APPLYING THE WSCC MODEL IN YOUR SCHOOLS

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Agenda

1. Brief overview of the WSCC
2. Examples of ways to integrate the WSCC in your school
3. Worktime:
   - Asset mapping
   - Strategies for your schools
4. Conclusion
ASCND's Whole Child Tenets

1. Healthy
2. Safe
3. Engaged
4. Supported
5. Challenged
WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD
A collaborative approach to learning and health
WSCC

Academics
Student growth
Student achievement
Student success

HEALTH
WSCC

- When student’s basic health and physical activity needs are met, they do better in school. [1-2]

- Persons with more education are more likely to live longer and experience better health outcomes. [3-4]
It is time to truly align the sectors and place the child at the center. Both public health and education serve the same students, often in the same settings. We must do more to work together and collaborate.

—WAYNE H. BILES, DIRECTOR, DIVISION OF POPULATION HEALTH, NATIONAL CENTER FOR CHRONIC DISEASE PREVENTION AND HEALTH PROMOTION, CDC
WSCC in your School

- Professional development
- School Policies
- Physically Active Academic Lessons
- Incorporating health into PE class
A-HA moment

- In small groups, write down one A-HA moment you have had related to the WSCC
Asset Mapping

- In small groups, write down your answers to the following questions:

1. What does your school already have in place that supports the WSCC model?
2. What are strengths/supports/resources you can use to further support the WSCC model in your school?
Strategies for your School

- In small groups, answer the following questions:

1. What is one way you can integrate the WSCC into your school immediately?
2. What are some strategies you would like to integrate into your school over a longer period of time (e.g., in the next few years)?
Conclusions

“Some people dream of success. Others make it happen.”

-Michael Jordan