

Ashland's Kids Have...

Decisions at Every Turn

Prevent Youth Substance Use

Decisions at Every Turn Coalition &
Friends of the Ashland Public Library
Community Programming presents:



Addressing Challenging Behaviors

Courtney D. Arseneault, M.S.

Wednesday January 18, 2017

7:00 PM - 8:30 PM

Ashland Public Library - Lower Level

This presentation is appropriate for parents or guardians of children in Pre-K to Grade 4



Do you ever feel like throwing a tantrum like your two year old or screaming, "I hate you!" like a 13 year old? Disciplining children of any age is difficult. Whether your child is 2 or 13, learn how to embrace and address challenging behaviors with **RESPECT: Redirection, Encouragement, a Sense of Humor, Problem Solving, Empathy, Chances, and Time Outs for Adults.** This workshop examines challenging behaviors such as hitting, biting, clinging, whining, tantruming displayed in young children and ways to deal with them. Different strategies such as "time-out" will be evaluated to examine how effective they are at curbing inappropriate behaviors. We will also explore less physical behaviors such as struggles over dressing, eating, and toileting. Pre-teens and teens are preschoolers in largebodies. Many of the behaviors that challenged you when they were young resurface. Learn how to make modifications to strategies to parent your child (age 2-13) with respect.

This seminar is presented by Courtney D. Arseneault, M.S. Courtney currently runs Adventures in Learning in Ashland, MA. and has been an early childhood educator for over twenty years. She has lived in Ashland since 1998 and is the mother of two children (10 and 12) who attend local schools. Over the years, Courtney has presented numerous workshops for families and has worked closely with participants to offer meaningful information and effective parenting tools that recognize both the joys and challenges of raising children.

*This program is hosted by the Decisions at Every Turn Coalition and The Friends of the Ashland Public Library 2016-17 program series. **Programs are free and open to the public.** For more information about this program, please email president@friendsoftheapl.com.*