Hi All

Welcome to July... hot enough for ya? I noticed today that the Purple Texas Sage are blooming like crazy and a friend told me that, it's a well-documented fact that when they start blooming it is a precursor to coming rain. Though, I'm not sure about the science behind this prediction; if it were to rain within the next week, I would be very happy indeed. Think Rain!!!

Good news for all of you wondering what is happening in New York GSC. Barbara Ruiz, our Delegate has agreed to come down and give a report on exactly that. There will be flyers available at the district meeting. If you can't make that, she will be at the 2 4 Club located at 1142 Eikel St. New Braunfels, Tx at 11:30 on Saturday August the 6th. Please pass the word. There will be snacks furnished and there's plenty of seating and parking. I believe we can pack the house and show our Delegate just how District 2 ROCKS!!!

As mentioned above, it's summer again and that means time for Summer Workshop. The workshops are like our "on the job training and a great opportunity to work with the newbies to service work. The committee meetings are a good way to meet and get acquainted with new people, all while making strong connections. As I have found in life, "who you know" always trumps "what you know".

I would just like to say thank you to all committee members and chairs for your hard work and dedication and especially to Kenny H and the crew on Treatment Facilities. You guys made a goal and met it. Well Done!!!

That's all from me for now.

Sincerely in Service George Thomas <u>District2@aa-swta.org</u> 512 850 8953

011507 is one that you as you are you have been ACCEDTS what you have become and still gently allows you to grow.

STEP SEVEN

Humbly asked him to remove our shortcomings

Step 7 is the natural follow up to Step 6 in that it is a proactive step from the readiness to let the higher source cleanse the addict. The asking itself is the step towards cleansing. Of course character work must be done by the individual addict, but it is the asking and pleading with the infinite for help that gives the addict the strength to succeed.

"The Seventh Step is where we make the change in our attitude which permits us, with humility as our guide, to move out from ourselves toward others and toward God," reads a <u>quote</u> from Twelve Steps and Twelve Traditions.

It is this change in attitude coming in the form of pleading and asking of the infinite for help that transforms the addict's life.

From As Bill Sees It:

The Great Fact: We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the great fact for us. To the Newcomer: Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the fellowship of the spirit, and you will surely meet some of us as you trudge the road of happy destiny. May God bless you and keep you—until then.

ALCOHOLICS ANONYMOUS, P. 164

SEVENTH TRADITION

Every A.A. group ought to be fully selfsupporting, declining outside contributions.

One dictionary defines humility as: "the quality or condition of being humble; modest opinion or estimate of one's own importance, rank, etc." While that is a perfectly good definition of it, the "Literature Reference" above highlights that Bill W. gave us HIS definition of humility in the 12&12 as: "a desire to seek and do God's will."

One of the first and most important things we need to learn about our defects is that we can't be relieved of them without some level of humility. Alcoholics are victims of pride and selfishness. In the past when we felt pain and suffering (generally as a result of said pride & selfishness), we masked it with alcohol. Before coming to A.A., we used self-reliance to deal with it. Today, we can

District 2 Newsletter Focus:

acknowledge the limits of human power in addressing these character defects. We cannot do it on our own. We cannot do it by sheer willpower. We cannot do it by our own intellect and reasoning.

Although Steps 6 & 7 are the shortest Steps in terms of wording in our Big Book and are perhaps the least discussed in meetings these days, they are probably the most potent of all twelve. As we mentioned in Step 6, they **ARE** the meat & substance of our program of recovery. They embody the miracle of transformation as we turn over our broken, defective personalities for God to transform them into healthy, effective instruments of God's will.

Humility turns obstacles into opportunities for God to act through us. When questioning whether or not I am applying humility to a situation I could ask, "How would a humble person handle this situation?" When we mix self-centeredness with a situation, a problem results. When we remove it, we only have a situation to deal with, not a problem. The Seventh step is not a one-way street, though. God will remove our defects to the degree that we are willing to practice the spiritual obedience that lay behind them. Step 7 gives us the choice to pray to be free of a defect rather than obsessed with it as we were before taking it. Be patient. Be diligent. Our defects didn't mold us

overnight and we can't change our life overnight.

MYTHS ABOUT THIS STEP

1. **Humility isn't necessary for recovery.** You can't see your shortcomings without stripping yourself of your ego and pride. This unfiltered look into yourself allows you to develop a humble attitude and correct your moral defects.

2. Step 7 means we will not have any defects once God removes them. Selfcentered fear will still trigger our defects. The difference is that we now have a choice to follow our lust, for example, or not. We will be given a divine nudge at the onset of our defects to pray to God to change us, and God will, whereas, before Steps 6 & 7 we had no choice over our defects and were obsessed by them.

3. We have the ability to remove our defects ourselves. This sort of thing is WAY above our pay grade. We simply don't have the built-in skill sets to become less prideful, angry, greedy, gluttonous, lustful, envious, slothful or fearful on our own.

The One Thing I Need To Know About Step 7: *Humility Heals Pain*

From 'Take the Twelve'

EVENTS:

JULY 2022

July 16 @ 11:00 AM - 6:00 PM "Beyond Language, Culture and Geography: Sobriety Within Everybody's Reach."

North/South Connections Virtual Special Forum — A.A. in Remote Communities Saturday, July 16, 2022 – 11 am-7 pm EDT

Members from the service structures of Argentina, Canada, Chile, and the United States will share their experience, strength, and hope in extending the hand of A.A. to Remote Communities.

