneven Bars: 3. Werchau, 9.4

Balance Beam: 4. Grace Shanklin, 8.925

Floor Exercise: T4. Werchau, 9.325

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

WDA teams are off until the Jamestown Meet on Jan. 8.

Dismount

Dickinson won its third meet of the season at the Valley City Hi-Liner Holiday Invite...Jamestown won its home meet...

Team of the Week

Jamestown captured its home tournament on Dec. 22. The Blue Jays earlier won a dual event at Fergus Falls, MN.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of WDA teams that won meet titles last week. Dickinson won the Valley City Hi-Liner Holiday Invite and Jamestown won its home meet.

2

For more game boxscores and other information, log on to wdasports.org

2015-16 SEASON SCHEDULE/RESULTS

This week's events

No meets scheduled

Last week

Dec. 18

Hi-Liner Holiday Invite, Valley City

Team totals

1. Dickinson, 145.125; 2. Minot, 140.250; 3. Valley City, 135.200; 4. Bismarck High, 134.150; 5. Legacy, 125.900; 6. Century, 125.275.

Event Winners

All-Around: Keana Kudrna, DHS, 36.800.

Vault: Kudrna, DHS, 9.950.

Uneven Bars: Acacia Fossum, DHS, 9.700.

Balance Beam: Rachel Dillman, BHS, 9.175.

Floor Exercise: Ayanna Fossum, DHS, 9.400

Dec. 19

Jamestown 133.2, Fergus Falls, MN 132.9

Fargo North-South Invite

Team totals

1. Fargo Davies 131.250; 2. Bemidji, MN, 129.625; 3. Wahpeton, 123.900; 4. Mandan, 119.625; 5. Fargo, 115.525

Event Winners

All-around: Anna Suppes, Fargo Davies, 34.600

Vault: McKenzie Gripenrot, Wahpeton, 8.850

Uneven Bars: Jenna Rieth, Fargo Davies, 7.950

Balance Beam: Suppes, Fargo Davies, 8.975

Floor Exercise: Suppes, Fargo Davies, 8.950

Dec. 22

Jamestown Christmas Invite

Team totals

1. Jamestown, 137.3; 2. Fargo Davies, 135.5; 3. Aberdeen, SD Central, 123.15; 4. Fargo, 117.05

Event Winners

All-around: Anna Suppes, Fargo Davies, 34.95

Vault: Maggie Ridley, Jamestown, 8.9; Jenna Rieth, Fargo Davies, 8.9

Uneven Bars: Erin Hillerud, Jamestown, 8.8

Balance Beam: Ashlyn Eagleson, Fargo Davies, 9.05

Floor Exercise: Suppes, Fargo Davies, 9.2

Meets in Central Time

BISMARCK HIGH: The Demons return to action on Jan. 8 at the Jamestown Meet. Last week, BHS finished fourth at the Valley City Hi-Liner Holiday Invite. Rachel Dillman was fifth overall in all-around scoring. She also won the balance beam event.

Valley City Hi-Liner Holiday Invite

All-Around: 5. Rachel Dillman, 36.225; 6. Kate Dillman, 36.225

Vault: 6. Kate Dillman, 9.250

Uneven Bars: 5. Rachel Dillman, 8.900; 6. Kate Dillman, 8.850

Balance Beam: 1. Rachel Dillman, 9.175; 3. Kate Dillman, 9.125

Floor Exercise: 3. R. Dillman, 9.250

CENTURY: The Patriots return to action on Jan. 8 at the Jamestown Meet. Century is coming off a sixth place showing at the Valley City Hi-Liner Holiday Invite. Julia Redwing was third in the vault.

Valley City Hi-Liner Holiday Invite

Vault: 3. Julia Redwing, 9.400

DICKINSON: The Midgets will return to competition at a meet in Jamestown on Jan. 8. Dickinson won the Valley City Hi-Liner Holiday Invite on Dec. 19. Keana Kudrna was the all-around champion and vault. Acacia Fossum won the uneven bars event. Ayanna Fossum won the floor exercise.

