



Privileges

1 Amalungelo kaNkulunkulu zitholwa ngokuqedela 1 Nkulunkulu Iziphopho

Umuntu uthola **1 NKULUNKULU** ka- Amalungelo ngoba kuphelile yabo
1 NKULUNKULU ka- Iziphopho. **1 NKULUNKULU** Amalungelo unikezwa baba wathola amalungelo
omphakathi. Ngemva kokuqeda Imisebenzi Yomphakathi. Befuna lezi Rights! Kuyinto ilungelo lomuntu!

izinsongo **1 NKULUNKULU** Amalungelo enikeziwe: Ubugovu, Profiteering, ukuhaha, ukuziphatha okubi,
udoti, Ukubambezeleka Tyrannies (**Monarchies**), Tyrannies Political. Noma yimuphi izinsongo aphethwe
accountable njalo, **MS R1-7**



1 NKULUNKULU inikezwe amalungelo

- 1 Esiwuhogelayo, umoya ohlanzekile
- 2 Drinkable, amanzi elicwengekileyo
- 3 Ezidliwayo, ukudla okunempilo
- 4 Avikelayo, izingubo ezingabizi
- 5 Yokuhlazeka, indawo yokuhlala ezingabizi
- 6 Ukukhulekela Kholwa **1 NKULUNKULU**
- 7 inkulumo Mahhala nge ukhuza zokuziphatha
- 8 Mate, qala umndeni
- 9 Have isilwane
- 10 Have umphakathi enobudlova-free
- 11 ukuphathwa Mahhala lapho ogulayo
- 12 Mahhala-imfundo
- 13 umsebenzi Kwavuzwa
- 14 Thola mayelana
- 15 Thola ubulungiswa
- 16 Qeda ngenhlonipho
- 17 uhulumeni Ingabe akhethwe ngokukhululeka



Bephika yimuphi umuntu wathola amalungelo Community kuyicala, **MS R6**

1 NKULUNKULU ulinde ukuzwa kuwe!

Isicelo Nomthandazo

Sawubona 1 NKULUNKULU , UMDali womhlaba wonke kanye nezulu enhle kakhulu ethobekile kakhulu abathembekile umgcini-umnakekeli wakho (1st igama)

Mina Ezagcwaliseka zonke Izibopho & ngokuthobeka cela konke Amalungelo Amalungelo babe namalungelo omphakathi

Ngizokwenza sezifuna ukuba umphakathi ayikhuthazi kwalamalungelo Khuthaza umphakathi wami ukuqinisekisa ukulandelwa kwale amalungelo Ukuze Inkazimulo 1 NKULUNKULU Omuhle of Humankind



Lomthandazo hlabelela ekhaya noma ngesikhathi Ukubutha!

yy

Ilungelo 1:

Esiwuhogelayo, emoyeni ahlanzekile!

Ukuze sisinde womuntu-umzimba udinga umoya. Ukuphefumula umoya lesi- senziwa yamagesi (I-nitrogen, umoya-mpilo, i-methane, carbon dioxide) , Amanzi kanye ukungcola (Uthuli, amagciwane, ezinhlamvu) . Ukuphefumula umoya thina kudingeka i-nitrogen ne-oxygen okusezingeni eliphezulu okuqukethwe. It Ubuye ongaphakeme-carbon dioxide ne-methane okuqukethwe. okuqukethwe Amanzi (Nomswakama) kuyadingeka, umswakama high iba ungakhululekile futhi bungaba yinkinga yempilo. Ukungcola kungukuthi zazimdinga bokhela emaphashini.

Kuyoze ungakwazi ukubamba umoya wakho? 4 Amaminithi, khona-ke Gulp umoya. Wawungekho umoya ukuze Gulp, Ushona! Abantu bafe ngokushesha imililo, wawungekho umoya.

Ukugodla umoya is ukusetshenziselwa ukuhlukumeza, ukubulala abantu nezilwane. Ukugodla umoya ukuhlukumeza (Amanzi-boarding) kuvamile US Administration, abasebenzi kuhulumeni futhi uhulumeni osonkontileka.

Ukuhlukumeza kuyicala futi **MS R7** (Abantu) , **MS -R4** (izilwane) .



Ukugodla umoya ukubulala kuyinto ngephutha, esetshenziswa self (Ukuzibulala) ,

uhulumeni, abanye (Izigebengu) . Khona Ngengozi: enobuthi-intuthu nomlilo. Self: ngenjongo ukuhogela bagxila carbon dioxide noma ukupheka igesi.

Uhulumeni: uhlanganyela, igesi-chamber. **Criminal:** garroting, ukuklinywa, ingakwazi, uhlanganyela. **Uhulumeni, ukubulawa lobugebengu uthole, MS R7 Qaphela! Killing njengesijeziso uhulumeni Anti 1 NKULUNKULU igcina!**

Nabantu evutha izinto usongo olukhulu ukuze 'umoya.

Kuqala ngendlela esikhulisa ngabanye abasebenzisa uqhohqoqho yabo njengoba kushimula wamaphaphu yabo njengoba ngesihlungo ngoba anobuthi-intuthu futhi emoyeni ukungcola. Ukusebenzisa womuntu-umzimba njengoba ngefasi kuyinto emibi yezifo linobungozi futhi Zihlazisa **1 Nkulunkulu design. Ukubhema lo mkhuba!**

Ukuluthwa okuphindayo ukuziphatha okuphoqelelayo Kuyancomeka isidingo okucatshangelwayo. Imilutha badukise ngokuzehlukanisa akamukeli umonakalo ukuziphatha kwabo yenzani. **Ngowabo, umndeni, abangane, umsebenzi-izinsikazi futhi umphakathi.**

imilutha (Zombi) ngenalwazi (Oyisiphukuphuku) kalula (Oyisiwula) & ababuthakathaka (Ezidabukisayo) !

Imilutha musa ukuba bakholwe umlutha nje ozithokozelayo ngokwabo futhi ubambe ezimpilweni zabo ndawonye. Uma umlutha ziba usongo mina nomphakathi. **Ziba kokudumazeka, anti kwezenhlalo, yokungathembeki, ukuziphatha okubi, abakhohlisayo elinobugovu nelishisekela abangakhathaleli. Lokhu kuphoqa Shire (Umphakathi) ukulawula indlela yabo yokuphila. Linganisa Amalungelo.**



Abantu ababhemayo inuke aphuma ngomlomo. izingubo zayo ziyanuka. Bona inuke up ikamelo. umlotha wabo zikhona yonke indawo. zikagwayi zabo zikhona yonke indawo. **Ziyakwazi ezingcolile, ezinjengendle, abantu ezinukayo. Gwema kwabo! Shame kubo.**

Abantu ababhemayo Uyi kwezempilo ingozi kuzo ngokwazo kuphela. Bashisa yabo izindebe, amazinyo, izinsini, umlomo, nomphimbo, umphimbo kanye namaphaphu kokugula, umthwalo emphakathini.

Abantu ababhemayo bangamavila ukuthatha eziningi intuthu amakhefu kanye self inflicted sickies. Obaphendulisayo!



Abantu ababhemayo Uyi impilo linobungozi kwabanye. Abakhulelwe ababhemayo bayalimala

yabo eyayingakazalwa. Ngemva kokuzalwa kuka-lezi osanda kuzalwa bagwetshwa ukuphila kokuba izindaba zezempilo. Bangase babe sengozini, abakhubazekile, .. abakhulelwe ababhemayo ezivela phambi kwenkantolo, ilimaze abangakazalwa: **MS R3** .



intuthu Yokwenziwa (**Ukushaya**) libuhlungu abantu. Abantu ababhemayo ukuthi ukudala intuthu yokwenziwa ezivela phambi kwenkantolo, **MS R3** .

Amabhizinisi (**Ukuzijabulisa, ezokungcebeleka, umsebenzi** ..) ezivumela ukubhema ezivela phambi kwenkantolo, **MS R3** futhi ukhokhe sation bavale. Uhulumeni ezivumela ukubhema esikhundleni futhi **MS R7** .

Ababhemayo banamathuba budedengu. Bathoma imililo, amakhaya, utshani, ihlathi. Basuke bajeza, **MS -R4** futhi akhokhe isinxephezelo. Bona ukulimaza abantu noma izilwane, **MS -R5** . Bahlaba abantu noma izilwane, **MS R6** .



Ngo-1951 (**Yobuqaba ikhalenda**) kwase kunesiqiniseko ukuthi ukubhema akunampilo usongo ezinzima. Uhulumeni kanye Uhulumeni ejensi, neminyango elalinge ukubhema 'Ban' ihlulekile ukukhonza kanye ukuvikela umphakathi.

umthetho zokuhlola sidlulile futhi lezi zokwazi icala, MS R7

Noma yimuphi umuntu noma iqembu, ibhizinisi noma elinye ibhizinisi okukhuthaza (**Bies ngokukhululekile, ukukhangisa, ukumaketha**) , uvumela (**Abazali, othisha, umsebenzi, amakilabhu, zokudlela eziseceleni, ukuzijabulisa indawo ..**) , inzuzo (**Abahlinzeki, abakhiqizi, abathutha, Wholesalers, abathengisi**) , Kwenza etholakalayo 'ebhema' futhi noma izesekeli ukubhema uthole, **MS R7** Akunandaba ukuthi 'ebhema' aqukethe. Isenzo ukubhema impilo linobungozi.

ZERO TOLERANCE ukuze UKUBHEMA!

Abantu sehlise ukutholakala umoya ovuthayo gas, ubulongwe, ukhuni, amalahle, amafutha okupheka (**Kuhlanganisa izoso**) Ngifudumeza, amandla.

Lokhu lphela manje! **Sebenzisa ugesi ukuthi yezinga eliphakeme ikhiqizwa ngaphandle evuthayo. Ukungena imiphumela ukudliwa, ukubhujiswa imishini futhi MS u-R2**



Amandla-Zokusebenzela ukuthi ezishile (**Amalahle, igesi, i-uranium, uwoyela**) ukwakha amandla evalekile futhi adiliza. Lingcolisa Abanikazi, abaqhubi



waquliswa icala, **MS R7** . Amalahle, ezimayini Uranium zivaliwe futhi babekwa uphawu. Imayini Abanikazi opharetha (**Abavukuzi**) ezivela phambi kwenkantolo, **MS R7** .

Amandla kuveza izindlela non-esivuthayo. kuyinto yabo isidingo sokunciphisa ukusetshenziswa siqu amandla. Ukusetshenziswa kahle energy. Kunokuba cranking ukulawula isimo sezulu, bagqoke kahle!

Burning ukuhambisa yasekhaya, non-ezifuywayo ezokuthutha Uphela! Gas Amafutha ube engeke ukusetshenziswa esivuthayo. ezokuthutha Domestic futhi okungezona basekhaya Imigwaqo kufakwe 'Freeway-trams'! ezokuthutha amade olunqamula iwukuba Rail kuphela.



lingcolisa Ezokuzijabulisa Uphela.

In the Air: Air-imibukiso, yangasese enganyelwe air zokuthutha (Drone, indiza, jet, indiza, isikhala-Shuttle ..).



Ngo, ngaphansi kwamanzi: esinenjini isikebhe yamahhashi, yangasese enganyelwe ulwandle ezokuthutha (Cabincruiser, cruiseships, hovercraft, jetskis, izikebhe ezinesivinini, yezikebhe ..) .

On izwe: zonke isondo 2,3 futhi 4 ezinezinjini: imijikelezo, amabhayisikili, buggies, Suv, ezemidlalo-izimoto, Limousines, izimoto okunethezeka. Car-Racing, imoto-stunts. Izivakashi izitimela. Abagqugquzeli ungcolisa Ezokuzijabulisa kanye Abahlinzeki of Izimoto for ungcolisa Ezokuzijabulisa ezivela phambi kwenkantolo, **MS R7**



Nail salon ukudala intuthu anobuthi. Abasebenzi Ukuvikelwa Brea into. amakhasimende **Dumb (Amaklayenti)** ungapheli.

Nail Salons e Shopping-Centres avulekele. enobuthi-intuthu yabo bamukele abedlula by. Eneka yokubabuyisela empilweni enhle-izingozi. kwabesifazane abakhulelwe Ikakhulukazi, osanda kuzalwa kanye nabantu abadala. Uma uvezwe enobuthi-intuthu ukumangalela salon kanye Shopping-Centre for isinxephezelo.



Nail salon Uyi impilo linobungozi i kungcola emoyeni. Basuke wavakashela ngabantu abangekho lazy kakhulu ukwenza izinzipho abo futhi banezindlela imali eningi kakhulu.

Shut phansi, ukuvimbela kubo. Ukushushisa abanikazi, abaphathi, MS R7

Nobuhle salon Uyi impilo linobungozi i kungcola emoyeni. Basuke wavakashela ngabantu abangekho lazy kakhulu ukwenza ukwakheka abo, babe imali eningi kakhulu.

Shut phansi, ukuvimbela kubo. Ukushushisa abanikazi, abaphathi, MS R7

Wezinwele abasungula enobuthi-intuthu kuyavalwa, waquliswa icala, **MS R7** Wezinwele cha qamba ukungcoliswa komoya kahle.



kosozimali (**Abahahayo amagciwane okuzingela**) ekudleni okudlayo

UHulumeni ukhuthaze amakhaya ngeze izingadi.

Ikhaya-abanikazi zisebenzisa likaphethiloli motor engadini-amathuluzi

(I-brush-bezihlahla izimpimpi, chainsaws, mowers, shredders ..) engcolisa

(Emoyeni, umsindo, inhlabathi) .

