

Central Unit



This workshop has been approved for and offers 1 contact hour. BAP-321, Exp. 03/21.

Central Unit Holiday Celebration & Workshop

December 10, 2019 • 5:00 p.m. – 8:00 p.m.

“Elevating Our Daily Mindfulness Practice”

Presented by: Manuel Ortiz-Cordero, LSW

Workshop will be held at:

**Tibby's New Orleans Kitchen, Napoleon Room
2203 Aloma Avenue
Winter Park, FL 32792**

Food and Drinks will be available for purchase.

Registration is free!

To register, go to www.naswfl.org/events.html.