



Lunch

Starters

TRUFFLE & PARMESAN or OLD BAY® FRIES

Shoestring fries tossed with truffle oil, Parmesan cheese, and rosemary or choose Old Bay® seasoning with a drizzle of our house malt vinegar aioli.....\$7.50

SEARED TUNA

Sushi grade ahi, seared rare, topped with house remoulade with sides of thinly sliced marinated cucumber, melon salsa and dressed greens\$16

BRUSCHETTA

Rustic toasted bread topped with garlic, fresh basil, tomatoes, olive oil, and balsamic reduction.....\$10.95

Add melted mozzarella\$1.50

HOUSEMADE MEATBALLS

Two large meatballs in tomato sauce, topped with melted mozzarella cheese and served with rustic garlic toast.....\$14.95

QUICHE *of the DAY* Made from scratch and served with balsamic dressed greens.....\$16.95

Salads

KALE & QUINOA POWERHOUSE

Baby kale, mint, cherry tomatoes, cucumbers and feta topped with a blend of quinoa, edamame, green chick peas, dressed with citrus vinaigrette\$14.95

McGREGOR

Mixed greens, cherry tomatoes, cucumbers, carrots, oranges, house balsamic vinaigrette and topped with blue cheese crumbles.....\$14.95

CAESAR

Crisp romaine lettuce tossed with housemade Caesar dressing, our own seasoned croutons, finished with shaved Parmesan cheese.....\$11.95

add white anchovies...\$2

LOBSTER CAKE

Our popular housemade grilled lobster cake on mixed greens, grapes and oranges, topped with melon salsa and dressed with citrus vinaigrette\$18.95

GREEK

Romaine lettuce, beets, cucumbers, cherry tomatoes, Kalamata olives, red onion, peperoncini, and feta cheese with Greek-style dressing\$14.95

MEDITERRANEAN TUNA

Our take on the classic niçoise features chunks of albacore tuna, cherry tomatoes, potatoes, green beans, black olives, and hard-boiled egg on mixed greens with house herbed vinaigrette\$16.95

ADDITIONS

Chicken breast\$7.50 | Salmon or shrimp\$10
Lobster cake\$12 | Seared ahi\$11 | Fish of the dayMP

DRESSINGS

Balsamic Vinaigrette, Caesar, Citrus Vinaigrette, Greek, Mediterranean Herb, Ranch, 1000 Island
Extra dressing 2oz...\$0.5 4oz...\$1 8oz to go...\$4

CREATE *your own* PASTA Served with rustic garlic bread

Choice of: Fettuccine, penne, or spaghetti
Gluten-free fettuccine.....add \$2

Choice of sauce: Alfredo.....\$14 Basil Pesto.....\$13
Diva (tomato cream).....\$15
Tomato.....\$12

Add: One housemade meatball.....\$5.50
Grilled or blackened chicken\$7.50
Salmon or shrimp\$10
Fish of the day\$MP
Peppers, mushrooms, or spinach.....\$2 ea

Sandwiches

Include housemade chips and dill pickle. Substitute fries or balsamic greens...\$1.95
Truffle Parmesan or Old Bay® fries...\$3.50 | Potato salad or fruit...\$3.95 | GF bun or toast...\$2

FRENCH DIP Housemade roast beef, **served cold** on toasted baguette with melted provolone cheese, and a side of hot *au jus* for dipping.....\$15.95

BUFFALO CHICKEN Pickle brined patty, fried and tossed in housemade buffalo sauce, topped with blue cheese crumbles served with lettuce on brioche roll.....\$14.95

McGREGOR CATCH Fish of the day, blackened or grilled, topped with our housemade relish and served on a brioche rollMarket Price

PO' BOY Blackened shrimp on toasted baguette with scratchmade remoulade sauce, LTO relish\$16.95
Pickle brined fried chicken\$14.95