Abanikazi, Abakhiqizi, Izitolo, uthole

MS R7 . Uhumleni ukuthi ukuvumela lolu nokungcola indawo futhi MS R7 .

Ngaphakathi asetshenziswa Zinambuzane, bahlasele isimiso sezinzwa. Zenza ongakazalwa, ewusana olusanda kuzalwa zibulawa ukuqina. Zinambuzane obulimaza izinhlelo Human and isilwane zokuphefumula. **Ungayisebenzisi Zinambuzane ngaphakathi.**

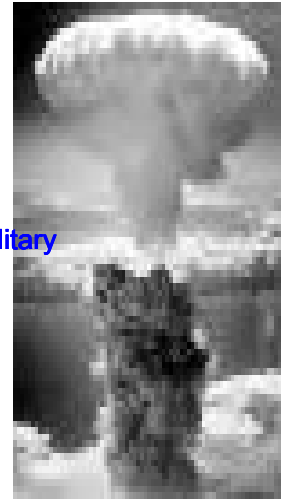


Zinambuzane Ngaphandle ezisetshenziswa ezithelo, izitshalo, ukudla. Izitshalo, amasimu ezithelo, ukudla ukuthi ingcoliswe kukhona langakufanelekela yabantu noma yezilwane ukusetshenziswa. Angcolile izithelo, isitshalo, ukudla zishiswa. I Shire

(Umphakathi) . Commercial umkhiqizi zokwazi sika MS R7 . Uhumleni ukuthi ukuvumela lolu nokungcola indawo, waquliswa icala, MS R7 .

Military kungcolisa emoyeni nge ezokuthutha, iziqhumane, A / N (**Atomic / senuzi**) B (**Oyizalayo**) C (**Chemical**)

izikhali. Ziyakwazi usongo umuntu, isilwane futhi plantlife. Ososayensi adala lezi zikhali ezivela phambi kwenkantolo, **MS R7** . Ukukhiqizwa izindawo lezi zikhali kudilizwe wumphakathi (**Shire**) . Abanikazi, abaqondisi, abaphathi, umphathi kwalezi zikhungo uthole, **MS R7** . **Military** eziye zasebenzisa noma usebenzisa lezi uhlobo izikhali ezivela phambi kwenkantolo, kusukela elisezingeni NCO phezulu, **MS R7** .



Uhulumeni ezivumela ekukhiqizweni noma isitoreji yalezi zikhali esikhundleni, waquliswa icala, **MS R7** .



Iziqhumane Uyi kungcola ezinkulu. Ziba kwande, ezinkulu udoti ngaphezulu. Kuye isimo sezulu ukungcoliswa komoya zingase zihlale ngoba wosuku. ukungcola Particle luhlala emanzini ungcolisa ke okwenza kube langakufanelekela ukuba baphuze. Iziqhumane Izophela!

Laserlights zithathe isikhala sawo.

Air Non-esiwuhogelayo Sikunika imizuzu 4 ukuphila!

Noma yimuphi umuntu, inhlango noma Uhulumeni ophika umoya noma imbangela, umphumela umoya ongcolile. Ingabe bajeza, waquliswa icala, sivalelwe, **MS R7** . Befuna Air esiwuhogelayo kuba **1 NKULUNKULU** inikezwe ilungelo!

Zero Tolerance to EMOYENI kungcolisa !!!!!!!

Ilungelo 2:

Drinkable, amanzi elicwengekileyo!

Ukuze sisinde izidingo zomuntu-umzimba **Amanzi Drinkable**

60 +% womzimba wethu liqukethe amanzi. Njalo cell emzimbeni wethu iyalidinga.

Amanzi athambisa amalunga ethu, ulawula zethu emzimbeni-lokushisa kanye Ukufikelwa ukushisa imfucuzwa yethu ...



Kuncibilikile asemkhathini umhwamuko yakha amaconsi.

amandla adonsela phansi eMhlabeni ukudansela isiginci sakhe amaconsi phansi (Imvula falling) kwamanzi. Imvula liwumthombo omkhulu wamanzi amasha. Lokhu amanzi emvula isetshenziselwa ukuphuza, upheke, ukupheka, ukugeza, inhlanzeko yomuntu siqu ...



Umuntu esetshenziswa ukwazi ukuphuza amanzi emvula, ukuyisebenzisela nokulungiselela ukudla. Lokhu advis- ukwazi, amanzi emvula angcolile, okungenampilo, ezinobuthi, ene-asidi, yokunambitha ezimbi, ukuhogela ezimbi. Laundry akufanele inyumbazana emvuleni ingcola. Akukona nje kuphela ukubheka ezingcolile futhi kubi ukunuka kodwa ungase ucasuke lapho sihlala esikhunjeni.

imvula Cold uwela njengoba nesichotho noma iqhwa. Isithwathwa aqoqana ezintabeni eziphakeme, Arctic nase-Antarctic ukudala fresh izinqolobane amanzi. Isithwathwa simhlophe,



iqhwa angcolile ngubumpunga ngisho elimnyama. Black iqhwa itholakala zaseHimalaya, izinguzunga zeqhwa emhlabeni wonke, Greenland kanye Antarctica.

Imiphakathi ukudala angenasawoti amadamu. Lezi amadamu ancike amanzi emvula futhi ukuncibilika kweqhwa ukugcwalisa kubo. Ngenxa ukungcola la manzi kudingeka ukwelashwa ngaphambi ukudliwa noma isilwane.



Reservoir kufanele kube ejulile kunokuba engajulile. amanzi Deep kuyabanda, ukunciphisa ukuhwamuka, ulwelwe ukukhula ikakhulukazi uhlobo ezinesihlungu KWAMAGUNDANE isinambuzane. Watersports banqatshelwe ukuyeka ukuchama, osesikhathini futhi pooing emanzini. Amanzi izikebhe (Motorboats, Jetski, ..) kungcolisa (Uwoyela, uphethiloli, ibhethri-acid ..) basuke uvinjelwe! **Ukwehluka:** Ipaki Ranger ezokuthutha.

Umuntu angakwazi yini sincike umphakathi benza khona khona. Asilapheki, impatho ngokwengxenywe, impatho embi, izindleko-cutting, inkohlakalo, sobugebengu .. ukuphathwa Ikhaya yamanzi buya saziso.

ukuphathwa Ikhaya yamanzi kudinga filtration. Lena ukwehlisa: **arsenic, asbestos,** chlorine, chloroform, ubulukhuni carbonate, ithusi, ukungcola, yokubulala ukhula, izinsimbi ezisindayo, phambili, imithi yokubulala izinambuzane, nokugqwala ... Futhi ngo sezulu esishisayo amanzi elicwengekileyo kudingeka abiliswe ukuze azivikele ebulalayo (Micro-umzimba) isifo.



Izinsongo angenasawoti

Ngokushesha ukufuneka angenasawoti ziyoyidlula ukutholakala emanzini angenawo usawoti.

imvula engcolile kungabangela upende ikhasi, ukugqwala izakhiwo steel (**Amabhuloho**) , Ukuguguleka itshe, wilting amahlamvu, izimila, isikhumba ukucasuka ... Hlola 'esiwuhogelayo emoyeni' futhi 'Green Concept' ku aluleka indlela aqukethe ukungcola.



Irrigation! Ukusebenzisa komhlaba ukunisela depletes kwesigubhu komhlaba amanzi ngokushesha kunokuba kungaba ubuyise. Okuholela ayasha lonke Ecosystem, ukudala ukushoda angenasawoti. Amanzi asemhlabathini ngenkasa uphela. Noma ubani ongekho emthethweni usebenzisa komhlaba ngenkasa bashushiswe, **MS R7** . Uhulumeni okwenza komhlaba ngenkasa, esikhundleni, waqaliswa icala, **MS R7** .



Irrigation, usebenzisa Amachibi emifuleni, emachibini, emfudlaneni ... siyehla ukugeleza kwamanzi. Lokhu kukhuthaza ukuhwamuka. Okuholela isomiso! Loluhlobo ngenkasa kuholele ophela impucuko. Ukuphela wokunisela.

Angcolile mfula sika (**Emfudlaneni, ichibi, ukusakaza, echibini emfuleni ..**) ukuntuleka angenasawoti. amanzi Storm- egcwele yasekhemisi, ubuthi, ubuthi .. elingekho emthethweni okulahlwa of ezimbonini, ubuthi, ubuthi, .. Lingcolisa ka nemifula kuphelile, kungcolisa ezivela phambi kwenkantolo, abantu **MS R3**

bonke abanye, **MS R7** .



Supplement fresh-amanzi

Kungeyona isebenzisa amandla amaningi, imali eningi ulungiswa. Edonsa amanzi has ezingezinhle nomthelela wendawo ezungezile kubantu, edonsa inqwaba inhlanzi, izimbaza, amaqanda abo, ... ohlelweni. izilwanyana zasolwandle Okukhulu babambeke ngokumelene izikrini maphambili isakhiwo eyanele. ukwelashwa ngamakhemikhali sion corro-, dala brine efudumele okuyinto ikhishwe emuva olwandle.



Kungeyona has a boron okuqukethwe okusezingeni eliphezulu ezibangela phansi kunabaphostoli izinga lamanzi. Lokhu namanzi asetshenziswa kwezolimo, ranching nokukhiqizwa kokudla imiphumela boron okusezingeni eliphezulu ezingeni Ukudla. ukudliwa isikhathi eside ka amazinga aphezulu boron akunampilo.

emanti langcolile kabusha, zokuthuthwa kwetshe lentaba sidlula yokwelapha eyinhloko ukuze athathe ukudla okuqinile, izakhi ziyasuswa izihluzi ususe amagciwane kakhulu nama-virus.

Amanzi ke adluliswe olwelwesini ukususa ama-molecule. Toilet ukuba kampompi kuyinto eyokugcina. Ukuhlolwa ayivezi yonke abantu ezingozini zempilo.



amanzi asemabhodleleni (Ebizayo) kufanelekile travel. Plastic amakhemikhali amabhodlela amanzi ukukhululwa okuyinto abe yingozi lapho iyazifudumeza (Ilanga, heater) . Glass (Akukho phambili) amabhodlela yanconywa.

amanzi enongiwe ukuphuza

Ukuze ezihlukahlukene amanzi okuphuza kungenzeka enongiwe. Ezinye isithokela wakho unheal- futhi okufanele sikugweme. amanzi enongiwe kungenzeka bakhonza uyabanda noma ushise.

Kufanele iziphuzo enongiwe: Inyama yenkomo akhiphe Inkukhu akhiphe Ukhokho, Tea, Coffee, Fruit, Amakhambi, Izinongo, Vegetable.



Akulungile iziphuzo enongiwe futhi-add-on: Utshwala, umbala Artificial, isithokela Artificial, Artificial futhi Sweetener zemvelo, carbonated, Cola

, Kamnandi, Energy isiphuzo, Lemonade, ikhofi Decaffeinated, Fruit-juice, nezivimbelakuvunda, sodium, ..



Ukuphuza amanzi kuhamba phambili



Daily-isimiso: Sukuma, aphuze ingilazi 0.2l ka kancane chilled, amanzi elicwengekileyo. Ngaphambi zonke kokudla (**Breakfast, Early Day-isidlo, ilantshi, Late Day-isidlo, Dinner**) abe ingilazi 0.2l ka kancane chilled, amanzi elicwengekileyo. Have Ukuphuza ingilazi (**Akukho plastic**) egcwele 0.2l yamanzi ehlungiwe etafuleni ngalinye Kombhede. Phuzo ngobusuku njalo ngemva uvakashile yangasese nalapho kokuba umphimbo ezomile, baphuze ukuphumula lapho ngivuka ekuseni.



-Cha uketshezi eyanele. Une 4 izinsuku ukuphila!

Noma yimuphi uMuntu, Inhlango, Uhulumeni ophika amanzi drinkable noma imbanga nempumela yamanzi angcolile. Ingabe bajeza, **MS R7**

Ikhofi isiphuzo wasezulwini inkanuko



Coffee isiphuzo ukwenziwa okulungiselelwe kusukela imbewu okugazingiwe we coffeeplant.

Coffee Yenziwe omisiwe, okugazingiwe, imbewu yesihlahla ikhofi, kwanda ezishisayo, sezulu ezimanzi kanye yenkabazwe. Kukhona 2 izinhlobo: **Ubhontshisi robusta abe flavour oqinile nomzimba ogcwele. Arabica** ubhontshisi lakhula engamamitha ephakeme, uzwa imisindo evame ukuzwakala bushelelezi futhi izimfanelo elimnandi ngaphezulu.

Uma abelethwe yomiswa, ikhofi ubhontshisi basuke ngosile ngezithuba 200 ° C.

Lokhu kuvumela uhlelo Ngokudla ushukela bhontshisi ukuze caramelize nokunambitheka kwe ikhofi ukuthuthukisa. Ukuqhubeka Ubhontshisi kosiwe noma kugaywe ayanda izinga lokushisa, lo mnyama eyosiwe, kuyoba kanye esigcwele kube nephunga elimnandi. Ngo wosa jikelele ukukhanya abe libukhali, ukunambitheka esidi ngaphezulu, kuyilapho mnyama

wosa abe ezijulile, ukunambitheka acebile. A eyosiwe amnyama awukona ngempela, 'namandla'. Amandla inkomishi yekhofi incike angakanani amanzi sengezwe kuyilapho ikhofi wenziwa ukwenziwa.



Indlela ma keac up of coffee?

Kanjani ukuze uthole okuningi kusukela inkomishi zakho ozithandayo yekhofi.

