

HEALTH AND ILLNESS POLICY (amended 4/11/16)

Communicable diseases are those diseases that may be transmitted from person to person, food, water and/or animals and are the most common cause of school absenteeism.

1. Temperature of 100 F orally, or 99 F axillaries, or higher	1. Free of fever for 24 hours without the aid of medication.
2. Temperature of 100 F orally, 101 F rectally or 99 F auxiliary or higher, plus one of the following: a) severe cold with yellow-green nasal discharge b) cough c) sore throat d) sneezing e) swollen glands, or f) skin rash other than mild diaper rash	2. a) Free of fever for 24 hours and b) Note is required from physician or nurse practitioner stating that the child is not communicable.
3. Red, watery or draining eye(s)	3. All discharge has ceased.
4. Drainage from the ear(s)	4. a) All drainage from the ear(s) has ceased, or (b) Note is required from physician or nurse practitioner stating that the child is not communicable.
5. Lice.	5. After treatment, free of lice and nits.
6. Skin lesions, i.e., impetigo, ringworm, and scabies.	6. a) Skin cores are healed, and b) Note is required from a physician or nurse practitioner stating that the child is not communicable.
7. Vomiting.	7. Free of upset stomach and vomiting for 24 hours.
8. Diarrhea (2 or more loose, watery stools per day).	8. Diarrhea free for 24 hours.
9. Fainting or seizures or general signs of listlessness, weakness, drowsiness, flushed face, headache, or stiff neck.	9. a) Free of symptoms, or b) Note is required from a physician or nurse practitioner stating that the child is not communicable.
10. Fever with any specific signs and symptoms of a communicable disease to which the child has been exposed	10. Free of fever for 24 hours
11. Any combination of symptoms for consecutive days of attendance	11. Free of symptoms.

Under no circumstances is a sick child to attend KIP. Children should be allowed to recover fully in the comfort of their own home. The other children in care are exposed to any disease or

infection your child may bring into the center. If you are unable to remain home with your child, it is your responsibility to make substitute childcare arrangements. ***Obviously, is it not possible to prevent the spread of all illness; however, minimizing exposure & providing good hygienic good practices in the center and home are means by which we can limit the problems and the resulting inconvenience.*** Accordingly, for the benefit of all involved, the following policies will be strictly enforced.

*Children who have exhibited ANY symptoms of infectious illness within the 24-hour period are likely to be contagious & should remain at home. Examples of associated symptoms included, but are not limited to, fever of 100F measured orally or 101F measured rectally, nausea or vomiting, diarrhea, sore throat, loss of voice, hacking or continuous coughing, yellow or green drainage from nose , drainage from eyes or ears, rash or head lice. KIP reserves the right to determine whether a child should remain at home or is okay to stay or return to the center when illness is a consideration. A doctor's note with permission to return to daycare/school may be requested. Parents of children who become ill during the day will be promptly notified and expected to make arrangements for their child to be picked up **immediately** (within 1 hour). The sick child will, if possible, be isolated from the other children in the center to minimize exposure. If the parent/guardian cannot be reached, the person designated as the emergency contact will be notified.*

(Please update your parent information/contact sheet as changes in address, cell phone or others authorized to pick up your child)

Please let the director know if your child has been diagnosed with a contagious illness. Notice will be posted to all families within the center, letting them know that their child has been exposed to a contagious illness/disease. For confidentiality reasons, the name of the child with the confirmed illness will not be released. Common colds and allergies should not, unless causing the child to feel too uncomfortable, prohibit attendance. It is our policy to have conditions that encourage cleanliness and good health practices among both staff and children.

In the event children in care are exposed to any disease or infection, the policy of KIP is to:

- Draft a letter to notify all parents of students that were exposed and emailed it the same day
- Have staff carefully and closely watch students for obvious signs or symptoms
- Notify the parents of the infected student that the student cannot return to school without a doctor's excuse stating that they are no longer contagious
- Continue to thoroughly clean the facility

Daily Cleaning and disinfecting Process at KIP

- Add 1 tablespoon of bleach to 1 quart (4 cups) of water
- Apply the solution to the surface with a cloth
- Let it stand for 3 to 5 minutes
- Rinse the surface with clean water

Prevention and Control Measures are:

- Enforcing immunization laws and practicing universal precautions/ bloodborne pathogen procedures according to School Board policies, and OSHA regulations
- Ongoing health education relating to disease prevention, hygiene measures for students, families and school personnel
- Implementing good hand washing procedures
- Implementing case isolation and effective treatment
- Ensure that 80% or more staff is First Aid/CPR trained
- Review hand washing rules and steps monthly and post hand washing rules and steps in classrooms and restrooms
- Add health and wellness trips to KIP's Kids Korner Newsletter