LUCKY 13 Grilled turkey patty, caramelized onions, Swiss cheese, lettuce and house joppiesaus (curried mayo) on brioche bun.....\$13.95

TURKEY CLUB Turkey breast roasted in house, stacked with crispy bacon, lettuce, tomato, and mayonnaise on white toast\$14.95

PHILLY CHEESESTEAK Thinly sliced ribeye served with sauteed mushrooms, onions and peppers on our French bread sub with choice of cheese.....\$15.95

TUNA MELT White albacore tuna salad, sliced tomato, melted Swiss cheese, served warm on grilled rye\$14.95

VEGGIE PHILLY Grilled eggplant, zucchini, mushrooms, onions and peppers, served on a French bread sub with our herbed cream cheese, choice of melted cheese, and balsamic reduction\$14.95 **V**

CHICKEN CAESAR WRAP Blackened or grilled chicken breast, romaine lettuce and tomato tossed with house Caesar dressing, wrapped in a flour tortilla.....\$14.50

REUBEN Housemade corned beef, Swiss cheese, sauerkraut, and 1000 Island dressing on grilled rye..... 15.95
House roasted turkey.....\$14.95

PATTY MELT 1/2 pound premium Angus® chuck cooked to order and covered with sauteed onions, Swiss cheese, and 1000 Island dressing on grilled rye.....\$15.95
*Sub vegetarian patty...add \$2 **V***

BLT Crispy bacon, lettuce, tomato, and mayonnaise served on white toast\$11.95

WILD THING Thinly sliced house roast beef, herbed garlic cream cheese spread, lettuce, and red onion served on a buttery croissant.....\$15.95

JUICY BURGER 1/2 pound premium Angus® chuck cooked to order and served with lettuce, tomato, and red onion on brioche roll.....\$14.95

*Add: choice of cheese...\$1.50 blue cheese...\$2 bacon...\$2.50 sautéed mushrooms...\$2 Sub veggie patty...\$2 **V***

HOT CHICK Grilled or blackened chicken breast, or fried pickle brined patty, served with lettuce, tomato, and onion on brioche roll\$13.95

CHICKEN or TUNA SALAD Always housemade!
Diced chicken breast, celery, craisins, pecans, and mayo, or albacore tuna with celery, onion, and mayo served with lettuce and tomato on a buttery croissant\$14.50

PICK TWO Choose from a half sandwich or a scoop of chicken or tuna salad, accompanied by either a cup of soup, side salad, or fruit cup *No substitutions*.....\$14.95

HALF SANDWICH

BLT, chicken or tuna salad, or grilled cheese, on white, wheat, or rye bread | *gluten-free bread add \$2*

SIDE SALAD

Balsamic Greens baby mixed greens with house balsamic vinaigrette
Caesar romaine lettuce, croutons, Parmesan, and housemade Caesar dressing

Sides

SOUP of the DAY
Cup.....\$5.50 Bowl\$7.95
FRENCH FRIES.....\$4.25
POTATO SALAD.....\$5.50
HOUSEMADE CHIPS\$4.25

Beverages

McGregor Blend Coffee\$3.75
Fresh Brewed Iced Tea\$3.50
Fountain Soda\$3.25
Craft Sodas (ask server for flavors).....\$4.50
Mineral Water (still or sparkling).....\$5
Juice(apple, cranberry, orange, V8®\$3.25.....lg \$6
Milk.....\$3.25 Chocolate Milk.....\$3.50

WE ARE PROUD TO OFFER SCRATCH MADE ITEMS PREPARED TO ORDER
REAL FOOD TAKES TIME - ALLOW A FEW EXTRA MINUTES FOR YOUR FOOD TO ARRIVE
PLEASE NOTE, THERE IS A \$3 SHARE CHARGE

*Warning: Consuming raw or undercooked meats, poultry, seafood, or eggs, increases the risk of food borne illness.
We are unable to guarantee that any of our menu items are completely free of allergens.
20% gratuity is automatically added to parties of 6 or more.*