



March 27, 2024 3:00 – 4:30 p.m.
The Grange, 2374 Alamo Pintado Rd, Los Olivos, CA

MINUTES

Attendance: Lora Aladdin, Melissa Bridgett, Cathy DeCaprio-Wells, Chris Donati, Lauren Ferguson, Joan Hartmann, Alma Hernandez, Shannon Kenny, Midge Nicosia, De Rosenberry, Luz Sanchez, Margaret Weiss, Emmanuel Verduzco, Hilda Zacarias

Staff: Jessica Martinez

1. Welcome & Introductions

Margaret Weiss opened the meeting and introductions were made.

2. AAN Business Approve Minutes, January 24, 2024

Margaret Weiss motioned to approve the November 15, 2023 minutes and De Rosenberry seconded the motion. The motion passed and the minutes were approved.

3. Public Comment

None.

4. MPA Workplan Update

Margaret Weiss, provided an update on the work that has been accomplished toward the Master Plan for Aging workplan since the Fall of 2023.

In the Fall of 2023, much of the work centered around the convening in October. There were messages pulled together about the Master Plan for Aging for that event. At the event, an infographic and a summary of a report on some local data were presented. The convening successfully brought many community members up to speed on the MPA.

In the Winter of 2024 an advisory committee was developed. This is an impressive, influential group of people who are already bringing many resources to the table. The advisory committee will be instrumental in meeting with community leaders. Anyone interested in becoming part of the advisory group can speak to Margaret.

For the Spring and Summer of 2024 we will be looking to partner with one or more cities in the county to become an AARP "Age-Friendly" network. The designation is for a community designed to be age friendly and disability friendly. The good news is that turns out to also be friendly to residents of all ages. It's things that we all want for our communities, like walkability and good services nearby, among other things.

Margaret will be reaching out to the cities to inform them about the opportunity to become an AARP Age-Friendly community, introduce them to Master Plan for Aging in general, inquire about their needs and interests, and see where there is overlap. Margaret asked members with any interest in going to speak with your city mayor or city council to accompany her as it would be really important to have more than one voice at these sessions, and ideally have someone from each community.

The next task is the need to conduct a community assessment. It will include focus groups and listening sessions, but it will probably start with a survey. We've been talking to a couple of different professional evaluators who may be able to help us with that. We expect to have that planned in the next few weeks. We will need to get that survey out to people, and we especially want to hit the audiences of key concern. We want to be sure we're including elders and people who are disabled, but also maybe groups that we don't hear from as often, certain ethnic groups with specific gender identification.

Margaret asked members if their organization or personal connections could provide a place where it would make sense to have this survey go out to the target audience, to consider distributing the survey.

In the Fall of 2024, the goal is to finalize the plan. It needs to be approved by a government body, and then it's done. At that point we will be able to release it, celebrate it, and promote it.

We submit our final report to California Department of Aging by March 31. In roughly one year from now, we will be wrapping this up.

From CTSBC:

A Caregiving Solution pilot was conducted to gather data on the status of the caregiving workforce - that data was presented at the October convening. Will be gathering additional data in the same format of 15-minute interviews. Once again looking for participation. This will contribute to the MPA Community Assessment efforts as there is plenty overlap.

5. AAN Accessibility

The group discussed previous public comment about the regular meeting time and location of the Adult & Aging Network in mid-county from 3p-4:30p not being senior-friendly as it requires nighttime driving during the winter months as well as the request to consider a hybrid meeting option or an earlier meeting time.

