

Youtubes of individuals discussing their types (some long, some short)

Experts answering questions (1:28:30)

https://www.youtube.com/watch?v=VQNfnp_sb4s



Narrative Tradition Enneagram Type 1, the Perfectionist: How do you know you are a Type One? (2min)

<https://www.youtube.com/watch?v=pn1OlzOn5dU>

Type 1 Integral Recovery and The Enneagram Series (6min)

<https://www.youtube.com/watch?v=182fY4pTThY>

Enneagram Type 1 - 'The Perfectionist' - Moderated by Iain McNay (54 min)

https://www.youtube.com/watch?v=mk6_pvbQQZ4



Narrative Tradition Enneagram Type 2, the Giver: How do you know you are a Type Two? (1min)

<https://www.youtube.com/watch?v=fB2fON1cZJk>

Type 2 Integral Recovery and The Enneagram Series (7min)

https://www.youtube.com/watch?v=h_rSVkufRIU

Type 2 shares her "compulsive giving, resentment, blow-up" cycle. (5min)

<https://www.youtube.com/watch?v=1Cs5GQ3ttQE>

Enneagram Type 2 - The Helper - Moderated by Iain McNay (50min)

<https://www.youtube.com/watch?v=kliXjHm2Csc>



Narrative Tradition Enneagram Type 3, the Performer: How do you know you are a Type Three? (2min)

<https://www.youtube.com/watch?v=xRnlqawZwjQ>

Type 3 & Triads Integral Recovery & The Enneagram Series (10min)

<https://www.youtube.com/watch?v=iD3AXDpS-ZQ>

Enneagram Type 3 shares her Transformation... "I get to feel what it's like to be with my son!" (7min)

<https://www.youtube.com/watch?v=aIhaa7U1NWA>

Enneagram Type 3 and anger (9min)

<https://www.youtube.com/watch?v=wXIS2vqp7Zs>

Enneagram Type 3 - The Achiever - Moderated by Iain McNay (47min)

https://www.youtube.com/watch?v=ZHLj_TrwB4I



Narrative Tradition Enneagram Type 4, the Romantic: How do you know you are a Type Four? (3min)

<https://www.youtube.com/watch?v=Z1zu9yh0C9U>

Type 4 (5/11) Integral Recovery and The Enneagram Series (11min)

<https://www.youtube.com/watch?v=QwX9NNnb77M>

Enneagram Type 4 - 'The Romantic' - Moderated by Iain McNay (52 min)

<https://www.youtube.com/watch?v=rA27yA2AYx0>



Narrative Tradition Enneagram Type 5, the Observer: How do you know you are a Type Five? (3min)

https://www.youtube.com/watch?v=PNTB_mCJcbs

Type 5 (7/11) Integral Recovery and The Enneagram Series (13min)

https://www.youtube.com/watch?v=WeP_M0UWHnE

Enneagram Type 5 - 'The Observer' - Moderated by Iain McNay (55min)

<https://www.youtube.com/watch?v=qqTSD8a7Cfk>



Narrative Tradition Enneagram Type 6, the Loyal Skeptic: How do you know you are a Type Six? (2min)

https://www.youtube.com/watch?v=PNTB_mCJcbs

Type 6 Integral Recovery and The Enneagram Series (11 min)

<https://www.youtube.com/watch?v=zpMh6Ttg4bE>

Enneagram Type 6 - Fear And Courage - Moderated by Iain McNay (55min)

<https://www.youtube.com/watch?v=PtMVYgx2X0M>

Narrative Tradition Enneagram Type 7, the Epicure: How do you know you are a Type Seven? (2min)

<https://www.youtube.com/watch?v=TjBPODr7aQQ>



Type 7 Integral Recovery and The Enneagram Series (9min)

<https://www.youtube.com/watch?v=mtkMdq5-Y1Y>

Enneagram Type 7 - 'The Adventurer' - Moderated by Iain McNay (52min)

<https://www.youtube.com/watch?v=3VemLag8jkA>



Narrative Tradition Enneagram Type 8, the Protector: How do you know you are a Type Eight? (2min)

https://www.youtube.com/watch?v=D3qm5_wMZLQ#t=74

Enneagram Type 8 shares her transformation... (4min)

<https://www.youtube.com/watch?v=AmqyuyUFGwY>

Enneagram Type 8 - 'The Challenger' - Moderated by Iain McNay (54 min)

<https://www.youtube.com/watch?v=dKEoKoZWAg0>



Narrative Tradition Enneagram Type 9, the Mediator: How do you know you are a Type Nine? (2min)

<https://www.youtube.com/watch?v=fnEP34tiv-I>

Type 9 Integral Recovery and The Enneagram Series (14min)

<https://www.youtube.com/watch?v=P4LLcchnRB8>

Enneagram Type 9 - The Mediator - Moderated by Iain McNay (53min)

<https://www.youtube.com/watch?v=T9wIiczGtE8>