



The Clean Slate

March 18/2019 - April 21/2019
South Vancouver Island Area Newsletter

Birthdays

Name	Years	Date	Meeting
Adrian M	21yrs	March 20	Faculty of Recovery
Mark S	22yrs	March 22	Pathways to Hope
Jason	11yrs	March 22	Duncan
Stan	?	March 24	Sunday Serenity
Paul Y	16yrs	March 29	Pathways to Hope
Kerri M	13yrs	March 30	Brentwood Bay Unity
Steve M	20yrs	April 2	QNA
Rick S	8yrs	April 5	Pathways To Hope
Jay	5yrs	April 11	Duncan
Christie	2yrs	April 24	Duncan
Marcela	21yrs	April 25	Duncan

24-HOUR HELPLINES

South Vancouver Island 1-866-664-3511
Central Vancouver Island 1-800-494-2404
Vancouver Island North & Powell River Area 1-844-484-6772

NA Websites

South Vancouver Island Area Service Committee	www.svina.ca
Central Vancouver Island	www.cviana.ca
Vancouver Island North & Powell River	www.vinprana.ca
BC Regional	www.bcrna.ca
Canadian Assembly of Narcotics Anonymous	www.canaacna.org
Narcotics Anonymous World Services	www.na.org



Want to stay clean? Then service is right for you!

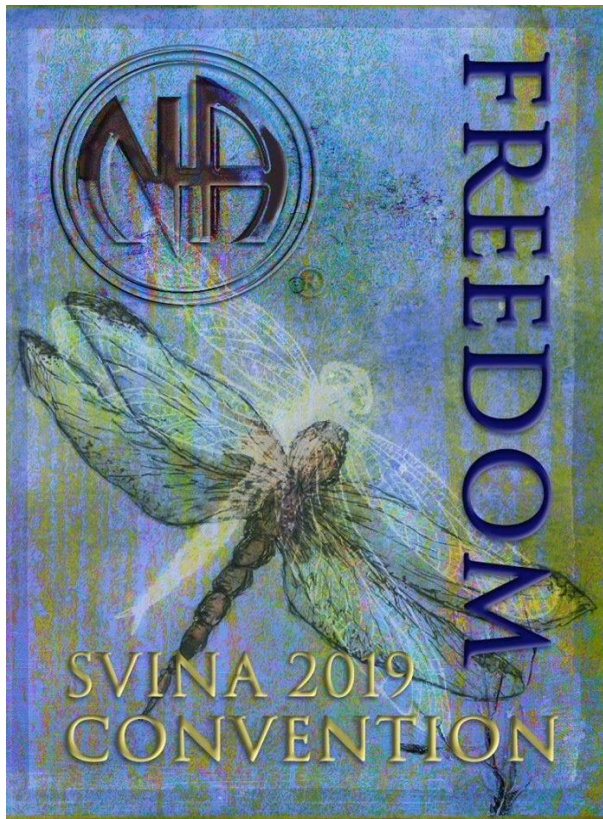
HELP WANTED

**Detox panel orientation 1st Thursday of month 6:30pm Manchester House
H and I meets every Thursday, 630pm Manchester House**

PR Facilitator	Adam V	250-589-8929
Co Facilitator	Bill G	250-208-3266
Secretary	Christina W	778-587-1104
Phone Line Coordinator	Danielle L	250-415-5835
Fellowship Liaison	Aaron M	250-538-2293
Meeting List Distributor	Paris	250-888-4567
Panel Coordinator	Vacant	
Womens Liaison	Kerrie M	250-813-2639
Detox Thursday H&I Meeting Leader	Eileen C	250-514-4387
Detox First Friday month	Andre S	778-677-8613
Detox Second Friday month	Rodney A	778-350-4677
Detox Third Friday month	Mark S	778-678-1981
Detox Fourth Friday month	Grange G	778-688-9549
Detox Fifth Friday month	Eileen C	250-514-4387
Cedars panel leader second Tuesday month	Jody L	250-896-4358
Men's Cedars panel leader fourth Tuesday month	Rob P	778-628-5551
Women's Cedars panel leader fourth Tuesday month	Susan C	250-886-2611
VIRCC Liason	Paul Y	250-886-2442

Notice Board

- **SPEAKER MEETINGS** last Friday every month at **She Surrenders** and **James Bay Step by Step**.
- Local NA Meetings **need** help! The following groups could use support with signing up **home group members**:
 - Sooke Just As We Are
 - She Surrenders
 - It Works For Us
 - Ground Zero
- Next **PR** meeting and PR Panel Orientation: April 4, 2019 at 6:30pm Manchester house. All are welcome. Orientation for detox panels; 3 months clean to listen and 6 months clean to speak.
- Open positions at PR are Panel Coordinator



Victoria! The SVINA 2019 Convention is coming to you! May 3rd to 5th, 2019, The convention will be hosted at the Saanich Fairgrounds (1538 Stelly's Crossroad) Members can register now at Svina.ca

Registration Packages and Pricing!

