

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey
Survey Methods**

SURVEY DEVELOPMENT

The survey instrument was developed based on existing survey tools available from the National Association of City and County Health Officials (NACCHO) Mobilizing for Action in Planning and Partnership (MAPP) toolkit.

DISTRIBUTION

The survey was distributed in paper and via email (PDF and online link to SurveyMonkey) as broadly across Kitsap County as we were able.

The survey was translated into Spanish.

The Kitsap Sun ran a "public service announcement" and the survey was discussed in an online Kitsap Sun blog.

The survey link was posted on agency and governmental websites.

The survey was distributed by informal networks of Kitsap residents.

A table of survey distribution sites is on the next page.

ANALYSIS

All paper surveys were manually entered into the SurveyMonkey database; merged with online participants.

The SurveyMonkey database was downloaded into MS Excel and imported into PASW Statistics 18 for analysis.

Participant score frequencies, means and t-tests were calculated by PASW Statistics 18.

When necessary, confidence intervals for mean scores were calculated using an online resource available at:
<http://www.mccallum-layton.co.uk/stats/ConfidenceIntervalCalc.aspx>

Write-in survey responses were reviewed and categorized into theme categories in MS Excel tables.

SAMPLE SIZE CALCULATIONS

<http://www.raosoft.com/samplesize.html>

| | responses needed for +/- 5% margin of error | survey responses collected |
|---------------------------------|---|----------------------------------|
| Kitsap County | 384 | 1341* |
| Bainbridge | 378 | 62 |
| Bremerton | 383 | 545* |
| Central Kitsap | 380 | 126 |
| North Kitsap | 381 | 267 |
| South Kitsap | 382 | 341 |
| male | 383 | 310 |
| female | 383 | 995* |
| under age 50 | 383 | 688* |
| 50 and over | 383 | 626* |
| high school or less education | 382 | 340 |
| more than high school education | 383 | 965* |
| income <\$50,000 | 381 | 558* |
| income >\$50,000 | 382 | 694* |
| Non-Hispanic | | |
| American Indian/AK Native | 347 | 33 |
| Asian | 373 | 23 |
| Black | 363 | 29 |
| Native HI/Pacific Islander | 327 | 26 |
| White | 384 | 1050* |
| Hispanic | 375 | 59 |
| Two or more races | 373 | 78 |

* Survey margin of error in desired range (+/- 5%)

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey
COMMUNITY SURVEY DISTRIBUTION LIST**

| Provider Name | Location |
|--|----------------------|
| Kitsap County Health District | Bremerton |
| Kitsap Community Resources | Bremerton |
| Olympic Education Services District 114 | Bremerton |
| Dept. of Social and Health Services Community Service Office | Bremerton |
| Peninsula Community Health Services | Brem, PO, Poulsbo |
| Kitsap Mental Health Services | Bremerton |
| Harrison Medical Center | Brem, Silverdale, PO |
| Suquamish Tribe | Suquamish |
| Port Gamble Tribe | Port Gamble |
| Holly Ridge | Bremerton |
| United Way | Countywide |
| YWCA | Bremerton |
| <i>Senior Centers</i> | <i>Bainbridge</i> |
| | <i>Kingston</i> |
| | <i>NK</i> |
| | <i>CK/Bremerton</i> |
| | <i>Port Orchard</i> |
| YMCA Silverdale/Bremerton | Silverdale/Bremerton |
| Soroptomists | Countywide |
| Navy | Bremerton |
| League of Women Voters | Countywide |
| Housing Kitsap | Bremerton |
| Immigrant Assistance Center | Bremerton |
| KRCC staff | Kingston |
| DEM | Countywide |
| WSU | |
| Lutheran Social Services | Countywide |
| EMS | Countywide |
| SafeKids | Countywide |
| Dental Society/Oral Health Coalition | Countywide |
| Kitsap Transit | Countywide |
| Olympic College | Countywide |
| Kitsap County | |
| City of Bainbridge Island | |
| City of Bremerton | |
| City of Poulsbo | |
| City of Port Orchard | |

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey
COMMUNITY SURVEY DISTRIBUTION LIST**

KITSAP COUNTY HEALTH DISTRICT CONTACTS DATABASE SENT VIA EMAIL

| | |
|----------------------------|------------|
| Medical providers | Countywide |
| Ambulatory surgery | Countywide |
| Veterinary providers | Countywide |
| Naval Hospital | Bremerton |
| Long Term Care | Countywide |
| Faith-based | Countywide |
| Food and referrals | Countywide |
| NK Fishline | Poulsbo |
| ShareNet | Kingston |
| Home Health | Countywide |
| Homeless/Housing providers | Countywide |
| Youth service providers | Countywide |

BUSINESS ORGANIZATIONS/CIVIC CLUBS CONTACTED BY EMAIL

| | |
|---------------------|--|
| Rotary | Bainbridge Bremerton East Bremerton Kingston Port Orchard Poulsbo Silverdale |
| Kiwannis | Bainbridge Bremerton Kingston Poulsbo Silverdale |
| Lions | Bainbridge Bremerton Port Orchard Poulsbo Silverdale |
| Chamber of Commerce | Bainbridge Bremerton Kingston Port Orchard Poulsbo Silverdale |

Kitsap Community Health Priorities (KCHP)

Community Themes & Strengths Survey - Demographic Results

| | # | % |
|--|-------------|--------------|
| Total Survey Respondents | 1602 | 100% |
| <i>(Note: 12 additional surveys were returned after 8/15, 10 had Kitsap zip codes)</i> | | |
| Valid Kitsap zip code | 1341 | 83.7% |
| = SURVEY RESPONSES FOR ANALYSIS | | |
| Clallam County | 4 | 0.2% |
| Jefferson County | 1 | 0.1% |
| King County | 1 | 0.1% |
| Mason County | 18 | 1.1% |
| Pierce County | 10 | 0.6% |
| Non WA State | 4 | 0.2% |
| Unknown/missing zip code | 223 | 13.9% |

DEMOGRAPHICS OF KITSAP COUNTY RESIDENT RESPONDENTS AND COMPARISON TO KITSAP COUNTY ACTUAL

| SURVEY: | | | KITSAP COUNTY ACTUAL: | |
|----------------|-----|-------|-----------------------|-------------------------------|
| ZIP CODE | # | % | % | |
| Bainbridge | 62 | 4.6% | 9.4% | <i>survey underrepresents</i> |
| Bremerton | 545 | 40.6% | 33.2% | <i>survey overrepresents</i> |
| Central Kitsap | 126 | 9.4% | 12.4% | <i>survey underrepresents</i> |
| North Kitsap | 267 | 19.9% | 18.6% | <i>survey represents</i> |
| South Kitsap | 341 | 25.4% | 26.4% | <i>survey represents</i> |

Source: Community Health Assessment Tool, WA Dept. of Health, 2009

| GENDER | # | % | % | 95% conf. interval |
|-------------------------|-------------|-------|-----|--------------------|
| <i>Total responding</i> | <i>1305</i> | | | |
| male | 310 | 23.8% | 51% | 50.4-50.9% |
| female | 995 | 76.2% | 49% | 49.1-49.6% |
| <i>missing</i> | <i>36</i> | | | |

Source: US Census, 2010

Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Demographic Results

| AGE | # | % | % | 95% conf. interval | | |
|-------------------------|-------------|----------|----------|---------------------------|-------------------------------|-----------------------|
| <i>Total responding</i> | <i>1314</i> | | | | | |
| 18 or under | 21 | 1.6% | | | | Comparison Age Groups |
| 19 to 29 | 170 | 12.9% | 18.9% | 18.7-19.1% | <i>survey underrepresents</i> | 20-29 |
| 30 to 39 | 238 | 18.1% | 15.3% | 15.1-15.5% | <i>survey overrepresents</i> | 30-39 |
| 40 to 49 | 259 | 19.7% | 18.7% | 18.5-18.9% | <i>survey represents</i> | 40-49 |
| 50 to 59 | 368 | 28.0% | 20.6% | 20.4-20.8% | <i>survey overrepresents</i> | 50-59 |
| 60 to 69 | 186 | 14.2% | 15.0% | 14.8-15.1% | <i>survey represents</i> | 60-69 |
| 70 or above | 72 | 5.5% | 6.9% | 6.7-7.0% | <i>survey represents</i> | 70+ |
| <i>missing</i> | <i>27</i> | | | | | |
| under age 50 | 688 | 52.4% | 53.0% | 52.6-53.3% | <i>survey represents</i> | 20-49 |
| age 50 or older | 626 | 47.6% | 47.0% | 46.7-47.4% | <i>survey represents</i> | 50+ |

