Did Jesus eat and drink? Thoughts on what's missing from the Bible.

One of the most interesting aspects of history is that often many of the common everyday things that people did are never mentioned. The reason is simply because they were common everyday things and the people passing down the history therefore found no need to mention the obvious.

Think about our own times. How common is it to use the expression that we called someone? The fact that we used a cell phone or landline or even the difference between a cell phone and a landline is never mentioned because it is simply assumed everyone knows that you use a phone to call someone. How incorrect therefore would it be for future historians to assume that since no device was mentioned the people were standing on their porch or patio calling a person's name out into the air!

This is a key example of how the fact that something is not mentioned in the historical narrative does not mean it did not exist or was not done, or that the practice was not in fact very commonplace to the time and events in question. That's why it is extremely important to understand the context and the then current lifestyles in many passages of the Bible.

Therefore, let's move onto the question did Jesus eat and drink? If we were to go as many would preach, that is by a strict interpretation of works in the Bible, the answer is no.

There is mention of Jesus breaking the bread and the wine and sharing with the Apostles at the Last Supper, but even in that Bible narrative he told them to eat the bread and drink the wine and it is not clear that Jesus did so himself. Similarly, in several other instances, notably with the fishes and the loaves, Jesus provided food for the multitudes, however there is no direct narrative in the Bible that Jesus actually participated in the feast with them.

We are left with two distinct possibilities. Either Jesus did not eat and drink as normal men did because it is not mentioned in the Bible, or Jesus did eat and drink just like the other men of his time but it is specifically not mentioned simply because it was so commonplace in those times that there was no need to include it in the Gospel narratives

I am of the belief that since Jesus was the son of God and came to us as man and therefore biblically is both man and God, that he did eat as other men did. Indeed, during the time of Christ "sharing bread and wine" with your friends and followers was a very important event. I believe that Jesus shared in the Feast of the Fishes and "Broke Bread" with His Apostles at the Last Supper even though I cannot prove it by reading the Gospel. What do you believe?