



WALK TO EMMAUS

THE UPPER ROOM®

Central
Alabama
Emmaus
Community

the 4th day newsletter

February 21, 2024

A MESSAGE FROM WALK #220 LAY DIRECTOR

Dear Central Alabama Emmaus Community and Chrysalis Family!

I am so thankful God has allowed me to serve as Lay Director for Walk 220. It is hard to believe that 17 years have gone by since my original walk. I could have never imagined then the plans God had nor the blessings He had in store for me. As I sat in the conference room those many years ago, I felt so unworthy of the love and grace that God was pouring out. The experience I had on the Walk to Emmaus was life changing in a way that I am still unable to explain. Because of the wonderful impact this ministry has had on our lives, my husband and I have been fortunate enough, through the years, to share this amazing experience and ministry with others.

My prayer for the pilgrims of Walk 220 is they feel that same love and grace that God so freely gives us all. I also pray each of the ladies go back to their families, churches, and community with their hearts on fire, ready to share God's love with their friends, family, and community.

I would like to thank the Emmaus Community and everyone that has helped with this walk. Thank you for being the hands and feet of Jesus and showing "agape love" to everyone.

May God continue to bless and keep you,

Sheila Wallace
Central Alabama Emmaus Walk #104
Table of Anna



Women's Walk #220

Lay Director:
Sheila Wallace

Background Team:
Millbrook/Prattville Cluster

Times To Remember

Wednesday 7pm Send-Off
Friday 7pm Candlelight
Saturday 7am Serenade
Saturday 4pm Closing

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A MESSAGE FROM WALK #220 SPIRITUAL DIRECTOR

Walk 220 is moving from praying and planning to witnessing and sharing in just a few more days. The team has met, shared and practiced. That time is over, and we wait to make the trip to camp. This is the time when the rubber meets the road. It is the time we pack our bags for a three-day adventure with God. Just next Wednesday we will be making our beds, and then praying over the entire camp, each table, each room, each bed. It is also the time that Satan would love to throw a monkey wrench into all our planning. But it is our prayers and our faith that he shall not have any part of this weekend. It is through our prayers, our unselfish prayers that we let God know that we are willing and ready to serve however God asks. Nothing will stop God's blessings.

I love sitting at the back table watching and waiting for God's presence to show up. It happens when we sing, when we sit at the tables, during the talks, when we receive Holy Communion, and often during the special services. Sometimes it shows up with a raised hand during a song, or tears shed during a talk. I know God has a plan for each life that shows up this weekend. God has a plan for each person that comes to the camp, and we are there to not only touch lives with our hands and feet, but to witness to the miracle of "living water." It happens all the time, when God offers that cool, clean, healing water that refreshes us, so we never need thirst again. It is also the living water that cleans from the inside out. Everyone that is touched by God's living water is changed, and I pray that each pilgrim and each team member leaves camp refreshed and filled to overflowing with God's living water. Did I tell you I love to sit back and watch God's beautiful miracles?

God's Blessings

Rev. Steve Kopp

JOIN US WORKING IN THE BACKGROUND!

Emmaus walks don't just happen, volunteers behind the scenes make it all come together. If you have been away for awhile or are just off your own walk, and don't know how to get started, we would love to help you out! Go to our website and click on one of the Emmaus Board Reps (click 'About Us'/then Board Reps) to get the line of communication going.

You can also ask for help on our Central Alabama Chrysalis/Emmaus Facebook page. Many places to serve, one that will fit you perfectly!

Or email me, I would love to get you plugged in.