Source: US Census, 2010: Age 20+

| RACE/ETHNICITY | # | % | % | 95% conf. interval | |
|----------------------------|-------------|----------|----------|---------------------------|-------------------------------|
| <i>Total responding</i> | <i>1298</i> | | | | |
| Non-Hispanic | | | | | |
| American Indian/AK Native | 33 | 2.5% | 1.4% | 1.4-1.5% | <i>survey overrepresents</i> |
| Asian | 23 | 1.8% | 4.8% | 4.7-4.9% | <i>survey underrepresents</i> |
| Black | 29 | 2.2% | 2.5% | 2.5-2.6% | <i>survey represents</i> |
| Native HI/Pacific Islander | 26 | 2.0% | 0.9% | 0.8-0.9% | <i>survey overrepresents</i> |
| White | 1050 | 80.9% | 79.1% | 79.0-79.3% | <i>survey represents</i> |
| Hispanic | 59 | 4.5% | 6.2% | 6.2-6.3% | <i>survey underrepresents</i> |
| Two or more races | 78 | 6.0% | 4.8% | 4.8-4.9% | <i>survey represents</i> |
| <i>missing</i> | <i>43</i> | | | | |

Source: US Census, 2010

Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Demographic Results

| EDUCATION | # | % | % | 95% conf. interval | |
|---------------------------|-------------|----------|----------|---------------------------|------------------------|
| <i>Total responding</i> | <i>1305</i> | | | | |
| less than high school | 55 | 4.2% | 8.6% | 8.5-8.8% | survey underrepresents |
| high school/GED | 285 | 21.8% | 25.6% | 25.4-25.8% | survey underrepresents |
| technical/AA/college grad | 573 | 43.9% | 56.6% | 56.2-56.9% | survey underrepresents |
| professional degree | 392 | 30.0% | 9.2% | 9.0-9.3% | survey overrepresents |
| <i>missing</i> | <i>36</i> | | | | |
| high school/GED or less | 340 | 26.1% | 34.3% | 34.0-34.5% | survey underrepresents |
| more than high school/GED | 965 | 73.9% | 65.7% | 65.4-66.1% | survey overrepresents |

Source: American Community Survey 2007-09: Age 18+

| INCOME | # | % | % | 95% conf. interval | | |
|-------------------------|-------------|----------|----------|---------------------------|------------------------|-----------------------|
| <i>Total responding</i> | <i>1252</i> | | | | | Comparison categories |
| under \$12,000 | 148 | 11.8% | 9.0% | 8.8-9.2% | survey overrepresents | under \$15,000 |
| \$12,000 to \$30,000 | 180 | 14.4% | 13.7% | 13.5-13.9% | survey represents | \$15-\$30,000 |
| \$30,000 to \$50,000 | 230 | 18.4% | 19.0% | 18.7-19.3% | survey represents | \$30-\$50,000 |
| \$50,000 to \$80,000 | 300 | 24.0% | 20.9% | 20.6-21.2% | survey overrepresents | \$50-\$75,000 |
| more than \$80,000 | 394 | 31.5% | 37.4% | 37.0-37.8% | survey underrepresents | \$75,000 or more |
| <i>missing</i> | <i>89</i> | | | | | |
| under \$50,000 | 558 | 44.6% | 41.7% | 41.3-42.1% | survey represents | |
| over \$50,000 | 694 | 55.4% | 58.3% | 57.8-58.8% | survey represents | |

Source: American Community Survey 2007-09: Income of households

| HOUSEHOLD SIZE | # | % | % | 95% conf. interval | |
|-------------------------|-------------|----------|----------|---------------------------|------------------------|
| <i>Total responding</i> | <i>1304</i> | | | | |
| 1 | 166 | 12.7% | 25.0% | 24.6-25.3% | survey underrepresents |
| 2 | 489 | 37.5% | 38.0% | 37.6-38.4% | survey represents |
| 3 | 269 | 20.6% | 15.0% | 14.7-15.2% | survey overrepresents |
| 4 | 204 | 15.6% | 13.1% | 12.9-13.4% | survey overrepresents |
| 5 | 110 | 8.4% | 6.0% | 5.8-6.1% | survey overrepresents |
| 6 | 41 | 3.1% | 2.1% | 2.0-2.2% | survey overrepresents |
| 7 or more | 25 | 1.9% | 0.9% | 0.8-1.0% | survey overrepresents |
| <i>missing</i> | <i>37</i> | | | | |
| average household size | 2.9 | | 2.6 | 2.3-2.9 | survey represents |

Source: American Community Survey 2007-09

Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Demographic Results

| DEMOGRAPHICS BY SUB COUNTY REGION | | | | | |
|--|-------------------|------------------|-----------------------|---------------------|---------------------|
| | Bainbridge | Bremerton | Central Kitsap | North Kitsap | South Kitsap |
| GENDER | | | | | |
| male | 33% | 22% | 31% | 26% | 21% |
| female | 67% | 78% | 69% | 74% | 79% |
| <i>missing</i> | 1 | 17 | 3 | 6 | 10 |
| AGE | | | | | |
| under 50 | 32% | 61% | 50% | 40% | 52% |
| over 50 | 68% | 39% | 50% | 60% | 48% |
| <i>missing</i> | 0 | 0 | 4 | 1 | 7 |
| RACE/ETHNICITY | | | | | |
| Non-Hispanic | | | | | |
| American Indian/AK Native | 2% | 5% | 2% | 6% | 6% |
| Asian | 3% | 3% | 4% | 1% | 2% |
| Black | 2% | 4% | 1% | 2% | 2% |
| Native HI/Pacific Islander | 0% | 3% | 4% | 0% | 2% |
| White | 94% | 80% | 88% | 90% | 85% |
| Hispanic | 0% | 5% | 2% | 1% | 2% |
| Two or more races | 0% | 4% | 3% | 2% | 3% |
| EDUCATION | | | | | |
| High School or less | 3% | 31% | 10% | 17% | 33% |
| More than High School | 97% | 69% | 90% | 83% | 67% |
| INCOME | | | | | |
| less than \$50,000 | 18% | 50% | 22% | 34% | 45% |
| more than \$50,000 | 82% | 50% | 78% | 66% | 55% |
| AVERAGE HOUSEHOLD SIZE | | | | | |
| | 2.68 | 2.98 | 2.98 | 2.69 | 2.86 |
| <i>missing</i> | 3 | 19 | 4 | 3 | 8 |

Kitsap Community Health Priorities (KCHP) Community Themes & Strengths Survey - Results

On a scale of 1 to 5 where 1 is very unhealthy and 5 is very healthy...

