

# Supplement Facts

Servings Size: 1 Capsule Serving Per Container - 30

Amount per serving	% Daily Value	
Calories:0	Calories from fat :0	
Thiamine (as Thiamine HCl)	27.5g	1,833%
Riboflavin	27.5g	1,617%
Niacin (as Niacinamide)	27.5g	1,375%
Vitamine B6 (as Pyridoxine HCl)	27.5g	25%
Folic Acid	100mcg	100%
Vitamin B12	6mcg	16%
Biotin (as d-biotin)	50mcg	275%
Pantothenic Acid (as d-calcium Pantothenate)	27.5mg	3%
Calcium (from Dicalcium Phosphate)	29mg	12%
Magnesium (from Magnesium Oxide)	30mg	250%
Zinc (from Zinc Oxide)	5mg	†
L-Theanine	100mg	†
Hemp Protein Powder	50mg	†
Passion Flower	50mg	†
Choline Bitartrate	27.5mg	†
Inositol	27.5mg	†
PABA (Para-aminobenzoic acid)	27.5mg	†
Phospatydilserine	10mg	†

## Other Ingredients

Gelatin (capsule), Rice Flour, Magnesium Stearate

\*% Daily Value Based on a 2000 Calorie Diet.

† Daily Value Not Established

**ALLERGEN WARNING:** Manufactured on equipment which processes products containing Milk, Egg, Soy and Wheat.