

**OCTOBER
2017**

Pickaway Senior Center

"WE'RE LIVING IT UP"

Pickaway Senior Center

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

www.pickawayseniors.org

IMPORTANT DATES:

WEDNESDAY, OCTOBER 11
BOARD MEETING 10:15 AM

THURSDAY, OCTOBER 12
UNLOCK THE SECRET LUNCH NOON

TUESDAY, OCTOBER 17
COMMODITIES

WEDNESDAY, OCTOBER 18
SOUP & SALAD BAR NOON

FRIDAY, OCTOBER 20
CENTER CLOSED

TUESDAY, OCTOBER 24
NEWSLETTER ASSEMBLY
BREAKFAST BAR 9:00 AM

THURSDAY, OCTOBER 26
MONTHLY FELLOWSHIP NOON



From the Desk of the Director

October is here, and in Pickaway County we all know that means PUMPKINS. Stop by our exhibit space in the Circleville-Pickaway Visitors Pavilion on East Franklin Street during the 2017 Circleville Pumpkin Show. We will be sharing information about the Center and our upcoming events and activities.

Our February 2018 Orlando and Cocoa Beach, FL trip is filling quickly. This trip is sure to be a great break from Ohio's winter temperatures. We are over half full already, so don't delay in getting your deposit in to reserve your spot. Premier World Discovery will be at the Center on October 26th at 2PM for an informational meeting on our two 2018 air trips; Colorado Rockies, Rails & Western National Parts (June) and Albuquerque Balloon Fiesta (October). There will be a presentation on both trips and time for any questions you may have on either trip.

October 12th at 11:30, come hear Dr. Qiao discuss "Non-Surgical Orthopedics". Berger will pay for lunch of those in attendance at his presentation. This is also the day of our "Secret Lunch". It has a special October Pumpkin Theme. Come dressed in your favorite Pumpkin Show attire. We are having a decorated Pumpkin Contest. Anyone wishing to enter a decorated pumpkin please have it at the Center prior to 11:30 on the 12th. October 26th will be our Monthly Fellowship Meeting. We will enjoy a delicious roast beef dinner and entertainment by the Christian Chicks Kitchen Band. Why not plan to stick around after our fellowship for the trip presentation meeting. Other great days to stop by and join us would be Soup and Salad Bar on October 18th or our Breakfast Bar on October 24th. Of course, any day is a great day to stop by and enjoy time with your friends. We want to say a special thanks to the advertisers who made this new newsletter format possible. We hope to see you often this October at the Center where "We're Living It Up"!

Cynthia Love, Executive Director

**Pickaway Senior Center
Board of Directors:**

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**PICKAWAY SENIOR
CENTER**

2105 Chickasaw Drive
P.O. Box 565
Circleville, OH 43113

www.pickawayseniors.org

Office: 740-474-8831

Toll Free: 888-397-7246

Nutrition: 740-474-8617

Fax: 740-477-8114

Our services are provided for seniors ages 60 and over, Monday through Friday.

Adult Day Care:

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

Congregate Meals:

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

Homemakers:

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

Meals on Wheels:

A hot lunch delivered to your home five days a week.

**National Family
Caregiver Support
Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

Supportive Services:

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

Transportation:

Transportation for medical appointments, dialysis, and grocery shopping.

For information on any of these services, call the Senior Center: 740-474-8831

The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers



In Memory or Honor of...