Valley City Hi-Liner Holiday Invite

All-Around: 1. Keana Kudrna, 36.800; 2. Acacia Fossum, 36.750; 4. Ayanna Fossum, 36.300

Vault: 1. Kudrna, 9.950; 2. Ac. Fossum, 9.650; 7. Meghan Ackerman, 9.200

Uneven Bars: 1. Ac. Fossum, 9.700; 2. Kudrna, 9.250; 6. Ay. Fossum, 8.850

Balance Beam: 4. Dacia Rambousek, 9.025; 5. Ay. Fossum, 9.000

Floor Exercise: 1. Ay. Fossum, 9.400; 5. Kudrna, 9.175

JAMESTOWN: The Blue Jays will return to competition at its home meet on Jan. 8, besting a field of three teams. Jamestown won its holiday meet on Dec. 22 and also picked up a dual win at Fergus Falls, MN on Dec. 19. Maggie Ridley was second in all-around scoring.

Jamestown Christmas Meet

All Around: 2. Maggie Ridley, 34.15; 3. Alexis Treibenbach, 34.05; 4. Hannah Schiele, 33.75; 5. Rachel Schiele, 33.5; 11. Rudnick, 32.2

Vault: T1. Ridley, 8.9; T3. H. Schiele, 8.8; T6. Peyton Rudnick, 8.7

Uneven Bars: 1. Erin Hillerud, 8.8; 4. Treibenbach, 8.05; T6. H. Schiele, 7.95; T8. Ridley, 7.9; T8. R. Schiele, 7.9

Balance Beam: 2. Hillerud, 8.9; 3. Ridley, 8.55; T8. H. Schiele, 8.2; T8. Treibenbach, 8.2

Floor Exercise: 2. Treibenbach, 9.0; 3. R. Schiele, 8.9; 4. Kaily Alber, 8.85; T5. H. Schiele, 8.8; T5. Ridley, 8.8

LEGACY: The Sabers will return to competition on Jan. 8 at the Jamestown Meet. Legacy finished fifth at the Valley City Hi-Liner Holiday Invite on Dec. 19. Zoe Prince was second on the beam.

Valley City Hi-Liner Holiday Invite

Balance Beam: 2. Zoe Prince, Legacy, 9.150

MANDAN: The Braves will compete next at the Grand Forks Meet on Jan. 9. Mandan finished fourth at the Fargo North-South Invite. Jaysea Bowers was second in all-around scoring.

Fargo North-South Meet

All Around: 2. Jaysea Bowers, 33.550; 15. Rylee Bowers, 30.200; 19. Olivia Lacher, 29.000

Vault: 3. J. Bowers, 8.750; T16. R. Bowers, 8.050; 18. Makayla Hickman, 8.025

Uneven Bars: 4. J. Bowers, 7.725; 18. Lacher, 6.475; T22. R. Bowers, 6.075

Balance Beam: T4. J. Bowers, 8.375; 7. R. Bowers, 7.975; 11. Lacher, 7.475 (11th place); 16. Hanna Krause, 7.175

Floor Exercise: 3. J. Bowers, 8.700; T11. R. Bowers, 8.100; 23. Wessner, 7.200

MINOT: The Majettes return to competition on Jan. 8 at the Jamestown Meet. The squad finished runner-up at the Valley City Hi-Liner Holiday Invite. Hannah Werchau was third in all-around scoring.

Valley City Hi-Liner Holiday Invite

All-Around: 3. Hannah Werchau, Minot, 36.550

Vault: 4. Werchau, 9.300; 5. Adisynn Widdel, M, 9.275

Balance Beam: 6. Werchau, 8.825

Uneven Bars: 3. Werchau, 9.125; 4. Olivia Schoffstall, 9.050

Floor Exercise: 2. Werchau, 9.300; 6. Widdel, 9.025.

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

WDA teams will head east competing in meets in Valley City on Dec. 18 and Fargo on Dec. 19. It's the final competition before the holiday break.

Dismount

Minot won its first meet of the season on Dec. 11...Jamestown has competed in two duals so far this season...Mandan's third place showing in Valley City was a season high.