How healthy are Kitsap County residents?

| Total respondents | | 1,316 | AVERAGE | 3.1 or somewhat unhealthy | |
|----------------------------|-----|-------|------------|---------------------------|-----|
| very unhealthy | 19 | 1.4% | gender | male | 3.2 |
| unhealthy | 181 | 13.8% | | female | 3.1 |
| somewhat healthy | 757 | 57.5% | age group* | under 50 | 3.1 |
| mostly healthy | 337 | 25.6% | | 50 and over | 3.2 |
| very healthy | 22 | 1.7% | education | HS/GED | 3.2 |
| | | | level* | College+ | 3.1 |
| | | | income | <\$50,000 | 3.2 |
| <i>mostly/very healthy</i> | 359 | 27.3% | | >\$50,000 | 3.1 |

| Region | Average Score |
|----------------|---------------|
| Bainbridge | 3.16 |
| Bremerton | 3.07 |
| Central Kitsap | 3.10 |
| North Kitsap | 3.23 |
| South Kitsap | 3.13 |

How healthy is your family?

| Total respondents | | 1,327 | AVERAGE | 3.9 or mostly healthy | |
|----------------------------|-----|-------|-----------|-----------------------|-----|
| very unhealthy | 13 | 1.0% | gender | male | 3.9 |
| unhealthy | 60 | 4.5% | | female | 3.9 |
| somewhat healthy | 257 | 19.4% | age group | under 50 | 3.9 |
| mostly healthy | 714 | 53.8% | | 50 and over | 3.9 |
| very healthy | 283 | 21.3% | education | HS/GED | 3.8 |
| | | | level | College+ | 3.9 |
| | | | income* | <\$50,000 | 3.7 |
| <i>mostly/very healthy</i> | 997 | 75.1% | | >\$50,000 | 4.0 |

| Region | Average Score |
|----------------|---------------|
| Bainbridge | 4.25 |
| Bremerton | 3.82 |
| Central Kitsap | 4.15 |
| North Kitsap | 3.94 |
| South Kitsap | 3.84 |

How healthy are you?

| Total respondents | | 1,324 | AVERAGE | 3.9 or mostly healthy | |
|----------------------------|-----|-------|-----------|-----------------------|-----|
| very unhealthy | 22 | 1.7% | gender | male | 3.9 |
| unhealthy | 68 | 5.1% | | female | 3.9 |
| somewhat healthy | 273 | 20.6% | age group | under 50 | 3.8 |
| mostly healthy | 644 | 48.6% | | 50 and over | 3.9 |
| very healthy | 317 | 23.9% | education | HS/GED | 3.7 |
| | | | level* | College+ | 3.9 |
| | | | income* | <\$50,000 | 3.7 |
| <i>mostly/very healthy</i> | 961 | 72.6% | | >\$50,000 | 4.1 |

| Region | Average Score |
|----------------|---------------|
| Bainbridge | 4.26 |
| Bremerton | 3.82 |
| Central Kitsap | 4.10 |
| North Kitsap | 3.92 |
| South Kitsap | 3.79 |

* subgroup mean scores are statistically different

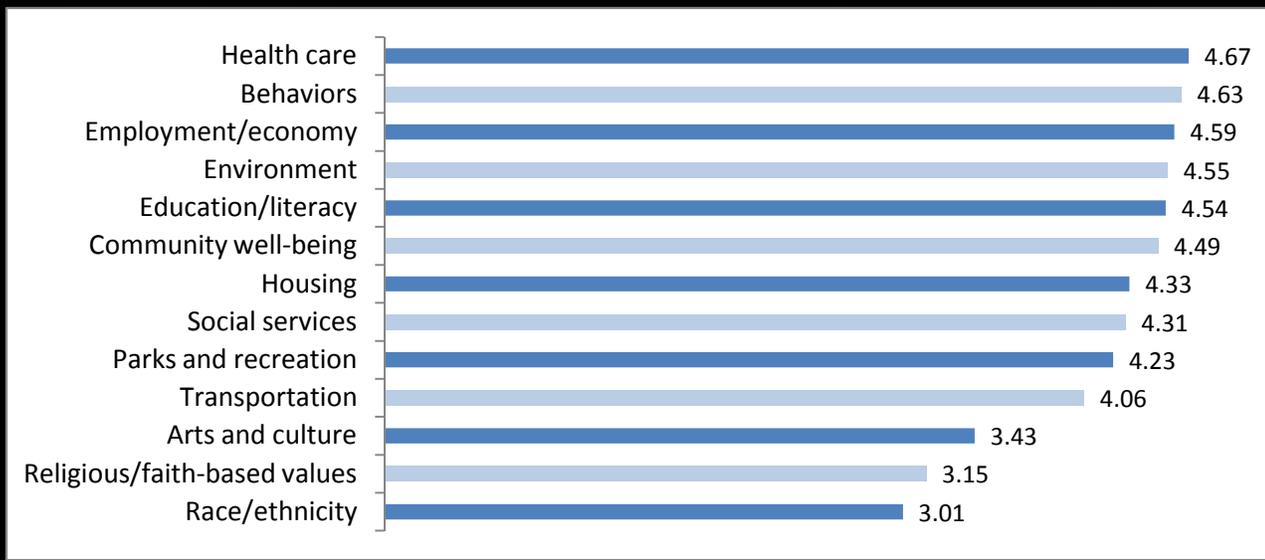
Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results

| What prevents you/your family from enjoying better health: | |
|---|--|
| CATEGORY | Representative survey responses |
| COST | <ul style="list-style-type: none"> * Cost of healthcare and medical insurance * Medical and dental care is expensive, even with insurance. We find ourselves putting off medical and dental appointments due to the cost. * Expense of gym memberships, cost of "healthy" food... cheaper to go to a fast food restaurant and purchase unhealthy food than to purchase items such as vegetables and lean proteins. Farmers markets are supposed to be affordable. Not any that I've seen in Kitsap County |
| NO TIME/ STRESS | <ul style="list-style-type: none"> * Busy lifestyle that sometimes makes working out and eating right difficult * Too much stress, tired and choose poorly or quick meals * Time - need it to exercise * High stress; no flexibility to exercise nor ability to prioritize it into a very full schedule * The hours we work to cover bills * Stress from work environment |
| LACK HEALTHCARE | <ul style="list-style-type: none"> * No health insurance or medical coverage * Accessibility to care during times it is needed. Hate to always have to go to ER * Family members that aren't insured... they don't go to the doctor/dentist as they should * No mental health options * I do not have dental care, I can not afford needed medication |
| LACK PHYSICAL ACTIVITY/ HEALTHY FOOD OPTIONS | <ul style="list-style-type: none"> * A lack of safe roadways with adequate shoulders for walking and biking * Lack of walking/biking trails * Very little public beach access so swimming, kayaking difficult * Lack of family outdoor/indoor activities that are not cost prohibitive: walking trails, parks with bathrooms, clean indoor play centers during the rainy seasons * Distance to indoor exercise facilities in rural areas * Lack access to affordable organic foods, restaurants serving fresh, healthy foods |
| SOCIAL OR PHYSICAL ENVIRONMENT | <ul style="list-style-type: none"> * Lack of good weather to get outside and move more * Road and drivers can be dangerous for bikes, pedestrians and horses * Don't feel safe to walk in the evenings * Air and water pollution * More groups for encouragement/self-esteem |
| LACK JOB/ MONEY | <ul style="list-style-type: none"> * Money too tight * No job, no health insurance * Downturn in economy |
| OTHER | <ul style="list-style-type: none"> * Age * Lack of transportation * Housing options |

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

HOW IMPORTANT ARE THE FOLLOWING TO HEALTH IN KITSAP COUNTY?

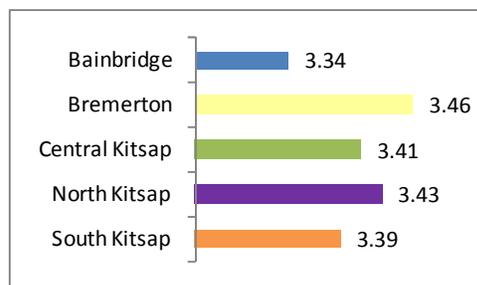
Average score by category, on a scale of 1 to 5 where 1 is not important and 5 is very important:



Average score by category, on a scale of 1 to 5 where 1 is not important and 5 is very important:

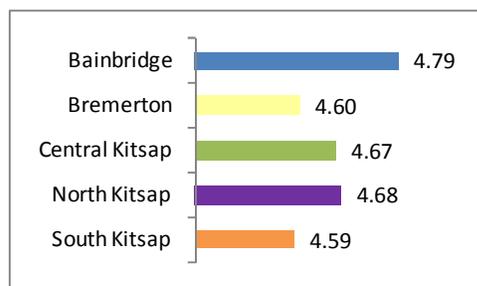
Arts and Culture

| Total respondents | | 1,314 | | AVERAGE | 3.4 |
|------------------------|-----|-------|-----------------|-------------|-----|
| not important | 83 | 6.3% | gender* | male | 3.2 |
| | 156 | 11.9% | | female | 3.5 |
| somewhat important | 442 | 33.6% | age group* | under 50 | 3.4 |
| | 382 | 29.1% | | 50 and over | 3.5 |
| very important | 251 | 19.1% | education level | HS/GED | 3.3 |
| | 633 | 48.2% | | College+ | 3.5 |
| 4 & 5 (very important) | 633 | 48.2% | income | <\$50,000 | 3.5 |
| | | | | >\$50,000 | 3.4 |



