

**Stigma Factors Affecting the Decision to Seek Mental Health Services Reported by Army Soldiers and Marines Deployed to Iraq or Afghanistan, 2006 & 2010.**

**Percent who "agree" or "strongly agree"**

(U.S. Army Mental Health Advisory Team Reports, 2006; 2011)

<b>Stigma Factor</b>	<b>Army 2006</b>	<b>United States Marine Corps 2006</b>	<b>Army 2010</b>	<b>United States Marine Corps 2010</b>
<b>It would harm my career.</b>	35	36	29.2	27.5
<b>Members of my unit might have less confidence in me.</b>	54	47	41.8	33.3
<b>My unit leadership might treat me differently.</b>	55	48	46	19.7
<b>I would be seen as weak.</b>	59	48	48.9	29.5