\$40 Basic Package

Full access to Convention (No entertainment or food)

\$120 Early Bird Package – *Until March 1/2019*

Full access to Convention, Entertainment, and Food

\$160 Late Package – *After March 1/2019*

Full access to Convention, Entertainment, and Food

Unique handmade jewelry available, to raise funds for the Convention.

Please contact Barb V at 250-216-2944.

Convention Meetings:

Contact convention@svina.ca for information regarding next meeting.

Available Positions for Convention:

Volunteer Coordinator, Activities Chair, and Merchandise Chair

NA Softball!

Our official team name is "Pitches Be Crazy!"
We are looking for players for the fun league, in a one day tournament and a two day tournament, playoffs, and practicing every week. Fun in recovery!

Web result with site links

Victoria All Fun Mixed Slo-Pitch

<https://victoriaslopitch.com>

More to be revealed about going to Penticton and games day. Contact Carl, Rod, Will, or Amber for more info. GET EXCITED!!

To register, contact Carl at [250-857-5499](tel:250-857-5499)

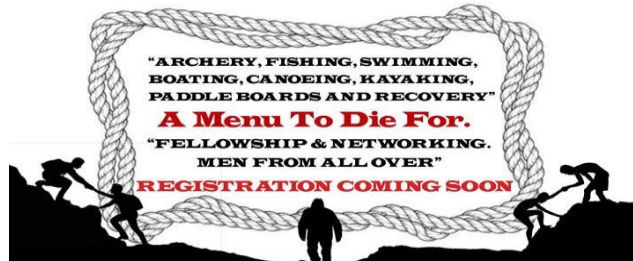
Contact Rod to donate equipment at [778-350-4677](tel:778-350-4677)

Dues are \$60 for the summer





AUGUST 16, 17 & 18TH 2019



Next Committee meeting will be on
March 24, 2019 at 630 @ Tim Hortons
on the Colwood Strip.

**NA MANIA
PRESENTS:**

EASTER BBQ


April 20th 2019

All Kids Big and Small come along and have a hopping good time with a Chocolate Easter Egg Hunt.

All the Fun starts at 2p.m. and ends at 6:00p.m.

Easter BBQ, Buggers/vegan, Hot dogs and Drinks By Donation!!!

Venue: Gyro Park



island unity day

april 13, 2019
Native Sons Hall, 360 Cliffe Avenue, Courtenay BC

Doors: 8:45 (for morning fellowship)
Workshops: 9:30
Dinner 6:00pm • Countdown 7:00pm
Comedy Show 8:00pm • Dance 9:30pm


\$40 before 1 March \$50 after for Dinner Comedy Show, Dance

Topics

Group Support • Predatory Behaviour
Fellowship Development • Attracting Members to Service
Carrying the NA Message/Making NA Attractive
Drug Replacement Therapy & Medication Assisted Treatment

Contact: Bill at 250-702-5966 • Dave at 250-218-7914

Comedian Johnny Baggpipes Johnson star on



Our heartfelt thanks to Neil Havers at Havers Design, Courtenay BC for granting NA permission to use his artwork. "Raven Glacier" © 2018 Neil Havers

2019 Women In Recovery Campout August 9th to 11th

Committee Meetings 2019

March 25 6:30 pm 27 Helmcken Rd
April 8 6:30 pm 27 Helmcken Rd
April 13th Attendance at Unity Days
May 13 6:30 pm 27 Helmcken Rd
June 3 6:30 pm 27 Helmcken Rd
July 8,15,22,29 6:30 pm 27 Helmcken Rd
August 5th 6:30pm Tim Horton's @ 27 Helmcken Rd
August 8th 6:30pm Camp Barnard, Sooke
Aug 26 6:30 pm 27 Helmcken Rd

Open Positions for WIR Committee: Merchandise Chair



Stories Wanted.....

"Keeping it simple" is an article for members to write and share their experience, strength and hope as it relates to the steps and recovery. If you have any experience you're willing to share, I'd love to hear from you. Please send your article to newsletter@svinca.ca. Don't be shy about grammatical errors or bad spelling! All stories are welcome and greatly appreciated.