Behaviors (substance use, physical activity, nutrition, seat belt use)

| Total respondents | | 1,331 | | AVERAGE | 4.6 |
|------------------------|------|-------|-----------------|-------------|-----|
| not important | 4 | 0.3% | gender | male | 4.6 |
| | 20 | 1.5% | | female | 4.6 |
| somewhat important | 73 | 5.5% | age group* | under 50 | 4.6 |
| | 272 | 20.4% | | 50 and over | 4.7 |
| very important | 962 | 72.3% | education level | HS/GED | 4.6 |
| | 1234 | 92.7% | | College+ | 4.6 |
| 4 & 5 (very important) | 1234 | 92.7% | income | <\$50,000 | 4.6 |
| | | | | >\$50,000 | 4.6 |

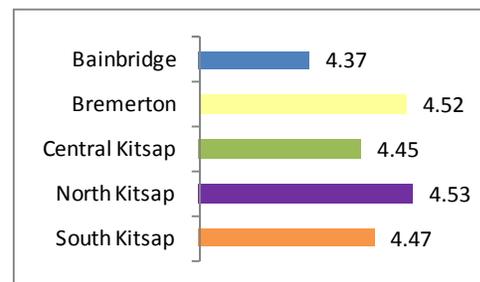


**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

**HOW IMPORTANT ARE THE FOLLOWING TO HEALTH IN KITSAP COUNTY?
Average score by category, on a scale of 1 to 5 where 1 is not important and 5 is very important:**

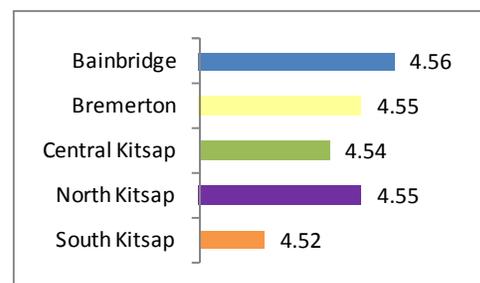
Community well-being (crime, safety, community cohesion)

| | | | | |
|------------------------|-------|-------|--------------------|------------|
| Total respondents | 1,331 | | AVERAGE | 4.5 |
| not important | 2 | 0.2% | gender* male | 4.4 |
| | | | female | 4.5 |
| somewhat important | 115 | 8.6% | age group under 50 | 4.5 |
| | | | 50 and over | 4.5 |
| very important | 376 | 28.2% | education HS/GED | 4.5 |
| | | | level College+ | 4.5 |
| 4 & 5 (very important) | 1194 | 89.7% | income <\$50,000 | 4.5 |
| | | | >\$50,000 | 4.5 |



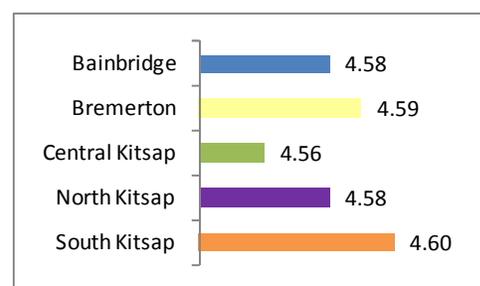
Education/literacy

| | | | | |
|------------------------|-------|-------|---------------------|------------|
| Total respondents | 1,334 | | AVERAGE | 4.5 |
| not important | 6 | 0.4% | gender* male | 4.4 |
| | | | female | 4.6 |
| somewhat important | 94 | 7.0% | age group* under 50 | 4.5 |
| | | | 50 and over | 4.6 |
| very important | 338 | 25.3% | education HS/GED | 4.5 |
| | | | level College+ | 4.6 |
| 4 & 5 (very important) | 874 | 65.5% | income* <\$50,000 | 4.6 |
| | | | >\$50,000 | 4.5 |



Employment/economy

| | | | | |
|------------------------|-------|-------|---------------------|------------|
| Total respondents | 1,331 | | AVERAGE | 4.6 |
| not important | 5 | 0.4% | gender* male | 4.5 |
| | | | female | 4.6 |
| somewhat important | 19 | 1.4% | age group* under 50 | 4.5 |
| | | | 50 and over | 4.6 |
| very important | 289 | 21.7% | education HS/GED | 4.6 |
| | | | level College+ | 4.6 |
| 4 & 5 (very important) | 927 | 69.6% | income <\$50,000 | 4.6 |
| | | | >\$50,000 | 4.6 |



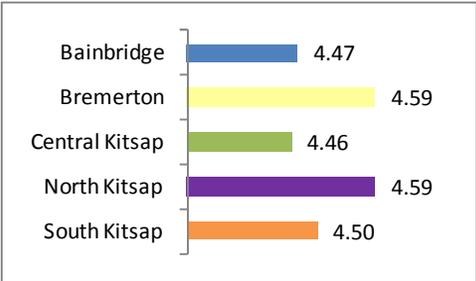
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Average score by category, on a scale of 1 to 5 where 1 is not important and 5 is very important:

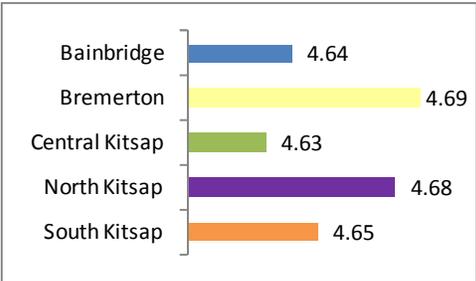
Environment (air and water quality, pollution, use of natural resources)

| | | | | |
|-----------------------------------|-------------|--------------|--------------------|------------|
| Total respondents | 1,332 | | AVERAGE | 4.6 |
| not important | 3 | 0.2% | gender* male | 4.4 |
| | | | female | 4.6 |
| somewhat important | 18 | 1.4% | age group under 50 | 4.5 |
| | | | 50 and over | 4.6 |
| very important | 111 | 8.3% | education HS/GED | 4.6 |
| | | | level College+ | 4.6 |
| 4 & 5 (very important) | 887 | 66.6% | income <\$50,000 | 4.6 |
| | | | >\$50,000 | 4.5 |
| 4 & 5 (very important) | 1200 | 90.1% | | |



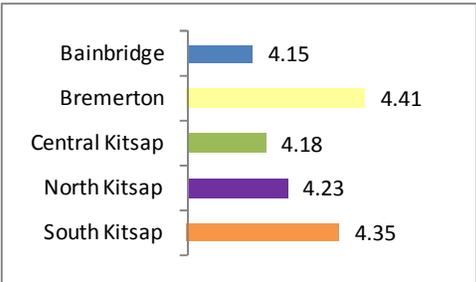
Health care (medical, dental, mental health)

| | | | | |
|-----------------------------------|-------------|--------------|---------------------|------------|
| Total respondents | 1,335 | | AVERAGE | 4.7 |
| not important | 6 | 0.4% | gender* male | 4.6 |
| | | | female | 4.7 |
| somewhat important | 16 | 1.2% | age group* under 50 | 4.6 |
| | | | 50 and over | 4.7 |
| very important | 63 | 4.7% | education HS/GED | 4.6 |
| | | | level College+ | 4.7 |
| 4 & 5 (very important) | 242 | 18.1% | income <\$50,000 | 4.7 |
| | | | >\$50,000 | 4.7 |
| 4 & 5 (very important) | 1008 | 75.5% | | |
| 4 & 5 (very important) | 1250 | 93.6% | | |