*This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift
which means others in Pickaway County will be helped.*

Enclosed is my gift of \$ _____ In Memory or Honor of _____

Occasion: ☐ Birthday ☐ Anniversary ☐ Other _____

Given by _____

Address _____

Please make checks payable to the Pickaway Senior Center. Mail gift to:

Pickaway Senior Center
P.O. Box 565
Circleville, OH 43113

Beginner's Line Dancing

Cost: \$1 per class

Fridays at the Center from 2-3 pm

Instructed by Buffy Bowman



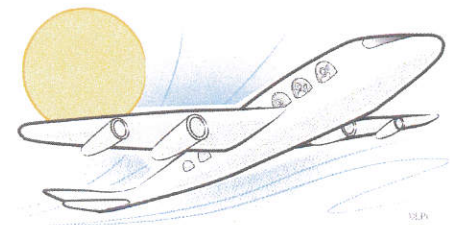
2018 Trips

**Colorado Rockies, Rails & Western
National Parks**

&

Albuquerque Balloon Fiesta

If you are interested in signing up for these 2018 trips there will be a trip meeting for both trips at the Center on October 26th at 2 pm.



OCTOBER BIRTHDAYS-HAPPY BIRTHDAY!

OCTOBER 1

ROGER CATHEL
JANET FEE
MARY ANN HALL
FREDERICK HOOVER
ROSE JAMISON
G. THOMAS MOORE
STEVEN THOMERSON

OCTOBER 2

KATHLEEN CAMERON
BARBARA HART
LOUISE HOOVER
DONNA LUTZ
PATRICK PARK
FLORENCE PERKINS

OCTOBER 3

PATRICK BINGHAM
PHYLLIS BOCHARD
MIRIAM CATRON
JOYCE DEVORS
LOIS HARRINGTON
JOANNE HILLMAN
VERLA KELLENBARGER
DAVID LEGG
DEBBIE VAUGHN
LILLIE VOSS
RITA WILLIAMS