Team of the Week

Minot bested a field of five teams to win the Bismarck Invite on Dec. 11. Hannah Werchau won the all-around scoring.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the position senior Dickinson's Acacia Fossum finished in all four events and all-around scoring at the recent dual meet with Jamestown.

1

2015-16 SEASON SCHEDULE/RESULTS

This week's schedule

Friday, Dec. 18

Valley City Meet, 5 p.m.

Saturday, Dec. 19

Fargo Meet, 12 noon

Last week

Dec. 11

Bismarck Invite

Team totals

1. Minot, 140.150; 2. Bismarck High, 136.500; 3. Century, 133.750; 4. Legacy, 129.575. 5. Fargo Davies, 128.525; 6. Fargo, 115.025

Event winners

All-Around: Hannah Werchau, Minot, 37.575

Balance Beam: H. Werchau, Minot, 9.350

Floor Exercise: H. Werchau, Minot, 9.650

Vault: Kate Dillman, Bismarck High, 9.450

Uneven Bars: H. Werchau, Minot, 9.325

Valley City Meet

Team totals

1. Valley City; 2. Grand Forks; 3. Mandan; 4. Wahpeton

Dickinson Dual Meet

Team totals

1. Dickinson, 147.575; 2. Jamestown, 137.650

Event winners

All-Around: Acacia Fossum, Dick., 38.350

Balance Beam: Ac. Fossum, Dick., 9.200

Floor Exercise: Ac. Fossum, Dick., 9.650

Vault: Ac. Fossum, 9.775

Uneven Bars: Ac Fossum, 9.725

Meets in Central Time

BISMARCK HIGH: The Demons will compete at the Valley City Meet on Friday, Dec. 18. Last week, BHS finished runner-up at its home meet. Kate Dillman finished third in all-around scoring and won the vault.

Bismarck Invite

All-Around: 3. Kate Dillman, 6.475; 4. Rachel Dillman, 36.050

Balance Beam: 2. R. Dillman, 9.250; 3. Kate Dillman, 9.125; 4. Morgan Salwei, 8.775

Vault: 1. K. Dillman, 9.450; 5. R. Dillman, 9.050. 6. M. Salwei, 8.950

Floor Exercise: T2. R. Dillman, 9.525; 5. K. Dillman, 9.450

Uneven Bars: 4. K. Dillman, 8.450; T5. Rachel Dillman, 8.225

CENTURY: The Patriots will compete at the Valley City Meet on Friday, Dec. 18. Century placed third last week at its home meet. Julia Redwing was runner-up in all-around scoring.

Bismarck Invite

All-Around: 2. Julia Redwing, 36.575 points

Balance Beam: 5. Redwing, 8.700

Vault: 2. Redwing, 9.400

Floor Exercise: 4. Redwing, Century, 9.475

Uneven Bars: 2. Redwing, 9.000

DICKINSON: The Midgits won its home dual invite with Jamestown on Dec. 11. Acacia Fossum was the all-around winner and won all four individual events. Ayanna Fossum was second in runner-up scoring.

Dickinson Invite

All-around: 1. Acacia Fossum, 38.350; 2. Ayanna Fossum, 36.675; 4. Payton Selle, 33.925; 7. Meghan Ackerman, 33.800

Vault: 1. Ac. Fossum, 9.775; 2. Ackerman, 9.375; 3. Ay. Fossum, 9.275; 4. Selle, 9.225; 5. Brinklyn Schumacher, 9.200; 13. Macy Leiss, 8.400

Uneven bars: 1. Ac. Fossum, 9.725; 2. Keana Kudrna, 9.700; 3. Ay. Fossum, 9.050; 5. Faith Beck, 8.650; 6. Dacia Rambousek, 8.375; T7. Ackerman, 8.325; T13. Selle, 7.275

Balance beam: 1. Ac. Fossum, 9.200; 2. Selle, 8.925; 3. Kudrna, 8.875; 4. Rambousek, 8.850; 5. Ay. Fossum, 8.750; 7. Beck, 8.600; 13. Ackerman, 7.650

Floor exercise: 1. Ac. Fossum, 9.650; 2. Ay. Fossum, 9.600; 5. Rambousek, 8.800; T8, Beck, 8.550. 11. Selle, 8.500; T12.

