



HAVOC TRACK CLUB Annual Youth Track Meet

- Date:** June 3, 2023
- Starting Time:** 8:00 AM Field Events – (First Call 7:30AM)
8:30 AM Running Events – (First Call 8:00AM)
- Location:** Madison High School
4833 Doliva Dr.
San Diego, Ca 92117
- Registration:** All entries must be entered on www.athletic.net starting May 27th and will close on Thursday, June 1st at 11:59 PM
- Concession:** A full concessions will be available.
- Package Pick-Up:** Check-in Table next to the track
- Meet Director:** Lorne Hampton
- Assistant Meet Director:** Haneef Shaheed
- Contact Email:** Havoctf@yahoo.com
- Sanction:** This event is sanctioned by USATF San Diego Imperial
- Facility:** The track is a nine lane all weather surface, including the long and high jump approaches. One shot put ring, 2 long jump pits, and one high jump pit.
Only 3/16 needle spikes are the maximum allowed.
All spikes will be checked for the appropriate spikes and athletes not wearing the 3/16 needle spikes will not be permitted to compete. There is no refund for athletes missing their event due to inappropriate spikes.
- Warm up Area:** Warm up area is located on the football field
- Entry Fees:** \$ 10.00 per athlete. Entry fees must be paid before the athlete competes. Clubs may pay by club check, money order or cash. Clubs may pay the day of the meet when they pick up their package. Cash only accepted for unattached athletes and must be paid prior to the start of the meet.



First Aid: First Aid will be available and located in a designated area.

Age Divisions:

6 & Under.....	2017 & later
7 – 8.....	2016 – 2015
9 – 10	2014 – 2013
11 – 12	2012 – 2011
13 – 14	2010 – 2009
15 – 16	2008 – 2007
17 – 18.....	2006 – 2005

Event Limitations 6 & Under, 7-8, 9-10, 11-12 are limited to three events only.
13 – 14, 15 – 16 and 17–18 are limited to four events

Awards: Medals for top three overall finishers. Ribbons for overall places fourth through ninth

Check-in: All participants in the running events will check in with the clerk of the course prior to their event. Field event participants must report to the location of that event and check in directly with the official in charge.

Running Events: Report to the Clerk of the Course when the event is called. Two calls will be given for each event. Athletes in running events must report to the Clerk of the Course, ready to compete, and stay in the area.

Field Events: Report directly to that event when the event is called. Two calls will be given for each event. Athletes competing in a called running event must check with the official in charge before leaving to report to the Clerk of the Course. Athletes must report back to their field event within 5 minutes of completion of their running event. All athletes will be given four attempts. No other jumps after those attempts; all measurements are in metric.

NO WRITE IN ATHLETES WILL BE PERMITTED IN ANY EVENTS

Community: Clubs are asked to police their area and clean up behind themselves. Head Coaches, are asked to inform athletes, parents and other spectators to be on their best behavior (as always). Anyone displaying threatening or inappropriate behavior will be removed from the facility.

No food or sugary drinks are allowed on the infield (including Gatorade). Water only. Canopies must be secured on the top seating rows only.

Meet Results: Meet results will be provided On-Line at www.sdusatf.org/youth .

Additional Information: Meet will have automatic timing. No pets, peanuts or sunflower seeds allowed in the stadium.



Schedule of Events

Track Events – First Call 8:00 a.m. Track Events – Start Time 8:30 a.m.

TRACK EVENTS:

1. 1500m Run
3. 110m (39 in) Hurdles
4. 100m (33 in) Hurdles
5. 100m (30 in) Hurdles
6. 80m Hurdles
2. 4x100 Meter Relay
7. 400 Meter Dash
8. 4x100 Parent Coach Relay
9. 100 Meter Dash
10. 800 Meter Dash
11. 200 Meter Dash
12. 800 Sprint Medley

DIVISIONS:

- 7/8,9/10,11/12,13/14,15/16,17/18
- 15-16 B & 17-18 B
- 13-14B,15-16G,17-18G
- 13-14 Girls
- 11-12 Girls/Boys
- All Divisions
- All Divisions
- All Divisions
- All Divisions
- All Divisions
- All Divisions
- All Divisions

Co-Ed (2 boys and 2 girls) and will consist of (100/100/200/400)

FIELD EVENTS

Field Events-First Call 7:30 a.m. Field Event-Start Time 8:00 a.m.

Competitors must check in at the field event site

Long Jump

(Two pits will be used)

6U,7-8,9/10,11/12,13/14,15/16,17/18

High Jump

11/12G, 11/12B,
13/14G,13/14B,9/10G,9/10B,15/16G,15/16B,17/18G,17/18B

Shot Put

7-8 B, 7-8G , 13/14G, 13/14B, 11/12G, 11/12B,
9/10G, 9/10B, 15/16G, 15/16B, 17/18 G, 17/18B

Discus

11/12G, 11/12B, 13/14G, 13/14B,
15/16G,15/16B,17/18G,17/18B