Iowa CACFP

Menu Form for children ages 1-12 years

Site number___#1 ___ Center Name: Creation Kids - North Liberty

Month Menu # 5 ____ Year 2017

	Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bread or bread alternate (including cereal) Juice or fruit or vegetable Milk, Fluid Milk, fluid	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk	Cereal Juice Milk
Snack	Juice or fruit or vegetable Bread or bread alternate Meat or meat alternate	Water Apricots Chicken in a Biscuit	Juice Chocolate Chip Muffins	Water Grapes Saltines	Juice Monkey Bread	Juice Garlic Cheese Bread
Lunch	 Meat or meat alternate Vegetable and/or fruit 2nd Vegetable or fruit Bread or bread alternate Milk, fluid 	Chicken Nuggets Baked Beans Mandarin Oranges Bread and Butter Milk	Enchiladas (Hamburger) Green Beans Pears Tortillas Milk	Turkey/Cheese Sub Carrots Melon Hot Dog Bun Milk	Pizza Burgers Corn Peaches Buns Milk	Lil Smokies Asparagus Raspberries Mac n Cheese Milk
Snack	Milk, fluid Juice or fruit or vegetable Bread or bread alternate Meat or meat alternate	Water Apples Peanut Butter Cheez-its	Water Mandarin Oranges Turkey Rosemary/Olive Triscuits	Juice Bugals Cheese dip	Water Strawberries Yogurt Dip Mini Club Crackers	Juice Chips Salsa

Use these codes: (1) New food, (2) Nutrition activity, (A) Vitamin A food, (C) Vitamin C food, (HM) Center made (S) Seasonal