

**BRAZOS VALLEY FOOTBALL ASSOCIATION**  
**2019 BY-LAWS & RULES**  
**ARTICLE XXV -- 7on7 FOOTBALL**

**Section 1**

**AGE GROUPS & DIVISIONS:** Divisions will be established as defined below. If a division fails to make a 4-team minimum, it may be combined with another division.

**(A) Minor (10u):** Players may not turn the age of 10 before May 1st.

**(B) Major (12u):** Players may not turn the age of 12 before May 1st. **No 7<sup>th</sup> Graders.**

**(C) 7on7 coaches** must maintain a team book with a copy of a birth certificate or legal proof of birth along with a current picture of the child. This book must be available at all games and a challenging/opposing coach can request to review the book before or immediately after a game only. Failure to provide a team book upon request will be a violation and subject to normal punishment by BVFA officers as regulated by the BVFA By-Laws.

**(E) Any player** residing within a BVFA Member Association area that does not offer or participate in the BVFA 7on7 League, are eligible to play for other BVFA Member Associations for 7on7 only.

**Section 2**

**FIELD DIMENSIONS:**

**(A) Field Length**

1. Minor Division – 30 Yards

2. Major Division – 40 Yards

**(B) Field Width--160 feet** (60 feet to hash mark, 40 feet between)

**(C) End Zone—10-yards deep**

**Section 3**

**STARTING THE GAME:**

**(A) Both games** (when both ends of the field are being utilized) will begin at the same time. The official shall blow his whistle indicating the game has begun. The game time will be displayed on a visible scoreboard.

**(B) Visitors** (TBD before kickoff), will always align their team on the right sideline facing the end zone, home will always align their team on the left sideline facing the end zone.

**(C) Ball** is placed on the right hash mark or the center of the field when at the 40-yard line (30-yard line for Minor division).

**(D) Referee** will announce score and time remaining before each offensive possession begins.

**Section 4**

**MOVING THE BALL:**

**(A) No kicking/punting** is allowed.

**(B) The field** is marked at 15 yard intervals with cones or yard markers. (3 first downs without a penalty would result in a touchdown).

**(C) Major Division:** Division will receive 4 downs at each interval.

1. The first interval will be from the 40-25-yard line.

2. The second interval will be from the 25-10-yard line.

3. The last interval, which is "Goal-To-Go", 10-yard line to the End Zone.

4. If the offensive team fails to make a first down the opposing team will take possession of the ball at the 40-yard line.

- (D) **Minor Division:** Each minor team will have 4 downs at each interval.
1. The first interval will be from the 30-20-yard line.
  2. The second interval will be from the 20-10-yard line.
  3. The third interval, which will be goal to go, 10-yard line to the End Zone.
  4. If the offensive team fails to make a first down the opposing team will take possession of the ball at the 30-yard line.
- (E) Possession always begins at the 40-yard line (30-yard line for Minor) at the right hash. No penalty can be assessed in excess of the 40/30-yard line. A loss of down will be assessed instead.
- (F) Offenses always move in the same direction.

## **Section 5**

### **SCORING:**

- (A) Touchdowns are worth 6 points.
1. Teams will be automatically awarded the 1-point for the PAT following the score of a touchdown, unless the scoring team immediately informs an official of their intent to attempt a 2-point conversion.
  2. 2-point conversion attempts will be from the 10-yard line.
- (B) Interceptions are worth 2 points.
1. Interceptions that occur on 2-Point conversions are worth 2 points for the defensive team.
- (C) Official game score is kept by the officials.

## **Section 6**

### **BREAKING TIES:**

- (A) **NO GAMES IN 7on7 WILL END IN A TIE.**
- (B) Each team will receive (1) offensive possession during each overtime period.
- (C) A coin flip will determine which team receives the first possession. The coin flip will be called by the visiting team.
- (D) Each team will begin their offensive possession from the 15-yard line and have 4 downs to score. If a team scores on their offensive possession in the first overtime period, that team may accept the automatic 1-point PAT or elect to attempt 2-point conversion from the 10-yard line.
- (E) In the event that additional overtimes are required, each team will be required to attempt 2-point conversions from the 10-yard line until a team can be declared a winner.

