

Student Sessions Breakout 1

A Mindset for Growth Lynne Chandler-Garcia, PhD

What if instead of receiving an “F” on an assignment, you received the grade “Not Yet”? “Not Yet” acknowledges that learning takes time, hard work, and dedication. Students with a growth mindset don’t run from errors – they embrace them and look forward to new challenges. Study after study has proven that students with this mindset achieve far more than their peers. Session 1 Armstrong Room 230 Capacity 30

Chicana/o Student Pipeline Dr. Velia Rincon

Dr. Velia Rincon was voted "Most Likely to Start the Next LA Riots" in high school. Her mantra is you cannot spell scholar without a *chola* at its center. She is a first generation college student and her first language is Spanish. She has been committed to sharing her story of code-switching to inspire students to not only learn the rules of the game, but also learn to beat the odds, and possibly transform the playing field. Session 1 Armstrong 256A Capacity 30

Be Fabulous on Purpose! Engaging in Healthy Relationships Regina English

Engaging young women in building healthy relationships by using various team building activities and effective communication in order to work together as a successful team. Session 1 Armstrong 301 Capacity 37

The Coalition Application - A New Way to Apply to and Learn about Colleges Carlos Jimenez

The Coalition for Access, Affordability, and Success was developed to improve the college application process. It provides a single, centralized toolkit for students to organize, build, and refine their applications to numerous institutions. Students will explore the application platform and college opportunities. Session 1 Armstrong 231 Capacity 35

Conversion of Numbering Systems Without Mathematics: Demystifying How Computers Think Dr. Jesus Borrego

Learning how to perform arithmetic calculations as an introduction to computer science. Session 1 Armstrong 255 Capacity 20

Developing Your Intangible Skills for Success Anthony Perez

In this workshop students will be introduced to those intangible skills that employers and decision makers expect and that successful entrepreneurs and change agents possess. Students will be led through 10 skills that do not require talent, but if developed will set them apart from the pack. Session 1 Gates Commons Capacity 100

Facing your Fears: Advice from an Army Infantryman Josh Ingram

Explore tools to overcome hardship in life. Engage in fun and interactive public speaking exercises with a coach who can help participants reach their utmost potential. This program will ensure that these students are prepared to enter America's workforce with confidence. Session 1 Cornerstone 302 Capacity 30

GSA's, GSTA's, Allies, and other LGBTQIA Topics Lisa Schoenstein

This session will cover LGBTQIA terminology, safe zones, resources for youth, and GSAs/GSTAs. Participants will engage in activities on bullying prevention, and on creating empathy for those who are coming out to accepting or rejecting families. Session 1 Armstrong 234 Capacity 35

Harassment and Bullying of Students in Educational Programs Michael Germano

The Civil Rights Act of 1964 includes protection based on race, color, gender and disability. What is protected speech and what is inappropriate? How do you advocate for yourself or for others? What is the school's obligation? Session 1
Cornerstone 301 Capacity 45

Hip Hop ConnXion-Discovering Your Strengths and Passions Through Dance Suave

Try Hip Hop and explore your values, passions and goals through dance. No prior experience is necessary. Sessions 1 and 2
Cossitt Gym Capacity 60

Medical Minds

Dr. Vicki Schober and Alysia Mota

Interested in a career in health care? During this session, you will "play doctor" and explore careers in the health care field. Learn to place stitches, take care of sick or injured patients and more. Sessions 1 and 2
Cornerstone 308 Capacity 45

Raspberry PI Workshop

Trisha Litz

Participants will work on the Raspberry PI (mini-credit card sized computer) exploring the software as well as doing some computer programming using the SCRATCH software. Participant's names will go into a drawing to receive a Raspberry PI computer and accessories at the closing ceremony. Sessions 1 and 2
Barnes PC Computer Lab Capacity 14

STEAM - Illuminate Your Art

Vicki Taylor

Using Chibitronics paper electrical circuits, students will have the opportunity to create their own artwork. Students will learn how to use paper circuits to illuminate and enhance their art with electricity. Session 1
Armstrong 342 Capacity 31

Student Sessions-Breakout 2

Achieving Your Dreams Walter Glover

Dream big and Achieve It! Learn the skills to engage others in conversation, to inspire them to see your vision and to achieve a common goal. Session 2 Armstrong Room 259 A Capacity 30

The College Experience: What You Need to Know College Student Panel: Skyler McPhail, Brianna Apodaca, Gabriela Solano-Serna, Keenan Wright and Antonio Soto

Join this panel of Summit participants who are currently in college. They will help you plan how to get to college and how to survive once you get there. Session 2 Worner Center WES Room Capacity 55

Children's March Lisa Villanueva

"The Children's March" tells the story of how the young people of Birmingham, Alabama, braved fire hoses and police dogs in 1963 and brought segregation to its knees. Their heroism complements discussions about the ability of today's young people to be catalysts for positive social change. Session 2 Richard Celeste Theater in the Cornerstone Building Capacity 300

Communication Skills: The Art of Story Telling When Applying for College, Jobs or Scholarships John Register

Paralympic medalist, John Register, will teach you how to incorporate your personal journey into any application in order to stand out in the crowd. Session 2 Armstrong 231 Capacity 35

Designing New Technology with Economic and Environmental Considerations Curtis Bell

This session will focus on the economic and environmental considerations that companies, designers, and engineers face when developing new technology. The question is not always if the gadget can be made, but whether the gadget should be made? Session 2 Armstrong 259 B Capacity 25

