

CP-14 Relapse Prevention II

\$170

**From Addiction to Recovery**

**12 hours**

**Objectives:** Examines how the addicted client moves from the culture of addiction to one of recovery. Prepares the therapist to be alert to the transition that client's undergo as they move from an addictive to a drug free lifestyle.

**Text:** Pathways from the Culture of Addiction to the Culture of Recovery by William L. White, M.A. ISBN: 1568381239

**The First Three Years of Recovery**

**14 hours**

**Objectives:** Explores the early recovery needs of the addicted client. Better prepares the therapist as they serve the newly recovering addict so as to strengthen their recovery.

**Texts:** First Year Sobriety by Guy Kettelhack ISBN: 1568382308

Second-Year Sobriety by Guy Kettelhack ISBN: 1568382316

Third-Year Sobriety by Guy Kettelhack ISBN: 1568382324

**Relapse Prevention II**

**16 hours**

**Objective:** This course takes a broad sweep of the essential concepts involved in preventing relapse with the addicted client. Examines the cues, life-style modifications and other actions the client needs to take to prevent future relapses.

**Text:** Relapse Prevention by G. Alan Marlatt & Judith R. Gordon (ed.) ISBN: 1593851766

**Relapse Prevention III**

**16 hours**

**Objective:** This course examines the various techniques and strategies which can be utilized by the client to learn from past relapses and prevent future ones.

**Text:** Therapist's Guide To Evidence-Based Relapse Prevention by Katie A. Witkiewitz ISBN: 0123694299