Kris Johnson - johnson.kristijo@gmail.com



Sign Up For Emmaus Prayer Vigils

The Sign-Up Genius link can be found
on our webpage at
www.caew.org

As well as on our Facebook page at

**Central Alabama
Emmaus Community**

2024 Walk Dates

Men's Walk #221
Shey Knight
March 20-24
Montgomery Cluster

Face to Face #1
April 5&6 / April 12&13
Frazer Church, Montgomery

Boy's Chrysalis Flight
June 19-22
New Water Farms

Girl's Chrysalis Flight
June 26-29
New Water Farms

Men's Walk #222
Mike Garrity
August 14-17
Selma Cluster

Women's Walk #223
Donna Harrison
September 18-21
Chambers / Lee Cluster

Women's Walk #224
Karen Higgins
November 6-9
Elmore Cluster



Pilgrims of the Women's Central Alabama Walk to Emmaus #220

FIRST	LAST	CITY	ST	CHURCH	SPONSOR
Lauren	Albritton	Opelika	AL	ACC	Brittany Bury
Peggy	Ashley	Opelika	AL	Newsong Non	Wendy Thomas
Betsy	Bargainnier	Wetumpka	AL	Mulder Church	Tawny & JW Wyatt
Alanna	Brackin	Selma	AL	Crosspoint	Amber Hollingshead
Angela	Bussey	Opelika	AL	Nazarene	Dell Miller
Lindsey	Cope	Montgomery	AL	Church of the Highlands	Patricia Sides
Penny	Crane	Forest Home	AL	Forrest Home Baptist	Patricia Hurley
Alicia	Deavers	Selma	AL	Crosspoint Christian	Amber Hollingshead
Corinne	Garrett	Waverly	AL	Lifespring Church	Kathy Skinner
Annette	Hall	Eclectic	AL	Mulder Church	Nelson Hall
Rhonda	Hebert	Troy	AL	Park Memorial Methodist	Karen Dillard
Macie	Heim	Montgomery	AL		Monica Nelson
Ashley	Henderson	Alex City	AL	Stone Ridge Baptist	Cheryl Bynum
Tobi	Henderson	Wetumpka	AL	Redland Hills Non	Renae Pemberton
Gabby	Hollinger	Opelika	AL	Living Way Ministries	Wendy Thomas
Nikki	Hughey	Pike Road	AL	Vaughn Forest Non	Patricia Sides
Darlene	Johnson	Foley	AL	Summit Church	Sheila Wallace Stephanie Holbrook
Dawn	Johnson	Dadeville	AL	Westridge Non	Wanda Ryals
Sandi	Langley	LaFayette	AL	Mt. Zion Baptist	Josh Langley
Angie	Linn	Pittsview	AL	Baptist	Regina Walker
Lindsay	Manderson	Selma	AL	Crosspoint Christian	Martha Manderson
Whitney	Mathis-Preece	Daphne	AL	Church of the Highlands	Patricia Sides
Rhonda	McLain	Dadeville	AL	Church of the Highlands	Wanda Sperow
Donna	McLendon	Troy	AL	Park Memorial	Connie McCrary
Leigh	Meyer	Wetumpka	AL	Redland Hills Non	Renae Pemberton
Crystal	Nelson	Montgomery	AL	VP COC	Lynn Martin
Yvette	Osborne	Montgomery	AL	Highlands	Patricia Sides
Debra	Price	Wetumpka	AL	Mulder Church	Margie Garrity
Emily	Ryan	Wetumpka	AL	Mulder Church	Nelson Hall
Dawn	Sloan	Waverly	AL	Living Way Ministries	Wendy Thomas
Janet	Stegall	Moundville	AL	Stewart Methodist	Vicki McCray Gina Mills
Edith	Synco	Troy	AL	Park Memorial Methodist	Karen Dillard
Elizabeth	Ware	Tallassee	AL	Salem Macon Baptist	Hannah Johnson
L'Oreal	Washington	Montgomery	AL	Church of the Highlands	Margaret McGuire
Regina	Williams	Jones	AL	Crosspoint	John Williams

Conference Room - Women's Walk #220

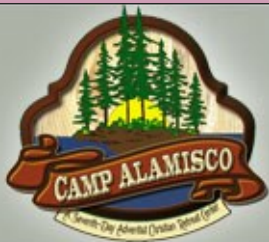
Lay Director	Sheila Wallace
Spiritual Director	Steve Kopp
Assistant Spiritual Directors	Andrea Clark
	Tim Davis
	David Nichols
	Greg Nobles
Assistant Lay Directors	Bonnie Coker
	Margie Garrity
	Karen Higgins
	Kris Johnson
Table Leaders	Dottie Carnes
	Stephanie Christensen
	Stephanie Godwin
	Sheila Johnson
	Terri Knight
	Connie Lampman
Assistant Table Leaders	Steffani Bryant
	Mary Kelly Cousins
	Glo Cuthbert
	Angie Kelsoe
	Kathy Skinner
	Marcia Wright
Music	Frank & Cindy Clem
	Ricky Hatfield
Media	Jamie Brown/Nancy Geroux
Board Rep	Alice Veros

