

Massage for People Living with Cancer©

Developed by Gayle MacDonald, www.medicinehands.com

**24 CEH, Oncology Massage Education Associates, NCTMB and Florida State Approved
Recognized by S4OM**

**Instructor: Meg Robsahm, M.Ed, LMP, NCTMB, S4OM
Certified Oncology Massage Therapist, Peregrine Institute**

- The purpose of this course is to train touch therapists about the basics of oncology massage. It is the prerequisite class for entry into the **Peregrine Institute of Oncology Massage Training Program, (PIOMT)**. It is also the prerequisite for “Oncology Massage in the Hospital Setting”.
- In this hands-on workshop you will learn how comfort oriented massage or touch can be administered to people with cancer, regardless of the severity of their condition. Significant time is devoted to hands on work with class participants, culminating in providing a comfort oriented massage for a person living with cancer, who may also be at risk for lymphedema.
- The practitioners experience derived from this training will create new found confidence in working with clients, particularly private practice clients. Practitioners working with the special needs of Hospice or Hospital clients/patients will find this course very valuable.
- **The curriculum includes:**
 - Opening the Heart to those living with serious illness.
 - Lectures on Metastasis, Side Effects of Chemotherapy, Radiation, Surgery, Lymphedema.
 - Focused practice time on adjusting your massage to fit the needs of the client living with cancer.
 - Developing and practicing open ended questions in assessments for a more thorough health history and intake.
 - Learning about lymphedema in cancer treatment, and demonstrating specific adjustments for the client at risk for lymphedema.
 - A supervised massage session with a person living with cancer.
 - Recommended text: **Medicine Hands: Massage Therapy for People with Cancer, 2nd Ed.** (Findhorn Press, 2007)

This class *provides you with a “certificate of completion.”* This course is a prerequisite for entry into PIOMT and the course: Oncology Massage in the Hospital Setting. As with any single continuing education course, this class does *not certify* you as an Oncology Massage Therapist. Certification in a particular modality requires a greater length of study and practice which includes supervision, a series of exams, and practical experiences in which you demonstrate advanced knowledge and skill. The Peregrine Institute program will provide this level of training and a “certificate of achievement” upon successful completion of the entire 400 hour program.

Instructor Bio: Meg Robsahm, M.Ed., LMP, NCBTMB, DBA: Compassionate Therapies, LLC; www.CompassionateTherapies.com. Meg has been practicing since 2001 with a focus on chronic pain, stress relief, oncology and hospice massage. Her practice is located in Everett, WA, within the Providence Regional Cancer Partnership. In addition to teaching Massage for People Living with Cancer, she also teaches Bodywork in End of Life Care; Journeys in Dying. www.presencingsource.com. She is a regular presenter for many organizations; the Immediate Past President of the Society for Oncology Massage, www.S4OM.org; & 2007 Graduate of the Peregrine Institute of Oncology Massage Training. **Text or call her directly @ 425-422-8455.**