

All,

2017 Medscape Psychiatrists Compensation Report: Among physicians, psychiatrists ranked near the bottom at \$235,000 (orthopedics at \$489,000; pediatrics at \$202,000.) Among psychiatrists, international medical graduates did slightly better than American grads: \$238,000.

If wanting to record a client/patient is violent, DSM-5 has nothing to offer, but ICD-10-CM's "R45.6 Violent Behavior" is available.

Co-administration of melatonin with olanzapine and lithium carbonate in adolescents with bipolar disorder could reduce the sharp weight gain side effect of these medications. (Journal of Child and Adolescent Psychopharmacology, Vol. 27, No. 5, June 2017: 440-444.)

Follow-up from Sentinel 162: The effort to plead not guilty by reason of SSRI side effect failed. Massachusetts jury did not agree with Peter Breggin's testimony that the defendant's switch from Prozac to Celexa led her, over the phone, to tell her boyfriend kill himself, which he did. She was found guilty of manslaughter.

Status of medications that address one of the most widespread and damaging of mental disorders, alcohol abuse/dependence:

- 1] Antabuse, FDA approved for alcohol abuse in 1923
- 2] Naltrexone, FDA approved in 1994
- 3] Acamprosate, FDA approved in 2004

Not yet FDA approved for alcohol abuse/dependence:

- 1] Gabapentin, FDA approved for epilepsy, studies underway as to effectiveness in alcohol abuse, studies we may see before the end of this year
- 2] Varenicline, FDA approved for smoking cessation
- 3] Mifeprisone, the medication used with misoprostol to end pregnancy
- 4] Citicoline, over-the-counter medication to help memory
- 5] Baclofen, FDA approved for muscle spasticity.

In 1963, a Saint Elizabeths study said that rheumatoid arthritis [RA] was rare among the 6,000 patients, but not rare among the 3,000 staff. Curious as to what's new since 1963, I went to a talk on rheumatoid arthritis in the County last Tuesday and heard that a review of medication failures in RA was high in the obese and in smokers, but even higher in the depressed. In the discussion, clear that there have been huge advances in the genetics of RA. A search finds that researchers have identified 8 genes that are associated with RA and

reduced occurrence of schizophrenia.

[<https://www.sciencedaily.com/releases/2017/02/170224133913.htm>].

From lakphy desk: "People who regularly jog or walk briskly appear to have healthier discs in their spines" [NY Times, 13 June p D4].

While, obviously, using an electronic device per se is not a Disorder, one is impressed with the potential of this newest of psychiatric disorders becoming common. On six Metro rides and two bus rides in the County this week, the following observation of 196 folks:

159 looking at their device [81%]

3 in a three-way conversation

16 in a two-way conversation

6 reading a newspaper

5 reading a magazine

3 reading a book [yes, still happens]

8 none of the above, just looking around

Roger