

Your Rights

Kentucky Protection and Advocacy 5 Mill Creek Park Frankfort, KY 40601 www.kypa.net

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You have the right to services that help you live as independently and productively as possible.



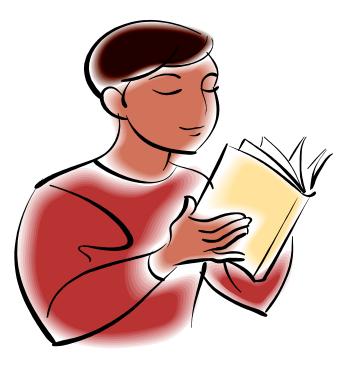
You have the right to live, work, and play with the most freedom of choice.



You have the right to self-respect,



to be alone



or with a friend,



and to be treated well.



You have the right to go to school, no matter what your disability.



Everyone can learn!



You have the right to see a doctor as soon as you need to.



You have the right to choose to be involved in a religion...









You have the right to go out and meet people and have fun.



You have the right to exercise and recreation.



You have the right to say "NO" to drugs



to say "NO" to being hurt,



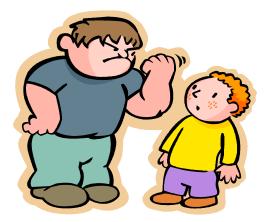
to say "NO to being forced to be alone,



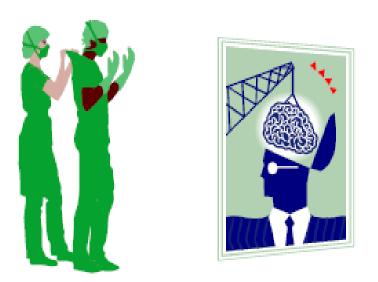
and to say "NO" to being tied up or held unless it is necessary to keep you from hurting yourself or someone else.



You have the right to say "NO" to anybody trying to change the way you act by hurting you, scaring you or upsetting you.



You have the right to say "NO" to brain surgery that people want to do because of the way you act.



You have the right to say "NO" to electric shock therapy.



You have the right to say "NO" to things that will put you in danger.



You have the right to make choices in your life about where you live and whom you live with,



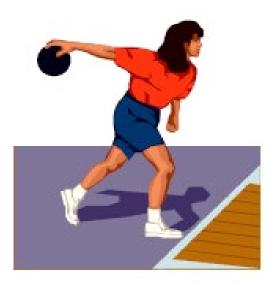
about how you spend your time, such as going to school,



working,



and enjoying free time.



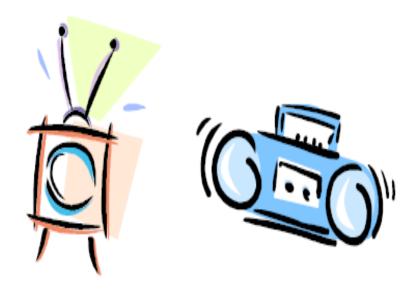
You have the right to wear your own clothes.



and you should be able to pick the clothes you wear.



You also have the right to keep and use your own things, such as radios, TVs, and personal items.



You have the right to keep at least some of your money and spend it as you want.



You have the right to keep your own things in a private place that you can get into when you want.



You have the right to see you friends, family, girl friends or boyfriends when you want.



You have the right to use the telephone privately to make or get calls.



You have the right to have paper, stamps, and envelopes for writing letters.



You have the right to get and send letters that are not opened.



You have the right to make choices about your daily living routine.



Who your friends are.



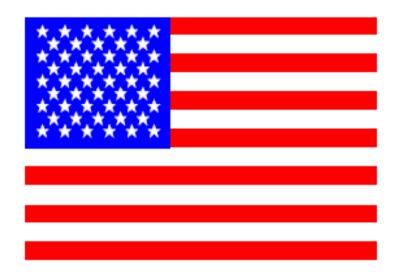
leisure activities,



and program planning.



Your rights are also protected by the same laws that protect other citizens.



If you have questions about your rights or if you want to know about your appeal rights...



Call Protection & Advocacy 1-800-372-2988 502-564-2967



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Protection and Advocacy produced Your Rights with funds received from the Unites States Department of Health and Human Services to provide legally based advocacy to Individuals with Developmental Disabilities. This booklet is based in part on "Rights of Persons with Developmental Disabilities, "developed by Partners in Advocacy Consulting in partnership with Protection & Advocacy, Inc. of California.