

Dizzy

Choreographed by: Jo Thompson

Description: 32 Count, 4 Wall, High Beginner/Intermediate Line Dance

Music: Dizzy by Scooter Lee [124 BPM]

ROCK-STEP, COASTER STEP, STEP ½ TURN, STEP ½ TURN

1-2 Rock forward with right, replace weight back to left foot

3&4 Step back with right, step together with left, step forward with right

5-6 Step forward with left, turn ½ right shifting weight forward to right foot

7-8 Step forward with left, turn ½ right shifting weight forward to right foot

CROSS-SIDE-SAILOR SHUFFLE, CROSS-SIDE-SAILOR SHUFFLE

1-2 Step left across in front of right, step right to right side

3&4 With body facing slightly left, step left behind right, rock to right side with ball of right foot, step slightly forward with left

5-6 Step right across in front of left, step left to left side

7&8 With body facing slightly right, step right behind left, rock to left side with ball of left foot, step slightly forward with right

CROSS, ¼ BACK, SHUFFLE BACK, ROCK-STEP, FULL TURN LEFT FORWARD

1-2 Step L across in front of right, step back on right turning ¼ left (9:00)

3&4 Step back with left, step together with right, step back with left

5 Rock back with right foot (allowing body to turn slightly right to prep for upcoming full turn to the left)

6 Replace weight forward to left foot (toe pointing left)

7 ½ turn left while stepping on right (3:00)

8 ½ turn left while stepping on left (9:00)

EASY OPTION for 7-8: Walk forward right-left (9:00)

SHUFFLE FORWARD, STEP ½ TURN, SHUFFLE FORWARD, STEP ½ TURN

1&2 Shuffle forward right-left-right

3-4 Step forward on left, turn ½ right shifting weight to right foot (3:00)

5&6 Shuffle forward left-right-left

7-8 Step forward on right, turn ½ left shifting weight to left foot (9:00)

START OVER!