1) ikhofi Omkhulu ngokunambitha iqala ngamanzi enkulu yokunambitha. Uma amanzi elicwengekileyo ayitholakali, zisebenzisa amanzi abandayo kusukela empompini. Ake ke ukusebenzisa imizuzwana embalwa ukuze umoya ngaphambi ukulifaka embizeni.

2) Vumela amanzi eyanyatheliswa thumba phambi wawathela ikhofi (**Osheshayo noma ukuvuza-ukuhlunga**) granules. Amanzi abilayo scorches elimbudumbudu & umthelela ku ukunambitheka.

3) Uma usebenzisa ubisi (**Akunconywa**) uyifaka nesitsha emva amanzi. Uma ubisi sengezwe 1st, ikhofi angeke okuphekeka kahle. Amanzi ashisayo kungaba yobula ubisi, ukushintsha ukunambitheka.

Qaphela! okokunandisa (**Ushukela noma yokufakelwa**) ikhofi incithakalo!

Decaffeinated akuyona ikhofi kodwa ingozi empilweni.

Sebenzisa kuphela non Dairy whitener.

Amalungiselelo :

ubhiya, esheshayo, Ukuvuza-Hlunga Coffee; Espresso (Umshini) .



Decaffeinated Coffee a Impilo-ingozi!

Decaffeination isebenzisa kuphela. ezisalayo kuphela kwakuvame ukumphatha kabi kodwa isisu.

Logic! Coffee ngaphandle Caffeine linqoba injongo ukuphuza ikhofi.

Coffee pods a ingozi Environmental!

Coffee pods zonke 1Billion Uyi Inhlekelele yezindawo zemvelo. Ziyakwazi awaboli.

Basuke ayenzi kabusha. **IMA! Ukukhiqizwa!**

ukushushisa, **MS R7** . **IMA!** Ukusebenzisa kwabo!

Indlela aphuze inkomishi yekhofi?

Ukuze uthole ukunambitheka engcono, ukunambitheka wasiqashisa kuphole kancane kuka ukuthatha slurps omkhulu kunokuba ephuza. slurps Big yekhofi ukukhulula iphunga ngaphezulu. Ezinephunga nokunambitheka ke, osezulwini. **Kukhona ikhofi wicket ubisi:**

Espresso kuyinto isiphuzo bagxila ukwenziwa ngokuphoqa amanzi ashisayo ngaphansi kwengcindezi ngokusebenzisa ikhofi fake kutsho. Uma kuqhathaniswa nezinye izindlela zokwenza ikhofi uthuthuva, espresso has a ukungaguququki mkhulu, lokuhlushwa ephakeme kwezinto eziqinile ziyoncibilika amagwebu. **Espresso yiyona isisekelo iziphuzo: Cappuccino, Latte, Macchiato, Mocha, Americano, Gringo, Duo-shot, Lava, hizinisi.** **Kunikezwe emomotheka.**

Cappuccino: ukulungiselela ukuthungwa, izinga lokushisa ubisi isinyathelo esibaluleke kakhulu. Ubisi steamed ngokungeza amancane kakhulu air Bubbles ngokuyizama Velvety tex- wemvelo oyisi- (**Foam**) . **Inhlamvu ye-espresso Ufakwa inkomishi, ashisayo ubisi foamed sengezwe, isipikili 2cm Foam obukhulu, eseqedile fafaza phansi Cinnamon.**



I-latté: ashisise ubisi kungekho froth. **Inhlamvu ye-espresso Ufakwa inkomishi. ubisi Zezihlabane sengezwe, isipikili fafaza cocoa eluhlaza.**

Macchiato: ashisise ubisi kungekho froth. **Gcwalisa inkomishi 2/3 ubisi. Engeza shot kwe-espresso. Top namahlamvu peppermint.**

Mocha: ukwenza eluhlaza cocoa ashisayo. **Gcwalisa inkomishi 1/2 nge cocoa ashisayo. Engeza shot kwe-espresso. Phezulu ubisi & ubisi froth. Engeza fafaza cocoa eluhlaza.**

Lava: 1st shot kwe-espresso. **Engeza awunqunte ka concentrated Mandarin juice. Engeza shot**



hizinisi: Gcwalisa inkomishi 1/2 nge hot peppermint itiye. **Engeza shot espres- ngakho. Top nge hot**

hot Ukhokho eluhlaza. Top ubisi ashisayo foamed. Engeza fafaza emhlabathini nesinamoni.



Americano: Inhlamvu ye-esspresso Ufakwa inkomishi. Amanzi ashisayo sengezwe.



gringo: Gcwalisa inkomishi 1/2 ngamanzi ashisayo. Engeza 2 isibhamu kwe-esspresso. Phezulu ufafaze Amakinati.



Duo-shot: Engeza 2 isibhamu kwe-esspresso. amanzi Khona ashisayo.

ukhokho isiphuzo wasezulwini inkanuko



Ukhokho izihlala zikhule e ashisayo, ezindaweni yezimvula ezishisayo. Kuyinto isithelo kukhona pods. Ngaphakathi pod kukhona imbewu (ubhontshisi) . Cocoa abaphendukela ku cocoa ibhotela kanye powder.



Ilungiselela Ukhokho Izishisayo:

1 isipuni nokhokho oyimpuphu,

1 inkomishi: ubisi soy, izimbuzi ubisi noma ezinye ubisi non-yobisi. 1 isipuni vanilla akhiphe, Dash Eme isinamoni, Dash Eme of amakinati.

Hlanganisa izithako ebhodweni aphakathi nendawo kanye efudumele emlilweni ophansi-ongaphakeme, whisking kuze frothy futhi kushisa.

Itiye isiphuzo wasezulwini inkanuko



Camellia esimila siluhlaza. Kuyinto amahlamvu abelethwe futhi kusetshenzwe ukusinika Tea. Itiye Basic omnyama noma oluhlaza. Zingase enongiwe noma sented.

Umgcini Guardian itiyi ukulungiselela, indawo kusetshenzwe okuxekethile amaqabunga etiyi ibe infuser itiyi. Beka infuser ku ingilazi inkomishi. Bilisa amanzi, ayeke ethumbeni, lapho izitobhi olubilayo uthele ingilazi inkomishi. Jabulela !

(A) Njengoba nje izitobhi olubilayo uthele phezu itiyi elimnyama. Ngemva 1 iminithi isiyaluyalu infuser izikhathi 3. Ngemva kwenye khipha ngomzuzu. Phuza, noma wengeze nganoma iyiphi juice ezisawolintshi ngoba ukunambitheka, noma wasiqashisa cool, hlala neziphuzo. Isexwayiso Aziyingcolisi nge okokunandisa, whiteners (Yokufakelwa, noma yemvelo) .



(B) Imizuzwana engu-10 ngemva izitobhi olubilayo uthele phezu green tea. Govuza infuser izikhathi 3. Ngemva 1 iminithi ukususa. Phuza, noma wengeze nganoma iyiphi ijusi yezithelo itshe ukunambitheka, noma wasiqashisa cool, hlala, isiphuzo. Isexwayiso Aziyingcolisi nge okokunandisa, whiteners (Yokufakelwa, noma yemvelo) .

Engamakhambi imbewu itiyi ukulungiselela, beka imbewu sicindezelwe okuxekethile ibe infuser. Beka infuser ku ingilazi inkomishi. Bilisa amanzi, ayeke ethumbeni. Njengoba usuthule olubilayo uthele phezu imbewu. Ngemva 1 iminithi isiyaluyalu infuser izikhathi 3. Ngemva kwenye imizuzu 7 ukususa. Phuza, noma wasiqashisa cool, hlala isiphuzo. Isexwayiso Aziyingcolisi nge okokunandisa, whiteners (Zemvelo yokufakelwa) .



Engamakhambi eshiya ukulungiselela itiyi. I efanayo oluhlaza-itiye.



Engamakhambi itiyi impande ukulungiselela, izimpande chopp. I efanayo itiyi elimnyama.

Ukusebenzisa ama-microwave uma ukuphisa utshwala teabag baveza flavour.

Susa ithegi teabag ukwenza ukuyisisekelo uqinisekile metal iyasuswa. Iningi tags iphepha zisebenzisa inki ezishibhile, discoloring amanzi, ukugxambukela ukunambitheka.

Beka amanzi ashisayo in a itiyi-inkomishi> engeza owukhethayo Tea-isikhwama > ukushisa e-microwave imizuzwana engu-30 ku-amandla isigamu (400-500 Watts) > Ake ke yenza e microwave umzuzu > likhiphe > ukujabulela!

Ukphuza amanzi kuhamba phambili (kungenzeka enongiwe)

Ilungelo 3:

Ezidliwayo, ukudla okunempilo!

Ingxenye isimiso sansuku zonke esekudleni. Unempilo enhle kangakanani, isikhathi esingakanani siphila. Has a lot ukwenzani yokudla yethu umkhuba.

Okuphakelayo 5 izikhathi ngosuku:

'Ukudla kwasekuseni, zihlanganisa Water, Amakhambi, Izinongo, Honey, Coffee, ..

Early Day-isidlo, zihlanganisa Water, Fruit, Amakhambi, Tea, ..

Isidlo sasemini, zihlanganisa Water, isaladi, amaqanda, Coffee, ..

Late Day-isidlo, zihlanganisa Water, Nuts, Amajikijolo, Izinongo, Ukhokho, ..

Dinner '. zihlanganisa Water, Dinner indaba ephathwayo, Tea noma ikhofi .. Imifino.

7 Ukudla kufanele kudliwe nsuku zonke: fungus (ikhowe) , Izinhlamvu (Rye, ibhali nesitshulu, ummbila, i-oats, amabele, quinoa, irayisi, amabele, ukolo) , Zezihlabane afika nopelepele, Anyanisi (Onsundu, oluhlaza, obomvu, entwasahlobo, chives, garlic, leek) , Parsley, Sweet-Capsicum, Imifino (Asparagus, ubhontshisi, broccoli, cauliflower, izaqathe, uphizi, amahlumela ..)



Njalo-usuku ngesonto kudingeka ibe Dinner indaba ephathwayo: isib Day1: imifino;

Day2: Izilwane zasekhaya; Day3: Isilwane esincelisayo; Mid-sonto: sezilwane ezihuqzelayo; Day5: kwaselwandle;

Isonto ekupheleni: Nuts & Imbewu; Fun-Day: Izinambuzane.

Ukudla-No-Cha ' s: sweetners Artificial, Manufactured-ukudla, ukudla Ushintshe Ufuzo, wanezela fructose.

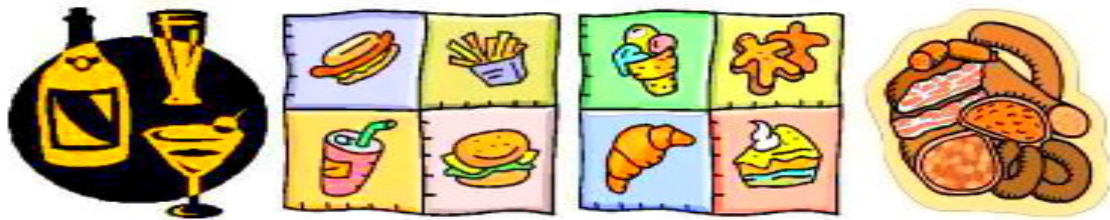


fructose imbangela eyinhloko sikashukela & Ukukhuluphala (Amanoni Ezilwane-Abantu) .

Fructose kubi ngabe iza Ushukela noma Fruit. Ukungeza fructose phakathi kwenqubo ye isiphuzo noma ukudla kuyinto kwezempilo ingozi. Ukucubungula, ukusakaza nokudayisa lolu hlobo isiphuzo noma ukudla sobugebengu & izidingo ukushushisa. **MS R6**

Ukwehluka: ezingaqubunguliwe amajikijolo , izithelo , uju , imifino .

Ithi Cha : Noma yini iqukethe: **Fructose, glucose, Ushukela; Bhisikidi, Angenamvubelo, Zwiliwa zwa nga Matsheloni-Cereal, ahlukile, Fruit-juice, Ice cream, Jam, Ketchup, ayisibhloki, Lemonades (Cola, Energy, ...) Marmalade, Muesli- nemishayo, nososo, Wine ...**



Manufactured-ukudla anosawoti omningi kakhulu has nezivimbelakuvunda eziningi kakhulu, ngokuvamile kuba okunamafutha kakhulu & has ushukela kungezwe okwenza kube ongakulungele ukudliwa ngabantu, ezifuywayo & imfuyo. **Manufactured-ukudla** kuyinto ingcindezi cause of epehezulu igazi, odla lemithambo & Ukukhuluphala (Amanoni Ezilwane-Abantu) . Ukucubungula, esabalalisa, ethengisa ukudla **Manufactured** kukhona sobugebengu kokudinga ukushushisa. **MS / R6**

Say No ukuze: **Dairy-ubisi, Dairy-ushizi, ukudla okusheshayo, ham, amabhega, alami, ...**

Manufactured: Isinkwa, Inyama; Pizza, ayi,

Okwenziwe : Izithelo, Isobho, nemifino ...



GM-Food yilokhu abantu empeleni kudle. Konke kuqala njengoba zofuzo Ushintshe (Izakhi) Imbewu (GM-Nqampuna) . GM-Nqampuna ngenxa ukugeleza

- ngemitselela okushintsha lonke Ukudla-chain. Ukudala ukuguquka kwezakhi zofuzo okuyinto ukudala Izifo ezintsha, Life ezisongela Global-iziNhlupho e wonke amalungu Ukudla-uchungechunge! **KUFAKA ABANTU!** Abantu ngeke bagule ngaphezulu, afe abasebasha, sengozi ngaphezulu, izingane bagula, izisu ngaphezulu ... Ingabe ukushintsha DNA yomuntu.