Ackerman, 8.450; 14. Macy Leiss, 8.400; 16. Brinklyn Schumacher, 7.950

JAMESTOWN: The Blue Jays will compete at the Fargo Invite on Saturday, Dec. 19. Last week, Jamestown competed at a dual invite with Dickinson. Rachel Schiele was third in all-around scoring.

Dickinson Invite

All-Around: 3. Rachel Schiele, 34.125; T5. Maggie Ridley, 3.850.; T5. Alexis Triebenbach, 33.850; 8. Hannah Schiele, 33.725

Vault: T6. H. Schiele, 9.050; T6. R. Schiele 9.050; T8, Alber, 9.0; T8. Triebenbach 9.0

Uneven Bars: 4. Erin Hillerud, 8.825; T7. Triebenbach 8.325

Floor exercise: 4. Madison Mandan, 8.850. 6. Kailey Alber, 8.750. 7. R. Schiele 8.650;

T8, H. Schiele 8.550; T8, Peyton Rudnick, 8.550

Balance Beam: 6. R. Schiele, 8.650. 8. Ridley, 8.5

LEGACY: The Sabers will participate in the Valley City Invite on Friday, Dec. 18. Legacy finished fourth at its home meet last week. Kyrie Link was sixth on the beam.

Bismarck Invite

Balance Beam: 6. Kyrie Link, 8.575 points

MANDAN: The Braves will compete at the Fargo Invite on Saturday, Dec. 19. Mandan is coming off a third place effort at the Valley City Meet. Jaysea Bowers was third in all-around scoring.

Valley City Meet

All-Around: 3. Jaysea Bowers, 33.100 points; 10. Rylee Bowers, 30.500; 12. Olivia

Lacher, 29.400; 15. McKayla Wessner, 26.550

Balance Beam: T4. Wessner, 8.100; 11. J. Bowers, 7.750; 13. Lacher, 7.600; 14. R. Bowers, 7.550; 20. Krause, 7.100

Uneven Bars: 8. J. Bowers, 7.550; T12. R. Bowers, 6.950; 21. Lacher, 5.750

Floor Exercise: 2. J. Bowers, 8.900; 15. Lacher, 7.850; 17. R. Bowers, 7.600; 24. Duran, 7.050; T25. Masseth, 6.900; 27. Krause, 6.550; 28. Wessner,

6.400

Vault: T2. J. Bowers, 8.900; T13. R. Bowers, 8.400; T13. Nellie Masseth, 8.300; T15.

Masseth, 8.300

MINOT: The Majettes will compete at the Valley City Meet on Friday, Dec. 18. Minot is coming off a meet title at the Bismarck Invite. Hannah Werchau was the all-around champion. She swept all four individual events.

Bismarck Invite

All-around: 1. Hannah Werchau, 37.575 points; 5. Olivia Schoffstall, 34.275; 6.

Adisynn Widdel, 33.650

Balance Beam: 1. Werchau, 9.350

Vault: 3. Adisynn Widdel, 9.250; 3. Werchau, 9.250

Floor Exercise: 1. Werchau, 9.650; T2. A. Widdel, 9.525; 6. Olivia Schoffstall, 9.075

Uneven Bars: 1. Werchau, Minot, 9.325; 3. Schoffstall, Minot, 8.500; T5. Emma Spengler, 8.225

Contact: Matt Mullally, director of sports information - E-mail: wdasports@wdasports.org - Cell: 701.776-5836 - Twitter: @WDAsports

All-around

All seven WDA teams will compete this Friday, Dec. 11. BHS, Century, Legacy and Minot will take part in the Bismarck Invite. Dickinson hosts another meet with Jamestown participating. Mandan will travel to the Valley City Invite.

