



HOSPICE of Redmond

Part of Your Community
Caring For Your Family

Serving Bend | Redmond | Sisters | Powell Butte | Prineville | Crooked River Ranch | Terrebonne | Madras

November-December 2016

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Hospice of Redmond

Our Mission

To enhance the quality of life for clients, patients and families by providing the highest level of compassionate hospice care, and bereavement services for our Central Oregon community.

Our Service Area

Redmond | Sisters
Prineville | Terrebonne
Crooked River Ranch | Bend
Powell Butte | Madras

Ask For Hospice of Redmond

Hospice of Redmond

732 SW 23rd Street
Redmond OR 97756

541.548.7483

541.548.1507 fax

For more information, please visit our web site at www.hospiceofredmond.org.

Greetings!

It's that time of the year again, we are making plans for Hospice of Redmond holiday events. Visit [our website](#) to get details, and to add these fun and festive events to your calendar.

Best regards and good health,
The Team at Hospice of Redmond

5 Ways to Make Your Holidays Count

At Hospice of Redmond, we often hear people reminisce about important times in their lives. People discuss their loved ones and share special memories that they enjoyed over the years. As we approach the holidays, we would like to offer some tips on making your holiday season extra special.

1. Make a difference to someone in need!

Consider donating to one of the coat, blanket, or toy drives this time of year. If you do not have the finances to purchase new, or have gently used items on hand, consider shoveling snow for a neighbor or inviting someone you know to your home that does not have a place to eat for the holidays.

Many of our local non-profits have events that would allow you to volunteer. You and your family could volunteer at a homeless shelter or church providing a hot meal to those in need. You could help an organization by being the set-up, serving or clean-up crew for a special



Support Camp Sunrise



Please support Camp Sunrise through the quick and easy Fred Meyer Community Rewards Program.

You enroll online and link your Rewards Card to Camp Sunrise. Then just shop with your Rewards Card as usual. You continue to receive Rewards Points, Rebates and Fuel Points; Camp Sunrise earns donations.

[Click here for more details!](#)

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event. Consider contacting [Jericho Table](#), [House of Hope](#), [St. Vincent de Paul](#) or [Meals on Wheels](#).

Another great way to make a difference is to write letters to soldiers or their families that are unable to be together during this holidays. Learn more at [Caring For Troops](#), they are the local support league for Central Oregon's men and women serving overseas. Really, the possibilities are endless!

2. Honor your traditions or consider starting a new one!

Make a list of the activities that you would like to enjoy with loved ones. If you, or a family member struggle with getting out and about, choose the one that you would like to do the most and add it to your calendar first. If you have the capacity to attend other events than consider adding those to your calendar as well.

Need some ideas? Consider attending

- Craft bazaars
- [Ice skating](#) at Centennial Park
- [Starfest](#) Holiday Light Celebration at Eagle Crest.
- [Starlight Parade](#) in Redmond (Nov 26th)
- [Festival of Trees](#) (Dec 3rd) at the Deschutes County Fair & Expo Center
- Christmas Caroling for Hospice of Redmond [volunteers](#) at care facilities (Dec 9th)
- [Teddy Bear Tea](#) (Dec 11th) at the Eagle Crest River Run Event Center
- [Light Up a Life](#) (Dec 11th) at the Eagle Crest River Run Event Center.

All of these great events are soon approaching. So many fun choices!

3. Share your favorite holiday memories with someone!

Sharing your favorite memories and allowing someone else to share with you is a great way to celebrate. Make visits to shut-ins, assisted living facilities or nursing homes, these areas are sometimes neglected during the holidays.

If you love to bake or shop, take a plate of your favorite goodies to someone that may enjoy a special treat this time of year.

4. Take lots of photos!

Sharing your time and your heart for people can be one of the simplest ways to fill you up during the hustle and bustle of the holidays. Any of these options above can brighten the holiday season for you and someone else. Whatever you decide to do and whomever you decide to spend your time with, take pictures along the way.