GM-Ukudla Ukusinda Usongo: Alfalfa, umntwana-ukudla, ubhekeni, isinkwa, ummbila, ibhulakufesi-cereal, canola, amaqanda, ham, imajarini, inyama, amazambane, sasigaya upopo, uphizi, yenkukhu, irayisi, ayi, sayinela ukungena, utamatisi, ukolo, zucchini, ...

Demand ezivela emphakathini ukudla olungonakalisiwe. **CHA: Utshwala, izakhi zofuzo-ukuguqulwa,** imithi ebulala ukhula Insecticides, ukudla Manufactured, **akukho wanezela: Salt, okokunandisa (Bokuzenzela noma yemvelo) , ...**

Gubha: Ukudla Day 7.3.7

Good Day-impilo 12.1.7

CG Kalender (New Age ukuphathwa isikhathi)



Ilungelo 4:

Avikelayo izingubo ezingabizi!

Avikelayo-izingubo kuyadingeka ukuvikela abantu-umzimba kusuka sezulu, isifo & ukungcola. **Avikelayo-izingubo** idinga ukuba itafula comfor- & ewusizo. **Avikelayo-izingubo** iwukuba zaneliswe nguzulu. izingubo Protective- siqukethe ikhanda-ikhava, izingubo, amasokisi & Ukuvikelwa unyawo.

Shona Ukuvikelwa siqukethe balaclava, Beanie, K-isikhafu, Eye Vikela nesigqoko sokuzivikela. **balaclava (Beanie) , K-isikhafu i s wathungela aphume yoboya noma okuxubene ukotini & uvolo (Akukho synthe- tic fibre) .**

Kungaba yimuphi umbala noma iphethini. Eye-Vikela nangesigqoko ukunikeza ukuvikelwa UV. **Visor** kuyinto emaceleni lwalugobile & iqonde & phansi, obungazange buphele, kakhulu bhala nemithi, amabhongo emisebe yama-UV, hhayi fogging up, ukukhanya ngokulungisa (Mnyama kakhulu / lemelula kakhulu, ilula / mnyama) . **Isigqoko** has a lesikhumba emuva njengoba entanyeni umvikeli.



Avikelayo-izingubo kuyadingeka ukuvikela abantu-umzimba kusuka sezulu, isifo & ukungcola. The main zomzimba ivikelwe **Avikelayo-nokokugqoka** kuyizidingo isikhumba & izinyawo. **Avikelayo-izingubo** kufanele njalo igqoke ngaphandle.

Avikelayo-izingubo, Coverall (Nge hood) noma 2-ucezu wenza Flax, Ukotini, bezimvu, noma ukuxuba ukotini / uvolo (Akukho nezindwangu zokwenziwa) yimuphi umbala / iphethini. **Kuphakathi kufanele ibe nentamo t-shirt, abakhukhumele * izingalo & imilenze uvaliwe izihlakala & namaqakala (Okusalungiswa ubufakazi) . * Izingalo abakhukhumele & imilenze uvumele indololwane / kwamajoyinti sebehamba ngokukhululeka besuka ezweni futhi emoyeni ngaphakathi kudala ukulawula isimo isikhumba & umzimba.**

Nezingubo senziwe imicu yemvelo: Isilwane-izikhumba, isitshalo-fibre, usilika,



ukotini noma uvolo. Sezitho Imicu yotshani engasetshenziselwa izingubo ethinta inhliziyo yomuntu-isikhumba. Ukukhiqizwa Sezitho Imicu yotshani izingubo kuphelile.

izingubo ezivikelayo ukhululekile, obuhlala isikhathi eside, cishe, affordab- le. imfashini (Umklami ilebula) zokuzivikela-izembatho overpriced, eqolo, impractically & yesikhashana. Cha amukeleka!

Izinyawo kudingeka sivikelwe Climate futhi sidilize. Isikhumba, Toes & Amadolo basengozini. Ukuvikelwa Foot siqukethe Amasokisi futhi Boots. ukugqoka Njalo Ukuvikelwa unyawo lapho bezama, ngaphandle.

Amasokisi zenziwa aphume Ukotini, bezimvu, ukuxuba zikakotini noboya (Akukho wezinto zokwenziwa) yimuphi umbala yimuphi iphethini. Amasokisi kufanele amboze Izinyawo kuze kube 7cm ngenhla Amadolo.

Boots babe eliphezulu lesikhumba zokuzivikela, kwangaphakathi lesikhumba soft (Akukho wezinto zokwenziwa) ematheni lesikhumba noma irabha. Boots ukuvikela Izinyawo kuze kube 7cm ngenhla Amadolo. nezicathulo Zokwenziwa heats izinyawo abilayo kubo. Awukwazi ukuhamba.



Hand-Ukuvikelwa ngesimo Gloves (Akukho wezinto zokwenziwa) sezigugile njengoba kudingeka!

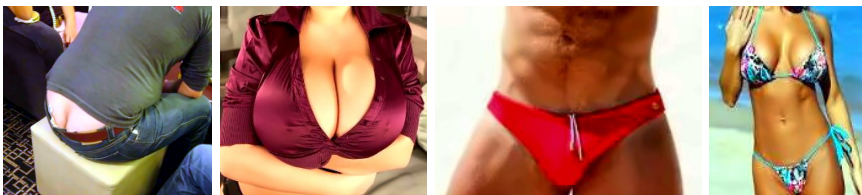
shun:

Umklami ilebula kukhona abayizicukuthwane ingxenye umcebo nobandlululo. Umklami ilebula kuthiwa phezu-ontengo yakhe yayinqunyiwe. Ikhishwa inceku izisebenzi zezivumelwano. Yenzelwe zidla kahle off snubbing le olwisana abaswele & abampofu. Gwema kubantu ukugqoka lezi.

Umklami ilebula! Abantu ababeka lapho Umklami ilebula! KuMhwebi ukuthengisa Umklami ilebula! Overpriced Protec Tive-izingubo! Impractically imfashini izingubo protective-! izingubo ezivikelayo wenza imicu artificial-! **Shame & shun** abantu bebahleka ekhaya kancane. Ayayikhokha ukuba cothing ukubukeka sihlanziwe, baye ngenjongo waklebhula & izimbobo wenza kuzo.



Ingamukeleki yokugqoka trashy:



Vumela abantu trashy zazi ukuthi zingabantu trashy.

Gwema zokwenziwa izingubo nezicathulo. Qeda ukukhiqizwa zokwenziwa izingubo, izicathulo. zokwenziwa elingekho emthethweni umkhiqizi uthole, **MS R6** .



Vikela umzimba wakho zisebenzisa Avikelayo-izingubo ngaphandle!

Ilungelo 5:

Yokuhlazeka, Shelter ezingabizi!

Abantu banesidingo **1 NKULUNKULU** inikezwe ilungelo: 'okungabizi izindawo zokuhlala eziqinile (Shelter) '. Uhlumeni unomsebenzi ukuphakela bakhona nge ezingabizi izindawo zokuhlala eziqinile. Shelter wumnikezeli ' Shire ' (Local Government) . Ingxenywe Shire-ukuhlela. **IKHAYA !!**

Okwe **Shire** ukuphakela okungabizi izindawo zokuhlala eziqinile zonke freehold Land nendawo yokuhlala yasekhaya (**Yangasese enganyelwe**) zidluliselwa kuso. Engenalutho impahla adluliselwe kugcwele abantu abangenamakhaya kanye nemindeneni ohlwini ukulinda. izindlu Multi-lokulala umhlali 1 kuphela udinga ukuthatha kwezinye abahlali. Akwamukelekile kutiphatsa lokungakafaneli 1 umuntu kokuba ngaphezulu bese 1 lokulala.



Zonke Okungabizi izindawo zokuhlala eziqinile kukhona yokuhlala lokuqasha. Ekugcineni kuyize Ornamental engadini, khulula ukuma amakhaya esikhundleni umphakathi cluster zezindlu. Cluster eziqashisayo bunikezwa 'Shire'.

Zonke yokuhlala cluster babe 3 amazinga abaqashile +1 ezingeni Glasshouse Ground Level, Level 1, Level 2, Glasshouse ingadi (**Abaqashi angakhula izitshalo**) . yokuhlala Cluster siqukethe Single-amayunithi (**Igumbi 1**) , Izithandani-amayunithi (**2 amakamelo**) , Umkhaya-amayunithi (**3 amakamelo ...**) . imigqa okuphoqelekile guide- (**Isimo umndeneni, ubudala**) isicelo.

Zonke okungabizi Secure Ukuphila Ikota kuyinto yokuhlala lokuqasha.

iqashwe Weekly 14% yengeniso seviki eyisakhamuzi. Multiple abaqashile iqashwe kuyinto 14% of ngokuhlanganyela yengeniso masonto onke abaqashile. Isib \$ 100 okwedlulele iholo maviki onke, ukuqasha \$ 14. \$ 1000 yengeniso masonto onke, ukuqasha \$ 140.

Shire izimpahla ugesi (**Akukho igesi**) namanzi ne ubuncane nsuku zonke (**Mahhala**) / (**Ke ukhokhe**) esiphezulu anqunywe ukusetshenziswa. **Shire futhi unikeze tha commu- ilondolo, ukugcinwa, ukuzilibazisa, imfucuzo kanye indle-ukususwa.**

eyisakhamuzi Single inelungelo ikamelo 1 labaphilayo. Lapho ngineminyaka engu-63 trans-fer sika umhlalaphansi yokuhlala (**Impoqo**) . **Single 1 ikamelo eyisakhamuzi isebenzisa ku zangasese efanayo ezingeni lomphakathi, eshaweni luhlobo futhi ezingeni phansi ilondolo, okugeza.**

izithandani (1 YENA & 1 SHE) abaqashi 2 amakamelo: **eziphilayo, ilele, enette kitch- kanye yangasese, eshaweni. Abelana ilondolo, okugeza ezingeni phansi. Hambisa (Impoqo) ukuze Wakubo KaJesu amayunithi 'lapho izingane zifika.**

Umkhaya abaqashile 2 amakamelo (**Ephilayo, elele, Ikhishi kanye yangasese, eshaweni. Yabelana ilondolo okugeza ezingeni phansi**) + 1 ikamelo ngalinye 2 dren chil-. **Ngemva last child ihamba ukuphuma (Ngobudala 18 saziso) . ukudluliselwa izithandani (Impoqo) umbhangqwana eziphilayo. Umbhangqwana iba olulodwa, ukudluliselwa (Impoqo) okukodwa-yunithi.**

Shelter ayibizi kakhulu, ukhululekile, ehlanzekile, zokuzivikela ... **Shire ohlanganyelwe cluster zezindlu efeza zonke izidingo womuntu! Indawo ukuqala futhi ukhule umndeni.**



Cluster-Homes uvumele ezincane: Aquarium, terrarium, izinja ezincane. Ungavumeli amakati, Wildlife, izilwane ezifuywayo, noma yini kunangendlela inja encane, kungekho zizalela. **Izidalwa ukuthi banciphisa balimi ndawo.**

Qaphela! Abaqashi kanye engokwengqondo, engokomzimba, ukukhubazeka ngokobulili, bahlala zokukhosela ekhethekile olunikezwa uHulumeni wesiFundazwe.

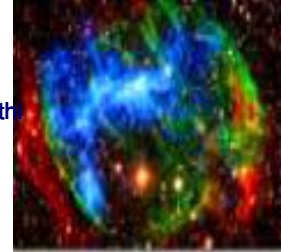
Sekela Communal Cluster-Ezezindlu. Ikhaya lakho!

Emphakathini Wakini!

Ilungelo 6:

Ukukhulekela, ukholwa **1 NKULUNKULU!**

Umgcini Guardian umkhulekele nsuku zonke **1 NKULUNKULU** . **1 NKULUNKULU** ufuna nenhlonipho, ufuna ezikhulekelwa. **1 NKULUNKULU** ngubani kokubili YENA, SHE. Umphefumulo Original owadala Physical Universe (**Human Destiny**) futhi i-Universe lena Elingokomoya (**Izulu**) . idolize **1 NKULUNKULU** ukukhombisa ukhlonipha, ukukhulekela.



1 NKULUNKULU ufuna Humankind ukuba Umgcini we-Physical Universe (**Human Destiny**) . Njengoba lithuthuka Human- uhlobo, **1 NKULUNKULU** ithumela imilayezo kufanele kusetshenziswe njengoncedo mhlahlandlela. Umlayezo zakamuva iyona ' **Umthetho uMuphi manifest** ' kwenza bonke dlule biko akusebenzi.

1 NKULUNKULU wanikela ingxenye Soul Original bonke Lifeforms ku Physical Umkhathi. Ukukhulekela kugcina Soul bexhumene Universe Elingokomoya.

Ngamunye, ukukhulekela umphakathi ugcina abantu uxhumene **1 NKULUNKULU**.

Ukukhulekela **1 NKULUNKULU** imayelana nani ngikuthandazela, abakhathalelayo, usebenzisa, ujabulela **1 NKULUNKULU** ' s okudaliwe. Ukukhulekela kubandakanya konke ekuthandayo **1 NKULUNKULU** kungakhathaliseki ukuthi ukubhekana nezindaba of inkolelo, noma izenzo zomdala othile okholwa.