## **RULE 1**

### **P.A.T.'s:**

- (A) 1-Point Conversion - The "extra point" will be automatically awarded to a team following the score of a touchdown, unless the scoring team immediately informs an official of their intent to attempt a 2-point conversion. Teams will be given less than 10 seconds to make this decision from time the touchdown is scored.
- (B) 2-Point Conversion – The 2-point conversion is achieved by scoring from the 10-yard line.
- (C) Interceptions on a PAT attempt are dead balls and worth 2 points to the defense.

## **RULE 2**

### **GAME CLOCK AND TIME OUTS:**

- (A) Neither team receives any time outs during the game.
- (B) The game clock is continuous during both halves of play.
- (C) Each half is 20 minutes with a 10-minute half-time.
- (D) Games will start 10 minutes after the completion of the previous games.

- (E) All teams must show up 15 minutes before game time. It is imperative all games begin and end on schedule to prevent delays of other games.
- (F) If a team is not present at the start of a game, the present team can elect to receive a win by forfeit or allow the other team 10 minutes on the game clock before electing the win by forfeit.
- (G) A scoreboard clock shall be used to display game time. In the event of an injury to a player that requires stoppage of play to occur, the official shall use a stop watch to track the amount of time lost due to the injury timeout. At the completion of the regulation 20-minute time period, the official shall extend the game to account for time that was lost. The extended time shall not exceed 5 minutes. This time will be kept by an official.

### **RULE 3**

#### **OFFENSIVE FORMATIONS:**

Standard offensive formations must be used to simulate contact football situations. The following Offensive formation rules apply:

- (A) There must be 3 players on the LOS. The center must not have anyone within 4 yards of his spot.
- (B) Any player on the LOS that is "covered" by another player on the LOS is ineligible to receive a pass. Example: TE is aligned 4 yards from the center on the LOS; a WR is aligned on the LOS between the TE and the sideline. The TE is ineligible to receive a pass by the formation because the WR is "covering" the TE. In order to be eligible, the WR needs to be off the LOS.
- (C) A maximum of 3 players can be on one side of the center on the initial alignment. A team can motion a player so more than 3 players are on one side of the center at the time of the snap.
- (D) Only one player is allowed to be in motion at any one time.
- (E) The QB can be aligned under center or in the shotgun formation.
- (F) The center is not an eligible receiver at any time during a play. The center must snap the ball between the legs or underhand to the quarterback.

### **RULE 4**

**QUARTERBACK PASS CLOCK:** The quarterback only has (4) seconds to throw the ball (6 seconds for the minor division). Time starts when the ball is snapped and stops when the quarterback releases the ball. If the time is over 4 (or 6) seconds, it will result in a loss of down for the offensive team.

- (A) If the QB releases the football in 4.0/6.0 seconds or less, the play will stand.
- (B) If the QB clock has exceeded 4.0/6.0, the official will wait until the play is over (the play is not blown dead), then brings the ball back to the original line of scrimmage with a loss of down.
- (C) The official will blow his whistle to signal the end of the play, approx. 2 seconds after the expiration of the 4.0/6.0 second allotment if the ball has not been thrown by the offensive team.
- (D) In the event the defense intercepts a pass that is thrown after the allotted 4.0/6.0 seconds and before the official has whistled the play dead, the defense will be awarded the 2 points and possession of the ball.

### **RULE 5**

**OFFICIAL GAME BALLS:** Each team will use its own ball during offensive possessions.

- (A) K2 balls for the Minor division only.
- (B) Major Division may use a TDJ or TDY sized ball.

- (C) The intent of this rule is to ensure that the higher levels do not use an undersized ball to gain an advantage. Synthetic or genuine leather balls are permitted.

## **RULE 6**

### **TURNOVERS:**

- (A) Fumbles and interceptions are dead balls at the spot with the last team retaining possession.
- (B) An interception will award 2 points and possession to the defense.
- (C) All fumbles will be considered dead balls with the offensive team retaining possession at the spot where the fumble occurred.
- (D) A muffed snap is not a fumble/dead ball. The 4.0(6.0) second count remains in effect on snaps.

## **RULE 7**

### **GAME CLOCKS:**

- (A) Each team will have 40 seconds to snap the ball once the previous play was whistled over by an official.
- (B) Delay of game penalty will be loss of down plus a 5-yard penalty.
- (C) Play clock is typical for all divisions and teams.
- (D) It is the responsibility of the offense to get the ball back to the line of scrimmage. The center must refer to referee's spot for official marking and placement of ball.