Dismount

Bismarck High and Dickinson opened the season with meet titles last week...Minot will host this year's WDA Meet on Feb. 19...Legacy is competing in its first year of varsity competition.

Team of the Week

Dickinson opened its season with the team title at its Milo Dullum Invite on Dec. 5. A Dickinson gymnast won every event.

Past WDA Champions

2014-15: Minot
2013-14: Minot
2012-13: Dickinson
2011-12: Minot
2010-11: Minot
2009-10: Minot
2008-09: Minot
2007-08: Dickinson
2006-07: Dickinson
2005-06: Minot

By the numbers

That is the number of WDA teams competing this year in gymnastics with the addition of Legacy.

7

2015-16 SEASON SCHEDULE/RESULTS

This week's schedule

Friday, Dec. 11

Bismarck Meet, 5 p.m. CT
Valley City Invite, 5 p.m. CT
Dickinson Meet 5 p.m. CT

Last week

Dec. 3

Jamestown 135.85, Aberdeen Central, SD, 126.60

Dec. 4

Milo Dullum Meet, Dickinson

Team totals

1. Dickinson, 145.975; 2. Minot, 142.250; 3. Wahpeton, 121.300; 4. Mandan, 119.100

Event Winners

All-Around: Acacia Fossum, Dick., 37.600
Balance Beam: Ac. Fossum, Dick., 9.450

Floor Exercise: Ac. Fossum, Dick., 9.650

Vault: Ayanna Fossum, Dick., 9.575

Uneven Bars: Keana Kudrna, Dick., 9.650

Fargo Davies Invite

Team totals

1. Bismarck High, 134.025; 2. Century 128.6; 3. Fargo Davies 124.9; 4. Legacy 124.575; 5. Valley City 122.275; 6. Fargo 103.475.

Event Winners

All-Around: Julia Redwing, Cent., 36.5 (points)

Balance Beam: Redwing, Cent., 9.0

Floor Exercise: Rachel Dillman, BHS, 9.475

Vault: Redwing, Cent., 9.25

Uneven Bars: Redwing, Cent., 8.825

BISMARCK HIGH: The Demons will co-host the Bismarck Invite on Friday, Dec. 11. BHS opened its season with a team title at the Fargo Davies Invite on Dec. 11. Katie Dillman was second in the all-around scoring. Rachel Dillman was first in the floor exercise.

Fargo Davies Invite

All-Around: 2. Katie Dillman, 35.2; 3. Rachel Dillman, 33.175; 6. Carissa Albert, 31.95

Balance Beam: 3. R. Dillman, 8.95; 6. K. Dillman, 8.725

Floor Exercise: 1. R. Dillman, 9.475; 2. K. Dillman, 9.275; T5. Albert, 8.525; 7.

Morgan Salwei, 8.45

Vault: 4. K. Dillman, 8.95; T10. Albert, 8.4

Uneven Bars: 2. R. Dillman, 8.45; 3. K. Dillman, 8.25; 11. Albert, 7.67

CENTURY: The Patriots will co-host the Bismarck Invite on Friday, Dec. 11. Century placed second at the Fargo Davies Invite last week. Julia Redwing won the all-around scoring. She was also first in the balance beam, vault and uneven bars.

Fargo Davies Invite

All-Around: 1. Julia Redwing 35.6 points; 8. Taylor DeCoteau, 31.625; 11. Ashley Gessele, 31.375

Balance Beam: 1. Redwing, 9.0

Floor Exercise: T5. Redwing, 8.525; 9. DeCoteau, 8.25; T10. Gessele, 8.2

Vault: 1. Redwing, 9.25; 6. Gessele, 8.7; T10. DeCoteau, 8.4

Uneven Bars: 1. Redwing, 8.825; T6. DeCoteau, 7.825

DICKINSON: The Midgets will host its second meet in as many weeks this Friday, Dec. 11. Last week, Dickinson hosted its annual Milo Dullum Invite which it won the team title, edging rival Minot. Acacia Fossum won the all-around scoring. She also won the beam and floor exercise events. Ayanna Fossum won the vault and Keana Kudrna won the uneven bars.