OCTOBER 4

SHEILA GEE
CAROLYN KEETON
JEAN KESSLER
MARILYN SPENCE



OCTOBER 5

PATRICIA BARNES
WILLIAM BRANDON
CHARLES GERHARDT
DONNA KARNS
JAMES MCGUIRE
KAREN STOUT

OCTOBER 6

MARILYN IRVINE
LILA MYERS
DON RAMEY
STUART SHARPNACK
RON STUDEBAKER
CAROLYN VANFOSSSEN
JERRY WAGNER

OCTOBER 7

CHERYL BATES
BETTY BOLDOSER
RUTH FLEMMING
ELMA RACE
RICHARD WELCH

OCTOBER 8

RUTH DEAN
DANIEL HARVEY
HARRY STYERS
PHYLLIS TOLLIVER
ROY WILEY

OCTOBER 9

JAMES DAVIS
PAUL EWING
DOROTHY MYERS

OCTOBER 10

BURLA BARR
JOYCE DRESBACH
NANCY DYE
JUDY JULIAN

OCTOBER 11

NANCY BALL
MARGARET COOK
ELEANOR STRAWSER

OCTOBER 12

JERRY GREINER
NANCY HOSOM
TERESA MARION
DIANE STEWART
MARGARET WALKER
HELEN WHITESED

OCTOBER 13

BONNIE BANDY
BETTY BROWN
TERESA GEBHART
JUDY HAEFELE
BARBARA MISCO
PATSY OLDAKER
BETTY REESER
PATSY WINNER

OCTOBER 14

FRANCENE DISBENNETT
SHIRLEY DUNCAN
MARJORIE FOREMAN
BARBARA WOODS
DEBBIE YANIGA

OCTOBER 15

SYLVIA CHRISTY
JERRY HOLLENBACK

OCTOBER 16

PAT HILDENBRAND
CAROLYN STEDMAN

OCTOBER 17

BEVERLY FOX
ROBERT HARRISON
BARBARA HOPPER
SANDY JORDAN
PAMELA PHIPPS
BONNIE SKAGGS

OCTOBER 18

KENNETH BENSONHAVER
ONALEE LAWSON
DAVID WEBB

OCTOBER 19

DEBORAH FOUCH
JEANETTE GERHART
RICHARD GROFF
SARAH MAHLMAN
EUGENE SMITH
BETTY SNYDER

OCTOBER 20

LEWIS CLIFTON
MARY FERRELL
JIM GEE
SHARON WEISENBERGER
CYNTHIA WORTHINGTON

OCTOBER 21

NELLIE CONKEL
JOYCE LUTZ
PATRICIA MCGINNIS
DEBORAH MINER

OCTOBER 22

EVELYN ALLISON
BRENDA DAVIS
BRENDA MANSON
JULIA MCDONALD
DAVID REYNOLDS
DONALD SMITH

OCTOBER 23

LINDA BRINER
LEROY BROOKINS
JULIE IMLER
SHARON IMLER

OCTOBER 24

ROBERT FERGUSON
SHARON FREE
KIMBERLY FULLEN
LINDA HARDIN
CAROLYN WITHERS
ROSE WOLFE
KARMA ZOSS

OCTOBER 25

MARILYN BURKE
PAT CANARSKY
ROBERT CLEMONS
NORMA HUNT
FREDA LINDSEY
ROBERT PONTIUS
LARRY RAYER
DIANE REESER
NORMA SHULL

OCTOBER 26

MARILYN BOWSHER
CHARLES HEMMING
CHARLES HUDSON
JACK ROBERTS

OCTOBER 27

PERLA BROWN
ESTHER DAVIS
JEWELL HINTON
VIRGINIA MCCOY

OCTOBER 28

DONNA BLANTON
LUCY SCHUMM

OCTOBER 29

LOWELL BUITENDORP
CONNIE CHANDLER
ROBERT DIXON
DOLLY FREEMAN
JOE GOELLER
JENNY SPANGLER

OCTOBER 30

VELMA BOUCHER
LINDA COLLINS
PATTI STANTON
JEAN TERFLINGER
PAUL WHITE

OCTOBER 31

HAZEL BRANDON
JOE DONDRS
GARY GREENE
GAIL JANKE
HENRY LAMBERT
ARLENE POLING
ROBERT WILLIS

SPECIAL THANKS TO THE FOLLOWING PEOPLE...

