

FAIRLEIGH DICKINSON UNIVERSITY 2016 HOLIDAY CLASSIC

Saturday, Dec. 17th- 9am - All Running Events for all schools

Sunday, Dec. 18th- 9am - All Field Events

SITE: THE ROTHMAN CENTER, Fairleigh Dickinson Univ., Hackensack, NJ.
Doors will open 1 hour prior to the start of the competition.

FACILITIES: 200 meter Mondo track. NO SPIKES ALLOWED.

RULES: This meet will be sanctioned under New Jersey State Interscholastic Athletic Association (NJSIAA) rules.

ENTRY FEE: \$8.00 per event per competitor, \$20.00 per relay team entered.
One Varsity and one Novice team per relay per school.

ENTRY DEADLINE: Deadline for entering is Friday, December 9th, 2016.

ENTRY PROCEDURE: Upon arriving at the meet, a packet with seeding cards and instructions will be available for pick-up at the registration table in the Rothman Center.

CONCESSIONS: Food and drinks will be sold at the meet.

FIELD HOUSE RULES: NO ELECTRONICS, NO BALLS AND SPIKES PERMITTED IN THE GYM OR ON THE COURT. THEY WILL BE CONFISCATED OR REMOVED FROM FACILITY.

AWARDS: Medals to Top 6 Finishers

RESULTS: Results will be posted at the scorer's table and will be available in via email at the scorer's table 15 minutes after the meet ends.

MISC. INFORMATION: QUESTIONS: Please Call 201-692-2242
BATONS AND PINS WILL NOT BE PROVIDED

ORDER OF RUNNING EVENTS

DECEMBER 17, 2016

In all cases, events will be run GIRLS followed by BOYS, unless otherwise stated.
VARSITY EVENTS will follow NOVICE EVENTS.

HURDLES/DASH WILL RUN ON OPPOSITE SIDES OF TRACK AT THE SAME TIME

- | | | |
|-----|-----------------------|------------------------------------|
| 1. | 55 Meter Hurdles | Varsity Trials & Finals |
| 2. | 55 Meter Dash | Novice & Varsity Trials & Semis |
| 3. | 55 Meter Dash | Novice & Varsity Finals |
| 4. | 3200 Meter Run | Varsity |
| 5. | 400 Meter Dash | Novice & Varsity |
| 6. | Distance Medley Relay | Varsity |
| 7. | 4 X 800 Meter Relay | Varsity |
| 8. | 4 X 200 Meter Relay | Varsity |
| 9. | 4 X 1 Lap Relay | Novice |
| 10. | 800 Meter Run | Varsity |
| 11. | 1600 Meter Run | Novice & Varsity |
| 12. | 4 X 400 Meter Relay | Novice & Varsity |

A novice is defined as any athlete who has never won a varsity medal. Any athlete who begins the meet as a novice must remain a novice for the entire meet.

This entry form must be returned to the Fairleigh Dickinson Univ. Athletics Dept.

No later than Friday, Dec. 9th, 2016.

NO I.O.U's accepted at the meet. All payments/P.O.'s must be made in advance.

High School: _____

Coach: _____ Coach's E-Mail: _____

Coach's School Phone #: _____

Coach's Cell Phone #: _____

Please list number of athletes in each event:

| <u>EVENT</u> | <u>BOYS</u> | <u>GIRLS</u> |
|-----------------------|-------------|--------------|
| <u>Varsity Open</u> | | |
| 55 Meter Hurdles | _____ | _____ |
| 55 Meter Dash | _____ | _____ |
| 3200 Meter Run | _____ | _____ |
| 400 Meter Run | _____ | _____ |
| 800 Meter Run | _____ | _____ |
| 1600 Meter Run | _____ | _____ |
| <u>Varsity Relays</u> | | |
| 4 X 800 Meter Relay | _____ | _____ |
| 4 X 200 Meter Relay | _____ | _____ |
| 4 X 400 Meter Relay | _____ | _____ |
| Distance Medley Relay | _____ | _____ |
| <u>Novice Open</u> | | |
| 55 Meter Dash | _____ | _____ |
| 400 Meter Dash | _____ | _____ |
| 1600 Meter Run | _____ | _____ |
| <u>Novice Relays</u> | | |
| 4 X 1 Lap Relay | _____ | _____ |
| 4 X 400 Meter Relay | _____ | _____ |
| <u>Varsity</u> | | |
| Shot Put | _____ | _____ |
| Long Jump | _____ | _____ |
| High Jump | _____ | _____ |
| Pole Vault | _____ | _____ |
| <u>Novice</u> | | |
| Shot Put | _____ | _____ |
| Long Jump | _____ | _____ |
| High Jump | _____ | _____ |

TOTAL NUMBER OF INDIVIDUALS: _____ @ \$8.00 per athlete = \$ _____

TOTAL NUMBER OF RELAYS: _____ @ \$20.00 per relay = \$ _____

TOTAL AMOUNT DUE: \$ _____

Make checks payable to FDU TRACK & FIELD

Send or fax completed form and payment to: fax 201-692-9361

Coach Sharlene Milwood-Lee

Track and Field - FDU Holiday Classic

1000 River Road, H-AT1-01

Teaneck, New Jersey 07666

REMEMBER ENTRY DEADLINE IS FRIDAY, DECEMBER 9th,
2016!!!

ORDER OF FIELD EVENTS

DECEMBER 18, 2016

In all cases, events will be run GIRLS followed by BOYS, unless otherwise stated.

VARSITY EVENTS will follow NOVICE EVENTS.

Two Circles will be running at the same time

Circle A- VARSITY Boys SHOT PUT
VARSITY Girls SHOT PUT

Circle B- NOVICE Girls SHOT PUT
NOVICE Boys SHOT PUT

Long Jump
Varsity then Novice

High Jump
Novice then Varsity

*****Pole Vault*****

We will be accepting first 16 entries only

We will contact coaches no later than December 12, 2016 if your athletes have/have not been accepted.

PLEASE MAKE SURE EMAIL ADDRESS AND PHONE NUMBER IS LEGIBLE!!!!

A novice is defined as any athlete who has never won a varsity medal.

Any athlete who begins the meet as a novice must remain a novice for the entire meet.

POLE VAULT
(MARKS WILL BE VERIFIED)

NAME: _____

BEST 2015-2016 MARK: _____

NAME: _____

BEST 2015-2016 MARK: _____

NAME: _____

BEST 2015-2016 MARK: _____

NAME: _____

BEST 2015-2016 MARK: _____