

ASSIST Service

(Advice service for people with autism age 16+ and/or family/friends)

Autism Support, Signposting & Information Services Team

Co-ordinator: Kat Worsfold

Tel: 01483 521743

Email: assist.surrey@nas.org.uk

One-to-one discussions with autism specialists.

Venues and days/times:

Godalming – Thurs 3 x per month 5.00-9.00 p.m.

Sat. monthly from 10.00 a.m. - 3.00 p.m.

Reigate – Tues. twice per month 3.00–8.00 p.m.

Aldershot – Sat. monthly 10.30 am – 3.30 p.m.

Farnborough – Mon, monthly 1.30 – 6.30 p.m.

By appointment only. Appointments in person, by telephone, email or Skype.

Social and Support Groups*

Co-ordinator: Mike Leat

ASpire Support Group*

For autistic men and women over 18 who can attend the group independently.

Venue: Guildford

1st Thurs of each month:

6.30 – 7.15pm: Informal social hour

7.30 - 9.00pm: Structured discussion session

4th Thurs of each month:

Meet in pub for drinks/food

Young Adults Social Groups*.

For young people age 18 – 25 with autism who can attend the group independently.

Fortnightly Wednesdays 7.00- 9.00pm.

Venues: Guildford & Redhill

Meetings either discussion, activities or social outings.

Women's Support Group*

For autistic women of all ages.

Monthly, Saturdays, 3.30 – 5.00 pm.

Venue: Godalming

Topic for discussion each month.

***People seeking to attend the groups should contact the ASSIST service first.**

NAS Surrey Community Services

Personalised services for adults with autism who have funding for support.

Team leader: Alan Baker

Tel: 07920 709251

Email: alan.baker@nas.org.uk

Supported Living or community support services in Godalming and other locations around Surrey

Old Mill Centre

Personalised services for adults with autism & learning disabilities who have funding.

Day Services Manager: Gemma Fry

Tel: 01483 521 747

Email: gemma.fry@nas.org.uk

Venue: Godalming

Birch House Centre

Personalised services for more able adults with autism who have funding.

Day Services Manager: Gemma Fry

Tel: 01483 521 747

Email: gemma.fry@nas.org.uk

Venue: Godalming

Weekdays from breakfast clubs to evening groups, plus weekend activities. Courses on skills such as travel training, job-seeking, money, cookery, etc. (All subject to demand.)

NAS Residential Services

For adults with autism spectrum disorders who have funding for support.

Manager: Gul Collis

Tel: 01483 861 066

Email: gul.collis@nas.org.uk

Residential care in Godalming.

NAS Surrey Branch – parent support groups run by volunteers. Includes Parents of Adults group and Spouses/Partners group.

Contact: Sara Truman (volunteer)

Tel: 07423-435413 (voicemail)

Email: info@nassurreybranch.org

Website: www.nassurreybranch.org