Housing

| | | | | |
|-----------------------------------|-------------|--------------|--------------------|------------|
| Total respondents | 1,330 | | AVERAGE | 4.3 |
| not important | 7 | 0.5% | gender* male | 4.1 |
| | | | female | 4.4 |
| somewhat important | 31 | 2.3% | age group under 50 | 4.3 |
| | | | 50 and over | 4.3 |
| very important | 181 | 13.6% | education HS/GED | 4.4 |
| | | | level* College+ | 4.3 |
| 4 & 5 (very important) | 414 | 31.1% | income* <\$50,000 | 4.5 |
| | | | >\$50,000 | 4.2 |
| 4 & 5 (very important) | 697 | 52.4% | | |
| 4 & 5 (very important) | 1111 | 83.5% | | |



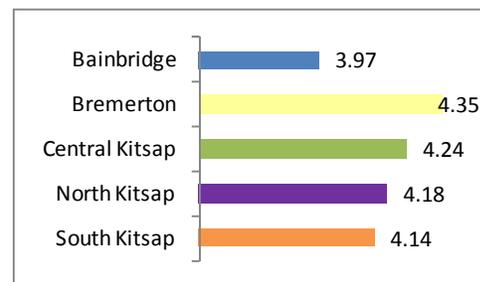
* subgroup mean scores are statistically different

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

**HOW IMPORTANT ARE THE FOLLOWING TO HEALTH IN KITSAP COUNTY?
Average score by category, on a scale of 1 to 5 where 1 is not important and 5 is very important:**

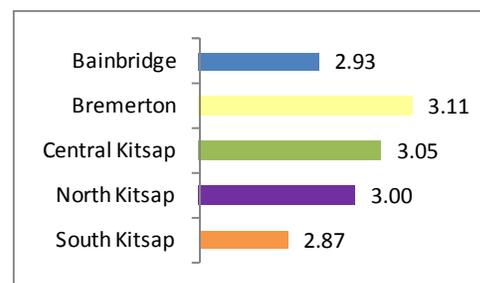
Parks and recreation/safe places to be active

| | | | | |
|------------------------|-------|-------|--------------------------|------------|
| Total respondents | 1,323 | | AVERAGE | 4.2 |
| not important | 10 | 0.8% | gender* male | 4.1 |
| | | | gender* female | 4.3 |
| somewhat important | 36 | 2.7% | age group* under 50 | 4.3 |
| | | | age group* 50 and over | 4.2 |
| very important | 462 | 34.9% | education level HS/GED | 4.3 |
| | | | education level College+ | 4.2 |
| 4 & 5 (very important) | 1074 | 81.2% | income* <\$50,000 | 4.3 |
| | | | income* >\$50,000 | 4.2 |



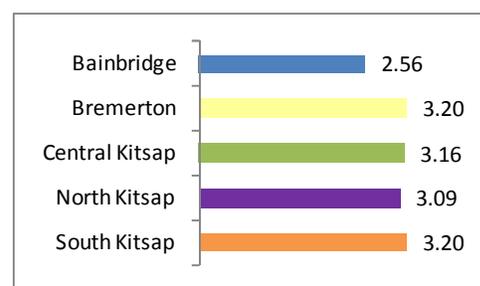
Race/ethnicity

| | | | | |
|------------------------|-------|-------|---------------------------|------------|
| Total respondents | 1,311 | | AVERAGE | 3.0 |
| not important | 300 | 22.9% | gender* male | 2.8 |
| | | | gender* female | 3.1 |
| somewhat important | 155 | 11.8% | age group under 50 | 3.0 |
| | | | age group 50 and over | 3.0 |
| very important | 271 | 20.7% | education level* HS/GED | 3.2 |
| | | | education level* College+ | 3.0 |
| 4 & 5 (very important) | 249 | 19.0% | income* <\$50,000 | 3.2 |
| | | | income* >\$50,000 | 2.9 |



Religious/faith-based values

| | | | | |
|------------------------|-------|-------|---------------------------|------------|
| Total respondents | 1,313 | | AVERAGE | 3.2 |
| not important | 238 | 18.1% | gender* male | 3.0 |
| | | | gender* female | 3.2 |
| somewhat important | 166 | 12.6% | age group under 50 | 3.1 |
| | | | age group 50 and over | 3.2 |
| very important | 271 | 20.6% | education level* HS/GED | 3.4 |
| | | | education level* College+ | 3.1 |
| 4 & 5 (very important) | 282 | 21.5% | income* <\$50,000 | 3.4 |
| | | | income* >\$50,000 | 3.0 |



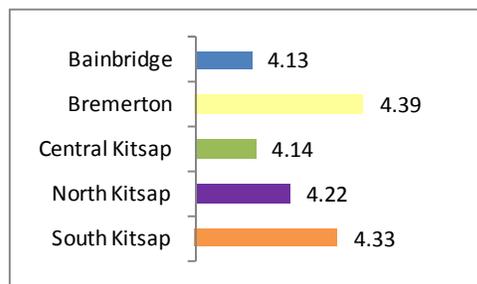
**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

HOW IMPORTANT ARE THE FOLLOWING TO HEALTH IN KITSAP COUNTY?

Average score by category, on a scale of 1 to 5 where 1 is not important and 5 is very important:

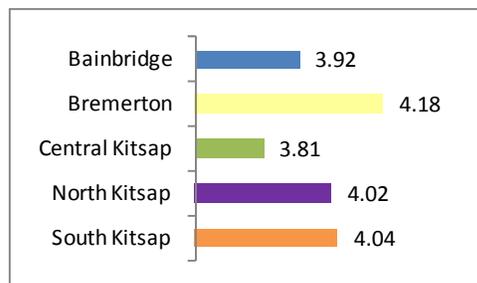
Social services (education, food, healthcare subsidies, food banks)

| | | | | |
|-----------------------------------|-------------|--------------|--------------------|------------|
| Total respondents | 1,334 | | AVERAGE | 4.3 |
| not important | 12 | 0.9% | gender* male | 4.0 |
| | | | female | 4.4 |
| somewhat important | 39 | 2.9% | age group under 50 | 4.3 |
| | | | 50 and over | 4.3 |
| very important | 196 | 14.7% | education HS/GED | 4.5 |
| | | | level* College+ | 4.2 |
| 4 & 5 (very important) | 717 | 53.7% | income* <\$50,000 | 4.5 |
| | | | >\$50,000 | 4.2 |
| 4 & 5 (very important) | 1087 | 81.5% | | |



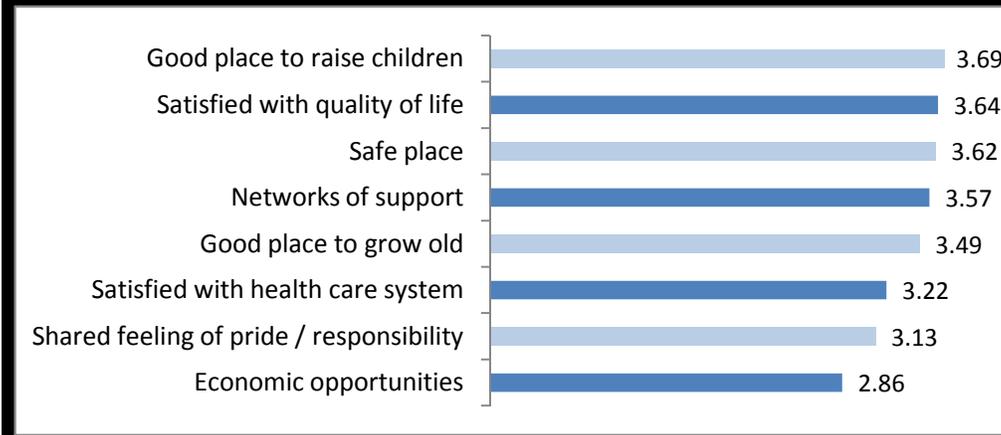
Transportation

| | | | | |
|-----------------------------------|------------|--------------|---------------------|------------|
| Total respondents | 1,336 | | AVERAGE | 4.1 |
| not important | 24 | 1.8% | gender* male | 3.8 |
| | | | female | 4.1 |
| somewhat important | 66 | 4.9% | age group* under 50 | 4.0 |
| | | | 50 and over | 4.2 |
| very important | 274 | 20.5% | education HS/GED | 4.2 |
| | | | level* College+ | 4.0 |
| 4 & 5 (very important) | 409 | 30.6% | income* <\$50,000 | 4.2 |
| | | | >\$50,000 | 4.0 |
| 4 & 5 (very important) | 563 | 42.1% | | |