New Members

Don Crabtree

Donna Dyke

Darrell Dyke

Vivian Stiles

Joy Cox



\$10 Fund Donations

Maxine Younkin

Linda & Don
Harden

Earl & Norma
McCombs

Rev. William & Kathryn
Hill

Michael & Sandra
Foster

Jeane Crider



Memorial/Honor of Donations

In Memory of

Ron Skaggs

Given By,

Bonnie Skaggs

~~~~~  
In Memory of

Russell E. Lutz

Given By Wife,

Donna Rae Lutz



### Estate Planning

**It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.**

**We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.**

**Pickaway County  
Community Foundation:**

**Pickaway Senior Center Fund  
770 N. Court St.  
Circleville, OH 43113**



Some pictures  
from our 2017  
trips



NEW YORK  
CITY



BRANSON





## Monthly Fellowship October 26, 2017

Please RSVP by the day before. Call 740-474-8831 to make reservations. October birthdays & anniversaries eat free on October 26 at noon.

- Roast Beef
- Mashed Potatoes & Gravy
- Seasoned Green Beans
- Chilled Fruit
- Roll
- Cake

**Entertainment By:**  
**Christian Chicks Kitchen Band**

## Join us at the Center

October 12th at 11:30 am

Edward Qiao, DO, Sports Medicine will be here discussing "Non-Surgical Orthopedics; Tips and Procedures that May Help You Avoid Surgery"

Those in attendance for the discussion will have their lunch paid for by Berger.

Please RSVP by October 11th.

"Discover where to Recover"



### Pickaway Manor

Rehabilitation Center,  
Skilled Nursing & Assisted Living

A MacIntosh Community

PT, OT and Speech Therapy  
Services Available

391 Clark Drive | (740) 474-6036  
www.macintoshcompany.com/Pickawaymanor

### ANDERSON INSURANCE GROUP

906 N. Court St.  
Circleville, OH 43113

**Medicare Questions?**

Plan Comparisons  
All types of Health Ins.

**Contact: Nedra Betts**  
**740-477-2591**

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and all in **YOUR** community!

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| Cancer Center                 | Occupational Health Center |
| Cardiology & Neurology        | Orthopedic Surgery         |
| Ear, Nose & Throat            | Pain Management            |
| Endocrinology                 | Pharmacy                   |
| Emergency Department          | Radiology                  |
| Gastroenterology              | Sleep Center               |
| General Surgery               | Therapy & Sports Medicine  |
| Imaging & Laboratory Services | Vein Specialists           |
| Infusion Center               | Women's Health & Maternity |
| Lung Care Center              | Wound Healing Center       |

**Berger Health System**  
600 N. Pickaway St.  
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Wherever our patients call home,  
we provide hospice care.

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Hospice Care



## Unlock the Secret Lunch

October 12 @ noon

No Matter what Style  
I am cream of the crop  
Once you taste us with extra butter  
You won't be able to stop

I don't want to be in a shelter  
I want to be on your lap  
I will always be your best friend  
So lets go for a walk, then take a long nap

“ \_\_\_\_\_ ”  
(Two Words)

Wear your favorite Pumpkin/Pumpkin Show attire. There will also be a pumpkin decorating contest. Please have your decorated pumpkins at the Center by 11:30 am October 12.

## Orlando & Cocoa Beach, FL

Dates: February 25-March 3, 2018

Price: \$565 per person (double occupancy)  
(\$75 due upon signing)

Trip Includes:

- Motor Coach Transportation
  - Hotel accommodations
  - Admission to the Holy Land Experience
  - Admission to Exploration Tower
  - Visit to the historic Cocoa Beach Pier
  - Admission to Gatorland, including a Nature Board walk, Train Ride & Alligator Show
  - Admission to BOK Tower Gardens-National Historic Landmark and tranquil oasis
  - Visit to the “Florida’s Natural” Grove House
  - Visit to the Davidson of Dundee Citrus Candy Factory
- For more information please call the Center 740-474-8831



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# Here For You, At Every Stage Of Life.



The more we age, the more complicated health issues can become. Fortunately, the experienced specialists at Adena Health Center—Circleville are here to treat sudden illnesses, like the flu or pneumonia; manage chronic issues, like arthritis or osteoporosis; and help prevent and treat conditions like heart disease and diabetes.

Schedule An Appointment Today:  
**740-779-FIND | ADENA.ORG/FIND**

**ADENA HEALTH CENTER—CIRCLEVILLE**  
140 Morris Rd.

**ADENA**  
Health Center  
Circleville



## October 18-21 Pumpkin Show

Stop by and see us at the Pumpkin Show! Look for the white tent on E. Franklin Street. We will be in the Circleville-Pickaway Visitor's Pavilion on October 18, 19, 20 & 21.



## Beginner Clogging Lessons

Where: Pickaway Senior Center

When: Beginning October 4th  
Wednesdays @ 1:00 pm  
(no class October 18th)

Instructor: Belva Pritchard



A photograph of two men standing behind a pharmacy counter. The man on the left is wearing a dark suit and glasses, and the man on the right is wearing a white shirt and a red tie. They are both smiling. In the background, there are shelves filled with various bottles and containers.

ASHVILLE  CIRCLEVILLE

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Circleville, OH 43113

*RETURN SERVICE REQUESTED*

Current Resident



## **Breakfast Bar**

Join us for the Breakfast Bar  
on October 24th at 9 a.m.

- Scrambled Eggs
- Bacon
- Hash Brown Potatoes
- Cottage Cheese
- Sliced Tomatoes
- Fruit Juice
- Coffee Cake



## **Don't miss our upcoming events and activities at the Center!**

Trip Meetings.....Pg 3  
Birthdays.....Pg 4  
Berger Discussion.....Pg 7  
Unlock the Secret Lunch....Pg 8  
Menu.....Pg 10  
Activities Calendar.....Pg 11

## **Bible Study**

Join us for Bible Study  
at the Center every  
Thursday from 10:30-  
11:30 am



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