New AB 2449 Rules – Limited remote participation for “just cause” or “emergency circumstances”

- 1) Quorum of the body must participate from a single physical location open to the public
- 2) Agency must provide public option to participate remotely
- 3) Members participating through remote teleconferencing must meet one of the following circumstances:
 - o “Just Cause” AB 2449 (1) child care or caregiving of immediate family; (2) contagious illness; (3) need related to physical or mental disability; or (4) travel on government business
 - o “Emergency Circumstances” AB 2449 - Physical or family medical emergency that prevents a member from attending in person
- 4) Process:
 - o Just cause: Member notifies legislative body at the earliest possible opportunity, including at the start of a regular meeting, of their need to participate remotely for “just cause,” including a general description of the relevant circumstances.
 - o Emergency Circumstances: Member requests legislative body allow them to participate remotely due to “emergency circumstances,” and legislative body takes action to approve the request

5) AB 2449 Additional Considerations

- Within each calendar year, a member may not participate in meetings by teleconference due to "just cause" or "emergency circumstances" for a period of more than:
 - three consecutive months; or
 - above 20 percent of the regular meetings (1 meeting per year)

The following discussion ensued:

- The issue is, do we meet remotely so more people can participate or do we have to meet in person?
- We are currently structured as a Brown Act body and we have very detailed rules, including the requirement to meet in person.
- We need a quorum of members (more than half of the membership meeting in person at a designated location).
- Membership Agreements are completed by organizations/programs, with designated representatives and alternates. Each organization/program has one vote.
- If we did a hybrid, we would need a room that has Zoom capabilities.
- We meet mid-county to even out travel times and accommodate participation from all regions.
- Is it possible to arrange for transportation?
- Do we lose anything by opting out of the current restriction?
 - Opting out of being a Brown Act body means we no longer have Joan as an appointed Supervisor.
 - She can still attend, but you lose the status of being an advisory body to the Board of Supervisors. So that's some stature, that's some standing.
 - We haven't used it as much with regular reports to the board. I think we might use it more now we've got a real project, so it might have some value now that it hasn't had in the past
- The burden is on staff to predict who will attend and whether there will be a quorum.
- The public is allowed to participate remotely if we have that capability
 - That is an option that we can explore
- As a member of the SBCAG's transportation advisory committee, we meet in two locations simultaneously, and we're connected to one another. Quorum is determined by all of us at both meetings. Members of the public can participate.
- County Counsel is really strict about brown act requirements, and we've been very strict the whole time
- Is the public able to participate in this meeting remotely?
 - Not at the moment, no, but that was the concern that initiated this discussion
- Suggestion: we alternate north and south and try to get a quorum in one or the other, or see if it's possible to count both
- If we paid for the technology, the public could participate more easily. We would have remote viewing opportunities
 - So the expectation would be that all members would still come in person, but it would just be the public
 - Would this get around that whole deal of having to notice?
 - We do have to still notice. For example, these meetings are noticed. We have to notice them 72 hours before every meeting
- Some additional questions to consider:
 - How willing is this group ready to travel?
 - What is the impact to the budget if we have to pay for AV equipment
 - Do we have the funds to pay for other facilities with AV equipment?
 - Where would meetings be held in North or South County?

6. Community Assessment Process

Margaret Weiss, led an asset mapping discussion on community-based services in an effort to begin building a schematic of providers and services in the county.

- Home and Community Based Services
 - In-home Nursing Service
 - Personal Care Services
 - Family/Caregiver Training
 - Home or Facility Respite
 - Habilitation Services
 - Community Transition Services
 - Environmental Accessibility Adaptation
 - Medical Equipment Operating Expenses
 - Personal Emergency Response System (PERS) – Installation, Testing and Operation
 - **Transportation (added during the meeting)

The following discussion ensued:

- Is transportation on the list, can we add it?
 - even multiple levels of transportation
 - non-medical ambulance transportation
 - local door to door transit for people with access issues
 - Is physical therapy covered under a personal care services?
- community transition services
 - case management to transitioning from one place to another
- these are fairly broad categories
- nursing services
 - physical therapy, occupational therapy, speech therapy
 - Tri-County Resource Center
- We're talking about community health care workers, community supports, enhanced care management
- Are these things that might be in that the senior guide?
 - Today is more of kind of a general brainstorm, then it does need to be pulled together in a visual format
 - LegacyWorks has some really good models of this visually

7. Announcements

None.

8. Adjourn – Next meeting May 22, 2024 3:00pm

The meeting adjourned at 4:30 p.m.

Respectfully submitted by Jessica Martinez