Ann's Aquatics Sunday PM Swim Classes at Chevy Chase Pavilion October 1st – December 17th 10 weeks for \$300

3:30 - 7:45 p.m.

3:30 and 4:30 Beginners who can swim a little without floatation

Tucker's Turtles: devices.

4:00 & 5:30 Beginners who need floatation devices, are fearful, or

Tucker's Tadpoles: can't go under.

5:00 Water orientation through games and play for children

Ann's Aquatots: 1-3 years of age. Parent participation required.

6:00 Beginners who can swim across the pool but need work

Tucker's Tunas: on breathing.

6:30 A more aggressive class for advanced beginners who can

Ann's Alligators: swim on both the stomach and back, in deep water, can

go under, and are starting to dive.

7:00 Advanced Swimmers. Basic emergency water safety and stroke

Tucker's Tigersharks: technique emphasized. Diving skills. Swim team skills.

(45 minutes, \$400)

Open registration will begin Monday, August 14th at 8am. Enrollment is limited. Call (301) 230-2426.

Registration is through email only at Annsaquatics@gmail.com

Visit us at www.Annsaquatics.com
NO REFUNDS, SUBSTITUTIONS, EXTENSIONS OR CREDITS