

# Center for Disaster Mental Health



- **Mission:** The Center for Disaster Mental Health will develop, promote and apply mental health instruction, training and services in disasters.
- **Minutes:** 8 April, 2015
- **Attendees** – M Hubner, F Maher, R Welton, P Bernitt, T Correll, S Wetterhan, K Wolfe, S Miller, S Jez, M Curtis
- **Welcome** – Introductions
- **Standing Business**  
**Symposium Planning:**
- **Date:** 30 October, 2015
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- **Location:** Miami Valley Hospital: We have a large auditorium that seats 186 plus several rooms for breakout sessions available.
- **Cost of Symposium:** \$50 for individual sign up by designated date.  
\$59 for individual sign up after designated date.  
\$40 for group sign up of 3 or more.  
We will continue to use Pay Pal as the primary source for payment.
- **Focus of Symposium:**
- **Title:** *Best Practice in Disaster Mental Health: Professional and Lay Public Responders*
- **Format:** A) Morning Keynote - Bethany DeRhodes who was in charge of US Air Force mental health in northern Japan at the time of the earthquake, tsunami, radiation leak. She will focus her presentation on system issues (big picture) rather than personal ones.  
(Procured by Dr. Randy Welton, thanks Randy).  
  
B) General Topics for all attendees (2 morning sessions) – To follow a format that will parallel the keynote presentation and support different parts of a disaster.
  - 1) Resilience.
  - 2) Self care for the caregiver.

C) Breakout Sessions – 3 sessions to be offered twice in the afternoon to allow attendees to choose 2 of 3 presentations by local subject matter experts.  
Case studies and round table discussions will be encouraged.

- 1) Psychopharmacotherapy/brief psychotherapy.
- 2) Meeting the spiritual needs of diverse populations.
- 3) Need for training lay populations in basic disaster mental health.
- 4) Special populations.
- 5) Crisis intervention.
- 6) TBA.

D) Group convenes in auditorium at end of day for discussion and debrief.

- **Audience:** Professionals, non professionals.
  
- **Speakers:** A) Will be vetted by CDMH committee.  
B) Will be provided guidelines and expectations.  
C) Will maintain continuity with general symposium content.
  
- **Additional needs:** A) Catering options and cost at Magnolia – Pat Bernitt  
Awaiting final information on cost.  
B) Continuing Education – ASAP after speakers are identified.
  - 1) Physicians/Nurses
  - 2) Psychologists
  - 3) Social Workers
  - 4) Counselors
  - 5) Nursing Home/Hospital Administrators
  - 6) Pastoral Council
  
- **Get connected table:** A suggestion was entertained that we have a table where individuals who are interested in joining the CDMH or connecting with others have a way to sign up for follow up.
  
- **Check symposium date for professional conflict of interest:**
  - A) WSU School of Medicine – Terry Correll (no known conflict).
  - B) WPAFB- Mark Hubner (no known conflict).
  - C) Psychology – Frank Maher (no known conflict).
  - D) Nursing – Mark Curtis (no known conflict).

- **New/Continued Business:**

A) Promote local awareness of CDMH activities

B) Identify other regional emergency preparedness groups and expand coalition.

C) Assist with incorporation of Mental Health into regional and local plans.

D) Continued participation with The Dayton Preparedness Committee.

E) Continued participation with the Regional Medical Response System ( Thanks Mark Hubner for presenting).

F) Assist with rewriting the Mental Health section of the Regional Biological Response Plan.

G) Assist and support Jewel's efforts with a Functional Needs Assessment (Thanks Jewel for taking this on).

H) Functional Exercise "*Blowin' In The Wind*" will happen on Thursday, 7 May, 2015, 08:00-12:00.

9 counties will be participating.

- **Next meeting:** Wednesday, 5 May, 2015