Lokhu kuhlanguanisa amasiko izinkolelo, nomsebenzi, imisebenzi yomphakathi, ukuziphatha siqu



1 NKULUNKULU akafuni injongo izindawo eyakhelwe Zokukhulekela.

Ngakho-ke injongo akha kuzo izindawo Zokukhulekela kuthiwa demolis- Hed. Impahla yokwakha kulo mjikelezo isakhiwo 'Mahhala owe- THI' compounds. Umgcini Guardian yokukhulekela anywh- engakafi, nganoma yisiphi isikhathi, noma ku-Fun-Usuku Ukubutha esikoleni .

1 NKULUNKULU akafuni imihlatshelo. Kodwa sifuna, ukuthola, ukusebenzisa ulwazi zonke ekuphileni. Ukudlulisa ukuphila kwakho-nakho, Ulwazi Ukuqhubeka. Ngakho-altare kufakwe etafuleni.



1 NKULUNKULU ufuna kuphela **1 UKHOLO** nge Imihlangano eminingi (**Amaqembu Nomthandazo**) .

1 UKHOLO has 1 Umhlahlandlela (**UMthetho uMuphi manifest**) idinga kuphela **1 iSonto** (Umkhathi Umgcini ababheki) nge 7 bentando ezimele

emelela **7 Izizwe** .

1 UKHOLO iyona Inkolo kuphela ekwenzeni zonke ezinye izinkolo, Wezenkolo. Kuye kwaqubuka amahlelo anabaholi kukhona ukuguqula

1 UKHOLO . A umnakekeli Umgcini iwukuba bazama ngokuzithoba ukuguqula zabangakholwa ukuba bangaliboni **1 UKHOLO** .



Kukhona Idol 1 kuphela, **1 NKULUNKULU** ! Yonke enye into bayizithombe zamanga. **Gwema izithombe zamanga futhi noma yini ehlobene kubo.**

Umgcini Guardian abe **1 NKULUNKULU** inikezwe ilungelo ukuzijayeza Inkolo yabo. Noma ubani noma inhlangothi inkolelo ephika noma kuphazamisa lelungelo kuthiwa ' **Kugwenywe**. Ngaphezu kwalokho sithandazela ukuba **1 NKULUNKULU** uyobenza balandise empilweni kanye **Ngemva Kokufa**.

Ukukhulekela **1 NKULUNKULU** kuhilela Praying. it indlela engcono ukuhlala uxhumene **1 NKULUNKULU**. Uma kungekho **1** ukulalela! Lapho alikho ithemba! Thandaza! **1 NKULUNKULU** uyalalela.

1 NKULUNKULU ulinde ukuzwa kuwe!

1 NKULUNKULU Nomthandazo

Sawubona **1 NKULUNKULU** , **UMdali** enhle kunazo Universe umama nobaba of the Universe **1** kuphela Idol kimi ukuba bakhulekele mina bambiso abanalo ezinye izithombe

Ngizokwenza sigweme zonke Idols zamanga futhi kabusha izimpawu zabo ngiphishekela ukuphulukisa bonke Imiphefumulo utshwala nokho engahlose bubi Ukuze Inkazimulo **1 NKULUNKULU** Omuhle of Humankind



Bonisa simthande kwakho ngoMdali!



Ilungelo 7:

inkulumo Mahhala nge ukhuza zokuziphatha!

Umgcini Guardian ukusekela inkulumo ekhululekile nge ukhuza zokuziphatha. **Ku-Community** khulula wonke umuntu, ngaphandle Rehabilitators, unelungelo lokubekela abantu babe nezwi.



kuyinto zabo isidingo sokuba nenhlonipho inkulumo ekhululekile: akukho inhlamba
(Ukuchukuluza, elikhulu, luhlaza, ukuthukana) .

inkulumo Mahhala ivumela umphakathi ukukhulisa ukuqaphelisa komphakathi, iqhaza. inkulumo Mahhala idluliselwe amakomiti omphakathi kuletha kwetsembeka obala. Lutho ungcono umphakathi khulula, siphikisana ngokukhululekile.

inkulumo Mahhala likhulu kuno nje ukuxoxa, ezeni, ukuxoxa, ukukhuluma dini. Luhlanganisa uhla eligcwele zokuxhumana (Audio, digital, Inthanethi -impahla lectual, iphrintwe, ngamazwi, ezibukwayo) ukuthi liyatholakala yini. Imininingwane unya Yokuhaha, Profiteering kuyinto ukwephula ku Inkulumo Mahhala .
Ukufunwa Imininingwane kuyicala, MS R6

inkulumo Mahhala idinga ukhuza okuphoqelela zokuziphatha. Ukusebenzisa inkulumo Mahhala ukuba encite, inzondo, ukucekelwa phansi kwempahla noma udlame zobugebengu, **MS R3** . Isib US ubugebengu idrama, ochaza ejenti FBI ukubulala umuntu njengoba ngokubulala ezinhle. kuyinto yabo kungekho ngokubulala ezinhle. It encites uMthetho-ukuphoqelelwa ukubulala. Killer-Cops Izigebe ngobugwala ukuthi sivalelwe.

Ukusebenzisa inkulumo Mahhala ukubuka izithombe ezingcolile zobulili ingane isigebe, **MS R3** .
Ukunikeza (Okwenza, okwenza etholakalayo) ingane, izithombe zobulili ezingcolile omdala zobugebengu, **MS R6** .

Ukusebenzisa inkulumo Mahhala ukukhohlisa, ukuze bazuze izigebe, **MS R3** .

Ukusebenzisa inkulumo Mahhala ukudukisa, Ongqingili isib abathi alingane futhi ezijwayelekile. Akulona iqiniso, Ongqingili unokukhubazeka ngokobulili okungukuthi usongo uhlobo sokusinda. kokuzalela yabo discusting (Anal, kokuzalela TEMLOMO) ukuziphatha kunosongo ezinganeni. Ukufunwa ongqingili ijwayelekile odukisa okubi kakhulu, **MS -R4** . Lokhu kubhekiswe kuzo zonke abezindaba ukuthi ukudukisa ngokukhubazeka ngokobulili.

Abezindaba usebenzisa inkulumo Mahhala ukukhombisa ongqingili Izingane njengoba evamile. Lokhu abezindaba igcizelela ingane molesting ubugebengu ezishaqisayo kakhulu, **MS R7** . Abalingisi, nezisebenzi zokukhiqiza, distributors ezivela phambi kwenkantolo,
MS R7 .

ZERO TOLERANCE ukuze NGOKOCANSI UKUKHUBAZEKA umzali

inkulumo Mahhala kuyinto okufanele silazise, esetshenzisiwe futhi ivikelwe. Ukusetshenziswa kabi inkulumo Mahhala kumele iphele. Ngokuvamile Uhulumeni asebenzise inkulumo Mahhala ukuba brain-

ugeze, encite, ngoba ze, badukise, wamanga. Amalungu Uhulumeni ukuthi behave fana ukuthi isuswa kaHulumeni. Abakwazi alungenele ukhetho. Basuke akufanele reelected. Basuke kugwenywe.

Liberty (**Nakancane, ukucabanga**) kuyinto kokunganaki ukulisebenzisa ngokungafanele Inkulumo Mahhala. Lokhu inkululeko, ukwenza ngendlela othanda ngayo, inkululeko yokuzikhethela, ukukhululeka ukuphoqwa uhulumeni, inkululeko ebugqilini Sin. **Lolu hlobo lwe-inkululeko kuyinto zobugovu futhi akabonisi balondeke futhi basinde yomphakathi.**

Abantu abangakwazi ukubhekana Freedom kakhulu. inkululeko omningi kuholela Anarchy, Isithukuthezi, Ukuziphatha Okubi ... **Abantu akudingeki iphoqelelwe Imithetho kanye Regulations (Kusekelwe ukuziphatha nokuthembela) , Sebenzisa LGM njengoba Umhlahlandlela!**

inkulumo Mahhala esetshenziswa obhekene ne ukuzibamba kokuziphatha iyona glue okubekwa **umphakathi ndawonye. Loluhlobo lwe-umphakathi 1 NKULUNKULU Ka- ukwesekwa. Lena umgcini umnakekeli umphakathi.**

inkulumo Mahhala nezingcindezi zokuziphatha ukhuza a 1 NKULUNKULU esilininike!

Ilungelo 8:

Mate, qala umndeni!

1 NKULUNKULU 's Design ufuna abantu (**1 HE, 1 SHE**) sokukhwelana nande ngoba uhlobo sokusinda. Umphakathi Design okusinda engcono, YENA futhi SHE ufake oNgcwele-ukushada Inkontileka futhi uqale umkhaya. Umndeni omusha kuphakamisa izingane zabo nge ukwesekwa umphakathi.



1 NKULUNKULU 's Design ukuqinisekisa uhlobo sokusinda uye inbuild izifiso sokukhwelana.

Ukuze uhlobo bakudala it is ngokumitha kwemihlambi ngaphakamisa iyiphi ubulili oposite ukuthi sekudlule ngokuqinisekile kulo- kho kwezithandani amasiko. **Abantu okuthuthukile, bakhohlise! Bona izimo isikhala kwezithandani nge, Lust!**

Yokuthola umngane. Anamuhla (**UbuKristu, ...**) ufune uthando. **Mate abakufisayo ekubeni trashy futhi abaningi babengakaze zingamtholi umngane womshado ukuphindaphindeka nge.**

mate kosozimali sika ukuba trashy futhi ngezinye izikhathi ukwandisa ingcebo noma ithonya. Amasiko amaningi babe abazali kokunquma. Non of lawa ngokubhekela izintshisekelo zengane yomphakathi.

Umgcini umnakekeli kufanele uHulumeni wesiFundazwe anqume phakathi ' CE ' (Eziphuthumayo Community isevisi) ongena a 'Ungcwele-ukushada'

Inkontileka (H-MC) . Njalo ngonyaka 17 SHE futhi njalo ngonyaka 18 YENA khona.
Phakathi CE bonke kuhlolwa indlela kungaba wusizo kakhulu Yesizwe. CE futhi kusiza
Ukukhetha umlingani.

SHE futhi YENA ukuthi emzimbeni azikwazi wande babe
'i-Foster-wabazali. Bangenela a 'Holy- ukushada' inkontileka. 'CE'
unikeza 'Izingane'.



ENGWELE - MATR IMONY begi nn ingofaf ami ly.

ukuze sijabulise **1 NKULUNKULU** , ngoba uhlobo okusinda, ukugcwalisa kumiselwa 1, ukungafi Human-
izinghlobo ': Mate Phindaphinda uphinde uqale umndeneni! Izingane kudingeka ikhulele zokuziphatha, umusa,
ukunakekela imvelo kanye **YENA SHE** onobuhle roll-. A ' **oNgcwele - ukushada** ' Inkontileka ihlanganisa lezi
zinkinga zokuziphatha nezomthetho. bobulili obufanayo, ubulili Udidekile noma Ingane-molester akakwazi
ukungena kule Contract.

Ukukhubazeka ngokocansi (Ubulili Same, ubulili Udidekile noma Ingane-molester) , Awukwazi ukungena kule
inkontileka. Noma yimuphi ukuthi Ufake 'HMC libe kukhanselwe. Ngisho nalezo yavunyelwa ngokomthetho ngo
Anti ukuziphatha okubi **1 NKULUNKULU**
Uhulumeni. Ukukhubazeka ngokocansi, wena ungalokothi alinganayo. Laba abantu kokudinga
nokuhlukaniswa. Ukuvikela izingane.

I ' **Holy-ukushada** Inkontileka 'lenesicalo kanye nesiphetho. Iqala ku-Wedding-Day by
ukusayina. It iphela uma ingane encane kunawo uqeda engu-17 i-SHE, eneminyaka engu-18
ngoba YENA.

P kabusha nezinto dd ing - Da yre qu ir Eme nts

'CE' isingatha zonke izidingo ezinkulu weddingday pre. Kungase kube Ezimweni lapho
'CE' akuyona yokusingatha, pre lomshado izidingo suku.

A YENA futhi SHE ukumemezela 'Engagement' wazo ' **Ukubutha** '. Aya ' **Shire** ' Ihhovisi
ukubhalisela 'Qala Umkhaya' Yebo. Phakathi bathola yezokwelapha, okubonisa ukuthi
ziyakwazi lokukhulelwa Futhi iphrofayela kuyadingeka ekuboniseni zamakhono
ngokwengqondo nangokomzwelo ukukhulisa izingane. Ehlulekayo noma, imiphumela
ukukhansela Engagement futhi
" **Cha** " HM inkontileka.

Umbhangqwana Udinga usesikhathini, ' **AVL & E** (**Amafa kuqhathaniswa izikweletu & Enti**
-**lement**) isitatimende '. Noma yimuphi Amafa, nelungelo wathola, izikweletu

Holy - Matrimony Contract



Isihloko: CG ' Holy-ukushada ' Inkontileka

injongo: Mate Phindaphinda & uqale umnden!

Isikhathi-span: Ucala Wedding-Day. Iphela lapho ingane encane kunawo wonke
uqeda engu-17 i-SHE, eneminyaka engu-18 ngoba YENA.

izingane: 3 ziyisibopho, ngaphezulu ezinjani.

kokuzalela: amalungelo kokuzalela Sole! kokuzalela Daily efiselekayo okukhulelwa 1st-
isikhathi.

lokukhulelwa: Ayikho sokukhulelwa ngemva kwamasono angu-10, usizo lwezokwelapha kuyinto
kumele. Ayikho sokukhulelwa ngemva kwamasono angu-50, inkontileka ikhanseliwe.
Kumele okukhulelwa waminyaka yonke kuze quota izingane 3 kufinyelelwe.