## **RULE 8**

### **LEGAL PASSES:**

- (A) All passes must be forward and have a 3-yard separation between passer and receiver.
- (B) No double passes, lateral passes, pitches or handoffs are allowed as that would constitute an illegal pass.
- (C) "Shuffle" passes are permitted as long as the 3-yard separation is achieved between passer and receiver.

## **RULE 9**

### **BLOCKING:**

- (A) Once a receiver catches a ball, **all other offensive players must stop at their current position**. They **cannot block** or be eligible to obtain the ball in any manner (i.e. hook and latter/ hitch and pitch). If an offensive player blocks for another, the play will be blown dead at the spot of the block.

## **RULE 10**

### **END OF THE PLAY:**

- (A) Receiver/Ball carrier is legally down when touched below the neck with one or both hands. (Excessive force by shoving, pushing, or striking a blow will be penalized by automatic first down plus 5 yards. Expulsion of a player(s) may occur if fouls are ruled unsportsmanlike & flagrant).

## **RULE 11**

### **MARKING THE FOOTBALL:**

- (A) Offensive team is responsible for retrieving and returning the ball to the previous spot or the new scrimmage spot.
- (B) The play clock does not stop and any delay by the offense in retrieving and returning the ball to the line of scrimmage while attempting to verify the spot with an official will result in a 5-yard delay of game penalty from the succeeding spot.
- (C) The center must correctly spot the ball with the official and place the ball correctly prior to running an offensive play. If an offensive play is run from an inaccurate spot, a 5-yard penalty will be assessed or loss of down if ball is at the original LOS.

- RULE 12**      **DELAY OF GAME/DEAD BALL FOULS:**  
(A) Two delay of game penalties in the same possession results in a turnover. The defensive team will then put the ball in play on the 40 (30 for Minor) yard line.  
(B) Any dead ball foul on a play that results in the defense getting the ball and it is unable to be penalized back to the 40 (30 Minor) yard line will result in a loss of down penalty. The defense, now the offense, would be starting play with 2nd down.
- RULE 13**      **DEFENSIVE PASS INTERFERENCE:**  
(A) Defensive Pass Interference will be a spot foul (1st down at the spot).  
(B) Defensive pass interference in the end zone will be an automatic 1st and goal at the 5-yard line. If the ball is closer to the end zone than the 5-yard line at the time of defensive pass interference, the spot closer to the end zone will be utilized with an automatic 1st down.
- RULE 14**      **OFFENSIVE PASS INTERFERENCE:**  
(A) Offensive Pass Interference is the same as NCAA rules, (15 YARD PENALTY). If the offensive team receives a 15-yard penalty that cannot be fully administered, then the penalty will result in loss of down.  
(B) Offensive receivers are **NOT** allowed to run "**PICK**" plays that create physical contact with defenders to allow other receivers to become open.
- RULE 15**      **ILLEGAL CONTACT:**  
(A) Responsibility to avoid contact is with the defense.  
(B) There will be **NO** chucking, or deliberate bumping, jamming or grabbing. These actions will result in a "tack on" penalty at the end of the play (5-yard penalty) or the down will be replayed with a 5-yard penalty should the result of the play be an incomplete pass.
- RULE 16**      **UNSPORTSMANLIKE CONDUCT:**  
(A) No taunting or "trash talking" (5-yard penalty & expulsion if flagrant) is allowed at any time during game.  
(B) Any players involved in a physical confrontation will be immediately ejected from the game.  
(C) A team removed from a game for fighting will not be allowed to participate or play for remainder of year.
- RULE 17**      **MINOR DIVISION COACHES ONLY:** A coach shall be allowed on the field during a team's offensive possessions. The coach shall remain a minimum of 10 yards behind the line of scrimmage. After the ball is snapped, the coach on the field shall not be allowed to provide verbal instructions to players. 1st offense of verbally instructing players during play will result in a warning. Second and subsequent offenses will result in a loss of down and 5-yard penalty.
- RULE 18**      **MOUTH PIECES:** All players are required to have mouth pieces at all times during the play of the game.
- RULE 19**      **DRESS CODE:** Players will not be allowed to wear caps, hats, visors or sunglasses (excluding prescription) on the field during the game.