

NAME:

Ages 18 to 64 years

COVID-19 required:

Combination Vaccine for:

1. Tetanus Diphtheria (Td) or Tetanus Diphtheria Pertussis or Adacel (Tdap)  
within the last 10 years must be documented.

2. MMR. Mumps Measles Rubella

If you were born after 1956 you must show proof of immunization (1-2 shots) for Mumps, Measles and Rubella or an antibody titers blood test (MMR Serology) showing proof of immunity to MMR (Mumps/Measles/Rubella).

The blood test is called MMR Serology and can be ordered by your own doctor at least 1 weeks prior to your appointment.

or

You must receive an immunization for MMR.

3. Chickenpox (Varicella)

A verbal declaration of Chickenpox.

or

Proof of immunization against Chickenpox.

Normally two immunizations 4 to 8 weeks apart or the first of the two within the 4 weeks prior to your immigration medical examination.

or

An antibody titers blood test showing proof of immunity to Chickenpox (Varicella).

4. Influenza (Flu shot)

Required for everyone over 6 months of age. (during flu season only - November to February)

DOCTOR'S Signature/STAMP. DATE: