



**FJELLHEIM 6 – 107**  
*Sons of Norway*  
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**July 2015 Special Issue**

**Volume 42, #7**

**The mission of Sons of Norway** is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

**Editor's Note :** Even though we do not meet for a business meeting in July, we decided to send out this short version of the Flammen to keep everyone aware of Fjellheim activities this summer.

### Events for June (what is left of it)

17th	Wed	9:00 am	Lefsa making	Lodge
19th	Fri	2:00 pm	Celebration of Life for Hans Bjornen	at the Lodge
21st	Sun	12:00 pm	Summer Picnic	Bear Creek Park
27th	Sat	9:00 am	Scandinavian Fest	Estes Park
28th	Sun	9:00 am	Scandinavian Fest	Estes Park
28th	Sun	1:30 pm	Dine Out	Stagecoach Inn

### July

27th	Sat	4:00 pm	Meet the Sons of Norway President Jon Tehvan 416 S. County Rd 21 Loveland, CO 80537
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### August

4th	Tues	12:30pm	Games & Cards	Lodge
6th	Thur	1:00 pm	Viking Sisters	Lodge
12th	Wed	6:00 pm	Reg Mtg <b>POT LUCK</b> Bring a Salad or Dessert	Lodge
20th	Thur	9:00 pm	Melodrama	Cripple Creek

### September

4th	Fri	5:00 pm	Baseball—Sky Sox	Stadium
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#### MEETING TIME:

Monthly business meetings held the second Wednesday of every month (except July)

**7:00 PM**  
 Viking Hall,  
 1045 Ford Street,  
 Colorado Springs, CO

#### SEND ARTICLES TO :

Michael Johaneson  
 1307 Wildwood Ln  
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Deadline for the August issue is July 20

# SUMMER PICNIC

## Sunday, June 21st (Father's Day)

Bear Creek Park  
SE Corner of South 21st St. & West Rio Grande

12:00 pm

### POT LUCK

Bring your favorite meat, casserole, side dish, salad or dessert.

Our lodge will provide dishes, utensils and drinks.

Please call Karen Ravnaas by June 17 at **390-0621** to reserve your seat on the bench so we know how many to prepare for.

### Scandinavian Midsummer Festival

June 27th 9:30-5:00 & June 28th 9:30-4:00  
At Bond Park in downtown Estes Park (Elkhorn Ave & MacGregor Ave)

Besides great Scandinavian foods (Fjellheim will be selling **lefse**), expect to see:

**Dancing and live music** continuing all day, including dances with the opportunity for audience participation.

**"Beer Krog"**: A new beer tent for the festival this year, should be huge hit with lots of drinking songs and much skaling.

Also new is our **Cultural Tent** which will encompass traditional Scandinavian craft demonstrations, flower wreath making for the children and some easy crafts for both adults and children.

The **Fjellborg Vikings** of Colorado, a big draw for children. There will be swordsmanship, traditional crafts and daily life demonstrations at a historical encampment.

A **Fashion Show** of the various Scandinavian folk costumes.

See you at the lefse booth

## Knut and Melissa Lyby

Somewhere around the turn of the century (2000), an attractive, charming couple showed up at our Lodge. They were delightful and attracted a lot of attention. As a few meetings went by, their merry eyes, easy smiles and wit made Lodge members want to gravitate to their table for meetings and social times. They were fun people! They added youth and verve to our group. We enjoyed the conversations and received some excellent help with translations of new and old letters and documents.

Over time, we met their children Henrik and Maren who with their father were active participants in our Syttende Mai celebrations. Not only did Knut actively decorate the building, but helped set up games, led the parade with songs and chants, and often was the keynote speaker to mark the day for members and guests.

In 2002, we needed an editor for the Flammen, as the previous editor moved out of state. We had had quality newsletters in the past having won several awards, but with Knut our publication rose to an entirely new level. The content improved, the headlines and by-lines were printed in Norwegian, and the graphics increased and vitalized. He not only refined our newsletter immensely, but set the standard that improved all the newsletters in District 6 and beyond. Of course, he received the District 6 Newsletter of the Year Award.

But even more important, Knut, Melissa and family brought enthusiasm, interest, optimism, and yes, even confidence to our organization. They touched us in ways we don't even know, but for which we are deeply grateful. As sad as it makes us to see them leave, we wish them the very best in future endeavors.

Takk for Alt!

### Sunshine follow-up for June-July 2015

[Kathie Godsil](#) is recovering from surgery to repair a broken wrist which happened in a severe fall. She is doing well and is also back at work. [Ruth Tkachenko](#) is home from the hospital where she was diagnosed with Hodgkin's disease. [Swede Knutson](#) is home recovering from surgery to remove a kidney stone. [Arlene Reid](#) is home dealing with neuropathy and her husband, [Byron Reid](#), is in rehab at Parkmoor recovering from pneumonia. Please keep all in your thoughts and prayers.

[Hans Bjornen](#), former president and charter member of the lodge, died in Arizona on June 7, 2015. A celebration of Life will be held at the Sons of Norway Fjellheim Lodge in Colorado Springs on Friday, June 19 between 2:00 and 5:00 p.m. We send our deepest condolences to Vivi, Kari, and their families during this time of sorrow.

Fraternally,

Karen Ravnaas – 390-0621

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Monthly Newsletter  
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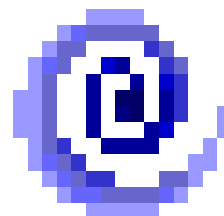
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