Work Areas— Women's Walk #220

Support Area	Chair / Co-Chair
72 Hour Prayer Vigil	Kay Walters / Jamie Brown
Agape	Olivia Thigpen/Trey Hollingshead
Bed Tags	Monica Nelson / Billie Shae Gray
Book Covers	Sheila Wallace/Amber Hollingshead
Book Bags	Sheila Wallace/Amber Hollingshead
Book Table	Linda Hines Hornsby
Candlelight	John Waldrip / Tommy Holt
Entertainment	Kelly Thigpen
Food Prep	Ken Turner
Friday Night Party	Molli Kirkland / Tawny Wyatt
Greeters	Tommy Wallace / Danny Moore
Housing & Registration	Ben Gibbons / Alice Veros
Logistics	Mark George / Martin Christensen
Meal Service	Louise Wood / Debby Travis
Photography	Anna Schell
Refreshments	Donna Harper
Serenade	Stacey East / Monica Nelson
Speaker's Prayer Chapel	Sharon Truman / Donna Harrison
Sponsors Hour	Tommy Wallace/Stephanie Holbrook
Worship	Micki Thornhill



Welcome Men of Central Alabama Walk to Emmaus #219



In Case Of Emergency
Camp Alamisco
256-825-9482

LOST YOUR BADGE?
Contact Ronald Lynch at
lynchronald8@gmail.com
Badge replacement cost is \$3



TEAM SELECTION
Missy Johnson - Chairperson
dwaynemissy@ymail.com

WORK AREA SIGN IN SHEETS
following each walk are sent to:
Rita Carswell
ritacarswell14@yahoo.com

NEWSLETTER EDITOR
Kris Johnson
johnson.kristijo@gmail.com

*****Please send articles, updates, cluster & reunion group photos and information to share with the Emmaus community.**

EMMAUS WORK AREA	2024 COMMUNITY BOARD REP
72 Hour Prayer Vigil	Jamie Brown
Agape	Missy Johnson
Book Table	Betsy Terry
Candle Light	Tommy Holt
Food Preparation	Dottie Carnes
Refreshments & Friday Night Party	PeeWee Godwin
Greeters	Glenn Kinard
Housing and Registration	Alice Veros
Logistics	Martin Johnson
Meal Service	Donna Harrison
Music & Media	Rob Stanford
Photography	PeeWee Godwin
Refreshments	Donna Harper
Serenade	Jeff Bryant
Speaker's Prayer Chapel	PeeWee Godwin
Sponsor's Hour	Mark Lampman
Supplies	Lorri Schoonover
Team Selection	Missy Johnson
Training - Support Team	Sharon Truman
Training - Conference Room & Lay Director	Sharon Truman
Worship	Kris Johnson
Registrar - Men's	Sharon Truman
Registrar - Women's	Lynn "Mo" Moseley
Community Website Coordinator	Allen Brewer
Community Email Coordinator	Jamie Brown
Name Badge Coordinator	Ronald Lynch
Community Newsletter	Kris Johnson
Community Lay Director	Wanda Ryals
Community ALD	Missy Johnson
Immediate Past LD/Board Advisor	Allen Brewer
Community Treasurer	Linda Hines Horsby
Community Secretary	Dottie Carnes
Communications Coordinator	Linda Hines Hornsby
Community Spiritual Director	Brian Dovey
Community Asst. Spiritual Directors	John Hill
Chrysalis Committee Chairperson/Lay Director	Lorrie Schoonover
Chrysalis Spiritual Director	Mike Wells

Address, contact phone, or email changes?

Help keep your information updated:

Click the 'Update Subscription Preferences' link at the bottom of your Community Email.

Or contact a Board Rep listed on our web page at www.caew.org to assist you in updating your current address, phone or email information.

2024 CENTRAL ALABAMA EMMAUS COMMUNITY – CLUSTER INFORMATION

Updated 1/01/2024

*Clanton Emmaus Cluster

Contact – Tom and Glo Cuthbert . glogetr@yahoo.com - . Glo 205-245-2242

Cluster meetings are the 1st Tuesday of every month at 6:30 p.m. at Verbena United Methodist with refreshments following.