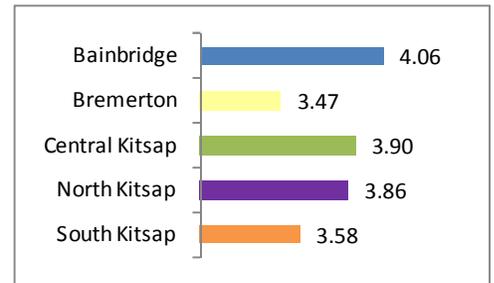
**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

Average scores on a scale of 1 to 5 where 1 is NO! and 5 is YES!:



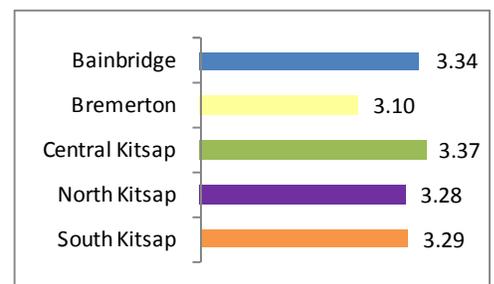
Are you satisfied with the quality of life in Kitsap County?

| Total respondents | | | 1,332 | | AVERAGE | 3.6 |
|-------------------|------------|--------------|------------------|-------------|---------|-----|
| NO! | 37 | 2.8% | gender | male | 3.7 | |
| No | 116 | 8.7% | | female | 3.6 | |
| Neutral | 307 | 23.0% | age group* | under 50 | 3.5 | |
| Yes | 696 | 52.3% | | 50 and over | 3.8 | |
| YES! | 176 | 13.2% | education level* | HS/GED | 3.5 | |
| | | | | College+ | 3.7 | |
| | | | income* | <\$50,000 | 3.4 | |
| Yes + YES! | 872 | 65.5% | | >\$50,000 | 3.8 | |



Are you satisfied with the health care system in Kitsap County?

| Total respondents | | | 1,332 | | AVERAGE | 3.2 |
|-------------------|------------|--------------|-----------------|-------------|---------|-----|
| NO! | 96 | 7.2% | gender* | male | 3.4 | |
| No | 267 | 20.0% | | female | 3.2 | |
| Neutral | 329 | 24.7% | age group* | under 50 | 3.1 | |
| Yes | 529 | 39.7% | | 50 and over | 3.3 | |
| YES! | 111 | 8.3% | education level | HS/GED | 3.2 | |
| | | | | College+ | 3.2 | |
| | | | income* | <\$50,000 | 3.1 | |
| Yes + YES! | 640 | 48.0% | | >\$50,000 | 3.3 | |

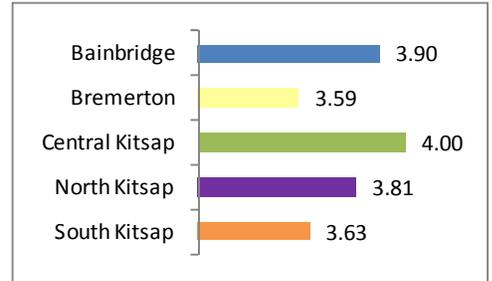


**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

Average scores on a scale of 1 to 5 where 1 is NO! and 5 is YES!:

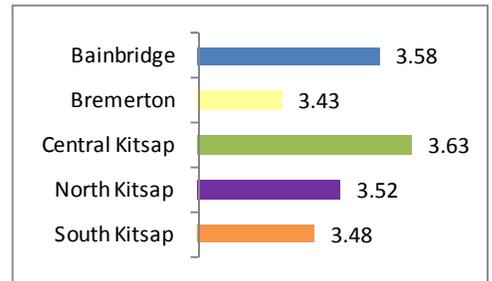
Is Kitsap County a good place to raise children?

| | | | | | |
|-------------------|------------|--------------|----------------|-------------|-----|
| Total respondents | 1,324 | | AVERAGE | 3.7 | |
| NO! | 18 | 1.4% | gender | male | 3.7 |
| | | | | female | 3.7 |
| No | 89 | 6.7% | age group* | under 50 | 3.6 |
| | | | | 50 and over | 3.8 |
| Neutral | 383 | 28.9% | education | HS/GED | 3.7 |
| | | | | College+ | 3.7 |
| Yes | 624 | 47.1% | income* | <\$50,000 | 3.6 |
| | | | | >\$50,000 | 3.7 |
| YES! | 210 | 15.9% | | | |
| Yes + YES! | 834 | 63.0% | | | |



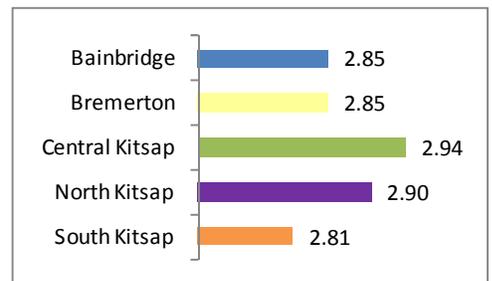
Is Kitsap County a good place to grow old?

| | | | | | |
|-------------------|------------|--------------|----------------|-------------|-----|
| Total respondents | 1,327 | | AVERAGE | 3.5 | |
| NO! | 25 | 1.9% | gender | male | 3.5 |
| | | | | female | 3.5 |
| No | 155 | 11.7% | age group | under 50 | 3.5 |
| | | | | 50 and over | 3.5 |
| Neutral | 442 | 33.3% | education | HS/GED | 3.6 |
| | | | | College+* | 3.5 |
| Yes | 558 | 42.0% | income | <\$50,000 | 3.5 |
| | | | | >\$50,000 | 3.5 |
| YES! | 147 | 11.1% | | | |
| Yes + YES! | 705 | 53.1% | | | |



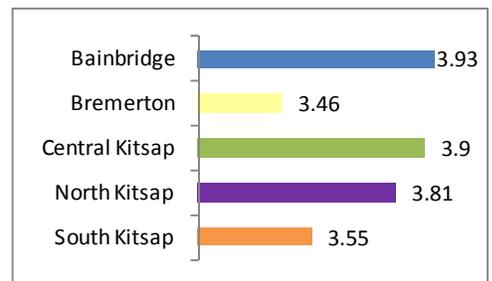
Is there economic opportunity in Kitsap County?

| | | | | | |
|-------------------|------------|--------------|----------------|-------------|-----|
| Total respondents | 1,325 | | AVERAGE | 2.9 | |
| NO! | 107 | 8.1% | gender | male | 2.8 |
| | | | | female | 2.9 |
| No | 364 | 27.5% | age group | under 50 | 2.9 |
| | | | | 50 and over | 2.9 |
| Neutral | 507 | 38.3% | education | HS/GED | 2.9 |
| | | | | College+ | 2.8 |
| Yes | 300 | 22.6% | income | <\$50,000 | 2.8 |
| | | | | >\$50,000 | 2.9 |
| YES! | 47 | 3.5% | | | |
| Yes + YES! | 347 | 26.2% | | | |



Is Kitsap County a safe place to live?

| | | | | | |
|-------------------|------------|--------------|----------------|-------------|-----|
| Total respondents | 1,328 | | AVERAGE | 3.6 | |
| NO! | 19 | 1.4% | gender | male | 3.7 |
| | | | | female | 3.6 |
| No | 86 | 6.5% | age group* | under 50 | 3.5 |
| | | | | 50 and over | 3.7 |
| Neutral | 386 | 29.1% | education | HS/GED | 3.5 |
| | | | | College+* | 3.6 |
| Yes | 729 | 54.9% | income* | <\$50,000 | 3.5 |
| | | | | >\$50,000 | 3.7 |
| YES! | 108 | 8.1% | | | |
| Yes + YES! | 837 | 63.0% | | | |