Engaging in STEM: A Key to Competitiveness and Future Economic Prosperity Evelyn Adams and Julissa Vega

This fun and interactive session will emphasize the importance of STEM education, and will include a make-and-take-it STEM activity. Session 2 Armstrong 257A Capacity 30

Hip Hop ConnXion-Discovering Your Strengths and Passions Through Dance Suave

Try Hip Hop and explore your values, passions and goals through dance. No prior experience is necessary. Sessions 1 and 2 Cossitt Gym Capacity 60

Know your Legal Rights in Colorado Michael Juba and Hannah Proff

The presentation covers a juvenile's rights when contacted by the police. Specifically, we will discuss a juvenile's 4th, 5th, and 6th Amendment rights, and how to safely exercise those rights when interacting with police officers. Session 2 Cornerstone 301 Capacity 45

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Military Careers and Educational Opportunities Major Paul Prosper

A panel of military personnel will describe their careers, discuss the branches of the military, and the educational opportunities that go along with service to this country. Session 2 Cornerstone 302 Capacity 30

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The Power of Bilingualism Ana de Figueroa

Learn about and appreciate the advantages of being bilingual and the power of bilingualism in the workforce. Session 2 Armstrong 302 Capacity 30.

Ten Step Framework for Empowerment Carlos Perez

Do not believe the myth that "life gets easier" as you get older! Life is hard and it does not care how old we are! This session's purpose is to not only inspire and motivate, but to provide a simple but powerful framework to create a culture of growth and success personally or within an organization. Session 2 Gates Commons Capacity 100

Why Do They do That? Michelle Mras

Understand personalities and why people react the way they do. Develop interpersonal skills and avoid conflict by understanding different personality types and communication styles. Session 2 Armstrong 326 Capacity 41

YZ Résumé Writing and Filling Out Applications JoVanna Lee and Cathy Cimino

Have you struggled to put together a solid résumé when your work history is spotty or even nonexistent? Then this is the workshop for you! Get your résumé right and get the job! We can help you develop an impressive résumé. Session 2 Armstrong 301 Capacity 37

Student Sessions-Breakout 3

Capitalizing On Your Strengths Lance Allred

Lance Allred, the First Deaf Player in NBA History, bestselling author and motivational speaker, will talk about how to beat the odds and find success regardless of the obstacles. Session 3 Cornerstone 301 Capacity 45

Cyber Security Thomas Russell

One of the biggest threats to national and personal security is cyber hacking from criminals and foreign entities. This session addresses the threat and gives the participant an opportunity to be a cyber sleuth. Session 3 Barnes PC Lab Capacity 20

Discover the “Secret Ingredients” to Enhance Your Success in Life Rick Reese

Understand the Importance of setting your vision, writing your goals and rehearsing affirmations to succeed. Three key elements to be a top performer in life are Performance, Image and Exposure (P.I.E). “Whatever the mind can conceive and believe-it can achieve.” Session 3 Cornerstone 302 Capacity 30

Discovering Leadership Roots in Storytelling Narratives Dr. Wanda Tisby-Cousar

Students will develop their career narratives and identify the Sande leadership attributes from their narratives. The Sande Leadership model rooted in West African Culture's gender based life skill schools will unfold from students' personal narratives. Session 3 Armstrong 230 Capacity 30

Exploring a Career in Pharmacy Dr. Leticia Shea and Idana Espinoza

Learn about the profession of pharmacy and the different practice areas within the profession. The practice of pharmacy has grown to include skills such as blood pressure monitoring and patient counseling and how to make a difference in patients' lives by helping them understand and use medications correctly and safely. Session 3 Cornerstone 308 Capacity 40

How to "Think, Act and Be" a 21st Century Entrepreneur Will Phillips and Wanda Bryant

By thinking like an entrepreneur, students have the potential to influence changes in their own lives and families, while inspiring others in their community. Session 3 Cornerstone 108 Capacity 55

Langston Hughes' "Harlem" as a Lens for Understanding Why We Can't Wait Phillip Ramsay

Create a literary Masterpiece! Using the works of Langston Hughes, participants will learn how to strengthen their communities and develop reading, writing, and spoken word skills. Session 3 Armstrong 259A Capacity 30

Manhood Strategies for Success The Men of Emmanuel Missionary Baptist Church

Positive Role Models discuss the true meaning of success and how to achieve it in a manner that does not require making excuses for your behavior. Session 3 Armstrong 326 Capacity 41

Practical Project Management for Beginners Jo Anne Borrego

In this interactive session, we will create a project using non-technical terms. The attendees will learn the basic project creation process for business and non-business situations, and learn how to import the process into a business tool.

Session 3 Armstrong 259B Capacity 27

Stand Up Stand Out Against Bullying and Suicide David Verdu

This session will empower students to stand up stand out against bullying and suicide; encourage a culture of achievement and equip this generation to be Leaders. Session 3 Gates Commons Capacity 100

What do You Really Know about SEXting, Alcohol, and Drugs? Karen Griffen

Tools and information to help teens think smart about Sexting, Alcohol and Drugs. Session 3 Armstrong 301 Capacity 37

What does it take to become a Scientist? Dr. Matt Fete and Rachel Illias

Explore a career in laboratory research, with the endless opportunities to impact people's lives with discoveries and studies focusing on medication development and analysis. Session 3 Armstrong 234 Capacity 35