



The CCB Science 2 Service Distance Learning Program[®]

Please complete all required information and fax to 203.284.9500

For questions or assistance with the program, please email Jeff at JQuamme@ctcertboard.org

S2S 2055 DETOXIFICATION

Module 1 Post-Test

1. The three essential components of the detoxification process include: evaluation, stabilization and discharge planning.

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2. The least intense Adult Detoxification level, according to ASAM is identified as _____.

- a. Ambulatory Detoxification Without Extended Onsite Monitoring
- b. Ambulatory Detoxification With Extended Onsite Monitoring
- c. Clinically Managed Residential Detoxification
- d. Clinically Monitored Residential Detoxification

3. The appropriate use of medication in the management of an individual in withdrawal is a difficult matter as _____.

- a. protocols have not been firmly established through scientific studies
- b. most medications used in detoxification settings create physical dependency
- c. use of medications reduces the time available for proper assessment of symptoms
- d. use of medications is costly and often not reimbursable from insurance companies and other payers

4. The TIP reports that after 1985, public health officials increased investments in detoxification services and substance abuse treatment as a means of _____.

- a. inhibiting the spread of HIV
- b. reducing the American prison population
- c. limiting the stigma associated with substance use disorders
- d. all of the above

5. _____ includes the medical and psychological processes of assisting the patient through acute intoxication and withdrawal to the attainment of a medically stable, fully supported, substance free state.

- a. Evaluation
- b. Treatment planning
- c. Stabilization
- d. Assessment

6. Substance _____ is defined by the DSM-IV-TR as “the development of a reversible substance specific syndrome due to the recent ingestion (or exposure to) a substance.”

- a. abuse
- b. dependence
- c. intoxication
- d. withdrawal



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7. According to a study by SAMHSA (2002), only _____ of people who are admitted to a detoxification program from an emergency room receive any substance abuse treatment.
- a. 5%
 - b. 15%
 - c. 20%
 - d. 35%
8. *Least Restrictive Care* refers to patients' _____.
- a. civil rights
 - b. right to choice of care
 - c. willingness to select any option regardless of medical appropriateness or consideration
 - d. both a and b
9. The ASAM Patient Placement Criteria, Second Edition, Revised (PPC-2R) describes _____.
- a. strict and inflexible clinical guidelines for admission
 - b. the settings in which services take place
 - c. the intensity of services patients may receive in certain settings
 - d. both b and c
10. ASAM's Level I-D of detoxification is an organized outpatient service which can be administered in a/an _____.
- a. office setting
 - b. patient's home
 - c. healthcare or addiction treatment facility
 - d. all of the above
11. Physicians and nurses need to be present at all times as they are essential to office based detoxification.
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12. In an interdisciplinary treatment team, the number of participants and disciplines of team members should be appropriate to the _____.
- a. range and severity of the patient's problems
 - b. overall staffing level of the facility
 - c. requirements of third party payors, if applicable
 - d. all of the above
13. Outpatient detoxification is becoming the standard for treatment of symptoms of withdrawal from substance dependence in many locales.
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14. A primary goal of the detoxification staff should be to build the therapeutic alliance and motivate the patient to enter treatment, and should begin _____.
a. at intake, regardless if the patient is intoxicated
b. at intake only if the patient is not currently intoxicated
c. as the patient is being medically stabilized
d. after the patient is medically stabilized
15. Withdrawal itself can exacerbate or even cause _____ problems.
a. emotional
b. psychological
c. mental
d. all of the above
16. Which of the following is NOT an example of a psychosocial domain as identified by the consensus panel?
a. past substance treatment
b. financial situation
c. dependent children
d. legal status
17. Alcohol, cocaine, amphetamine and hallucinogen intoxication may be associated with increased risk of _____.
a. suicide
b. stroke
c. violence
d. abdominal pain
18. The American Psychiatric Association (APA) and the American Society of Addiction Medicine (ASAM) recommend a period of _____ of abstinence before attempting to diagnose a psychiatric disorder.
a. one to two weeks
b. two to four weeks
c. three to five weeks
d. four to six weeks
19. _____ is an appetite suppressant and may interfere with the absorption of calcium and vitamin D.
a. Alcohol
b. Cocaine
c. Marijuana
d. Methamphetamine



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20. While both men and women are victims of domestic violence, men's substance abuse is associated with increased risk of intimate partner violence.

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21. Clinicians, groups and programs that rely on _____ techniques have yielded poor outcomes.

- a. medical model
- b. person centered
- c. confrontational
- d. both a and c

22. _____ is a set of services managed to assist the client in accessing needed resources.

- a. Case Management
- b. Sponsorship
- c. Recovery Coaching
- d. Assessment

23. Some psychiatric illnesses may affect drug craving in patients who are substance dependent.

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24. Documentation of repetitive inappropriate use of voluntary detoxification services may help pave the way for _____ to involuntary treatment.

- a. conservatorship
- b. power of attorney
- c. forensic requirement
- d. civil commitment