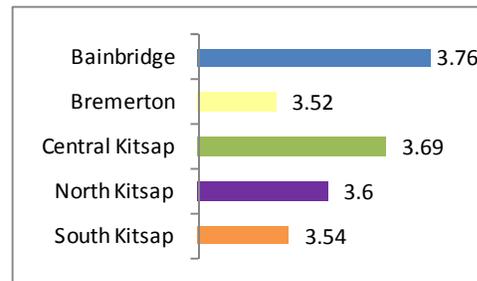


**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

Average scores on a scale of 1 to 5 where 1 is NO! and 5 is YES!:

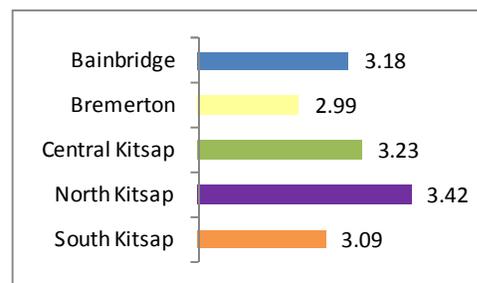
Are there networks of support for individuals and families?

| | | | | |
|-------------------|------------|--------------|----------------|-----------------|
| Total respondents | 1,325 | | AVERAGE | 3.6 |
| NO! | 20 | 1.5% | gender | male 3.6 |
| | | | | female 3.6 |
| No | 90 | 6.8% | age group | under 50 3.5 |
| | | | | 50 and over 3.6 |
| Neutral | 450 | 34.0% | education | HS/GED 3.6 |
| | | | | College+ 3.6 |
| Yes | 649 | 49.0% | level | <\$50,000 3.6 |
| | | | | >\$50,000 3.6 |
| YES! | 116 | 8.8% | | |
| <i>Yes + YES!</i> | <i>765</i> | <i>57.7%</i> | | |



Do community members have a shared feeling of pride and responsibility for what happens in the community?

| | | | | |
|-------------------|------------|--------------|----------------|-----------------|
| Total respondents | 1,321 | | AVERAGE | 3.1 |
| NO! | 67 | 5.1% | gender | male 3.1 |
| | | | | female 3.2 |
| No | 239 | 18.1% | age group* | under 50 3.0 |
| | | | | 50 and over 3.2 |
| Neutral | 538 | 40.7% | education | HS/GED 3.2 |
| | | | | College+ 3.1 |
| Yes | 404 | 30.6% | level | <\$50,000 3.2 |
| | | | | >\$50,000 3.1 |
| YES! | 73 | 5.5% | | |
| <i>Yes + YES!</i> | <i>477</i> | <i>36.1%</i> | | |



Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results

WHAT IS IT ABOUT KITSAP COUNTY THAT MAKES YOU WANT TO LIVE HERE? WHAT DO YOU LIKE?

| | |
|-----------------------------|---|
| PHYSICAL ENVIRONMENT | <ul style="list-style-type: none"> * scenery * opportunity for a variety of outdoor recreation... access to mountains, lakes, Puget Sound, the Olympics, Mt Rainier * lots of recreational opportunities for all fitness levels * I love the beauty and cleanliness of the environment * fair amount of green space/parks within cities * good air and water * weather - not too hot, not too cold |
| AMENITIES | <ul style="list-style-type: none"> * jobs * the economy is fairly stable * housing is mostly affordable and there are varied options (condos, apartments, houses) * good access to medical care, good schools and good shopping. Not too much traffic, a number of nice parks for all sorts of activities. * the military community * cost of living is reasonable and there are very few truly "unsafe" areas * access to good groceries and farms for food, farmers markets, community gardens * not congested with too many cars or people * access to ferry systems |
| LOCATION | <ul style="list-style-type: none"> * ease of access to all parts of our state... visit the ocean in under 2 hours, travel to Seattle in an 1 hour, travel to the mountains in about an hour and a half * We have fairly easy access to Seattle and Tacoma and the services and amenities there. * Small community feel with close proximity to big city. * It's close to my work and school. I like that there are places that feel somewhat rural but are still close to necessary amenities. * Access to big city when I want it. Close to work, mountains, water, trees * I like the small town and area feeling. But I like being only a ferry away from Seattle. * Love living in a more rural place that is close to the city (Seattle). I love the easy access to nature and the various parks. |
| ACTIVITIES | <ul style="list-style-type: none"> * I love the opportunities to do things such as the many farmers markets, the music on the boardwalk, the Admiral Theater shows, the hiking opportunities for all skill levels * Close to forest, mountains, and water activities. Easy to become involved in community activities. * the recreation activities (being close to lakes, ocean, wetlands, mountains, hiking trail, kayaking etc..) * The YMCA coming to Silverdale has been a fantastic addition to this county * I can eat in small cafes, shop in small stores and do business with small locally owned companies. |
| SCALE | <ul style="list-style-type: none"> * Less crowded and a small town feel in beautiful surroundings. Less traffic, people and development * I enjoy the rural feel and small communities. Its quiet, peaceful and low key. * slower pace than big city life. sense of community. * I like the pace. Not as busy as Pierce/King counties, yet not as slow as Mason. * There is a nice mixture of urban and rural contexts within Kitsap County. * Nice mix of urban/suburban/rural lifestyles. |
| OTHER | <ul style="list-style-type: none"> * It's where I grew up and have a network of friends and family. * It's home! |

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

WHAT DON'T YOU LIKE ABOUT KITSAP COUNTY?

Total responses: 953

The larger the text, the more often the theme was mentioned!



What don't you like by theme:

| CATEGORY | Representative survey responses |
|---------------------------|--|
| TRANSPORT SYSTEMS | <ul style="list-style-type: none"> * Lack of shoulders on roads for walking & riding bikes, long commute, lack of bus route to work, long distance to drive to amenities * Lack of public transportation (limited hours, limited areas served, etc.) * Have to either pay for a ferry ride or to cross the Tacoma Narrows Bridge if we want to leave the County * The roads are in bad repair and are too congested in Bremerton. The Silverdale strange intersection... |
| SOCIAL ENVIRONMENT | <ul style="list-style-type: none"> * Crime rate, amount of homeless and impoverished. * Strong military presence makes for a transient population. * Lack of different cultures being able to express themselves. Lack of entertainment in general. * Slower to adapt new ideas; diversify and become more accepting of different "types" of people and views * Instead of a county cohesiveness, each community seems insular into itself. * Lack of community spirit-a general willingness to give to the community as a whole- reluctance to spend public funds for public needs: walking/bike trails, public waterfront activities, libraries, public arts events * Some people feel that they are taxed too much for the services the county provides. |

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

WHAT DON'T YOU LIKE ABOUT KITSAP COUNTY?

What don't you like by theme:

| CATEGORY | Representative survey responses |
|-------------------------------------|---|
| HEALTHY LIVING OPTIONS | <ul style="list-style-type: none"> * More support for safe walking and community access to groceries and growing healthy food. * Limited activities and dining options. * Lack of sidewalks or bicycle lanes. * Not enough family oriented events * Lack of after school kids programs and family oriented recreational facilities * Very little access to the shoreline. * No indoor/outdoor area on rainy days for people to enjoy. |
| LACK OF ECONOMIC OPPORTUNITY | <ul style="list-style-type: none"> * Limited jobs-with the exception of military, HMC. * Lack of diverse economic and four-year education opportunities. * Limited opportunities for young people entering workforce * I would like to see local jobs that pay as well as other cities. I don't appreciate the fact that in order to make a livable wage I need to cross the water |
| GOVERNMENT | <ul style="list-style-type: none"> * The politics — too much regulation and not enough opportunity. * The county governments continual blocking of progression with rules, costs and too many "panels, committees, review panels, etc.." * Poorly managed government, overregulation that only creates cost and inefficiency for law abiding citizens yet does little to stop those who choose to ignore them. * Slow to make improvements and changes in general. * Slow police action when needed. * Too much emphasis placed on providing social programs for individuals and dependence on government or quasi-governmental agencies to provide these programs. Not enough emphasis of personal, individual responsibility. * Too many individuals on welfare and Medicaid with no opportunity (or desire) to get off. |
| PHYSICAL ENVIRONMENT | <ul style="list-style-type: none"> * Pollution in water ways (Ship yard, sewage issues) * Too much rain- brings on depression * Down-trodden, poorly maintained housing areas. * Roads are poor and trash littered. * Unregulated noise control (stereos) |
| SUBSTANCE ABUSE | <ul style="list-style-type: none"> * Inability of law enforcement to have laws to get rid of drug manufacturing and sales * Very prevalent unhealthy behaviors, like meth/drugs, smoking * The abundance of smokers and drug abusers |
| HEALTHCARE OPTIONS | <ul style="list-style-type: none"> * Lack of access to affordable medical attention for those above welfare but still below poverty levels * Health care providers can be difficult to access/get information about * Not enough health/dental care options * Need more support for community health services regarding mental health and recovery from drug abuse. * Not enough specialized medical care |

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

WHAT DON'T YOU LIKE ABOUT KITSAP COUNTY?