*East Alabama Emmaus Cluster

Contact – Dennis Teel . dennisteel154@gmail.com , 334.524.8257

Covered dish dinners are on the 1st Tuesday after each walk at Cornerstone Churchm 2123 Hamilton Road, Auburn, AL

*Elmore County Emmaus Cluster

Contact - Mark Kirkland . mkirkland25@yahoo.com . 334-224-0758

Covered dish dinner and meeting on the Tuesday or Thursday after each walk or flight at Cain's Chapel and Mulder UMC. Fellowship at 6:00 p.m., dinner at 6:30 p.m.

*Lake Martin Area Emmaus Cluster

Contact – Stephen Chambers . lakemartincluster@gmail.com . 256-786-2965

Meets on the Monday following a walk at 6:15 PM with a covered dish dinner. Rotate between Flint Hill UMC, Alex City Methodist, First Baptist Dadeville, Lake Martin Baptist and Camp Alamisco.

*Millbrook-Prattville Walking Miracles Emmaus Cluster

Contact – Glenn Kinard . glennkinal@aol.com . 334-467-9851

Meets at 12:30 p.m. on the 4th Sunday, for a covered dish meal at Robinson's Springs Church in Millbrook,

*Montgomery Emmaus Cluster

Contact – Kimberly Frederick . willnkim4@gmail.com . 334-324-4572

Covered dish dinners are held at Aldersgate UMC on the Tuesday following each walk at 6:30 p.m. When the walks are back to back, the dinner will be held the Tuesday after the second walk.

*Selma Emmaus Cluster

Contact – Debby Ttavis . debbytravis@yahoo.com . 334-412-3282

Covered dish dinners held the first Sunda of each month at 6:30 p.m. Contact Helena Britton as to location until repairs are complete at Church Street UMC .

*Chambers-Lee County Emmaus Cluster

Contact – Lyn Brow . lsbrown32297@gmail.com . 334-864-1113

Covered dish dinners are held at various church locations at 7:00 p.m. (ET) on the Tuesday following each walk. If walks are back to back, the two walks are combined in one dinner after the second walk .

CAMP ALAMISCO LODGING INFORMATION

Lodge/Cabins: available on a first come first serve basis. They have bunk beds and community showers/bathrooms. Per bunk, they rent for \$25/night, or \$75 for the weekend. Three meals are included per day. You must provide all of your own linens.

Campsites: 3 spots available, where you can bring your own motor home. The campsite rates are \$30/night or \$90 for the weekend, and includes three meals for two people.

Alamisco Inn: which features three "suites" upstairs, that includes TWO queen beds, ONE set of bunk beds, and ONE pull out sectional "single bed" sleeper. It also has its own kitchenette.

Suite #1 (Accommodates 6 People) is \$100/night or \$300 for the weekend.

Suite #2 (Accommodates 4 People) is \$67/night or \$200 for the weekend.

Suite #3 (Accommodates 6 People) is \$100/night or \$300 for the weekend.

**All Suites - All Linens are provided.

Downstairs Rooms (One double bed) are \$45/night or \$135/weekend.

* Downstairs Rooms - Linens are provided.

***All Alamisco Inn Suites include three meals for 4 people included in the cost of the suite.**

For those at camp not staying in lodgings: Meals - Breakfast \$5.00, Lunch \$5.00, Dinner \$8.00.

WHO CAN ATTEND THE EMMAUS THREE-DAY EVENTS?

It is the policy of The Central Alabama Emmaus Community as well as The Upper Room - Emmaus Ministries, that ONLY persons that have completed a 3-Day Weekend (Emmaus, Chrysalis, Cursillo, Tres Dias, etc.) may participate in and attend:

Send Off, Candlelight, Serenade, and Closing

Additionally, children may not be brought to the events. Families ARE encouraged to attend the follow up dinners held in each cluster after each walk. We thank you for your understanding and cooperation with this.

HOW CAN I SERVE?

Ask your sponsor to bring you back to camp! Ask those in your Cluster to explain how to serve! Look up work areas on the website below to see what you might be interested in and contact that Board Rep.