



# Parent Partnerships

A Newsletter for Parents with Children who have Moderate to Severe Disabilities  
Educational Equity For All

November 2015

## Common Core News



### Common Core Channel

Videos and related resources to provide information and support for implementing the Common Core State Standards (CCSS).

<http://www.cde.ca.gov/re/cc/commoncorechannel.asp>



Bridging the gap between technology and people with disabilities

Free Course on Using Mobile Devices for Special Needs Learn to use mobile devices to effectively target skill development

### iPads for Special Needs

**The book is now available online for FREE.**



[http://bridgingapps.org/?gclid=CjwKEAiA9uaxBRDYr4\\_hrtC3tW8SJAD6UUU8GxE0HocJxNVt40L4TfOm-4GoEWtqByfZthdtzBeYQDRoC2Xzw\\_wcB](http://bridgingapps.org/?gclid=CjwKEAiA9uaxBRDYr4_hrtC3tW8SJAD6UUU8GxE0HocJxNVt40L4TfOm-4GoEWtqByfZthdtzBeYQDRoC2Xzw_wcB)



AMERICA'S PEDIATRIC DENTISTS  
**THE BIG AUTHORITY on little teeth®**

## 5 Tips for Helping Children with Special Needs Brush Their Teeth

Dr. Hendry, a founding board member and chairman of the Federation of Special Care Organization in Dentistry has been honored for his commitment to kids with special needs, shares five key tips that make toothbrushing easier for kids with disabilities...and their parents.

### 1. Role play

Take a tip from pediatric dentists and try the "Tell-Show-Do" method of behavior modification. "We show children—often on a stuffed animal—what we hope to accomplish and allow the child to practice on the stuffed critter to make it a fun experience. They get to be the dentist/hygienist."

### 2. Tag team

Ideally, you and your husband can both pitch in with toothbrushing, especially early on in the process of introducing the habit to a child. "One person can hold and comfort," explains Dr. Hendry, "and the other can actually accomplish the brushing and fluoride application." Note from me: If you happen to have a third adult handy, he or she can pour you a glass of wine afterward! Tee hee.

<http://www.lovethatmax.com/2015/09/5-great-tips-for-helping-kids-with.html>



*"Programs must meet the needs of the parents they serve rather than demand that the parents meet the needs of the program... A match between parent needs and involvement opportunities increases the possibility that the parent will become actively involved in the program."*

Elizabeth Landerholm and Jo Ann Karr,  
"Designing Parent Involvement Program  
Activities to Deal with Parents' Needs"

EDUCATIONAL  
EQUITY FOR ALL  
..... Giving kids what they need to succeed

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## Feature Idea of Month

### SentioCHEWS Chewable Necklaces



4 styles.  
SentioCHEWS  
Chewable Necklaces  
with resilient pliable  
rubber. FDA  
approved materials.  
Economical. More  
durable than silicone.

Cool Breakaway lanyards!

<http://kidcompanions.com/product-category/sentiochews/>



<http://www.autismkey.com/>

*Autism Key is operated by parents of children with autism spectrum disorders. We offer multi-media, autism information, news, articles, and support for those affected by autism and their families.*

## Self-Care Tips for Parents of Children with Special Needs

**Educate yourself about your child's special needs.** Knowledge provides understanding. I found that the more I learned about my child's special needs the more confident I felt about how to help her cope, handle situations and advocate for her. I was a more effective caregiver.

**Get support.** Develop or join a network of parents who have children with special needs. Ask your child's occupational therapist or physician for ideas or contacts. Many parents of children with special needs share that they feel isolated.

**Give yourself personal time** in the form of a walk, writing in a journal, or some other activity you enjoy. Do this every day.

**Take care of you.** Make sure you are eating food that is healthy, drinking plenty of water, exercising and getting plenty of sleep

<https://www.sandiegofamily.com/resources/flourishing-families-special-needs-resources/1591-self-care-tips-for-parents-of-children-with-special-needs>

## WEBSITES AND RESOURCES

<http://www.schoolmentalhealth.org/Resources/Fam/Tips%20for%20Parents.pdf>

<https://www.medicalhomeportal.org/living-with-child/taking-care-of-yourself-and-your-family/fathers-of-children-with-special-needs>

<http://www.childrensdisabilities.info/childrens-books.html>



Keeping the lines of communication open is the best way to prevent misunderstandings.



## Tips for Parents: Special Education

Español/Spanish: [Consejos para padres - La educación especial](#)

### Tips for Parents on how to react to a disabilities diagnosis?

Some parents are unable to accept the confirmation of their child's disability, or feel that their child will "outgrow" the problem without special help. They may start a long and expensive search for different opinions and they may seek to enroll their child in private school, even though most private schools cannot provide the comprehensive special education services that today's public schools offer. But most parents accept and trust the diagnosis, and welcome the early intervention that will help their child overcome or compensate for a disability.

### What makes special education programs succeed?

The main ingredient for successful special education programs is the same as education for non-disable children—parent participation. Only an effective home/school partnership can enable a child, with or without disabilities, to develop his or her education potential.

Parenting Videos

<http://www.thelearningcommunity.us/resources-by-format/tips-for-parents/special-education.aspx>