What don't you like by theme:

| CATEGORY | Representative survey responses |
|------------------------|--|
| COST OF LIVING | <ul style="list-style-type: none"> * Property taxes are going up while property value continues to drop. * Cost of living is high and wages are low * The overall cost of living is extremely high, making it difficult to enjoy the recreational opportunities that are available. * Lack of working class affordable housing * Taxes are already high; with annexation away from Kitsap County and into incorporated cities, county property owners can expect taxes to go higher. The middle class is being forced into poverty. We pay heavily for utilities. |
| SCHOOL SYSTEMS | <ul style="list-style-type: none"> * Lack of a full four year college on the peninsula * Vanishing job training programs (cuts at Olympic College) * Public education seems undersupported, and primary education seems undervalued. * No higher education. Olympic College should be better supported * The quality of the school systems and the inequities between districts and individual schools * The South Kitsap community refuses to support an additional high school * Schools are over-crowded. |
| SOCIAL SERVICES | <ul style="list-style-type: none"> * Lack of support services for elderly, low income, special needs and families * It's hard to get dental programs for low income. Senior citizens are having a hard time getting medications and finding good places to live that they can afford * Access bus needs to be more affordable for the elderly. * Lack of financial support from the state government for health, education and social services. * Limited resources for people with disabilities. * Lack of formal assistance for homeless population |
| GROWTH PATTERNS | <ul style="list-style-type: none"> * Population is growing too much * Over growth (building) in some areas of the county. * Poor land use planning that has created sprawl. * Losing unique local communities and local ownership to homogenous big-box stores, strip malls. * It doesn't seem like there is much of a master plan for development, so we have ended up with lots of empty commercial buildings and then new ones built....and then emptied. |
| LOCATION | <ul style="list-style-type: none"> * More isolated/ rural than king cty * Maybe would be nice to have closer commercial places * There are many neighborhoods in Bremerton that are not safe and some just plain downtrodden * Not many shopping choices |
| OTHER | <ul style="list-style-type: none"> * Lack local media * No food co-op |

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

WHAT IN KITSAP COUNTY KEEPS PEOPLE FROM HAVING THE BEST POSSIBLE HEALTH?

What prevents best possible health

| CATEGORY | Representative survey responses |
|--|---|
| PERSONAL BEHAVIORS | <ul style="list-style-type: none"> * poor personal choices related to health habits - lack of exercise, smoking, alcohol and drug abuse. * Attitude of indifference...bad eating, smoking and drinking habits. Lots of overweight people. * Stuck in their ways. Bad habits. * For many, it is apathy. Don't take the time to exercise. * lack of good family role models who "live" a healthy, active life * lack of exercise (being lazy); parents not caring about children's health * Sedentary lifestyles. Staring at screens all day. Some people just aren't willing to get off their butts. |
| COST OF LIVING / POVERTY / ECONOMIC OPPORTUNITY | <ul style="list-style-type: none"> * No jobs, low paying jobs. People buy what they can afford and that's usually fast food. * Less job opportunities which in turn means depression, anxiety, overall poorer health * limited employment opportunities; lack of diversification in the business environment * Expense of everyday living reducing my ability to get out and do the things that would improve my health. * Lack of employment that provides a livable wage with benefits * housing cost, transportation, high prices in everything * lack of money * It is easier to buy good food, go to a gym, and have the leisure time to work out and cook well when you have money. * Long commutes, high prices for nutritious food, and high prices for housing. |
| LACK OF HEALTHY LIVING OPTIONS | <ul style="list-style-type: none"> * Access to safe exercise and lifestyle. Built environment options. Safe walking and bicycling, incorporating exercise into daily activities. * Lack of sidewalks in many neighborhoods adds risk to exercise for people who can't afford to drive to parks or gyms. Many areas lack convenient, efficient public transportation options * Too Much Time in Our Cars Insufficient Access to Parks Insufficient Amount of Bike Lanes and Paths * Too many fast foods with unhealthy choices * Outside of downtowns, nothing is in walking distance. People don't want to go outside in the rain. Fast food is too convenient, and there aren't really any fast healthy alternatives. * too many convenience stores, fast food... need indoor places to be active, especially for families and seniors as outdoor spaces aren't accessible for the good part of the year * Affordable healthy goods, healthy family programs, affordable places to go |
| PHYSICAL ENVIRONMENT | <ul style="list-style-type: none"> * damp, rainy, depressing weather * Constant rain with few opportunities for indoor activity * air pollution * high crime rates people are less likely to want to be outdoors, in parks, or on trails. * an overall feeling of safety is missing * poor/old housing that often appears unsafe and unlivable, and yet people live in those dwellings |
| LACK OF EDUCATION / INFORMATION | <ul style="list-style-type: none"> * Lack of education * High school drop out rates and lack of local university level academic opportunity * Lack of education about healthy lifestyle choices. * Lack of community involvement in promoting healthy active lifestyles. * a general "blue collar" mentality and/or lack of education feed unhealthy lifestyles. * lack of education/knowledge related to health which compounds poor decision making. |

**Kitsap Community Health Priorities (KCHP)
Community Themes & Strengths Survey - Results**

WHAT IN KITSAP COUNTY KEEPS PEOPLE FROM HAVING THE BEST POSSIBLE HEALTH?

What prevents best possible health

| CATEGORY | Representative survey responses |
|--|--|
| COST | <ul style="list-style-type: none"> * Cost, cost, cost * the cost of health care, cost of medical insurance * not having inexpensive access to gyms or sports activities makes it harder to exercise. Most of us don't have enough income to afford healthier food options. Health Insurance Co-pays are too high. * Price of monthly dues to places such as the YMCA or gyms * higher costs of healthy fresh food * People without insurance rely on the ER and often cannot afford the fresh vegetables and fruits they should be eating or the memberships to gyms * some aspects of healthy living are more costly than many can afford - fresh fruits and vegetables; safe housing; GOOD public transportation, or the availability of safe ways to travel. |
| GOVERNMENT / DECREASED PUBLIC FUNDING | <ul style="list-style-type: none"> * Budget cuts to safety net * reduced funding for all areas of education, medical, dental and housing * government, they don't care about the people only about profit and money * Poor funding for basic health needs. * Lack of school funding for broader health education and after school programs that are inclusive. * government bureaucracy |
| TRANSPORTATION DEFICITS | <ul style="list-style-type: none"> * Many areas lack convenient, efficient public transportation options * Accessibility to alternative transit than cars. * limited affordable transportation * long commutes * cost of gas and ferries * Lack of public transportation to get to appointments and services. |
| SOCIAL ENVIRONMENT | <ul style="list-style-type: none"> * community based opportunities * Resident fluctuations- military... this is not their home and they treat it like it's not. * Lack of support services for elderly, low income, special needs and families. * we need more community so that we don't fall into the cracks * language and cultural barriers * places need to be cleaned up a bit... sad seeing things getting run down... bring back the family spirit. |
| NO TIME / STRESS | <ul style="list-style-type: none"> * No time or energy to devote to personal health when they are focused on survival. * time is spent commuting out of the area to find a living wage. * With work and kids and maintaining a home, there isn't much extra time * elevated stress due to economic downturn |