



MARYLAND YACHT CLUB and ROCK CREEK RACING  
ASSOCIATION

**7<sup>th</sup> Annual MYC Challenge Race**  
**August 23, 2019**  
**SAILING INSTRUCTIONS**

**1. Rules**

- a. The Series will be governed by the “rules” as defined in *The 2017-2020 Racing Rules of Sailing* (RRS), US Sailing prescriptions, and the rules of PHRF of the Chesapeake except as any of these are altered by these Sailing Instructions or any amendments thereto. All boats shall be in compliance with *PHRF of the Chesapeake, Category 5P Special Regulations*.
- b. RRS 63.7 is replaced by: “If there is a conflict between a *rule* in the Notice of Race and a *rule* in the Sailing Instructions, the rule in the Sailing Instructions and any amendments shall take precedence.”

**2. Eligibility and Entry**

- a. This race is open to RCRA and MYC members.

**3. Notices to Competitors**

- a. Notices concerning the Notice of Race and the Sailing Instructions will be posted on the RCRA web page: <http://www.rockcreekracing.org/>
- b. Changes to the Sailing Instructions will be posted at least 24 hours before they take effect.

**4. Signals Made Ashore**

- a. There will be no signals made ashore.
- b. In the event of adverse weather conditions, monitor VHF channel 71 for possible race delay or cancellation by the Race Committee or Racing Chair.

**5. Schedule**

- a. The MYC Challenge Race will take place on Friday, August 23.
- b. There will be an awards social at MYC immediately following the race.

**6. Class Flags**

- a. Class Flags are requested, but not required.
  - i. PHRF Spinnaker – White
  - ii. PHRF Non-Spin – Blue

**7. Rendezvous**

- a. Rendezvous will be at RCRA mark “B” (approx.43nm North of Rock Creek R”2”) at 1800 hours.
- b. All boats are requested to check in with the Race Committee.
- c. First warning shall be at 1825 and first boat(s) shall start at 1830

**8. Courses**

- a. Course(s) will be given on a separate document along with boat start times.
- b. The Race Committee will select the final course to be used for each fleet (Spin and Non-Spin) prior to the Warning signal for all fleets.

**9. The Start**

- a. Since this is a "pursuit" style race, starting times will depend on the boat's rating and course distance. A separate table will be provided for start times per registered boat. It will be up to the competitors to start at (and not before) their proper starting time. **All times will be based on GPS time.**
- b. The starting line will be between a yellow flag on the committee boat and RCRA mark "B".
- c. Boats that are not immediately starting should stay well clear of boats that are starting ahead of them.
- d. Since this is a "pursuit" style race, starting times will depend on the boat's rating and course distance. A separate table will be provided for start times per registered boat. It will be up to the competitors to start at (and not before) their proper starting time. **All times will be based on GPS time.**

**10. Signals**

Event	Time*	Signal
Rendezvous	1815 (not timed)	"L" Flag up
Attention	1824 (not timed)	"L" Flag down, multiple horns
Warning	1825	1 horn
Preparatory	1826	horn + prep flag up
One-minute Warning	1829	1 long horn + prep down
First Start – subsequent starts will be per separate table and may or may not be announced	1830	1 horn

**11. Individual Recall**

- a. None – it is up to each competitor to start at or after their assigned start time.

**12. General Recall**

- a. n/a

**13. Abandoned/Postponed Races**

- a. In the event it is necessary to abandon the race, the race committee will sound three (3) horns and make announcement via VHF radio channel 71.

**14. The Finish**

- a. The finish line is between the yellow flag on shore at MYC and Rock Creek channel marker R"4". All Rock Creek channel markers must be honored. A boat has finished once any part of the boat in normal position crosses the finish line.

**15. Penalty System**

For any RRS Part 2 infraction, Rules 44.1 through 44.4 shall apply. RRS 44.1 is replaced by: "A boat that may have broken a rule of Part 2 while racing may take a penalty:

- a. At the time of the incident, by taking a two turns penalty (720° - in compliance with RRS 44.2).
- b. a 360° penalty turn for infractions when:
  - i. there is no contact between boats AND
  - ii. the incident does not occur within two boat-lengths of a start line, finish line, or rounding mark.

However, if the boat caused serious damages or gained a significant advantage in the race or series by her breach she shall retire.

**16. Time Limits**

- a. RRS 35 is replaced by: "As long as one boat finishes by 2015, all boats will be scored. If no boats finish before 2015, the race is abandoned" **NOTE: The race committee has the discretion to override this rule if they choose by making an announcement on VHF 71 prior to 2015.**
- b. The race committee can at its discretion abandon a race at any time by signaling with 3 sounds of the horn but only if no boats have finished the race.

**17. Protests and Redress**

- a. As the intention is to keep this a "fun" event, there shall be no post-race protests heard.

**18. Scoring**

- a. By definition of the pursuit style race, the final results shall be the actual order that boats finish the race.

**19. Safety**

- a. A boat that retires from a race shall notify the race committee as soon as possible.
- b. Racing boats must stay well clear of commercial shipping traffic at all times. Any boat that interferes with the operation of a commercial vessel for any reason, at the discretion of the race committee, may be DSQ'd.

**20. Classes**

- a. There shall be two classes for this event – Spinnaker and Non-Spin. However, both Spinnaker and Non-Spin boats will start as determined by each boat's individual ratings and course(s) selected.

**21. Prizes**

- a. There will be a social gathering at MYC and awards presentation immediately following the race. Boats are welcome to tie up temporarily and overnight dockage is available with prior arrangement. Contact: [Office2@mdyc.org](mailto:Office2@mdyc.org)

**22. Disclaimer of Liability**

- a. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**23. Insurance**

- a. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per event or the equivalent.
- b. Proof of insurance may be requested by the race committee at any time.

**24. Contacts**

- a. RCRA Commodore - Marcel Klick, [marcel.klik@verizon.net](mailto:marcel.klik@verizon.net)
- b. MYC Sail Fleet Captain – Brad Houck, [houckpa@comcast.net](mailto:houckpa@comcast.net)
- c. RCRA Race Committee Chair – David Marcic, [dmarcic@gmail.com](mailto:dmarcic@gmail.com)