

Principles and Practices of Trauma-Informed Care

Presented by Sarah Schlote, MA, RP, CCC, SEP

Workshop Details

October 18-19, 2018

9am – 4pm

Location

The Festival Inn

1144 Ontario Street

Stratford, Ontario

Fees:

Early-Bird Rate: \$349 + HST

After Sept 17th: \$379 + HST

Fee includes lunch, morning and afternoon refreshments.

Discounted rates are available for groups of 5+ people registering together OR for individuals registering for more than one workshop

Registration

Register online at

missionempowerment.ca



About the Workshop

Trauma-Informed Care involves having an understanding of how past trauma (including developmental trauma such as childhood abuse) impacts a service user's current behaviour, mental health and physical health. The principles and practices of trauma-informed care can be utilized whether or not the client has disclosed the trauma. When agencies and service providers are not trauma-informed they run the risk of misdiagnosis, inadequate treatment or service provision, damage to the helping relationship, and inadvertently re-traumatizing clients.

A trauma-informed approach recognizes that past trauma plays a major role in mental illness, addiction, homelessness, crime and even chronic diseases and physical ailments. Instead of asking “what is wrong with this person?” we ask “what happened to this person?”. With that lens, compassion, safety and empowerment for the service user are key principles that are integrated into all aspects of service from intake procedures to individual interactions with service providers. This approach can and should be applied across all settings including (but not limited to) Social Services, child welfare agencies, schools, homeless shelters & women's shelters, enforcement agencies, addiction agencies, clergy & health care settings.

This practical, interactive workshop will introduce participants to the principles and practices of Trauma-Informed Care.

About the Presenter

Sarah Schlote, MA, RP, CCC, SEP is a trauma therapist and founder of *The Refuge*, an integrative facility focusing on trauma and attachment treatment approaches, including EquuSpirit: Healing with Horses program. Her 15 years of clinical experience are supported by a trauma-focused master's degree and numerous additional post-graduate trainings in various trauma treatment approaches including Somatic Experiencing, EMDR, and trauma-focused equine-facilitated therapy. Sarah is a sought-after trainer and frequently delivers trainings and workshops throughout the province and Canada.

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