Ukuba ngumzali: YENA & SHE kumelwe athathe ngumzali Course. YENA & SHE
kufanele khona Shire-SmeC & Isifundazwe-PHeC njengoba kudingeka.

Isehlukaniso: 1 iqembu okumele enecala. * **Guilty loses zonke**

igunya kusukela 'AVL & E' isitatimende + noma iyiphi imihlomulo esiyenziwe ngesikhathi inkontileka. Futhi
kukhona ukuba oxhumana naye angabe esiningi sokuba nezingane.

* Bobabili icala, izingane zibe ingane ekungeyona eyakho.

Izizathu Wesehlukaniso: Injwayelo, ukuphinga, rehab- ayengakwazi khona ukuphuma endlini
ilitation, ukungafaneleki nokuntengantenga Sengqondo, amasono 7 ku ukwesekwa
yokuphila, 50% noma ngaphezulu ngokomzimba-ukukhubazeka.

Ungene nge: **Umakoti**
Groom

Okufakazelwa ngumlayo Celebrant:

Usuku:

Attendees:

.....
.....

Enforced by: **Shire Sheriff**



Religious marriage rituals are to be performed on weekday 7. After the couple return from their honeymoon. They can attend to their religious obligations. E.g. attend Gathering.

After concluding the Holy-Matrimony Contract (H-MC) the couple have 2 choices. Enter a Companion Contract (CC) , or separate.

Companion Contract



Title: ' Companion' Contract

Purpose: Companionship, sharing life !

Time-span: Until separating or death. Separating has to give 3month's notice at Shire-office.

Closing 'AvL&E' statement from 'H-M' contract or new 'AvL&E' statement becomes part of contract. If separating each gets half of assets owned. At death of 1 the other gets all. Any wills are ignored.

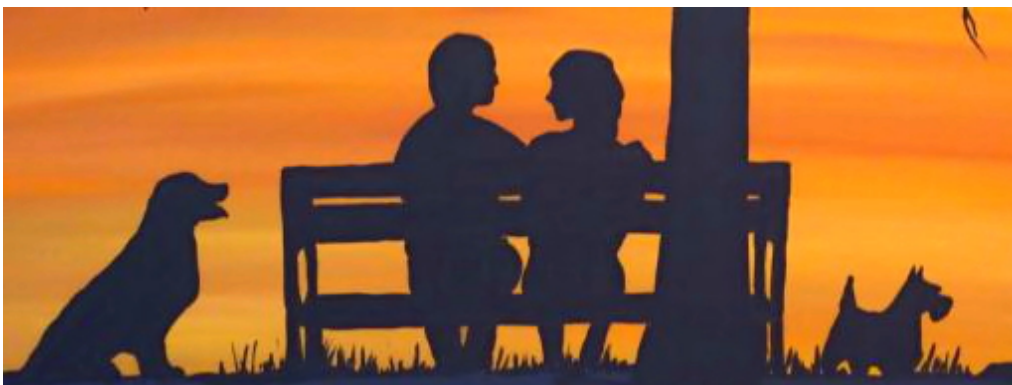
Signed by: SHE.....
HE.....

Witnessed by Shire Officer:

Date:

Companions' may exchange rings after signing a 'Companion Contact'. SHE finger-ring, 9 carat plain white-gold, engraved his and hers 1st names.

HE finger-ring, 9 carat plain white-gold, engraved hers and his 1st names.



1 GOD is waiting to hear from you !

Companionship Prayer

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1st name)

Thanks' You for the enjoyment of companionship Asks for long lasting sharing companionship Pledges to harmonize & share

Socialize with other companionship couples For the Glory of 1 GOD and the Good of Humankind



This prayer is used when entering contract!



INFIDELITY is breaking a promise to remain faithful ...

Infidelity is breaking a promise made between a HE and SHE to remain faithful to each other. That promise may be a verbal agreement between lovers, mentioned in a love-letter, or part of marriage vows. Breaking that promise is a breach of trust a disloyal act an unfaithful transgression. Every breach is accountable!

Infidelity is a breach of promise. A moral wrong by either a HE or SHE or both. This transgression entails shunning by family, friends, neighbors, community,...

ADULTERY

During the term of a 'Holy-Matrimony Contract' any sexual trans- gression is a moral wrong that also is a community crime. Sexual transgression (anal, oral or vaginal) by husband with another SHE, HE or Animal. Sexual transgression (anal, oral or vaginal) by wife with another HE, SHE or Animal. These transgressions are, Adultery'. Adultery results in mandatory canceling of a, ' Holy- Matrimony Contract ' (divorce) .

If the wife is not pregnant and there are no children. The Adulterer (HE or SHE) is prosecuted, MS R4 ! Everything owned by the Adul- terer goes to the victim of this betrayal as compensation. Husband and wife are adulterers both are prosecuted, MS R4 and everything

they own goes to Treasury.

If the wife is pregnant and or there are children. The Adulterer (HE or SHE) is prosecuted, **MS R5** ! The Adulterer (husband or wife) is not allowed to see or be near the children ever. Everything owned by the Adulterer goes to the victim of this betrayal as compensation.

Husband and wife are adulterers both are prosecuted **MS R5** and everything they own goes to Treasury. Children go into Foster-care and are never to see their parents again.

Divorce

Divorce becomes mandatory when 1 or both parties of a ' **Holy- Matrimony Contract** ' breach it or become unable to fulfill their obligations.

Repeat offenders of Addictions (see Scroll 4) . Adultery .

If 1 or both parties of, H-MC enter Caged-Rehabilitation. If 1 or both parties of, H-MC are 7 weeks on life-support. Certified Mental incompetence. Certified 50% or more physical-disability.

Divorce 1 party needs to be found guilty. Guilty loses every entitlement from the 'AvL&E' statement plus any gains made during contract. Also there is to be no more contact with the children. Both guilty, children go into foster care. Assets go to treasury.

Separate

Separation after completing **H-MC** . Value of 'AvL&E' statement is divided equal. Both parties are to stay in touch with children (grand- children) .

Separation of Companions after giving 3month's notice at Shire-office . Value of 'AvL&E' statement is divided equal. Both parties are to stay in touch with children (grandchildren) .

Parenting

Currently a majority of Parents are not capable to give their children the opportunity to produce their best. This is due to wealth-apartheid many children are denied the opportunity to produce their best. Custodian Guardian have the answer:



End wealth-apartheid asset-strip and cage (**MS R6**) the criminals who are cause and effect of wealth-apartheid.

Custodian Guardian use community parenting, Free education, Learn & Teach, Shire SmeC and Province PHeC! Community parenting a collusion of scholars, educators, medico's and parents. Join us for good parenting.

SmeC ' Shire medical & education Complex'.

PHeC ' Provincial Hospital & education Complex'.

PDEc ' Provincial Defense & Emergency center'.

CE ' Community Emergency service'



Child naming

Custodian Guardian give their new-born 3 names. 1st name (up to 10 letters) , 2nd name (up to 10 letters) , family name (up to 10 letters) . None of the names has more than 10 letters. C-G pick the new-born's name before birth. A new-born's name represent the continuation of a mothers' and fathers' family heritage.

The 1st name of a SHE new-born has a female 1st name from the mothers family (alive or deceased) . The 1st name of a HE new-born has a male 1st name from the fathers family (alive or deceased) . At birth the parents are undecided on a name. The new-born is given the default 1st name. A SHE new-born gets the mothers' 1st name. A HE new-born gets the fathers' 1st name. Names once given cannot be altered.

The 2nd name of a SHE new-born has a female name from the fathers family (alive or deceased) . The 2nd name of a HE new-born has a male name from the mothers family (alive or deceased) . At birth the parents are undecided on a name. The new-born is given the default 2nd name. A SHE new-born gets the fathers' mothers' 1st name. A HE new-born gets the mothers fathers' 1st name. Names once given cannot be altered.

When entering a ' **Holy-Matrimony Contract** ' SHE keeps her family-name as does HE. The Family-name of a SHE new-born is the mothers' family-name (mandatory) . The Family-name of a HE new-born is the fathers' family-name (mandatory) .

Privilege 9 :

Have a pet!

Part of a Custodian Guardian's duty is to live in harmony with animals. A 'Custodian Guardian family' will incorporate animals into their family. These animals are known as pets. They are trained, cared for and loved.

Pets are to be no danger to the community, the Habitat and it's wild life. Pets are non-poisonous. Pets are not predators. Pets are not wildlife. Pets are no bigger then a small dog. Pets can't fly.



Mammal pets are desexed. Only licenced breeders can breed. Unlicenced breeding, **MS R3** for each animal. Mammals must not just be kept inside but get outside exposure.

Dogs and their carers have to complete obedience training. Failing to do so, **MS R1** . Large Dogs are not used as pets. Breach, large dogs are taken from owner, **MS R1** . Only small dogs live in Cluster Homes.



Cats are predators and like to roam making them unsuitable as pets, breach, **MS R3**. Flying birds need to be free to fly. Making them unsuitable as pets, breach, **MS R2** .

Cluster Homes allow small: Aquarium, terrarium, small dogs. Don't allow: Cats, Wildlife, domestic animals, any- thing that is larger than a small dog, no breeding. Creatures that are a threat to tenants and or habitat.



Aquarium



Aquarium part of the Custodian Guardian Education system. Every SmeC, PHeC have Aquarium. Children are taught Aquarium maintenance. Cold water and Tropical fish are most suited for cluster-homes.

Terrarium

Terrarium are part of the C-G Education system. Every SmeC and PHeC have Terrarium. Children are taught Terrarium maintenance.

Small Terrarium are most suited for cluster-homes.



Pets are allowed to behave natural. Before getting a new pet owners need to educate themselves about how their pet behaves natural. Ignorant pet-owners may force pets to behave unnatural. This becomes cruelty to pets.

Cruelty to Pets

Mutilating: clipping ears, tail,... **MS R2**



Fashion fur trimming. Painting fur, skin,... Dressing them up,...
Treating them as human, denying them to be themselves. **MS R2**

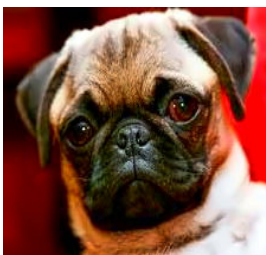


Hurting: beating, kicking,... **MS R2 for each animal!**

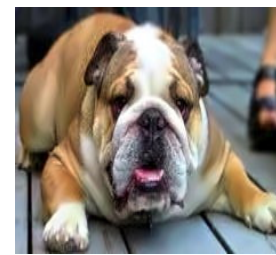
Torturing: bait, lab animal,...
MS R3 for each animal!



Thrill-killing: hunting, poaching, roadkill, safari,... **MS R4 for each animal!**



Breeds: Pugs, English, French Bulldogs are bred with evermore flat faces. Pet owner are attracted to the flat face for its childlike resem blance. The inbreeding results in side-effects. Breathing



problems have dogs collapsing: during hot weather, heart disease due to poor breathing. Unfortunate that the dogs suffer their whole life, because of human cruelty. Pet owner think the breathing difficulty are charming personality features. This type of breeding ends, **MS**

R4 for each animal! Shun and Shame owners!

Keeping 1 pet without it socializing with it's own kind is cruel. Animals are also part

of, 'C.G. Free-Education' and 'Teach & Learn'.

Some are domestic animals, others are pets. **Not wildlife.**

SmeC : New-born club, Basic-School, Girl's only School, Family-College all have pets. Looked after by educators, mothers, scholars. SmeC also have farm animals and wildlife studies.



PHeC : Boy's only school, Apprentice-College, Technical College, Leadership-College, Leadership-Camp all have pets. Looked after by scholars, educators and fathers. PHeC also have farm animals and wildlife studies.

1 GOD is waiting to hear from you !

Pet Prayer

Celebrate Pet day 11.3.7.

Dear **1 GOD** , Creator of the most beautiful Universe Your most humble faithful custodian guardian (**1st name**)

Thanks you, for the joy of Pets I shall train, care for and cherish all pets I endeavor to be a responsible caring Pet keeper I shall protect Pets from cruelty and mistreatment For the Glory of **1 GOD** and the Good of Humankind



This prayer is used on Pet Day or whenever needed.



Pets are a responsibility

Neglecting pets anger **1 GOD**

Privilege 10 :

Have violent free community!

People have a right to feel save in their home. They have a right to feel save at study and work. That is why the 'Custodian Guardian Shun Violence' concept is made available (see C.G. non violence concept) for implementation in every Shire .

Shire provide Sentinel services. Sentinel handle low to middle risk guard and patrol duties. On, or off duty a Sentinel will report anti- social behavior (**vandalism, crimes, pollution**) and report any community health and safety issues. Sentinel will arrest for perceived broken breaches and committed crimes. Then call his station for a patrol to pick up the arrested.

Shire provide a mandatory 7 hour Night-Curfew from 14-21 hours (**C.G. Klock**) . For good health, reduction in energy consumption, less pollution and protection of wildlife. Reduction in crime, cost to government, encouraging multiplication.



Emergency-service workers are assisting Law-enforcement. By being vigilant of breaches of Rules, Regulations on or off work. They may have to make civilian arrest's. CE reservist may be called to help.

People help their neighbors when under attack.
Workers help fellow workers. Educators & Scholars help each other.
Every Shire's aim is to be violent free.