All sessions will be interpreted into American Sign Language (ASL) and English, French, and Spanish. The event is open to all members! Registration and program will be available on June 13, 2022, at <u>www.aa.org</u>.

If you have any questions, please contact the Regional Forums desk at G.S.O.: northsouthconnections@aa.org or (212) 870-3400

July 22 @ 4:00 PM - July 24 @ 12:00 PM SWTA 68 Summer Workshop

How to Reach Anyone Anywhere, Hilton Garden Inn 123 Huvar St. Victoria, TX 77901 (361) 573-0303 Room rate: 2 Queen or 1 King—\$125.00 Conference Code: SWTA68

AUGUST 2022

August 26 @ 4:00 PM - August 27 @ 8:00 PM 2022 SWTA68 PI/CPC Conference

Public Information & Cooperation with the Professional Community Hosted By Districts 8D, 8E, and 15

Let's Be Friendly With Our Friends!

PI/CPC Conference Public Information & Cooperation with the Professional Community

Hosted By Districts 8D - 15 and 8E

Location Saint John's Methodist Church 5300 Alameda Street Corpus Christi TX. 78412

Registration Open 4:00PM-Fee-\$15.00 Friday August 26th 2022, 11:00am – 2:00pm

Professional Luncheon Texas State Aquarium 2710 North Shoreline Blvd Corpus Christi 78404 TX. (North Beach) Lunch Provided for Professional

Cost for Members to Attend Luncheon - \$25.00

For further Information contact Harold B. email bjellaagency@yahoo.com Phone 361-765-8979 or George D. email g_dowe@yahoo.com Phone 361-688-8465

SEPTEMBER 2022

September 30th through October 2nd 2022 Blanco Spiritual Retreat

\$20 Registration fee per person with 3 meals included. Daily entrance fee for Blanco State Park \$5 for Adults. http://www.texasreserveworld.com/

OCTOBER 2022

October 7 - October 9, 2022 SWRAASA 2022

Southwest Regional Alcoholics Anonymous Service Assembly 2022

Location: Renaissance Hotel Tulsa, 6808 S 107th E Ave, Tulsa, OK 74133 Website: www.swraasa.org

October 29, 2022 AA in SA - Save the Date!

ericqsatx@gmail.com

ONLINE 12 STEP MEETINGS:

Go to https://12steppers.org/online-virtual-12-step-meetings-for-each-12-step-program/ for a list of meetings.

LOCAL INFORMATION:

Delegate Report for the 72nd Annual General Service Conference, Saturday,

August 6th | 11:30 am – 1:00 pm, 1142 Eikel street, New Braunfels, Texas 78130

Barbara R., the current Panel 72 Delegate for Area 68, will be providing an overview of the committee discussions that took place that the AA General Service Conference hosted in New York this past April. This is a great opportunity to learn more about what goes on at an annual conference, specific items that were discussed and/or tabled, and Barbara's committee participation.

Some of the Topics for Review Include:

- Recommended changes to the Twelve Steps and Twelve Traditions
- Timeline on the 5th edition of the book Alcoholics Anonymous
- ✤ Update on the recent change to the Preamble

Service Opportunity!

The district Treatment Committee is looking for volunteers to help carry the message to local treatment centers. The Treatment Committee meets on the second Sunday of every month at 1pm, 1142 Eikel Street, New Braunfels

Request for TRANSLATORS

The Publishing department at the General Service Office is seeking professional freelance translators who have a familiarity with A.A. structure and content to join our publications team (English to French/Spanish; Spanish/ French to English). We work on various projects spanning books, pamphlets, correspondence

District 2 Newsletter Focus:

and reports and we need your talent to help us translate the material that helps Frenchand Spanish-speaking members carry the A.A. message of recovery. Send your resume and cover letter to aapublishing@aa.org.

Call for Stories

Fifth Edition Big Book

Deadline for submissions: October 31, 2022 The trustees' Literature Committee is delighted to invite A.A. members to contribute stories of recovery to the Fifth Edition of the Big Book, Alcoholics Anonymous, through the new story submission section on the G.S.O. website.

The new page features: • Guidelines and suggestions on how to write your story; • Automatic copyright signing process; • Acknowledgment receipt (Note: The anonymity of all authors will be observed whether their story is selected for publication or not). If you have any questions, please email: 5bbstory@aa.org

New Braunfels' Group Conscience

Meets At 12:15pm Every 3rd Sunday of the month. All members of New Braunfels Group AA are encouraged to attend ... after all, we can't have a conscience without a group! ;-)

(Attendance is mandatory for service members.)

Sober on the Square Meeting of Alcoholics Anonymous

Cigar Vault San Marcos, 122 N. LBJ, San Marcos, Texas 78666, Date and Time: Wednesday Nights from 10-11 PM, Meeting Type: Open discussion. Smoking is permitted. For more information, please contact Devon at 915-526-7577

Zoom Meetings

Noon every day except Saturday ID: 864 9468 3219 Passcode: 24Eikel (case sensitive)

Tuesdays-12&12 Study, 12:15-1:15 Thursdays-Big Book Study 12:15-1:15 ID: 9561549506 Password: 123456

Thursday-6:30 pm ID: 82101661207 Password: service

