

July 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 AM Snack: Bagels Lunch: Spaghetti, Peas PM Snack: Fruit	2 AM Snack: Muffins Lunch: Leftovers PM Snack: 4 th of July Yogurt Pops	3 PELC CLOSED	4 Independence Day
5	6 AM Snack: Cheese sticks Lunch: Pancakes & Sausage PM Snack: Applesauce	7 AM Snack: Granola bars Lunch: Tuna sandwiches & Mandarin Oranges PM Snack: Pretzels	8 AM Snack: Peaches Lunch: Hamburgers & French fries PM Snack: Popsicles	9 AM Snack: Yogurt Lunch: Cheese quesadillas & green beans PM Snack: Crackers	10 AM Snack: Bagels w/ cream cheese Lunch: Leftovers PM Snack: Leftovers	11
12	13 AM Snack: Applesauce Lunch: Taquitos & corn PM Snack: PB Toast	14 AM Snack: Cottage cheese Lunch: Spaghetti & peas PM Snack: Crackers	15 AM Snack: Apple slices Lunch: Tater tot casserole & carrots PM Snack: Pretzels	16 AM Snack: Fruit smoothies Lunch: Chili & Cornbread PM Snack: Cheese sticks	17 AM Snack: Leftovers Lunch: Leftovers PM Snack: Popsicles	18
19	20 AM Snack: Yogurt Lunch: Chicken ala king & green beans PM Snack: Pretzels	21 AM Snack: Granola bars Lunch: Meatballs & Mashed Potatoes PM Snack: Oranges	22 AM Snack: Blueberries Lunch: Pancakes & Scrambled Eggs PM Snack: English muffins	23 AM Snack: Animal crackers Lunch: Chicken alfredo & corn PM Snack: Pudding	24 AM Snack: Bananas Lunch: Leftovers PM Snack: Leftovers	25
26	27 AM Snack: Jelly toast Lunch: Taco soup & Tortilla chips PM Snack: Popsicles	28 AM Snack: Cottage cheese Lunch: Grilled cheese & Tomato soup PM Snack: Pears	29 AM Snack: Granola bars Lunch: Tuna casserole & corn PM Snack: Bananas	30 AM Snack: English muffins Lunch: Turkey sandwiches & carrots PM Snack: Blueberries	31 AM Snack: Hard boiled eggs Lunch: Leftovers PM Snack: Leftovers	