Having a violent free community is a Right and Duty. Every person has a right to feel save. Every person has a duty to help people who have violence inflicted on them. **Not doing so, MS R2**

People who allow violence, watch violence, **MS R2** People who encourage (**cheer on, help**) , incite, violence, protect violent people from arrest, **MS R3**



1 GOD is waiting to hear from you !

Victims of Crime Prayer

Memorial-day 2 . 4 . 7 .

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1st name)

Asks to ease the anguish & pain of Victims of Crime Help Victims of Crime get Justice and compensation I promise to help punish crime unending Ask that Evil is punished in Life and Afterlife For the Glory of 1 GOD and the Good of Humankind



Prayer is used on Victims of Crime Day (Fun-Day theme) !



Violence starts with the unborn. Violent surroundings in-still the propensity to violence for the rest of the life. The propensity to violence needs a trigger to turn violent. Triggers: Alcohol, anger, fear, peer-pressure, contact-sport, fight-sport, ignorance, humiliation, mind altering substance, lack of empathy, provocation, violent video, violent video-games,...

An unborn exposed to mum and dad verbally abusing each other. Learn that it is okay to verbally abuse and will do so later in life. A unborn exposed to mum being physically hurt by dad. SHE newborn will later in life endure physical abuse by HE. HE newborn will think it's alright to hurt SHE.



Aggressively abusing, intimidating, dominating others is bullying. Bullying starts with intimidation and can evolve into assault. Bully's usually surround themselves with hapless cowardly individuals. Bully and gang become guilty by association. Intimidation, MS R1 . Threats, MS R2 . Hurt or killing: individual, child, Juvenile, Adult, Senior or Gang rules apply.

V i o l e n c e i s t h e t h r e a t
STOP V I O L E N C E s t a r t a t h o m e

Privilege 11 :

Free treatment when sick!

Free treatment when sick is a **1 GOD** given right to good people. Free treatment is not available to Rehabilitators. People with self-inflicted health-issues (Addictions, cannibalism, elective surgery, mutilations, suicide,...) don't get free treatment.

1 GOD is waiting to hear from you !

Good-health Prayer

Celebrate Good-health Day 12.1.7

Dear **1 GOD** , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (**1st name**)
Apologize for my unhealthy lifestyle I endeavor to make amends
Please support my efforts to make amends I support 'Free treatment when sick' For the Glory of **1 GOD** and the Good of Humankind



This prayer is used on Good-health Day



Private, paid (**greed, profiteering, waste**) for health care ends. Private health insurance is obsolete its assets are confiscated without compensation. Private practises are absorbed without compensation by the '**SmeC** (Shire medical & education Complex) '. Private Hospitals are absorbed without compensation by the '**PHeC** (Provincial Hospital education Complex) '.

Private, greedy profiteering healthcare in corrupt Wealth Apartheid countries have self regulating bodies. They protect negligent criminal healthcare practioners from prosecution. This body lobbies for unjust Laws. It also helps their members to rip off patients. Every selfregulating body (**not just health**) is shut, its administrators caged, **MS R6**

University educated 'GP (**General Practioner**) ' are not real medics. They are pill dispenser for Pharmaceuticals. The Pharmaceuticals reward these fake medics with cash, gifts, trips,...



Custodian Guardian medical training for 'GP' is via ' **SmeC** '. SmeC offer free-medical care (preventive, continous and after-care) .

Custodian-Guardian medical training for 'Specialist' is via ' **PHeC** '. PHeC offer free hospital care.



Custodian Guardian ambulance, emergency training is via ' **PDEc** (Provincial Defence & Emergency center) '. PDEc offer free ambulance and emergency services.

Many Pharmaceuticals' are poisonous and don't cure. They ease (maybe) discomfort and need to be taken long term. They 'ALL' have side effects demanding more Pharmaceuticals' (poison) more side effects.

A parasitic predatory profiteering marketing system. Create demand > repeat (dependancy) > introduce new (side effects) products (many victims end up taking 14 pills with side effects a day) . Reward sales people (Doctors) . This corrupt system is why health-care is so expences and wasteful.



Pharmaceuticals' are primitive expensive treatment. Pharmaceuticals' are a last resort treatment. Shun Health-care practioners that only prescribe Pharmaceuticals'. They are incompetent corrupt "Quacks". Demand they be disqualified. **Note!** Adhering to custodian guardian diet advice and following exercises, reduces ailments by 80 %+.



Rehabilitators that receive limited healthcare are billed. Rehabilitators cannot go on life-support. Rehabilitators don't receive cosmetic surgery.

People with self inflicted health issues pay for health- care: Alcoholics, Dare-devils', Thrillseekers', Druggies', Fasters', Mutilators' (body piercing, circumcision, cosmetic surgery, tattoos, transfusions, transplants) , Smokers, ... People that don't care about their health are held accountable.



The Community owes GOOD people, FREE MEDICAL

Privilege 12 :

Free education!



Free Education is a **1 GOD** given right to good people.

Free Education is the 1st step of fulfilling Scroll 1 Belief 4, "Humankind is to seek, gain knowledge then apply it".

Custodian Guardian Free Education is available from cradle to cremation. Children, juvenile with mental, physical, sexual disability don't attend Free education. They are looked after & live in specialized provincial compounds.

SmeC (**Shire medical & education Complex**) beginning and end of Free Education. HE from age '0-9', SHE from age '0-16' & Seniors from age '63 onwards until end.



SmeC is a careerpath for only SHE (mothers) ! Every SmeC has a 'Gathering'.

Free Education at **SmeC** : Children attend 6 days a week from 1 hour after Sunrise to 1 hour before Sunset. Children are provided with cover all, footwear, educational material, food and drink. They rest, have a bath (**New born club**) , the rest have a shower.

Mothers attend 6 days a week from 1 hour after Sunrise to 1 hour before Sunset (they get 3 hour break) . Mothers are provided with cover all, foot wear, food, drink and get paid (**1x wmw**) . Can shower. **Note!** When leaving, Mothers and Children change. Everything provided stays. There is no home work.

Age 0–2: a newborn attends with his mother a '**SmeC: Newborn club**' 6 days a week. Newborn on completing year 2 receive '**New- born club Diploma**' Mothers completing 280 hours club learning and teaching receive: '**Year 1 Apprenticeship 'SmeC' Certificate** '

Age 3–9: boys & girls (**Scholars**) attend 6 days a week mixed classes (co-ed) **SmeC: Basic-School** ' Scholars on completing year 9 receive '**Basic-School Diploma**' . Mothers completing 140 hours Basic School learning & teaching receive: '**Year 2 apprenticeship 'SmeC' Certificate** '

Age 10–14: girls (**Scholars**) attend 6 days a week girls only classes at '**SmeC: Girl's only School**' . Scholars on completing year 14 receive

' **Girl only School Diploma** ' Mothers completing 140 hours Girl only School learning & teaching receive: ' **Medical & Education Trade- Certificate** ' .

Age 15–16: girls (**Scholars**) attend 6 days a week paid (**1x wmw**) classes at ' **SmeC: Family-College** ' . Scholars on completing year 16 receive ' **Family-College Diploma** '

62 year old SHE teach: SHE passes on Life Experiences to next generation (**paid 3x wmw**) at **Family College** .

Age 63 or over senior (**co-ed**) education is available at ' **SmeC: Senior Activity Club** ' .



PHeC (**Provincial Hospital & education Complex**)

provides continous Free Education. HE from age '10- 18' ' **Boy's only school** ' , & ' **Apprentice-College** ' .

HE & SHE further education: **Technical-College**, **Leadership-College**, **Leadership-Camp**.

Age 10 – 14: boy's (**Scholars**) attend 6 days a week boys only classes at, ' **PHeC Boy's only school** ' . In groups of 14, they learn through watch, listen, try, understand & teach (**wltut**) . After completing year 14 receive a ' **Boy School Diploma** ' . **Fathers on 1 day a week roster- duty** are trained and operate as teachers aid.

Age 15 – 18: boy's start a 3 year rewarded (**1 wmw**) apprenticeship at ' **PHeC Apprentice College** ' . In groups of 14, they learn through watch, listen, try, understand & teach (**wltut**) .

Year 1 they attend College 3 days & work at a **CROn** 3 days.

Year 2 they attend College 2 days & work at a **CROn** 4 days.

Year 3 they attend College 1 day & work at a **CROn** 5 days.

After completion earned: ' **Trade-Certificate** ' .

62 year old HE teach: HE passes on Life Experiences to next generation (**paid 3x wmw**) at **Apprentice College** .

Age 63 or over senior (**co-ed**) education is available at ' **SmeC: Senior Activity Club** ' .

Further Education is available for HE, SHE at ' **Technical-College** ' . They hold 1 month fullday Supervisor courses. This is a 1 hour after

Sunrise to 1 hour before Sunset 6-days a week 4 week course. **Daily- routine:** prayers, exercises, psychology, communication, delegation, leadership, com -mittees,.. After successful completion earned ' **Supervisor-Certificate** '

' **Leadership-College** ' provides for HE, SHE 2, 1 month fullday courses '**Leader-Diploma**' & '**Manager-Diploma**'. Leadership course daily-routine is similar to Supervisor course + emergency-service obligations. After completion receive ' **Leader-Diploma** '.

Manager course involves starting setting up a ' **CROn** ' + emergency- service obligations. Completion earn's ' **Manager-Diploma** '. '**Leadership-Camp**' 2 month full day administration course for HE, SHE. Course sets up a ' **Cluster-CRON**

and deals with an emergency (**PDEc training**) .
Completion earn's ' **Administrator-Degree** '.



PDEc (**Provincial Defence & Emergency center**) operates '**CE** (**Community Emergency service**)'. **CE** operates 1 year compulsive '**Community Emergency** ' service' training by 17 year old SHE & 18 year old HE. It retrains reservist.

PHeC & PDEc share 'Leadership-Camp training. Everyone who received 'CE' training becomes a reservist. Every HE that completed 'CE' becomes a reservist on standby, until age 49. SHE after completing '**H-MC (Holly-Matrimony Contract)** ' becomes a reservist on standby, until age 49.

Provincial Government provides 'Free-Education' from unborn to including Seniors. Non Government education is not supported and closed. **Education (free, public) is** provided by the Province & Shire.



SmeC ' Shire medical & education Complex'.

PHeC ' Provincial Hospital & education Complex'.

PDEc ' Provincial Defense & Emergency center'.

CE ' Community Emergency service'

Education is a collaboration between Parents, Educators and medics.
It involves Free-education, Free-health and Apprenticeships.
No, homework! No, non government education! No, Universities!

1st Learn, when comprehending, start teaching. In free education fast learners teach slow learners. At work the experienced worker trains new-comers. At home, grandparents teach children, grand children. Parents teach children.

1 GOD is waiting to hear from you !

Education Prayer

Celebrate Education Day 6.1.7 .

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1st name)

Promises to seek, gain, apply Knowledge all life long To Learn & Teach via Free Education To support public Free-education Pass on Life Experiences to next generation For the Glory of 1 GOD and the Good of Humankind



This prayer is used in class and on Education Day



Plagiarize to build on and advance new ideas. Why rewrite some- thing that is well written. A good piece of writing should be cherished not be mutilated by rewriting. **Plagiarize a good piece of writing and then expand on it** . Evolution (**good enough for 1 GOD**) progresses by building on existing and then creating new. Reading a good piece of writing encourages the mind to lift one's intellect to the high standard of the original. **Stopping** this thinking to concentrate on rewriting is mediocre time-wasting education. Be smart, 'Plagiarize'.



Plagiarism does not only apply to writing. Plagarism applies to all 'IP' (**Intellectual Property**) . The Community gives people the means and opportunity to develop Intellectual Property. Therefore all 'IP' is community property to be used by all! Profiteering from 'IP' is plundering the Community a **Crime: ' MS R6 '**

All 'Intellectual Property' belongs to the community for the benefit of all. In corrupt, greed, profit driven Anti-1 **GOD** countries, plagiariz- ing may infringe copyright. **Claiming Copyright is stealing from the**

community, criminal behavior: ' **MS R6** '

Homework is the most dishonest and useless form of learning or teaching. A Scholar is under pressure from distractions, ignorance, friends, parents, timeline... Most homework is not done by the scholar who is being assessed and graded. Homework because of its dishonest nature is useless and misleading for assessment. Parents and Educators supporting homework, support cheating, dishonesty.

Educators have moral issues when marking. They suspect that the scholar didn't do the assignment. Because of this uncertainty any marks given are useless. Homework as tool of



assessment of comprehension is misleading. Therefore Homework is fake, a waste of time and resources. **NO HOMEWORK**

Assessment : Is needed to make Teach & Learn useful and effective.

Note ! There is: 'NO Homework' !!!

Scholars are assessed for comprehension assignments completed in class. Whenever a study-module is completed, Scholars get assignments to assess comprehension. The comprehension assignments are completed in class. **Note !** There is: ' **NO Homework** ' !!!

There are 2 assessment: **Pass** or **Fail**.

70 Pass rate is 70% comprehension. A fail and the scholar has to repeat the study-module until a pass. **Note !** Only the module needs repeating not the whole year.
%

There is no final year Assessment or final examinations (**useless activity**) . Assessment is only for each module, not for accumulated modules. When a Scholar has passed all set modules a Course Certificate is issued.

Educators are assessed for work competence, dedication to 'Learn & Teach' and pupil comprehension. A teacher needs to be able to 'self assess' their teaching performance. A class pupil comprehension-rate of 90% plus is acceptable. **90**
%

Anything less, educator (**Teacher**) is removed, retrained.

Before each teaching term all study-module comprehension assign-

ments for the term must be 'successfully' completed by the relevant educator. The Educator needs a Pass rate of at least 90%. Failure, the educator does not teach this subject that term. An assessment is made if that person is suitable to be involved with Education. **Note:**

C-G do not support multi skilling. Knowing a little bit of everything and nothing well. Makes a person mediocre, not suitable for education. Educators are to be knowledgeable specialists'.

80 % A School pupil comprehension rate of 80% plus is acceptable. Less, Principal-Educator is removed. Returns to teaching.

A school year is divided into 3 terms. Term 1, the 1st, 5 months. Term 2, the next 4 months. Term 3, the last 5 months of the Custodian Guardian Kalender. There are no school holidays. Educators, scholars are entitled to 2, 1 week holidays. Taken separate, 1 week at a time. At least 3 months' apart. Must apply at least 4 weeks in advance. Parents apply for scholars.

Note: Free education providers have field trips (day or longer) in every term. Field trips are free, mandatory. Educators, scholars and some parents (as needed) participate.

Exercise

Scholars, Educators daily (mandatory) participate in indoor exercises (use LGM as guide) . Gym's, Oval's are closed (mandatory) . Contact sport, fight-sport, elite-sport (1 winner, many losers) are banned

Any headmaster, educator deviating is removed from Education.

Sexual-Disability

Scholars that show signs of, 'Sexual-Disability' (child-molesting, same gender, confused gender) . Are evaluated by a committee (educators, medics, parents) . If found afflicted are transferred to, 'SDQC' (Sexual- Disability Quarantine Compound) . For their own protection and protect the other children.

Mental-Disability

Scholars that show signs of, 'Mental-Disability' . Are evaluated by a committee (educators, medics, parents) . If found afflicted are transferred to, 'MDQC' (Mental-Disability Quarantine Compound) . For

their own protection and protect the other children.

Physical-Disability

Scholars that show signs of, 'Physical-Disability' . Are evaluated by a committee (educators, medics, parents) . If found afflicted are trans-ferred to, 'PDQC' (Physical-Disability Quarantine Compound) . For their own protection and protect the other children.

Seek > gain > apply knowledge via
Free Education <Learn & Teach

Privilege 13 :

Rewarded work !

Every person has a **1 GOD** given right to be useful and have rewarded work. Unemployment is not acceptable. A burden to the community. A useless life.

Rewarded work is divided into wage earner and volunteer. Wage earner looks after the needs for the physical side of life, receiving monetary reward. Volunteering is good for the Soul. **1 GOD** loves volunteers! **1 GOD** is watching!

For economic management, wages and conditions (**wmw**) are set by Provincial Government. '**wmw**' are set annually. **wmw** may stay the same, or go up, or go down as economic conditions require.

To set wages and conditions they are standardized. For best economic management everyone's a wage earner. Private, State ownership are abolished and replaced by **CROn** . Unions are deregistered. Govern-ment sets wages and conditions. There are 7 pay grades.

Pay is based on a 'weekly minimum wage ' (**wmw**) and a multiplier.

Payscale starts wmw x1 (minimum) to wmw x7 (maximum) :

wmw x 1	unskilled, apprentice	wmw x 5	Leader Manager
wmw x 2	skilled, Trady	wmw x 6	Administrator
wmw x 3	Master-Trady	wmw x 7	
wmw x 4	Supervisor		(maximum)

wmw 6 days, 7 * hours a day, 42 hour workweek, no work on day 7

(Fun-Day) . Daily work-hour span (Time-Triangle) : 1 hour after Sunrise to 1 hour before Sunset. Outside this time only emergency services work (Night-Curfew) . Weekly no more then 18 hours (3 hours a day) of part-time work. No casual work.

* C.G. Klock, New-Age time-management is used

Conditions for all 7 pay grades:

Expecting SHE' s receive 7 weeks paternity leave,

wmw 1 then **SmeC** rules apply ~

HE' s receive 1 week maternity leave, **wmw 1** ~



Sick-pay for all pay-grades, **wmw 1** ~

There is 3 day grievance leave, **wmw 1** ~



There are 2, 1 week (14 days)

annual-leave pay-grade, **wmw 1**

~ There is no annual-leave loading, nor long-service leave ~

Work gear, Food, Drink, hygiene are provided.

Work conditions: A workplace is to be healthy, safe, with protective gear and footwear worn as needed. Push- ing people to do more work in less time is unsafe, unheal- thy and decreases quality. There are breaks every 3 hours. Total hours worked (includes overtime, 10% loading) a day must not exceed 10 hours .



Career path! Apprenticeship, when there is an opening, promoted by work experience, seniority. Further study after qualifying (**HE, SHE**) . When there is an opening, promoted by work experience, seniority. Further study after qualifying. When there is an opening, promoted by work experience, seniority. ...

Tax for income up to wmw7 : 0% ~ Tax for income above wmw7 : 100% ~ Tax for fringe benefits : 100% !

Workers who cannot find full or part-time work.

Are usefully employed (Good-doers') by the ' Shire ' on **wmw x1** . Having Good-doers eliminates unemployed !



1 GOD is waiting to hear from you !

Workers Prayer

Celebrate Workers Day 5.1.7 .

Dear 1 GOD , Creator of the most beautiful Universe Your most humble faithful custodian-guardian (1st name)

Asks for help so I may be a useful worker May my efforts be appreciated & rewarded fairly I endeavour to do my best at all times I will make my community proud of me For the Glory of 1 GOD & the Good of Humankind



This prayer is used on Workers Day



Privilege 14 :

Receive respect !

Custodian Guardian give 'Respect' they in return want to be respected Receiving respect is part of a harmonies family, workplace, communi- ty. Receiving respect is a privilege. C.G. show respect to other C.G., to Elders and members of the 1 Church (UCG1) . They also show respect to other deserving people.

Receiving Respect is showing admiration for virtue or achievement . It may take time and effort to become aware of good qualities. When aware and where appropriate, honor those qualities with Respect.

Parents receive respect from their children. In return parents respect their children's growing pains. Elderly receiving respect from younger show respect via knowledge-continuity. People show respect to elect- ed leaders. Workers show respect to CROn committee members.

Respect is not a Freebie. Respect is earned! People who have not earned respect. Do not receive respect. They need to improve.

Are you receiving respect, 'Yes, Good!'! Not receiving respect, 'Why Not!'! Self evaluate, ask others. You may need to change. Others may need reprimanding.

Respect ! A worthwhile Goal !

Privilege 15 :

Receive justice !

Receiving Justice is a **1 GOD** given human right! The greatest threats to Justice are Hereditary-Tyrants, Political-Tyrants and Wealth apartheid. Denying this **1 GOD** given privilege is insulting **1 GOD** and a commu- nity crime **MS R6-7**



A threat to Justice is In-justice, Elitism, Corruption,.. (Chain of Evil) . Injustices are the result of estate and arrogant, selfish and power addicted Hereditary and Political Tyrants. Hereditary-Tyrant's abdicate or are caged, **MS R7** . Political-Tyrant's are caged, **MS R7** . Wealth-Apartheid, estate, ends. Corrupt, Parasitic, Predatory, Profiteer's are asset stripped, caged, **MS R6** . Replaced by **CRON** and **wmw**.

Custodian-Guardian support a just, democratic society. That is based on, or behaving to what is morally right, fair and written in the, **Law-Giver Manifest** .



To receive justice. There are enforced Laws. Upheld by a non-combatting Judiciary (Sheriff Lawyer Pool, Marshall Barrister Pool) . Who collaborate to find, 'Truth'. Proclaim, 'Guilty' or 'not Guilty'. Hand out, accumulated 'Mandatory Sentence', Rehabilitation'

and compensation as warranted. **Note!** There are no juries. There is no civil litigation.

1 GOD's Justice



Judgment-Day > Purity-Scales
 (Scroll 7) Relive Prayers

JUST I CE a HUMAN-R I GHT



Privilege 16 :

End with dignity !

Custodian Guardian believe **1 GOD** has the right to decide who lives or dies. People have a **1 GOD** given right to end their life with as much dignity as events allow. That entails ending an unlivable life by putting the life and death decision in **1 GOD's** hands.

A Person on life-support have it turned of (by medical staff) after 3 day's (mandatory) . **1 GOD** then decides if that person lives or dies. Leaving a person longer on life-support is torture, a crime, **MS R7** .



A Person is told they have a life threatening illness. 1st their body is butchered (surgery) . Still alive the person is burned (screaming in agony) with radiation. Still alive the person is now poisoned (Pharm- aceuticals) . Still alive you may be cured for now. Or you are not cured, after the torture you are left to die a slow and agonizing death. It is cruel inhuman. Not an end with dignity.

Custodian-Guardian support preventive health consisting of diet, exercise and immunization. Surgery is a last resort medical procedure. Radiation treatment is torture not to be administered. Pharmaceuticals' are to be avoided, they are an unhealthy ripp-off. They all have side effects and are a great health risk to be avoided.

A Person unable to make a sandwich and eat it now or in the foreseeable future. May want to invoke the **1 GOD** decision making process (live or die) . Every person has the right to deny: treatment, food and drink (no liqued intake your dead in 2 day's) . Denying a person this right is torture, a crime, **MS R7** .

1 GOD's design is that everything in the Physical Universe has a beginning and end, including the human-body. Human compassion demands putting an end to suffering. Not 'artificially prolong' life. Artificially prolonging life is interfering with **1 GOD** 's design (the Soul's mission) .

To avoid being buried alive, cremation is a must. Cremation also frees the Soul. **Note!**
Graveyards are a health-risk, a waste of land.



Self inflicted killing (euthanasia, suicide) is a sign of a weak mind, a weak spirit. It is a Life-experience for the Soul. Other humans should not interfere unless there is a danger to others. **1 GOD will handle this on Judgment-Day. Helping a person to a self-inflicted killing is acceptable as long as the relevant court accepts that there is a death-wish. Severe suffering is torture. End it!! Note! Humans end it (compassion) for suffering animals. However they lack the same compassion for their own kind.**

Ending life with dignity is a human right.

1 GOD is waiting to hear from you !

Soul Prayer

Dear **1 GOD** , Creator of the most beautiful Universe Please Welcome a member of our community A humble custodian guardian who struggled to be good A much loved person who fulfilled their mission Fire frees this Soul for Judgment-Day A unique Soul missed For the Glory of **1 GOD** and the Good of Humankind



This prayer is used after a person died or any time. Is used at a End-Portal Ceromony of a Crematorium.



Privilege 17 :

Have freely elected government !

Humans are social creatures. They like to belong.
Freely elected committees fulfill this need. Leadership by 1 is Tyranny. Leadership by committee is fair.



Hereditary and Political-Tyranny are replaced with multi choice freely elected (**1 st past the post**) governance. Governance represents HE, SHE with equal representation. Elected officials use the '**Law-Giver Manifest**' as guide.

People are supporting freely elected Government by voting in elections. Not voting may result in radicals taking over Government and establishing a Tyranny (hereditary or political). Tyrants are removed caged, **MS R7**. 'Universe Custodian Guardians' support only 2 types of government, 'Province' (provincial) and 'Shire' (local).

After establishing a Province it is divided into 35 political districts. Each district elect 1 HE, 1 SHE to Parliament for a term of 4 years (Quattro years). The candidate (HE, SHE) with the most votes is elected. The 70 elected are known as Rulers. Custodian Guardian support independent's not parties.



The **7 Provinces** are governed by Central Committee (Parliament). This Parliament is made up of 70 Rulers. 36 Rulers form a Government. The Government Rulers are known as **Legislators** and non-Government Rulers are called **Checkers**. Checkers supply a Ruler-Umpire who Chairs' Parliament.

Rulers elect by secret vote a committee of 7 Legislators and 1 Ruler-Umpire. The Rulers 1st elect 1 HE, 1 SHE. Between them the 1 with the higher vote becomes 'Chief' Legislator. The other 'Checker Ruler-Umpire' (E.g. SHE is Chief, HE is Ruler-Umpire). Same amount of votes the more senior becomes Chief.

Next the Rulers elect 3 HE, 3 SHE Legislators. Same amount of votes the more senior become Legislators. The Chief disburses the 5 Commander's (Environment, Exterior, Interior, Knowledge, Shires) and 1 Auditor portfolios. The Province is now governed.

Note! Parliament's Ruler-Umpire is also auditing the Auditor. Parliament Accountability is paramount !

The Province creates a 'Shire'. The Province offers 3 'Advisers' to the 'Shire'. The 'Shire' council is made up of 3 'Advisers' and 2 'Kalifs' (1 HE, 1 SHE) 'Kalifs' are elected every 4 years on the 1st Day of Passover-Month, Quattro-Year * by the 1st past the post system.

* New-Age time-management, C-G Kalender



Custodian Guardian vote in all elections that they are eligible for.

HOW to VOTE

The candidate to vote for:

A HE or SHE no younger than 28 or older than 70. Is or has been a parent.

Is an employee or volunteer or retired. Is mentally and physically fit. Has no University education.

Has not completed any caged Rehabilitation. Has no sexual disability (same gender, confused gender, child molesting) . Uses the 'Law-Giver Manifest' as their guide. Is a Custodian Guardian

NOTE !

Custodian Guardian Supporters and Klan Elders may nominate, support, endorse and SHUN candidates in elections. Custodian Guardian Members (Zenturion, Praytorian, Proclaimer) cannot support, nominate or endorse candidates outside the 1Church administration.



Voting is a civil-duty.

Freely elected Government is a human-right.

After receiving earned 'Privileges'. It is time to learn about 'Failings'.

AS it is WRITTEN It Shall BE

For the Glory of 1 GOD and the Good of Humankind!

End