Milo Dullum Invite

All-Around: 1. Acacia Fossum, 37.600 points; 3. Ayanna Fossum, 36.025

Balance Beam: 1. Aca. Fossum, 9.450; 2. Keana Kudrna, 9.250; 4. Dacia Ram-bousek, 8.925; 6. Karsen Stroh, 8.725

Floor Exercise: 1. Aca. Fossum, 9.650; T3. Aya. Fossum, 9.300

Vault: 1. Aya. Fossum, 9.575; 3. Aca. Fossum, 9.450; 4. Meghan Ackerman, 9.375; 6. Faith Beck, 9.225

Uneven Bars: 1. Keana Kudrna, 9.650; T3. Acaid Fossum, 9.050; 5. Aya. Fossum, 8.900

JAMESTOWN: The Blue Jays will head west to compete at the Dickinson Invite on Friday, Dec. 11. Jamestown opened its season with a dual win at Aberdeen, SD Central last week. Hannah Schiele was the all-around champion.

Jamestown 135.85, Aberdeen, SD 126.60

All-around: 1. Hannah Schiele, 34.75; 3. Kailey Alber, 33.55; 4. Rachel Schiele, 33.45; 6. Alexis Triebenbach, 32.1; 7. Maggie Ridley 31.35; 8. Madison Mandan, 31.0

Floor exercise: 2. Schiele, 9.05; 4. Alber, 8.55; 6. R. Schiele, 8.25; 7. Peyton Rudnick, 7.9; 8. Ridley, 7.7

Balance beam: 1. Schiele, 9.15; 2. Alber, 8.95; 3. R. Schiele, 8.6; 5. Triebenbach, 8.15; 7. Mandan, 7.75

Uneven Bars: 1. Erin Hillerud, 8.4; 2. H. Schiele, 8.25; 3. R. Schiele, 8.2; 6. Triebenbach, 8.0. 7. Ridley, 7.8; 8. Mandan, 7.3

Vault: 2. Alber, 8.8; 3. Ridley, 8.7; 5. Mandan, 8.5; 6. R. Schiele, 8.4; 8. Rudnick, 8.35

LEGACY: The Sabers will compete at the Bismarck Invite on Friday, Dec. 11. Legacy finished fourth at the Fargo Davies Invite last week. Zoe Prince was fifth in the balance beam. Kyrie Link finished fifth in the uneven bars.

Fargo Davies Invite

Balance beam: 5. Zoe Prince, 8.875; 7. Kyrie Link, 8.425; 9. Alyssa Larson, 7.875; 10.

Paige Davis, 7.8

Uneven Bars: 5. Link, 7.825; T6. Prince, 7.825

MANDAN: The Braves will take part in the Valley City Invite on Friday, Dec. 11. Mandan finished fourth at last week's Milo Dullum Invite in Dickinson.

Milo Dullum Invite

All-around: 11. Jaysea Bowers 31.95. 15. Rylee Bowers 29.425

Balance beam: 16. J. Bowers 7.675

Floor exercise: T17. J. Bowers 8.00

Vault: 12. J. Bowers 8.875

Uneven Bars: 13. J. Bowers 7.40

MINOT: The Majettes will compete at the Bismarck Invite on Friday, Dec. 11. Minot opened its season with a runner-up finish at the Dickinson Milo Dullum. Hannah Werchau was Minot's top gymnast, placing second in all-around scoring.

Milo Dullum Invite

All-Around: 2. Hannah Werchau, 37.200; 4. Adisynn Widdel, 35.600; 5. Olivia Schoffstall, 34.850

Balance Beam: 3. Werchau, 9.600; 5. Grace Shanklin, 8.900

Floor Exercise: 2. Werchau, 9.600; 3. Widdel, 9.300; 5. Schoffstall, 8.800; 6. Nikayla Wacha, 8.750

Vault: 2. Werchau, 9.500; 5. Widdel, 9.275

Uneven Bars: T2. Schoffstall, 9.050; 4. Werchau, 9.000; 6. Widdel, 8.650