Create your own reminders of the way that you celebrated and its impact on you and others, make this holiday season your best yet!

Written by Jane McGuire, Transitions Coordinator, Hospice of Redmond

"Beware of Hospice Scam Alert" A Letter from our Executive Director

We are running this article again, we were recently alerted to another incident with The Hospice Support Fund soliciting hospice donations in our area.

To all Central Oregon community members:

An organization called The Hospice Support Fund, located in Merrifield, VA, has been soliciting for donations in our area.

Their form letter includes the town's name nearest to you. For example: if you live in or near Redmond, it is the 2014 Redmond Annual Fund Drive.

Please do not confuse Hospice of Redmond or any of your local hospices with The Hospice Support Fund. They have no affiliation with any of us.

According to Legal Disclosure on their web site (<http://www.hospicesupportfund.org/disclosure.php>),

any donation you make goes to Virginia to be used for "50% on fundraising, 20% on administration, 5% on program services, and 25% on public education in conjunction with fundraising appeals."

Again, this solicitation has no connection or affiliation to us. **Hospice of Redmond uses 100% of your generous donations for patient care and program expenses to benefit local community members here in our Central Oregon service area.** If you have any questions, please call us at 541-548-7483.

Karla Stead, Executive Director, Hospice of Redmond

Safely donate to Hospice of Redmond at
<http://www.hospiceofredmond.org/donating.html>

Upcoming Events & Workshops

Tuesday, November 15th - Soup & Support

12 Noon-1:30 p.m., Hospice Community Room
(Soup and Support will not be held in December)

Any community member who wishes companionship and grief support is welcome to attend. Prior Hospice services are not a prerequisite for attendance. For more information on this group, call 541.548.7483.

Saturday, Dec. 3rd - Festival of Trees -

Free Family Festivities: 10:00 am to 2:00 pm,
visits with Santa & Live Entertainment

Gala Event & Auction: 5:00 pm to 10:00 pm

Gala Tickets: \$50 per person

For Gala Event tickets, call 541-548-7483 or
visit website at

<http://www.hospiceofredmond.org/>

Friday, Dec. 9th - Christmas Caroling

Hospice of Redmond Volunteers - Join us for
singing and fun for our annual Christmas
Caroling.

Please contact Tessa, Volunteer Coordinator

for more information at (541) 548-7483.

Sunday, Dec. 11th - Teddy Bear Tea

11:30 am - 1:00 pm at River Run Event Center, Eagle Crest Resort, Redmond, OR. The tea features a special appearance of Santa. Everyone enjoys little tea sandwiches, cookies, and other goodies while Mrs. Claus reads stories. The Cinnamon Bear joins the fun too!

Sunday, Dec. 11th - Light Up a Life

4:30 pm - 5:30 pm at River Run Event Center, Eagle Crest Resort, Redmond, OR. The annual Light Up A Life event is a special way to remember a deceased loved one during the holiday season. This touching hour-long evening of remembrance features a ceremonial lighting of candles in honor of participants' loved ones. The names of those who have passed are read and further remembered by placing bows on a memorial tree.

Saturday, Dec. 17th - Wreaths Across America

9:00 am Ceremony - Redmond Senior Center Consider honoring our Veterans with this program, I earn more about the Wreaths Across America WAA program in your community. Here is the web site for the National Wreaths Across America program: <http://www.wreathscrossamerica.org/#join-us>

For more information, please call Tessa, Veteran's Advocate at Hospice of Redmond - (541) 548-7483

Please feel free to share our newsletter with your friends, colleagues, and family.

Give Hospice of Redmond a call today at 541.548.7483 to see how we might help you or a loved one. We are happy to answer your questions and to be of service.

For more information on Hospice of Redmond, our services and programs, please visit us at www.hospiceofredmond.org.

Ask for HOSPICE OF REDMOND

Sincerely,

The Team at Hospice of Redmond